

10. Bonniol and mind projection

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The mind link communications with Bonniol can be found on the Salumet and Friends website where there are transcripts devoted entirely to him. The Bonniol communications are also summarised in book by George Moss, called the Chronicles of Aerah, which can be purchased through Amazon and other suppliers.

In addition to the above, the following summarises other communications with Bonniol in date order. Some interesting background information is provided, such as Paul Moss being ‘primed’ for some time for this work to proceed.

Very first Bonniol evening

Bonniol’s first communication with the group. (4/10/04)

A Chinese lady came through Sue to make known that one would be coming through Paul, who didn’t normally get used for speech. This turned out to be the first of many visits from one from another planet, who became a friend, known to us a Bonniol. The communication was rather difficult at first, but with practice, this link has improved much over the years. The initial few minutes were rather fragile, so the dialogue here begins after a few minutes:

Lilian: This instrument you are using, (Paul) is going on a journey soon. Did you ever travel?
I am travelling now—this is an incredible journey to here!

Lilian: You've been going for quite a while, have you?

I think it's best to say, I am not from this place. I come from a different—I come from another planet—I think that's the word. I am testing the water, you might say, for possible future exchanges. Then we can teach each other things. At first, we are meant to get to know each other.

Lilian: I think that the gentleman you are using will be thrilled to bits that you've used him. And we look forward to more visits.

Eileen: Will you tell us the name of your planet?

I will try to tell the way we say it in our language: It's 'Pre-an-this'?

Eileen: Thank you.

It's from a galaxy you will not know yet.

George: Can you say how far it is in light-years? (*pause*) Perhaps that is too difficult.

I think it's probably further than you could imagine.

George: Yes, we can accept that. (*chuckles*)

Eileen: Are you of the same form as humans, here on Earth?

George: ...or do you have a physical body?

We are very similar, very similar. Only a little bigger and perhaps more thicker, with longer hair and bigger eyes, but very similar in other ways.

Eileen: And are you more advanced than we are?

Yes and no. We have broken the spatial barriers that you are still working—behind in certain areas, but some—well it's for us to broaden our...

(*tape changed-end of side one*)

Eileen: May I ask you one more question? (*Yes.*) You've obviously learned to speak our language to communicate. What language do you use on your planet? Is it with words? (*pause*)

Lilian: Or do you communicate by thought? ...on this planet we have many languages.

It's the language that ... has evolved on our planet. It is not like anything I have heard on yours.

Lilian: Have you been looking around our planet? This beautiful planet...

Yes. We have so much in common.

George: A simple question: Do you wear clothing as we do?

Yes, we have our own fashions. (*chuckles*)

Sarah: Going back to your language, are you able to say how you speak?

It may be better to wait for this link to improve. Then I can try. I think it's time to go now.

Lilian: Thank you very, very much.

George: Very interesting! Thank you for making the effort to come to us!

Lilian: When you come again, will you use the same instrument as you are using?

Yes, I will be glad to.

Lilian: We shall look forward to next time.

11th October 2004

The following is an excerpt of the evening due to the sound recording system failing. The following details were remembered by George.

Salumet observed that our last meeting, at which he did not teach, had been interesting and invited any questions that we may have. Lilian placed two questions before him that Eileen had requested. These were: The communication through Paul was brought by Spirit. Is Spirit now bringing beings from outside our own galaxy for a reason? Secondly, can Salumet explain to us why this is happening, when it is already difficult for most people to accept space travellers from within our own galaxy?

Several points were made; firstly, that Paul is inexperienced in the role of medium and indeed there is a general lack of familiarity where extragalactic communication is concerned! Paul it seems is the favoured instrument for this source/link. The method used is (spiritual) mind projection. This is the chosen method for the communication, having regard to the protection that this group has and safety in general. It seems that there is a choice when it comes to method and this one is favoured. This is a new connection that has been achieved and there will be further communication. Whilst the vast majority of Earth populations would not have ready acceptance of extragalactic communication, the group in Salumet's estimation is ready for this. I put it to Salumet that I felt that Paul had reflected upon the matter and felt it to be a 'real event' and something to be excited about. His reply was that Paul (now travelling in Tibet and China), now has much time to reflect and the timing of the event was not accidental! My own feeling on this is that it is another major step forward and another doorway has been opened that will eventually help with world-awareness as regards Earth's place within the vastness of the cosmos. We expressed our enthusiasm for the new venture.

25th October 2004

Salumet confirms that similar work to these communications, with beings from other planets, is happening at this time. However, there is some difficulty finding groups who show the necessary purity of spirit and dedication.

Lilian: We were lucky to have a visitor from another planet and we feel very privileged, but would I be correct in thinking that other groups such as ours would have had visitors from planets just the same, in the same way? We weren't just the only group that this has happened to?

Of course, as I have just said, there will be confirmation of all that occurs within this room. I am not the only one who has come at this time of your evolution to teach. I believe I have told you that many of us have gathered at this time, in order to come and teach the truth, the truth that at this time, as in the past it has been denied, it cannot be denied this time. If only I could tell you how much effort those of us in our world have put forward to help you human beings, you would, I am sure, be truly amazed. So, yes, whatever is being told here will be confirmed from elsewhere. There are groups such as yourselves throughout the world who are doing exactly what we are doing here.

Lilian: And are ready to accept a visitor from another planet and people like yourself.

Of course. It can only be given to those of you whose minds are open to such information. There are too many who would deny such a thing, whose minds are not open to that expansion of consciousness. After all, we have spoken for many of your earthly years now, but it is not the words that are important—although they are to many, it is that your understanding and your own developments be such that your way of life and your words are the truth and the pathways for others. It is your light that will attract others to accepting the truth. Do you understand? (*affirmations*)

Sarah: So, would you say Salumet that all those who would be ready to accept your word, will in some way find themselves into a group?

Not always. Remember, it has taken many lifetimes for people such as we have here to come together once more. One individual who is open to truth will always find their own pathway, but those from my world who have come to teach, have taken a long time to find groups such as this who are dedicated, who are simple and open-minded—and by saying ‘simple’, please do not take that as you understand it in your world—when I use simple, I mean purity of Spirit. All of these attributes are not with everyone. So again, I say to you my dear friends that you may regard yourselves as *chosen*, in as much as we have waited a long time for you. (*thanks expressed*)

Lilian: Any questions Margaret?

Margaret: Only that after I’ve been here, I go home very, very happy knowing that someone’s looking after me. I feel honoured to be able to come to this group.

Yes, you see *there* is the simplicity of your words: that you feel *honoured*—perhaps *honoured* is not the correct word, but that you are *humbled* and that is who we wish to teach the truth to—people who are humbled in their thinking, people who can show love to their fellow man, people who can join together as you do without envy or greed of another being. All of these attributes are with you my dear friends and once more I will say that we welcome the love that you give back to us.

8th November 2004

Paul was chosen by the visitor, Bonniol, because he had already been primed for some time, so enabling the work to proceed.

Lilian: The visitor we had from another planet the other week, they are very much aware on that planet of their spiritual side, are they? Much more aware than perhaps we are here?
I know of whom you speak and yes, the particular individual who came to you is much more aware spiritually, yes.

Lilian: So, in the past you’ve told us that at some time in the life of this planet we were space travellers. Is that how you travel—travel with the mind? Did we travel in the same way?

You must remember that to space travel does not take you far from this planet. It does mean travel throughout all of the universes that exist. Yes, this planet did have space travellers in times past, but the traveller that we speak of now was of course travelling

with the Spirit—the mind; there is a difference. In the same way as your spacecraft travel now, so too was there craft that left this planet in times past. You understand?

Lilian: Yes, it's interesting.

George: Our recent friend, it seems his travelling is in the nature of 'mind projection'.

Yes, it is different. (Yes.) He could not possibly travel in a way you would understand if it was not by the mind.

Sarah: Has this traveller any connection with Paul or did he just choose him to use as a channel?

The gentleman used as a channel was chosen by the visitor from another place. That was entirely his choice.

Sarah: They are not connected in any way?

No, no. It was just that the channel has been primed for some time in order for this to occur.

George: I imagine that suitability of energies comes into it?

Yes, and it does not happen just like that, although I know sometimes as you sit within this room you feel that communication is an instant thing—it does not happen that way; there is much work on both sides.

Sarah: So even with the rescues, have the rescues already been worked on for some time?

No, the channel has been worked on for some time, not the rescues. The channel and those in our world who will bring those rescues, have united on many occasions, in order that rescues may take place.

7th March 2005

Bonniol explains that the work behind the scenes to make this mind projection happen, is currently way beyond our understanding, but he was very pleased by what was being achieved. He also explained that he was from a planet on the furthest reaches of our galaxy. Wow!

We began with one through Sarah:

The time that was given for the one to come this evening has been altered. We have taken this time this evening to bring to you some of those who are waiting for another to influence them as well as to give information to you. The one who is to come to you will be the one who came to you before the gentleman went on his travels. We have organised those of us to be with you all this evening, so that we too can join with the information to be brought to you. This experience is not only something different for you, but it is also of interest to us in Spirit.

George: Very interesting, yes...

So, if you will permit this one to come, I will take my leave of you at this moment now.

Lilian: Thank you—we look forward to this visitor.

Following a pause of several minutes, the one began with some hesitation through Paul:

Find the connection—will be able to speak better...

Lilian: We can hear you...

Communications will take time, I am happy though, it's started.

George: Yes, we realise how difficult it is and you must obviously take your time and you are very, very welcome to our group.

Thank you... it's the wish of the whole creation that this is happening and with all the help—it's not that hard really—with all the help available.

Lilian: It's pretty amazing to us!

George: We're very pleased and I think what is happening is what we would call: mind projection. Does that sound right?

Yes. That is the way that we've been told and that is the way you have understood it. I will not say much more about the method at this time. The way it's done is far beyond your understanding at this time.

George: Yes. We can easily accept that!

Lilian: Yes. Thank you...

We will go into it more fully later on.

George: The last time you indicated that we could learn from each other. We can ask you questions or you can ask us questions or you may prefer just to speak at the moment.

At the moment it's good to acclimatise, with the host...and to enjoy the communication and we will get onto the more information areas later. But we should say something about the times to come. There is going to be arranged a series of talks about a number of...

George: I understand a series of talks about a number of subjects?

I am thinking of the arrangements for the coming year and I am allowed to come for other's visits...(struggling to find/express the words)

George: I imagine there has to be some more experience—feeling the way?

Yes, experiencing—

(There followed a break in transmission of several minutes. Then the visitor went on to explain that he was making adjustments in an attempt to improve communication.)

I will try to arrange a slightly different...will be much more...better for us than this first time ... both using the opportunities to experiment and find the best arrangement. I think we should continue with our discussion and if there is a problem, we will leave it till next time. But let us continue now the line is clear.

George: We are very grateful. It is wonderful really that it is happening at all.

Lilian: And we have a small group this evening and probably the power is not as strong as normal.

Yes. Good things always take time, but every step brings us a little closer to finding the truth of life and our true natures. I come from the furthest reaches of your galaxy and there is so much life and pure energy in the furthest reaches. I can bring some of power...and it's wisdom...(Thank you.)

George: Last time I think you mentioned the planet 'Erra'. Is that your planet Erra?

Yes...Aeer-rah. (a much more expressive pronunciation)

Lilian: Thank you. It sounds a little like 'Earth'.

She is our planet and our brother. She is conscious of all the life around her.

George: Your planet has consciousness...

As does your Earth. (Yes.)

Sarah: When you say she is your brother. What do you mean by that?

We are all brothers. Like your Earth...your sky...we are all as one.

Lilian: Yes I do agree with you there. ***(Yes.)***

George: We that live on the planets...all brothers...

Lilian: Yes. I remember our friends in Spirit have asked us to think of our brothers on other planets...

Perhaps your master more than I can...

Lilian: You have done very well! Could you just remind us of your name again please?
The energy faded at this point. The communication was intermittent and transmitted slowly with gaps and some difficulty but was nevertheless successful. We were reminded of the slowness and difficulty when Salumet first came to us. One cannot expect instant clarity when amazing pioneering channels first open. As has been said, it is wonderful that it happens at all and practice makes perfect.

18th July 2005

‘What has transpired before you is meant to make you think more deeply, not only about mind projection, not only about the information given, but to your connection to the whole of existence, and just how unique that is.’ - Salumet

I wish to say to you my dear friends, I know that you have been most grateful for the information which has been given to you in the form of mind projection. (affirmations) Of course there is more to come and I hope that your interest will be retained for that. But what I wish to say to you this time: I wonder if you realize by this mind projection which has been given to you, just how small the communication is between us all, that the world is not solitary, that many universes are closer than you can at first imagine.

George: Yes, this I believe is viewing it all in terms of Spirit, which we should, (Yes.) but what is seemed to make it all far away is our physical observation and thinking.

Yes. What has transpired before you is meant to make you think more deeply, not only about mind projection, not only about the information given, but to your connection to the whole of existence, and just how unique that is. So you see my dear friends, your part is to play your own individual interpretation of what you receive. Would you have any questions about my words?

George: There was one question I was going to ask anyway: There have been occasions when Bonniol, the one who comes to us from Planet Aerah, has arrived a little early. In fact he has listened to some of your teaching on account of accidentally arriving a little early.

Let me stop you. There has been no accident. (laughter)

George: Yes, I was going on to ask if it would be possible for him to deliberately arrive early and sit in for one of your sessions. Would that be a possibility?

If he so desires, of course that is possible. If the gentleman who offers his voice for his use is willing, then of course he may sit and listen to my words.

George: This possibility was voiced and I can say that he regards that an interesting experiment.

For you my dear friends I am willing to accommodate anything which is to the betterment of your Spirit.

George: Wonderful—this is certainly a most interesting area for us to explore further.

Yes. I recognize that you find all of these things most interesting, but of course it is all part of living as far as we in my world are concerned, but it is important dear friends that you

expand your awareness and consciousness at this time. I have said to you previously, *this* is a year of your earthly lives when you could make great progress in your spiritual growth, but as always, the choice is yours. We can offer the help to you, but we cannot make you. Therefore, each individual within this room has the possibility of expanding, of growing, of becoming much more *aware* of all those who are around and are willing to help and to teach, not only within the confines of this room, but in your everyday living. That is the gift I offer to each one of you. (*thanks expressed*) The help is there for you to use, but we cannot make you use it. And before I go further, I would like to say that when the end of this meeting is near, the two gentlemen within this room will be used to the degree possible that they will allow. Therefore, as we sit quietly towards the end of the evening, please my dear friends, be aware of what is being given to you.

Does Bonniol take over Paul's mind?

Salumet confirms that it is in fact a 'blending of minds' and not a takeover. (8/9/08)

Sarah: On the subject of mind, Lilian and I were talking about the mind projection that Bonniol and Paul have together, and we were wondering when Bonniol projects his mind into Paul's mind, he uses Paul's mind, but does his mind ... I sort of felt that maybe his mind took over Paul's mind, and maybe Paul's mind ... I wasn't quite sure how it works. Can you explain a little more how it does work?

You cannot take over another mind—it is a blending.

Sarah: Just a blending—yes.

It is blending and making use of the knowledge that is already within the person you call Paul. You understand?

Sarah: Yes.

It is not a matter of taking over the mind.

Sarah: No.

Lilian: Yes, that makes sense to me now.

Sarah: I suppose it's like you have said to us before: it's a blending of energies, really.

Yes. Yes.

29th June 2009

Salumet endorses George's book! George, with his usual modesty, seemed a little nervous!

When last we spoke, our dear gentleman friend asked that I may speak a few words about the book.

George: Indeed, we look forward to whatever you have to say, whether it's nice or not so nice.

(*Chuckles*)

You do yourself an injustice, my dear friend. This task has been long and hard at times in discovering which words to use. I, as you know, am someone of few and simple words—I do not intend to change this format for this book! But I will say that I feel, my dear friends that this book is self-explanatory, but also, I wish to say this to you: Bonniol has demonstrated to all—that mind transference has no boundaries—has no limits. Of this we are assured. I say this to you: Bonniol has brought to you these things: beginnings, openness, nascent, narratives, individuality, originality, and the essence of all life: Love. These things belong to each and every one of you, but those few simple words are given to you by me to be used for your book.

George: Thank you! That's very nice. I'm most grateful. I'm also grateful for all your contributions within the book, which knit together with Bonniol's words so nicely and this combination of voices seems to bring extra explanation and clarity. Thank you for that. **Yes. It is always a little easier to listen to words being given from afar—to find joy and to seek pleasure from these things; but remember always the purpose of Bonniol was to demonstrate to you that mind projection that each individual here still finds so difficult. He has achieved that purpose and has been helped by many—you must not forget that also. He has never been one single unit in this work, but, as I have said to you, he has given it to you clearly, succinctly and with all of his love. That is what I wish you to remember mostly. You understand?**

George: Yes, and I feel, from that impetus, we are still moving forward in that. We have much practising still to do **(yes, yes)**. But we continue to go forward, I think, from that impetus.

You will all, or should do, go forward; go forward in the expansion of your consciousness, each one of you, to the best of your abilities. That is your challenge now—not to be given words and details by all others, because you see, now, my dear friends, you should be weaned from these things. You must take yourselves and grow and become those spirits of truth and love that you are. Bonniol will not be with you forever, but I can tell you there will be few more visits from him, because, as I have said: his task *has* been achieved, and I hope, my dear friends, that your love for him has grown, has been nurtured, and in response to those emotions that you now move forward? You understand?

All: Yes!

George: Certainly, we have the love for our dear friend and thank you for confirming that he will be with us again.

Yes, he has still some things to say, but, it is not a constant—you understand? I hope those few words have helped you with your book.

George: They have indeed.

And again, I will say to you my friend: very well done in your efforts.

George: Well, thank you! It's been a nice exercise, and I'm aware that there has been so much help from the ones here, as well as friends above **(yes)**, yourself and Bonniol and that it has all come together amazingly well.

Yes, your modesty, my dear friend, should always be recommended. That is why we have chosen you, not only for literary skills, but for the kind and gentle man that you are: with truth, with honesty and with gratitude to your fellowmen.

George: And it is, of course, an honour to have been chosen. Thank you for that.

(General thanks)

George's Notes:

To those familiar with the Bonniol exchanges, the seven qualities listed by Salumet will be seen as deeply resonant—rather more extended meaning than average everyday words: **BEGINNINGS**: The beginnings of all our journeys, of understanding and awareness; the beginning of a new phase of Earthly existence and the beginning of this universe in which we find ourselves.

OPENNESS: The importance of being open and receptive. Do not shut down on spiritual connection, or close the mind to all the help that is available.

NASCENCE: A little-used word today, but the ‘new birth’ potential that arises from the huge increase in knowledge and awareness is plainly evident.

NARRATIVES: The stories / accounts delivered are meaningful, some almost as parables, and clearly springing from an advanced and beautiful mind.

INDIVIDUALITY: The mind development and thinking as an individual is so important. We must not allow ourselves to become swamped by herd habits, brainwash-advertising and political coercion. It is so important to preserve individual thought / identity.

ORIGINALITY: Relating to ‘first existence’—in respect of knowledge; innate knowledge—inspiration—guidance; connects also with novel, inventive and creative.

LOVE: As stated—the essence of all life.

Salumet said: I will let you absorb what has been spoken—and those qualities belong to us all.

4th March 2013

A much later visit from Bonniol was totally unexpected, but warmly received!

A few minutes of mostly silence, then via Paul:

Hello.

Sarah: Welcome! Is it Bonniol?

Yes.

(Warmest of greetings then came from all)

I’m a little apologetic that I have not been able to visit for a while, but it is not always as easy as people might think.

Sarah: We know there are lots of difficulties, but you do very well.

George: Yes, I think we understand that. Bonniol, there is something I’ve been so very much wanting to mention to you (**yes**)—It was 123 of our years ago that a 1 kg weight standard was established—recognised by the entire planet. And it was discovered last year that that weight standard had unaccountably lost 50 micrograms. So through a period of 122 years, that weight standard, made of platinum and iridium, has lost a tiny amount. I remember that we have talked about the matter-density of a planet becoming less as the spirituality of that planet developed, and I just feel that that tiny weight loss over that period of years is a measure of our planet’s slight improvement in spirituality. I wonder what you think about that—

Well that’s quite a welcome isn’t it!

(Much laughter! Well, the fact is I had been waiting 18 months to share this news with our dear friend, and it just had to come out!)

Quite a long question to start with, but I feel you have answered it in a way that sounds like it's on the right tracks —

George: Because this was a weight standard, it was set up and established in a very, very careful and precise way and it's been looked after most carefully as well.

Yes, these things WILL change over time. There is no reason why these things should remain the same. There will continue to be changes to all these things. It's not always noticeable, but you have kept your records, so you can notice.

George: Well, when we spoke earlier, I mentioned that I'd looked at atomic weight tables spaced 20 years apart and I couldn't see any difference and your reply to that was, *well, don't hold your breath*—and we all had a very good laugh. But happily we now have this weight change over a much longer period. Anyway, thank you for your comments on that—I so much wanted to mention that to you. But how are things on your planet?

Well, there are always changes aren't there? But that's what part of life is about—these changes (yes). It is part of our journey—nothing stays the same, not even your weight measurements.

(Chuckles)

Sarah: So how are your meetings going? Are your friends all around you while you are talking with us?

We have had many more of our meetings and we have continued to—I was going to say 'work' with other peoples from other planets. It doesn't feel like work, but we regard it as work, to build these bridges to other worlds.

George: Yes I think when we last spoke there were ten planets with whom you had contact.

We are continuing with that number, it has not changed.

Sarah: The same ten, or have you dropped some and got some new ones?

We never drop once we have made the contact. We continue to regard them all as part of our network of friends. We don't always manage to speak with them as much as we would like of course, but we are aware of them and they are aware of us, and this is part of our work.

Sarah: So do you think you are making good strides with your evolution?

It is a pleasure for us to work and it brings us so much joy and knowledge in different ways—it MUST be part of our evolution (yes).

George: We realise more fully now that we have had visits to our planet in the past from others and one of the first things they have done is to build a pyramid to produce energy—energy to sustain them while they're here and as a boost for their spaceship's return journey home. We realise this now and we have had communications from the spirit realms of other planets about this. So that has been interesting for us.

And you have become more aware of the importance then, of these pyramids.

George: Yes, absolutely. This is not information that the major part of the population is familiar with yet—it takes time for people on Earth to be accepting of new information, but yes, we here in this group and those that we are in contact with, are familiar now with the importance of pyramids and how they relate to visits in the past from others, to our planet. So this I feel is quite a big step forward that is being taken.

Yes, there are so many ways in which we take these steps forward and your past friendships with these pyramid builders must give you a lot of inspiration there.

George: Yes, inspiration, joy—it's so wonderful to know that all this has happened, and the bonds, the links—are still there!

And they will only get stronger, once these things are made. The hardest thing is to start, and once you've started, then you have the momentum that builds up and pulls you along.

Sarah: Well, we've been trying in this group. You and Salumet have been saying that we should practice our *mind projection*, so most evenings we try and do *mind projection* for a colour and a shape, but we are not making a lot of progress Bonniol—we are not very good at all —

George: But we still try.

You only have to try, it will not —

Sarah: —Come immediately.

No. But over time these things become stronger.

Sarah: I think we need a lot of time—us lot! (*Chuckles*)

And it doesn't matter how long these things take, does it?

Sarah: Well the only thing is, we haven't all got a lot of time left on this planet, so we need to get our skates on really.

You may not achieve everything that you want to achieve—probably nobody manages everything, but —

George: Not in *one* lifetime.

Yes, but we can only focus on so much in one lifetime.

Sarah: We'll see if we can make a few improvements anyway, as a group.

I am sure you will surprise yourselves, if you continue to practise.

Sarah: Well, as long as it doesn't take 122 years, like the weight that George was talking about, we will be alright!

(*Chuckles*)

There is always enough time to achieve what you NEED to achieve.

Sarah: Well that's good words anyway; yes, thank you for that.

George: Yes.

Rod: Do you have many people who are negative on your planet Bonniol—negative attitudes? Or are they mostly positive?

This is something that takes me a little time to answer, because I feel there are DEGREES of negativity, which may not even be noticeable to some, but we would not suffer the depths of negativity which occur on your planet quite often.

George: Yes, I can easily accept that.

When we lose our focus, we consider that to be a little negative and we then need to look at ourselves to discover the reason for that, but I wonder if that's the same as you are referring to.

Rod: Yes, very much so—very good answer.

George: Yes unfortunately we have a few people who get rather fixed in negative attitudes at times, but I think at the present time we are moving into better attitudes generally, but we still have quite a lot of work to do on the planet. I'm sorry you had difficulty in getting to us. Is the difficulty a matter of spiritual connections?

Yes, there are several factors and it's not always the same issue that causes the reason why I cannot always come. There always will be breaks in communication.

George: Yes of course—have there been times when you've been *around*, but not been able to speak.

I have sometimes been around yes.

George: Ah, that figures, yes—I've felt that at times.

Sarah: Well, if ever you've come and you could speak and we don't know you're here, do just speak—don't wait to be invited, because we are always pleased to hear from you.
Thank you, I will make the efforts when we can and we feel there is the opportunity. Of course there are other things happening within your group which also need time. But we also wish to keep this friendship alive, even if it means sometimes not always speaking.

Sarah: Yes, if we had our mind projection working better we wouldn't need to speak at all, would we?

George: We certainly value this friendship, this connection.

There are other ways to communicate of course. We don't have to be masters of mind projection, to be aware of each other and send each other thoughts. So we don't always have to have this physical method of contact of course; but we understand that it is necessary sometimes.

Sarah: It's certainly the easiest way for us.

And it is something that we are very happy to do.

Sarah: Well it's very nice of you to make the effort for us.

I would feel that on this occasion, I perhaps should depart at this stage, even though I feel very happy to have had this time with you again.

Sarah: Thank you very much for coming and let's hope it's not quite so long a gap before the next time.

George: We're absolutely delighted you've been able to reunite with us in this way. Earlier this evening I was attempting to put a thought out that you would be most welcome to speak this evening.

And remember yes, your thoughts can always reach us. Thank you for this time together.

Rod: We send our love to all your friends.

George: Love to all your group.

And their love and my love goes to you.

(Thanks, and fondest farewells)

25th March 2013

A three-way conversation between Bonniol, another communicator and the group about pyramids, not only on this planet, but many others.

Sarah: Good evening Bonniol—I *thought* you were coming this evening. Nice to have you back!

I've been having problems linking, but we seem to be able to speak again.

Sarah: Jolly good. I think the link was nearly there, because I kept feeling that you were coming—it was only a little connection that wasn't quite right I think—

Yes, it's not always clear, even for us, what the problem is sometimes, but once we've come through, we are through! But until we make that final—almost like a push through—then it can be difficult.

Sarah: Yes, anyway you've done it—that's the main thing. Jolly good!

Thank you. Um, yes, it's always lovely to re-connect with you people.

(I crossed over from the other side of the room to catch up on this initially quiet conversation—it was important not to disturb Salumet’s working with Eileen)

George: It’s wonderful to have you through again, Bonniol.

I’ve been thinking of you, even though we don’t always speak. I think it’s good to have these thoughts because—it’s becoming a smaller place, isn’t it!—this universe.

Sarah: Yes, it certainly is, yes. Have you had any exciting things happen on Planet Aerah recently?

Well, there are seasonal changes, which we enjoy! —the way the seasons change. We, as you know, are perhaps closer to nature in some ways—with our work and our lifestyle in general. We like to be close to nature, when we can.

George: Yes, I think this is perhaps one of our faults in modern times on this planet. We’ve moved a little away from that; and I would like to see everyone going back to a simpler life, much more involved with nature than we are at the moment.

Sarah: There is a bit of change beginning to happen. There are people with allotments to grow their own vegetables. I think it is beginning to change a little bit. These things take time, when you’ve moved so far away from it.

George: Yes, there is home-gardening and organic agriculture; this is beginning to come in. We use far too much mechanisation and chemicals in our farming. I feel it will be much nicer if we can do things on a smaller scale, so that more people are involved in that work.

Yes, it’s um—it’s so nice to share nature with others. It’s the sharing (that) I really feel is something that is key to so much in life. We are all individuals, and yet, when we share our thoughts and feelings, there is a new awareness that begins. And in nature, we can share this—these feelings.

George: That’s a very nice thought. I think we are beginning to realise how fundamental to everything ‘thought’ is. It’s much more than prayer and speaking and thinking about others, and connecting and speaking across the universe, as we are now. ‘Thought’ is so fundamental and opens so many possibilities. I think we’re just beginning to realise this.

Well, it’s not for me to say more than—I think we have already spoken of this (yes) incredible thing we have called THOUGHT—there are—even for us, who work with it in ways which you are not yet able to do—we still wonder at the potential there is. It is truly the most important thing in Creation—from what we know.

George: It’s nice to hear those words. Perhaps, connected with that—we are only really just beginning to realise what the large pyramids mean, on our planet. We are beginning to realise now, that when other visitors have been here, the first thing they have done is to build a pyramid—to capture or create the energy for their wellbeing while they’re here and to provide power for their return journey. I don’t know how widespread in the universe pyramid-building is, but it seems to have been a favourite thing to construct pyramids in the past on our planet Earth.

Yes, it is um, certainly not something that is unique to Earth. We also have pyramids on our planet, which are also used to gather the energy.

George: Well, that’s interesting.

*We have um, developed um—there is um—we have um—these—
(Pause—there can occasionally be a little difficulty with word flow)*

The shape of the pyramid is of course um, a perfect shape for collecting and steering or pointing this particular energy in the direction (yes) and when we are sitting inside the pyramids—it can be of great help to use this to focus.

George: Yes, would you describe this as an aid to help meditation?

The meditation um, comes from within the person I would say (yes) but the pyramid shape helps to build the power that is generated.

Sarah: I was wondering how you built your pyramids, because you are able to use your thought much better than us. Our pyramids are made up of big blocks. Are yours similarly made or can you use much larger—

Yes, the rocks of the earth, we find are the best for—um—capturing if you like, the energy—um—the shape itself is important.

George: Yes, and it must be aligned to planetary spin; and I would think the energy arises from sweeping through the aether in accord with the planetary spin.

Yes—the position has to be at the right angles for intercepting the flow of energy that is being collected.

George: Yes, I imagine the energy within the pyramid adds to mind energy, or helps in some way, when meditating.

The mind is not helped as such. I would say: there is power to be used, and it is put to use for whatever purpose.

George: I see—thank you.

There are ways to use it but it is an energy not of ourselves.

George: No, we realise that it assists various things, and we know that if we store seeds within the pyramid energy they produce more in the way of crops.

Yes, they have been used to help with the storing and protection of seeds.

George: Do you use pyramid-storage to assist your agriculture on your planet?

We have experimented with this. We find we do not actually need to use them in that way (I see) and store what we need for—the seed can be stored in other ways but the pyramids can be used to improve areas which—um—which have conditions which cause problems for plants.

George: Of course, the area around, surrounding pyramids is influenced by the energy, I believe.

Yes, and if they are located in the right places, this can improve the fertility, if you like, of the area (yes).

Lilian: So, do you build them just to help a particular area?

I would say that is our main interest. We are people who spend a great deal of time working with nature; and where pyramids are used it is usually with—um—in connection to improving the nature in some way—whether it's for our crops—

(Pause)

George: Yes, I was going to say, is there some influence on wildlife?

There is always interaction—when you build pyramids, they have an effect on the area.

Lilian: Yes, so when you visit other planets or they visit you—do lots of other planets have these pyramids?

Yes, they are a shape—a structure which has a definite affect on the energy flows, and so they can be of use for that.

Rod: Are the dimensions of the base and the height of the pyramid a common feature throughout the universe? Are ours similar to your sizes?

I would say the size is not as important (no?). It's the positioning and what they are built with.

George: I think the proportions—height in relation to base, vary considerably. But I think you are saying that the position is more important than the precise proportions—

They should be positioned precisely. The size of them varies, depending on the nature of the area and the requirements of the area.

Lilian: So would it be that energy-lines are used—to put them on?

Yes, they are used, always with the energy lines, yes.

Mark: Are they used for healing and purification?

They can certainly be used for healing, yes. Yes, and—um, when you say purification—um—

Mark: I understood that you can purify water, and even give it healing quality—I don't know if that's true?

I would say in the sense that the water would be energised, it would be—um—improved in that way (yes).

George: Yes, and we've noticed that there's a very big effect on water. Normally our water freezes to solid ice at low temperatures, but it doesn't inside a pyramid. So the energy that is taken up by the water seems to prevent it from freezing solid.

Yes, I would imagine that is due to the greater energy in the water.

George: The bonding between the atoms of the water just doesn't seem to happen, when the energy is there.

(At this point, Salumet had completed his work with Eileen, so she was now herself and able to participate in the discussion)

Eileen: Could I say: where you are so much more advanced than we are on Earth, is it still necessary to use pyramids to change energy? Have you not reached that stage yet? Can you not transmute energy with your mind, without the use of pyramids?

There is—um—we have abilities to transmute energy, yes. The pyramids are permanent features, which require no additional thought or attention. So, in areas where we may wish for nature to create—um—a different energy situation; where plants and nature can begin to grow and benefit from more constant environment—

George: So we can think of a pyramid as an ongoing, permanent energy trans-muter that doesn't have to be fed or up-kept in any way.

Yes, we could of course still grow our crops but we feel they are a natural—um—tool to use, much like other tools for growing crops. They can be placed and—

George: Do they alter your climate at all? Do they have any effect on climate?

Yes, they affect the area around them, and yes, they will have an influence on the climate.

At this point, another began speaking with quite a throaty voice via Jan, from across the room:

They are regulators! They act as regulators!

Yes, they can—um

You don't have the weather that you are experiencing at the moment—it is much more regulated, because of the energy that it transmutes.

George: Might I ask Jan: are you picking up from Bonniol's group at the moment?

Lilian: I think it's from spirit.

Yes—so they—

May I help you sir?

Yes please.

You are struggling with language are you not?

It is sometimes difficult.

Of course it is! We understand entirely. You are doing magnificently well!

(Pause)

The older the base of the pyramid that you speak of, it will hold the greater amount of energy.

George: So the bigger the base, the greater the amount of energy—

The OLDER the base of the pyramid (the older!)—the greater the amount of energy, that will be released from the top.

Lilian: So it increases with the age of the pyramid—

Mark: So they use older materials for the base—

Older rocks—yes.

George: Is it that the energy builds up over time?

Yes, the older the pyramid—we are using the word 'pyramid' aren't we? So we all understand exactly what we are talking of. The OLDER the pyramid, the greater is the energy released. So hence, when they are growing their crops, the older energies are the ones that regenerate quicker, better—so their crops are grown nearer to those energies. And the younger crop does not need it quite so much. Do you understand? Do you understand what I am saying at all?

George: So the longer the pyramid has been there, the better will be the crops.

Yes! (Ah) So the older the pyramid base—that's what holds the energy of that plant completely. That's the origin of that plant and foodstuff. Do you understand? That's the energy that that plant came from.

George: Yes, that's very interesting.

As the seedlings—as they reproduce these things, of course, they don't need so much energy, because their life force always belongs to that OLDER pyramid.

George: Yes, that's interesting.

I know it's difficult to understand because you can't see exactly what I can see.

George: It's very interesting to us. Might I ask: who it is who's speaking?

I don't want to give a name thank you. It is not necessary.

George: Not necessary—

No, I couldn't think of one!

(Chuckle)

George: I just wanted to know if you are connected with Bonniol and Planet Aerah.

I'm just helping. Let's just put it that way. I'm not connected to the planet.

George: You're helping from spirit ***(yes)***. Thank you.

I'm just helping with the language and to be able to give you a little bit of a picture.

George: Yes, I understand—it's very helpful.

Mark: So those older rocks that they use for the base of the pyramid—

George: *(turning to Bonniol)*: So you are getting some spiritual assistance, Bonniol—*(no reply)*

Mark: So it's a higher concentration—

I'm sorry—I'm listening to both conversations. I'm sorry—I need to listen to this gentleman first (Mark)—do you mind? Please carry on.

George: Please continue.

Mark: So if I understand correctly, the older rocks which are used for the base of the pyramid ***(yes)*** will have a higher concentration of energy ***(yes)*** which is utilised by the plant ***(yes)*** for their initial ***(yes)*** growth.

Correct—you have it.

Mark: Because there's some kind of—***(mother energy)*** *mother energy* right, it's an old *mother energy* involved ***(yes)***. So I suppose the rocks were made up of that originally ***(yes)*** and it's been re-absorbed ***(yes)*** by the new growth.

Eileen: So as you reach the top of the pyramid, is the energy much more refined?

(Pause)

Refined in the same way as when we go to spirit?

'Refined' is quite a good word for it. I was trying to find a better word. In actual fact I think 'refined' is quite good. As the energy rises above, to the pinnacle of the pyramid—where you are using the word 'refined', I would use the word 'resourceful'; because that energy is able to travel in such a way that it is all-encompassing—it goes to where it is needed. At the bottom, is the oldest and the most dense. As it travels upward, it knows exactly where to go—it's resourceful (that's interesting). It becomes a lighter vibration, so it's able to travel (yes) exactly where it's needed.

Mark: So would people use that for healing?

Absolutely, it's used for everything.

Mark: So how do people harness the healing energy, for illnesses and things?

Thought.

Mark: With thought, right.

Has that been of any use to you? (Yes.) I would like to go back to the gentleman. Do you have any more questions? I am sorry, I have taken up too much of your time.

George: It's all interesting. Yes, and thank you very much. So—

I want to withdraw now.

George: I'm feeling that the energy is self-thinking in a way and self-organizing, in going to where it's needed.

It's resourceful—you understand the word resourceful, do you not?

George: I understand the word 'resourceful', but does *thinking* come into it?

Yes, like this gentleman has just confirmed, healing is done by pure thought.

George: Healing is done—yes.

I want to leave—I want to depart. I'm sorry—if you will allow.

George: Nice to have met you. Thank you very much for coming through. It was most helpful.

Lilian: Are you still there Bonniol?

I—

George: Ah, you're still with us.

I've been having a little break!

(Chuckles)

It is most welcomed, to have someone more familiar with the words to help explain.

George: Regarding the assistance from spirit, I thought at first it might be from your team—then I realised and understood from the one who came through, that it was coming through from spirit.

Yes, that is absolutely right. My team are with me in a sense, as I speak (yes). I speak with the team very much in the background.

George: Yes. On certain previous occasions, I know that Jan, over there, was picking up from your team. That's why I thought it might have been like that in this instance. That was wrong-thinking on my part. I understand now.

It is easy to be confused, I would imagine.

George: But it's a wonderful evening for us, to have all this input.

But you have so much in this group. I have been around long enough now to know the wonderful evenings that you have.

Jan: Bonniol—did that gentleman explain what it was you were trying to get across? I think I was asleep before he came, so I missed a bit.

I think there was some information about how the plants grow around the pyramid base—

I—

George: And how the older the pyramid, the more effective it is.

Jan: Clairvoyantly, while I've been sleepy, I've had a picture of many pyramids of different sizes, and very definite straight lines of them. The larger plant material seemed to be growing nearer the larger one, which I presume was the older one that he was talking about, and the saplings seemed to grow towards the smaller of the pyramids.

(At this point the connection with Bonniol was no longer there and as it had been a long session, the evening gradually came to a close as we discussed and tried to digest this new material.)

George's Notes:

While preparing this transcript I received the communication below from Suzanne Taylor. TED (Technology, Entertainment & Design) is a global conference system, for 'Ideas Worth Spreading'. It is the parent organisation of TEDx – for independently organised events. But it seems that TED endeavours to shut down the TEDx event! So much for independence! And the TEDx speaker list is impressive: Marianne Williamson (Love restores reason; not the other way around), Russell Targ, Larry Dossey, George McGraw etc. And needless to say, the work that Salumet, Bonniol and the Kingsclere Group do would likely not be welcomed!

To stay up on developments, get on the mailing list for TEDxWestHollywood.com and Brother, Can You Spare a Paradigm?: <http://eepurl.com/xr1Fz>.

To the future we would like to be in...

Suzanne Taylor

Events and projects that can shift our awareness

Ex TEDxWestHollywood Event Coordinator

I left the following message on Suzanne's blog site:

This is all getting very wordy, but at the same time it is symptomatic of outmoded traditional science now finding itself in the melting pot ... and in a strange way, this is refreshing. The huge leap forward for humankind, as sentient beings will happen when we SERIOUSLY work into the vast potential that awaits us beyond space-time. We might call the development 'spiritual science' for want of a better name. As a result of working in this field, our UK group of scientists and spirit mediums (considered unacceptable by learned institutions and media of course!) have made enormous progress. We communicate with other planets of this universe, we understand how and WHY our original pyramids were built (by ETs using THEIR spiritual science methods, some pyramids now radio-carbon dated to >30,000 years) and we have communicated with scientists long since dead! This is all very unacceptable to traditional scientists, but that old cookie now crumbles.