

## 44. Lost souls

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### What are lost souls and how can they be helped?

Sadly, there are souls who through one or many lifetimes have become 'lost'. One way to help is through 'rescues' but this is not easy work and has to be conducted in controlled conditions with much help from spirit. There are dangers with this work if not conducted correctly. This section has been repeated under 'Spirit Rescues'. (19/9/94)

Les: Am I right in saying that those who continue to try to live a useless life, a life of ne'er-do-wells, as they did on Earth—they can't satisfy their physical desires in the next world, but they are able, under the right conditions, to latch onto people here and try to satisfy them in a vicarious manner?

**You are correct in that way of thinking. Unfortunately, this does happen. These people are the ones who tend to stay closer to your Earth plane. They do indeed latch onto weak and vulnerable people here. We do our utmost to try to avoid that happening, but we are not always successful. We cannot always bring ourselves down to a level that they are able to achieve, to interfere. It is difficult for us, and that is why we need you people, who have been doing help, help, help for these beings. ('Rescues') That is why we need your help.**

Les: Yes, one of the first things I do, is advise any person who wishes to go in for development of the spirit self, is advise them never under any circumstances, to sit on their own and try to develop in their own time, in their own company. Because they must realise, they are opening a channel for communication, which can be misused.

**It can, indeed. I would say to you, though, it does depend on the individual. There is nothing wrong with opening yourself, but of course, if you are new to such things, then I would advise you sit within the group, where there is someone who knows exactly what is happening, because as you say, there are always beings who are willing to latch on. I'm afraid it is not always even (*Adults*)—it happens too with the purity of young children.**

**They are attracted to their '*white light*.' Do you understand?**

Les: Yes I do, indeed. That's why we would never entertain any work in the company of young children.

**And also, too, as the being becomes older, so too do the energies deplete and oft times will they be attracted to them, for the very reason that energies are depleted, and they find it easier to 'latch on.' Yes, we have all kinds—we have many sorry, sorry beings, who need to be helped. But don't scorn them, feel pity for them. They have to be pitied.**

Les: Yes, they do, indeed. That's why we try to continue with the work we do here.

**And we are grateful; you will never know how grateful we are to *all* you people, who involve yourselves in these 'rescues.' It is a job of work that needs to be done, and *not all***

**can undertake it. So, it is important that those of you who wish to do this work, be strong within yourselves. Link yourselves daily, to those who can help you, guide you, train you. But, of course, some individuals can develop on their own. I would not say it is always necessary to be within a group. If they are strong enough, and the reason, again, is good, then they will not attract those who wish to latch on for the wrong reasons.**

Les: If their goodness is of sufficient calibre, they will in fact reject them, won't they, automatically?

**They will rebound from their light.**

Les: Just as they always rebound on Earth.

**That is true; it is the same thing. The energy, the love, the light they send out, will protect them.**

Les: I think perhaps you could answer another question for me, for the benefit of everybody here. I'm sure some don't realise it. There is sometimes a mistaken impression, that the next world is 'all roses,' and milk and lovely things—I have said repeatedly, that that has to be earned. That their arrival into that particular sphere of life has to be earned, by actions on this Earth. Equally, they would not be expected to mix with people of a much 'baser' intellect or spiritual development. They are segregated automatically, by their lack of development. I think this worries people sometimes, when they hear of the bad influences, which exist in your world; that they might be in contact with them—

**Why should they be afraid? Would they be in contact in their earthly body, with those who are wicked or cruel, as you would say? Would they be in that same place as them?**

Les: No, I have pointed this out.

**Well, it happens too, when you come to *our* side of life. These people are attached to each other and sometimes it can create quite a strong bond, let me say. But how you live your lives here, once again, let me say to you, you can only do your very best. After all, you are human, with failings. We don't expect you to be perfect, and neither have I met one who has trodden this Earth plane, who has been so. But if you endeavour to do the best that you can, then you will go to the place that is suited to you. There are many spheres within our world and of course, you will go to the one most suited to you. Let me say, all of you in this room, may not necessarily go to the same place, because of course, it depends too, on your own spiritual development. I don't mean to say some of you are 'higher' or 'lower.' I don't really like those words either. But you will be in differing degrees of development. Therefore, where you go in our world can be different. Those of a wicked nature as you speak of, are together and they cannot, *cannot* interfere with those in a higher state of life. (Thank you.) But of course, once they are gathered together in our world, and they are away from the earthly vibration, there is more we can do to help. Do you understand?**

Les: Yes, and I believe I'm right in saying that those in what we call the 'lower' spheres, the really diabolical people, as would be called here, have constantly the ability to progress if they wish. And those in your world have a duty to be close to them all the time, waiting for that wish to be seen.

**There are those amongst us, who do the work for helping these 'lost souls.' It is not an easy task, but it is part of their own soul growth, that they do the work. It is difficult. We keep close by, but often they need to remove themselves, to regenerate, if you like, that 'pure light,' that they need to survive. It is difficult, and something I will speak on at a later stage. When you 'lower' your vibrations, into a lower one, it is always difficult; it cannot**

**be easy. But there are those of us, who are willing to do it, to help those lost souls. Do you understand?**

Les: Yes, thank you. I had heard that.

**It is the same as I would not be able to stay with you for too long; too much of your time at once. I have to return to where I am from—I will use the word 'regenerated;' it is the only one I can think of, that is apt.**

Les: Yes. I personally am aware of that and it's what makes me so appreciative of you coming. I know it is difficult for you.

**We are always happy to come and so too, it is difficult, even in our world, when those of them, (*sic*) who are prepared to work and help those lost souls, go to those darker realms. And let me say, it is indeed a sad and sorry state to be in.**

Les: I'm sure it must be.

**It would make you weep.**