

27. Giving and receiving

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We must be able to give before we can receive

Salumet makes a statement about the importance being able to receive, before being able to give. There must be a unity of both. (29/5/95)

To be able to give freely that love and help that is within you, you must know what it is to receive. There must be the unity of both, can you understand this?

Les: Yes, there is in another expression, the positive and negative again operating.

Let me say it is this: To *give* in a way, is to receive, I think most of you understand this. But also, in *receiving*, you too *give*. It is a complex subject and one which I will elaborate on in another evening, but you must do both in your everyday lives. To *give truly*, you must learn to *receive graciously*.

Les: Yes, that applies in the normal domestic daily affairs as well as in spiritual affairs, I have frequently said that to people, they must learn how to receive as well as give.

There seems to be a school of thought amongst you humans—if I don't sound too unkind—you think always to be good people you need to give, give, give. I do not say this is not good, please do understand me, of course it is good. When the 'I'—when the ego is forgotten, to give to another can only be good. But as you say, to receive is also good for you spiritually, because in receiving, what are you doing, but *giving* to the other person the opportunity to *give*. Can you see the correlations of what I am saying to you?

Les: Absolutely, that is precisely what I have told people, you deny them the pleasure of giving, if you don't receive.

Try at least to smile towards those who might be invisible, appear unworthy or ugly

All humans benefit from a loving gesture. This small but powerful message. (22/12/97)

*The final speaker came through Eileen, briefly expressing their happiness upon arriving in spirit realms, after a life of hardship, with a contorted face. Before going they added: **I can't go yet I have to say one last thing. When you see people like I was, they don't expect handouts, but can you at least smile at them? It's so painful to feel second rate.***

One final gift to the physical world

Margaret is worried about donating her remains to medical research. (30/8/99)

Margaret: I have a problem in my mind about when I die. I do not want to be buried, I just want to donate my body for medical research. I just got a bit worried about whether this was correct for me to do.

I understand. Firstly, let me say this to you that the expression of your words 'to give' is a spiritual gift which you have grown with. I would say to you my dear friend that some years ago this would have been far from your thinking. But let me say this to you, that when you come *home to us* at the end of this physical life, the physical being matters not to you; it is as I have said before, a part of you to be disposed of. Therefore, there cannot be anything wrong in allowing those physical parts to help others. (Thank you.) If this is a true wish, a true desire, I say to you my dear friend, go and think deeply and make arrangements with loved ones that this is what you desire.

Margaret: Thank you very much.

It is your last gift to this physical world and in that capacity, I say to you, you are fulfilled in seeking to give with love. Thank you. (Thank you.)

A few months later (1/11/99) Margaret makes another statement to Salumet who reassures that donating her last remains with love to help others, is the ultimate gift.

Margaret: Could I say something please? **(Yes.)** Thank you very much about giving me advice about what I do with my body when I die. I have spoken to my family and they have agreed to abide by my wishes. It has made me feel so happy that I feel a bit guilty about it.

Yes, again here we have the introduction of guilt and fears. Why do you feel this way? It is the ultimate gift you give to mankind before you return home. To be able to consider, to think *clearly* upon your life—let me say this to you my dear friend, that in your deep thinking you, in effect, have freed yourself from these earthly chains. That may seem to you rather a large statement, but you, out of so many within this room, so many who have come, so many who have left—you my dear friend are one who has grown much. This I say to you with great humility and love. You have reached that point, when you can offer to humankind those last remains which can help others. Therefore, I say to you, now that you have made your decisions, accept it with love and you will be free.

Margaret: Thank you very much.

Simplicity and abundance

These two words appear to be contradictory, but they are not. (22/9/03)

Good evening. (*greetings*)

I will say to you this time my dear friends: so many times, we hear from your world: *'What can we do to be of service to Spirit?'* So many times in this, your past year, I have discussed with you self-development and what it is you need to achieve, and my dear friends you have achieved much. But I would like to place the question back to you: How best may you serve Spirit? Do we have any replies?

Sarah: By giving *time* to Spirit, that's one thing.

George: I would say by going forward, by not being static, by seeking, by helping, by loving. So, we are saying: time, action. Do we have more?

Paul: I would say by being *ourselves*, *knowing* ourselves, and *being*.

Yes. There is but one word which I believe my friends will cover all of these things: *'Simplicity'*.

I have spoken to you about honesty and what is honesty but being yourselves. Simplicity covers many areas, but it covers just *being*. It covers quiet times given to yourself in order that the Spirit within can grow. Simplicity is acceptable to all forms of action and words and deeds. Simplicity within your lives—and by that my dear friends I do not mean that your lives should be poverty stricken—in no way is that what my words mean. So many people in your world feel that to serve Spirit they must be without. That is not what Spirit is about. You deserve abundance in all things my dear friends; abundance of love, abundance of joy, abundance of all that the Great Creator can provide. You are Spirit and in being Spirit you are part of that abundance. Do you understand my words?

(*affirmations*) It sounds like a contradiction once more, but it is not. Too often my dear friends you human beings are tied by fear, tied to money or shall I say the lack of it. Have I not told you that especially in healing, you should ask and then you should *know* it will be provided. In the same way, in all areas of your life, does this occur. For example, if you give with love and from your heart you will receive back many times, because that is given with unconditional love. Do you see where I am coming from? (Yes.) Do you understand my words that there is nothing wrong with having possessions, because it means it is a return of the love that you have given out to others. In the same way, you are bound by fear in relationships, and we have spoken of this recently where you must allow your fellow human being to be free to decide what is best for them; and this is where honesty comes into play. So, in all areas of your life, think of the word *'simplicity'*. Would anyone like to comment on what I have said?

Sara: I would agree and since I've had children, I have returned to the simplicity of the child more—simpler now than I was 20 years ago and it's definitely the best way to be. I know I've much to learn but I do feel that the simpler approach to life is the happiest.

Yes. And of course, as I have said in past times, children are great teachers of life. If you will observe children, they are open about what they desire, they give love freely, and of course I hear some say, *'but children can be cruel'*. Children will re-enact what they have

learned, but the purity of the child within is what you should try to achieve. Think about this word 'simplicity'. As in all things that I have brought to you in these last few months of this earthly year, it has been mainly for your own self-development, because only when you understand yourself will you be able to help others. Are there any questions please?

Sarah: Yes, you were saying there's no harm in having possessions. Some people have an awful lot of possessions and they don't need half of them, and they are not always—I feel sometimes with some people that all of their possessions are greed. They're probably having more things round them because they're fearful, but surely, they haven't received all of those possessions because they have given of love?

I understand. Try not to be too judgmental, but yes, of course, there are people within your world who have a love of material things. Of course, there are and we understand this fully, but you must not judge all people in that way. There are those within your world, and after all there have been many great teachers who have trodden this earthly pathway in positions of wealth and power, because they have been able to help the masses rather than the minority. Do you understand? (affirmations) So look again at the wider spiritual viewpoint. I say this to you repeatedly my dear friends, not because I feel you need to be constantly reminded, but because these things are of importance.

Sarah: So even some of the—I can think of some of the leaders who I might have thought were being greedy and taking from the poor of their countries, maybe in some sort of way they actually are helping people.

Yes, yes, it is not for you to judge.

George: Perhaps I could mention Andrew Carnegie, **(Yes.)** who became extremely rich, but he used that richness to good effect. He established many libraries, he established foundations and the Carnegie Hall in America, where many performances are given in culture. So perhaps if you have great wealth it perhaps matters what you do with it **(Yes.)** and there have been very wealthy people who have created a better circumstance on the Earth as a result of it.

Yes, you will find if you think upon it, that these people who give unconditionally, will always receive. There is nothing wrong with abundance, it is the *love* of these things which is wrong—the love of material goods for self—that is another subject, but what I wish you to know and understand is that the thought should be ever present that whatever you need in life is available to you. If your heart is open, your *love* is given unconditionally, then wealth of many types, not only material things, will be *yours*, and that is what you are entitled to by the very fact that your love is given from the heart. All that is spiritual is simple, all that comes from the ego is difficult; perhaps that is a way to remember.

Sarah: So, you're saying, what you *need* and not what you *want*...

Yes, always give thanks to that Creative Force for all that you *are* and all that you *have* and have that *knowing* that all can be yours. Do you understand what I am trying to tell you? If you do not, let us discuss it now. Is anyone unsure of my words?

Sara: It is the attitude that matters, that we have one of grace and humility **(Yes.)** and gratitude and still a simple approach to life.

Simplicity inasmuch as you think as a child.

Sara: Yes, we do what we love with as much joy **(Yes.)** as we can.

And always with thanks. (Yes.) Yes. Remember that all that you have, all that you have attained comes not only from yourself, but from that outer Creative Force which encompasses you all.

George: I think I can see that there has to be wealth in the world and that wealth *can* help in the good way forward.

Yes. In all of the ways that everything that has been given to this world, even shall we say nuclear power, which has been misused, it also has its purpose in life when used properly. I believe you are beginning to see its usage within your medical fields. (affirmations) Yes, that is the way and the purpose that it should have been used when it became known to mankind, but we will not go into the abuses that mankind has created, because this we have spoken of on many occasions. But this my friends has been a time for all of you, for knowledge and I hope upliftment in some of your lives, in a way that has not been available to you before. I know that most of you feel that you have come and travelled a pathway of Spirit which has taken you forward; a pathway which none of you will now be able to leave.

Sara: Yes, I think that's true!

Can giving, or withholding, with love be wrong?

A communicator gave a message that members of the group struggled with, because withholding rather than giving, was being strongly encouraged!?! Then a few weeks later, Salumet was questioned on this, and he gave a rather different perspective, but also a reminder that communicators can only give what they know. They too have much to learn. (2/8/04)

Good evening. (greetings)

This time we hope to bring to you a few of those who have been waiting to come and this is the opportunity that has arisen for them to bring word to you. They come with much knowledge and are ever hopeful that they can impart a little of this knowledge to you, but the time has until now not been right. They are all working alongside those in your world and they hope that the messages they can bring to you will help to bring out a little of the secrets that you believe are available to you but you have as not as yet been able to unravel the code that is there waiting for you. So, those who come tonight hope to give you perhaps not the full knowledge, but a little, shall we say 'key' to the knowledge that is available to you. I have come to unlock the door for them and now that I have unlocked this door, I shall return and make the gateway wide for them to come to you.

There then followed another through Sarah:

We bring to you this knowledge with much love. We have been waiting for this opportunity to tell you that we are not only here by you to guide you but to help you to find the knowledge that is available to you. Sometimes this knowledge is staring you in the face, but you are not able to see it. We have been trying to get you to see some of the things that are available to you but as yet from Spirit we've not been able to get you to see the picture. What I'm trying to tell you is that when you see one who is in some state of trouble, your immediate thought is to go to the aid of that one and to give what you can on a personal basis. This is a natural reaction from Spirit—from the human form, but from Spirit the action should be somewhat different. Take for example one who has come upon hard times, your reaction would be: give this one some money—but in fact this is not

the right approach. We are trying to get you to see that this one who has fallen upon hard times has fallen because his or her spiritual growth has declined and this one is falling upon hard times in order that the Spirit should awaken and in this way the Spirit will grow. Therefore, your reaction to give to this one in monetary terms is not in fact helping this one; all you are doing is putting this one back on the same level as it was before it fell upon hard times. What you should be doing is surrounding this one in light. You should be trying to give help through Spirit. You should, if you can, try to explain a little to this one that should he or she ask for a little help from Spirit, then this one would begin to realize that what is important is from the Spirit inside and not from the physical outside. There are, of course, some who are in desperate need and the monetary gifts that are given are essential, but we are then talking about those who have been put into situations, because mankind is slipping into decline spiritually and the effect of this spiritual decline in mankind is affecting those who otherwise would not be in this situation.

George: I think we are talking about certain famine situations due to our wayward politics. Would I be correct?

You have at this present time one of these situations, yes, that is created by man at this moment and this is in fact a different situation. What I'm talking about on the other level is on a personal basis, one that has been created by him or herself. One who has brought upon themselves the situation even though this person is not aware that it is in fact a spiritual decline. I wish to help you to understand that by not giving gifts in material form is a way of helping, even though perhaps it goes against your human nature. What we are trying to do is to help you to understand the importance of helping others spiritually when you are aware yourself. There are many who don't and will not understand this view, but to you who are aware of so much spiritually, I believe this is the time to let you know that the greatest gift you can give to these people is spiritual.

George: I think we appreciate that and I think that we also appreciate that a problem in our country today is that people are being encouraged in various ways to spend their money unwisely and a number of people are getting into debt as a result and I think you'd say that in that case that it is not money that they need, it is the spiritual help. I think I understand that from what you are saying would connect there.

There are many situations, but many of these situations where debt is incurred is because of the greed of that one in the first place.

George: And that is a decline in Spirit.

Greed is not healthy, so yes, the Spirit is indeed declining in situations such as these, but you are going to say to me, there are some who have spent because they are indeed in great financial need. There again the situation is marginally different, but the Spirit has been aware they would be in a poorer situation in this lifetime and this is what they need in order to fulfil the requirements of their Spirit in this lifetime. So, can you see that each time there is a reason why these debts are incurred and if it is because they need to be in this situation, then giving is—giving monetary gifts is not of huge help and neither in the other case when greed is involved, because the Spirit needs to grow once more to make good the backward step it has taken in that instance. I hope that my message has been of some help to you. (affirmations)

On 16/8/04, Salumet gave a slightly different perspective on the subject of giving with love.

Sarah: I know I shouldn't doubt, Salumet, and your instrument (*Eileen*) was just telling me before we came into this meeting that I mustn't doubt, but I'd just be grateful—there was one teaching that came through me and they said that people who haven't got any money shouldn't actually be given any money, they should be surrounded in light. I don't know if you are aware—well, I'm sure you are aware of that teaching, but can you just confirm, because I feel, although I know they weren't my words, but you did say that some people aren't as advanced as others and I just want to make sure that by *not* giving money to these people is actually the right thing, because it would be nice to think that we were doing the right thing for people in need. **(Yes.)**

Lilian: They did say not the very hungry—they excluded them, didn't they.

Sarah: Yes, they said that those who hadn't got into the situation of their own accord, it was influenced by man, that was slightly different, but those who'd got into debt, into trouble on their own, they were the ones not to be given money to.

I understand your questions and your doubts my dear friends. Let me say this to you: Yes I have told you that those from our world teach only in as much as they know and understand themselves. The law could be no other way. Do not doubt the words given to you, but let me say to you as someone from a higher vantage point shall we say, that I would say to each one of you, to give with love can never be wrong. I would say to you, money is not evil, it is when there is great love for that money; therefore in the giving of money to one in need, how can that be wrong? But it does not mean that the communicator who was with you is wrong, it is their understanding of a situation, but again they have much to learn themselves.

Sarah: That's why I wanted to ask you, because I didn't doubt that what that person said was right, but I knew that from a higher vantage point...

Yes, you had already had heard from my words that to give with love is never wrong. How can it be wrong my dear friends?

Sarah: Yes. He did say that just by giving money to these people it would not give them a chance to develop.

Yes, what I would say to you is that when you are dealing with your *brothers* on this earthly plane, sometimes harsh decisions or harsh decisions that *you* may call harsh, is sometimes the best for that person, but anything given or withdrawn with love can never be wrong.

Sara: Wanting money if you've a good purpose in mind is not wrong, **(No.)** provided that the purpose is a good one that will benefit others—well yourself perhaps and others.

Yes. Money in your world has become a necessity for you to live your lives. We know and understand this perfectly.

Sara: I've discovered recently there are a lot of websites on our internet/information system about manifesting money/money manifestation. Thinking about what you've taught us about thought creating reality, it seems to make sense that if you start to focus on the idea of having money, then that must be what they mean—you attract perhaps situations where you can win or earn money. Is that right? I wanted to find out what you had to say about it.

May I simplify that for you? (Yes, of course) If you give, you will receive. Therefore, does it not make sense that if you are to give with love to someone in need, that act will be returned to you.

Sara: Yes, I do see that. So that is simply what it is really? **(Yes.)** That is manifestation? **(Yes.)** Yes, it is much more simple to think of it like that.

Sarah: Then you've to be careful not just to give thinking that you will get back.

That should not be the reason for doing so.

Sara: No, but I've read some people believe in the idea of 'tithing', that is giving away for example 10% of your money that you make to others, simply because you don't need to have—often we can give more than we think. What do you feel about tithing as its termed?

It is indeed a term. The basis of money within your world is that it supplies you with the food and the covering that you need to look after this house of the Spirit. There is nothing wrong in that. I would say whatever action is taken in regard to money, you must look within to the reason why it is being done. If that reason is a good one then it cannot be wrong. If you feel that you can give without harbouring thoughts of resentment, or such, then that can only be good for yourself and for the receiver.

Sara: We enjoy giving and we thought for us the idea of tithing was in some way a little more organized for us, we can organize ourselves better to know how much we can afford to give, because we enjoy giving.

If that gives you pleasure and your wish to help, then that is a good motive. You use any title that you wish, it makes no difference.

George: I think one thing you're saying is that a very important part of this is that the giving should be in love.

Yes, that is word that I would give to all matters as you well know. Any actions within your lives should always be given or received—do not forget that to receive is to receive with love. It is a two-way thing, yes.

Sara: I recently met an interesting man from Jordan. It's a different part of the world and they have a different relationship, a very protective relationship towards family on quite a large scale—they look after their family financially and I noticed that he was a very generous soul and equally he had no worry about money, because he said, 'because we all look after each other, nobody has to fear, no-one has concern'. I thought that was rather good.

That is being generous of Spirit.

Sara: ...Just generous of Spirit, but I felt that many could learn from this cultural difference, I thought it was a nice difference, because they all looked after each other and therefore money was always available.

If only mankind could strip away all of their differences, if all of mankind were placed in the centre of your world and told to survive with one another, eventually all of these differences would be gone and mankind would learn that the importance of existence is in loving one another, in helping each other. I cannot my dear friends stress enough these words to you. It is the one word in your language that encompasses all nations, all people, and not only on this planet, but in the wider scheme of life. I will never cease in the repeating to you the word and the actions of Love. Without love I would not be here with you, without the love you show, I would not be able to be united here in Spirit with you. And so that must be taken from this room and you must express that love to all those people in whichever way it transforms, in order that all people feel the love that you have.

Sarah: And surely the love is extended to everything really, not just people—to the animals and...

To the whole of your planet, to all of existence and of course to yourselves. Remember love begins from within.

Sarah: I remember you saying that if you don't love yourself, you can't love anyone else.