

# 66. Pyramids

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## [The earlier pyramids had a very different function to current thinking](#)

The pyramids were used a source of power for space travel by our cosmic brothers. This is not widely known or accepted at the current time. They were not used as tombs. Salumet gives some enticing information about their true purpose but with much more to follow.  
(18/7/94)

Dawn: Can I ask a question about pyramids please? In the pyramids, there have been drawings of people in 'space helmets', as if the people had been flying. Did they fly at that time and why were the pyramids set up please?

**Much is spoken of pyramids and pyramid power. Pyramids were sources of direction. Let me explain. (Pause/deep breath) There was (sic) indeed those who could travel at that time. Pyramids pointed to other galaxies, other stars, if you like. I will try to keep it simple. Each point of the pyramid, pointed to a direction of the universe, to the open skies. That is why you had a civilisation, who could indeed 'fly,' as you put it. This is a little-known thing about the pyramids. They were not places of worship, they were used for a directional function.**

Les: So the fact that they were used as tombs, was secondary?

**They were *not* there as tombs. That is not what the function of them was. That was *not* the intention and I can say to you now, there was a much more *complex reason* for them.**

Dawn: Can I follow that up with just one more question, which is probably rather silly? But I've often wondered if people came from outer space and then bred with the people here, to produce a certain kind of intelligence, but could never attain that higher intelligence?

**That never did happen. That is *not* what happened. No, that is a definite 'no.'**

## Levitation was used by beings far in advance of us in the construction of the pyramids

Salumet explains how this happened through levitation created simply by the power of thought. The enormous power was built up by groups of beings working together. (15/8/94)

Les: We did speak about unknown forces building the pyramids and other extraordinary buildings. It has often been discussed the methods of construction and building and the erection of those stupendous blocks of stone. And as I've said before, stupid ideas have been put forward. So far as I'm concerned, there could only be two answers, either de-materialisation of the fabric and re-materialisation in a new position, or actual levitation. Are you able to let us know which, or whether both of those methods were employed? I think of the Incan and Aztec nations particularly and their stupendous monuments.

**Yes. Let me speak on that. Let me say firstly, materialisation, de-materialisation, they are possibilities. It continues today. But as I have spoken previously, there were races upon your Earth, much more knowledgeable. And yes, the simple answer is levitation.**

Les: I thought it might be.

**I needn't go further on this subject. Materialisation, de-materialisation, this basically is what happens with healing today when you speak of your 'psychic surgery,' but that is a different matter. These ancient peoples, as you call them—I call them 'very young,'—but let me say their knowledge far, far, outweighs anything that you have today. And yes, levitation was a way of constructing these huge, huge monuments.**

Les: I thought it must be one of the two.

**Is that satisfactory for you, or do you wish more?**

Les: Well, if you can elaborate further, we're always very interested in the details, certainly.

At that time, there were people who, very much like today in your African societies, where you have the doctors who heal, the 'wise men,' if you wish to call them. There were people who had these powers, if you like. *They* were the architects of the time, *they* were the ones who would have, how do you say—the '*blueprints*,' the 'blueprints?' they would have made the blueprint of the construction of the building, or the temple, or the pyramids, whatever we are talking about. You would have a group of people, as you have a group here tonight, to build up power. It is no different. They gathered together, they made the blueprint, and they instructed the people, on how they should go about their tasks. We are speaking, we are speaking of powers not known today. So, to go into the details of how it worked, would be rather confusing to your mind, but I will say this: One time I will bring someone, who will explain in detail *how* this happened. But we are talking of times to come.

Les: Yes, we look forward to that.

**But, yes, levitation was the manner in which they were built. I don't say everything, every brick, every stone. But that in the majority of the building was how it was done.**

Les: Thank you very much. Again, we come back, as I say, to the power of thought.

**Of course—what is levitation?**

Les: Yes, just the power of thought.

**I must stress to you all again, the *Power of Thought*. It really, it really is an *incredible* thing. I wish I could express to you in words, *just* how powerful it is. In fact, I think one time we might try something within this room.**

Les: That would be wonderful.

**I don't say we will be successful, but I am happy to try it with you.**

Les: Well, we appreciate that very much indeed.

**I can't tell you how powerful thought can be.**

Les: Well we certainly look forward to that in the future.

**Do you know of the men who can lift themselves, just by a thought?**

Les: Yes, I've heard of them.

**So why, when you think of the mass, the weight, of the human body, why would anything like a block or a stone be any different?**

Les: Not a bit, because the mass ceases to exist as such.

**Yes, yes—I have to say we have been impressed with the rate of your knowledge while in this lifetime.**

## [The Sphinx](#)

This incredible monument was built to celebrate a great civilisation. There is no more mystery than that. (28/11/94)

Brent: There was a feature on television last night, about the Sphinx in Egypt. The Sphinx lies in the middle of the pyramids and Egyptologists believe that the Sphinx was made at the same time as the pyramids; about 4500BC or something like that. But there was a claim, the Sphinx was possibly made 5000 years prior to the pyramids. I wonder if there's anything you could say, to verify that statement?

Yes, I think we have spoken a little on the subject before, what the pyramids were. Let me speak about the subject you have raised. Indeed the Sphinx was earlier in time. It was a development that was made, prior to the pyramids, as you call them. I believe I have said to you, they were actually *directional forces*, have I not? (*Affirmed*) Yes. They were. The Sphinx—let me go back to the civilisations that existed then and I remember that I too, will bring someone to speak to you on the subject, who has more knowledge and can give you dates and facts. (Thank you.) But I can tell you, it is much older in your time. It was built in the same way as the pyramids were, by a civilisation, with much greater and extended knowledge. The Sphinx was in fact erected, if you like, rather like you erect monuments today. It was in fact, 'built,' if you like, to celebrate the existence of that civilisation and the civilisations before. It is rather like a badge that you wear, if you like, to say, 'this is what I am, this is where we've been.' Are you following me? (*Affirmed*) So if you like, it was the beginning of much knowledge. It was something that was achieved, because they wanted to show how much knowledge they actually had. It was a monument to that civilisation. There is no great mystery to the Sphinx. That is all it was. It was meant to be a monument to a great civilisation, as I say, in the way you would erect monuments to people who have been brave, or something that is built, let me say, like the monument in your country America that was given by the French people. What is that?

Brent: The statue of Liberty.

Yes, what do you think people in 5000 years' time, will say about it? Will they not look and say, 'What a magnificent thing? What did they use this for?' do you see? (*Affirmed*) It is not used for anything, it is there, it exists, but it is nothing special. And I say, that is *why* the Sphinx originally was put there. I know much is spoken of it. Always you Earth people like your *mysteries*, do you not? (*Agreed*)

Les: Yes, the archaeologists particularly, are up-in-arms, now, about the new theory, aren't they Brent? (Yes)

**Do not put them down, it gives them pleasure. (*Chuckles*) It gives them pleasure. But there are no mysteries. The pyramids now, are a different story. They were *used*, they were *directional forces*, and were used for space travellers, as I have already said.**

Les: Yes, I suppose the Sphinx would be on a par with Cleopatra's needles. There's a few of those Brent, aren't there? (Yes) One in London and one in the USA I think.

**Is that helpful to you?**

(*Agreement + thanks*)

**You must remember, the Egyptian civilisation, had a very deep-rooted feeling, for all forms of cats. Can you see the association?**

Les: Yes they did. Ah! So the Sphinx was based on their feeling for cats being immortal? It was yes—if you like, a religious thing for them. I don't like the word 'religion,' as you know, but that is as close as I can come to it.

Les: I was going to ask, why they chose that particular effigy. So it was based on their worship of cats, was it? That's interesting too.

**It is no different than other civilisations. You had your American Indians with their buffaloes, you have your Indian race who worship the cattle. It is no different. It is a form of their religions.**

Les: It is a form of worship, yes. And it is very interesting, thank you. I hope that is helpful to you.

Les: Indeed it is. Because I was watching the documentary as well and I was trying to imagine the consternation, among all the archaeologists if they were proved wrong in their previous assumptions, as they will be no doubt.

**I believe they are used to having their ideas and their dates changed. I don't think that is unusual for them.**

Les: No, they still don't like it.

**No, but it must be so. It is good that these people look into your 'past,' if you like. What is your future, without the past? You are on a never-ending cycle. If there is no beginning and no end, then you see, *all* must join together.**

## The pyramids have been used by later groups of people

The drawings inside the pyramids came later as a result of man's assessment of what the pyramids should have been. (5/5/03)

George: You talked to us about the pyramids and they being star pointers and you have made certain statements such as that they were not intended as tombs. And there are many incredible details within their construction and I appreciate that the details are too much for simple application—as simple as being tomb—it has to be something much more complicated than that. I think you indicated direction pointers in space. I think the complexity of the internal construction, suggests a process of dematerialization and connected with space travel. We know that we can't satisfactorily travel in space unless dematerialization happens first. Is there anything you would be able to say about the complicated layering of different types of rock within the pyramids, which obviously have I would say some energy application. Is there any you could say about that or can you say that part of their application is dematerialising?

**Yes, let us first take dematerialization. To you it seems such a strange and unusual happening. To those of us who know more, it is a natural happening. That is first and foremost what you need to know.**

George: Yes, and I imagine that goes with a much stronger spiritual development.

**Yes, of course. You have enough knowledge at this time to understand. I told you when first I came that all of these 'great happenings', as you call them, were quite natural occurrences and that people of your past times, had much more spiritual knowledge than many do now. Yes, originally those of greater knowledge had those—we will call them '*points of light*', *points of light* because all structures are light and energy; this you understand. (Yes) The pyramids were built as points of travel for those who came from other worlds. The drawings you speak of within the walls of these great rocks came later; they came from *man* and *man's* assessment of what they should have been. We are speaking of two different things here. It is a topic which we can enter into again another time if you so wish, but you must not mix the original construction or dematerialization within, with what you find in the inner walls of these structures. I will clarify it for you and make it a little easier for you to understand. There has been much written, there *has* been much controversy, but I will tell you *why* and *how* and *when*, so that your understanding will be greater. Are you happy that we should do this? (*Enthusiastic agreement*)**

George: Yes, that's very interesting. There seems to have been a time of...

**There is a lapse of time.**

George: Yes, there was a time of very early knowledge, **(Yes)** when the major pyramids would have been first built...

**Yes, and mankind has not been correct in his timing.**

George: Yes and then there has been further usage of the pyramids since their original construction.

**Yes. You must always bear this in mind, but we will go into more detail.** (Thank you)

## Light signs

Light symbols are used by the Masters of this Universe. They were used in association with the pyramids. (14/7/03)

George: May we ask general questions? **(Yes.)** I'd like to mention that there have been reported 'light signs'. We have talked about the signs of crops circles, but there seem to have been signs in light which have appeared around the world, many countries, consisting of a circle with a cross in the centre and the signs in light appear on pavements, on walls... As a symbol, it's a very ancient symbol, I believe, which represents a cross, humanity, and the circle as the universe and the four quarters as the four elements of the beings that look after those elements. It's a very ancient symbol from the past and it's reported to be appearing in many countries at the moment. Would you have anything to say about the significance of the light signs?

**I do, but you have already given what I would have explained to you. Therefore, for those words I thank you. (soft chuckles) What I will say to you is this: that light symbols have always existed since mankind has walked this Earth. Light symbols have appeared on stone, on mountains, on water, in air, in fact on all elements of existence. These symbols are not new, but they have been *resurrected*, if I may use that phrase at this time—and it is not new; it has been happening for some considerable time. It is happening at this time, because mankind needs to return to the basics of what living is all about. Your explanation explains the symbol. This is what mankind needs to understand.**

George: So the signs at this time would be a reminder for us. **(Yes.)** And would the light beings be producing them?

**Always the light beings are the Masters of this universe. (Yes.) You understand? I will speak a little more in detail when I speak to you about the pyramids, because there, my dear friend, is a prime example of when these light symbols were used. I will say no more this time, but I will elaborate for you when we have the evening about the pyramids. I hope it is enough for you this time; but these signs are not new, they have been given from times past.**

George: Yes, wonderful! I didn't realize they went back forever, I thought it was something new, but thank you for explaining that.

**They are new to the people of existence now. But *new*, what is new?**

## Russian research on the benefits of pyramids

Salumet explains that the knowledge of energy associated with pyramids is not new, and was understood, for example, by the ancient Egyptians. The energy is of a higher vibration than we are currently aware of, but its effects are now being observed by this research. Pyramid energy rises up towards the apex of the structure at an ever-higher vibration. (26/6/06)

George: Yes. I would like to refer to some work that our Russian neighbours have been doing very recently...Professors Golod and Krasnoholovets have been building quite large, hollow pyramids out of glass fibre and plastic, up to 44 metres high. They are two good scientists and they have conducted a number of experiments, and two of the interesting results are firstly that water as it cools to very low temperatures, minus 40 degrees Centigrade, it doesn't freeze! And another factor, seeds kept within the pyramid for a period then germinate to give a crop yield that is between 20 and 100% greater than would normally be. Now this sounds like an energy effect and rather like the energy of the crop circles that we talked about some time ago regarding the increased crop yields from the seed. So, I think we are beginning to have an understanding of the energy that is collected or enhanced by the aligned pyramid shape. Would you have any comments on that?

**Yes. I understand your question. Always—not always—I beg your pardon. If you go back to the time of the ancient civilizations, they were much more aware of energies than you are at this present time.**

George: Yes, I think some of us are just beginning to realize that.

**Yes. What is happening with your Russian friends and their pyramid experiments is not new knowledge, but is knowledge that has been regained and is now *beginning* to be understood by men of your time. The ancient Egyptians in your world, in particular that race, had much more knowledge of energy and vibration and space travel—we have touched lightly about this before.**

George: Yes, I'm sure we remember your words on that.

**Yes, but perhaps you could think of many bodies that have survived at sub-zero temperatures without freezing. When you speak of the water which reaches certain temperatures and still does not freeze, it comes under the same energy. And I would say to you, your analogy of the experiments and your crop circles are indeed related to that same energy. It is an energy not fully understood as yet, but I have to say many are being helped in this field so that the understanding is greater and that these, what are termed 'mysterious happenings', can now be collected and collated together in understanding. The energy used is indeed of a higher vibration than currently known in your world. But, do you remember my dear friends, when I told you that 'sounds' have their own vibration and that one evening you made the sound within yourselves and you could feel that vibration within. Do you remember? (Yes.) In the same way, the shapes of many things have their own vibration. There are many people in your world now, who find benefit from being within the shape of pyramids, because of the energy which is created within. And if you think of the shape of the pyramid, you will begin to realize my dear friend that all lines reach to a pinnacle as if the energy is being drawn upwards to a higher vibration.**

George: Yes and I can say that radar does detect a column **(Yes.)** of some kind of energy reaching—I think the figure was 1,000 metres above the large pyramid.

**Yes, and beyond, you will then find that the vibration becomes even finer, but that is something not to be understood at this time. It is important for your scientists in your world now to recapture knowledge long lost.**

George: Yes. And there is mention of meditation being enhanced within the pyramid structure.

**Of course, because as the energy reaches and goes from the top of the head, what is happening, but it reaches for the pinnacle. Can you see, because the energy is drawn upwards and becomes even more refined? (Yes.) So, perhaps my dear friends this would be something for you all to consider this time, the shape of the pyramids and how the construction is ever upwards and perhaps I will hear your thoughts next time.**

Lilian: And of course, they have been found all over our planet in days gone by.

**Yes. The ancients were much more adept in their knowledge of these things.**

Graham: Did the ancients actually have a name for the energy associated with pyramids?

**Not that I can tell you. Of course, they would have found a physical name for their own use. But, um—yes, of course they would have a name.**

George: The Russian scientists are theorizing on this and the name they have devised—they explain it in terms of what they call ‘inertons’, these being energy units which divide—but that’s part of their theory at this time.

**Yes, I have to say, if it is helpful then put a name to these things, but what I would say to you my dear friends: have the knowledge and the *feel* for these things—names are unimportant; it is the recognition which is important.**

George: And I think we recognize from the work done that the energy penetrates many things and alters their character in some way.

**It is part of the scheme of life. It is just because it is the unknown to you as humans at this time. It is nothing extraordinary, in fact I would call it *most ordinary*.**

George: Yes, yes. One nice thing is that the political relations between East and West are so improved now, and this sharing of knowledge is a very nice thing that is coming out of that.

**As it should be, do you not agree? (Yes.) ...because mankind should be sharing with his brother, because all knowledge belongs to all people?**

George: Yes, and we can really appreciate the good work that these Russian scientists are currently doing—and thank you for giving us your further words on all that.

**Yes, well I will look forward to the remarks brought to us next time and whoever is absent will be asked at a future time. So this is something which we must discuss a little more of, now that the topic has been raised.**

George: Thank you for that—wonderful!

Paul: It is interesting that a lot of the more ‘simple’ people like the Native American Indians, they had their wigwams **(Yes.)** constructed in that sort of shape.

**Again, another very good example of the recognition of energy available. There really is, my dear friends, much in your history if you return and go back to ancient times; although the Indians that you speak of do not go as far back as those ancient civilizations of which I spoke previously, but their spirituality was great, their knowledge was full of understanding and acceptance. But this is an opportunity for each one of you to think deeply about this matter.**

George’s notes: re Russian pyramid work: Internet: If you do a Google search on Prof V Krasnopolovets, it will produce an 8-page document entitled: ‘The Great Pyramid as an



*Aether Wind Trapping Site'. A search on: Russian Pyramids produces other useful information.*

Pyramid effects that have been observed:

Water does not freeze.

Razor blades are sharpened, (compared to ultrasound polishing).

The vertical column extending above and detected by radar was 2 Km.

Salinity of water decreased.

Altered resistance of carbon materials.

Effects on animals and disease incidence.

Human aura is brightened

Foods stay fresh longer.

Domestic pets thrive well in situ.

Patient's burn areas heal faster.

Meditation enhanced.

Plants grow faster in early phase.

Structural changes in materials.

Can cause nausea in too much pyramid environment. Compare crop circles!

Seeds ... crop yields increased. Compare crop circle wheat!

Immune systems are enhanced.

Pathogenic strengths of viruses and bacteria reduced.

Radioactivity decreased.

Crystalline materials kept in pyramid, then transferred to surround jails, reduce crime.

*Pyramids have been aligned to the pole star (which effectively aligns the other pair of sides to planetary rotation). The Russian pyramids are built to phi ratio and are described as having 70-degree slope. The Egyptian pyramids are less steep and to pi ratio.*

## Pyramid energies

Salumet discusses energies and its refinement, sound vibration, the very advanced Egyptian civilisation, cosmic visitors from other planets and the downfall of the ancient Egyptians through materialism. Much is lost when man assumes the role of being the Creator. Karma and other reasons caused their downfall and gradual loss of knowledge. These are problems that are arising again. (17/7/06)

**When last we met, we spoke about the energy and the pyramids and I remarked to you that when we came together once more, I would ask you about your many thoughts on this subject. But because we are few in number, I will leave my discussion about the pyramids for this time until we have more in numbers. But nevertheless, my dear friends we can discuss amongst ourselves what the individuals here have gathered from thinking about that energy within pyramids.**

George: Yes, gladly.

**I am sure that you have given thought to those words and are indeed happy to discuss this amongst yourselves. (Affirmations)**

Lilian: Bonniol, he talked about different shapes that give energy—plants and water. **(Yes.)**

George: Yes, I remember you talking to us about making a sound vibration within ourselves—to have the feeling of this—and I rather fancy that the energy of the pyramid is like a ‘micro sound’ form of energy—a higher vibration than what we think of as sound-in-air. I feel there are two parts to it in a way: shapes have their energy, I can see that, and the pyramid going to an apex will have a sort of condensing effect as the sound rises to the top and beyond, but also the orientated pyramid with two sides facing the east-west direction has a collecting effect of energy I feel from its passage through the ether, with the rotation of the planet. So I think there is a collecting effect within the pyramid and an effect from the shape in refining that collected energy. So I feel that there are those two aspects to it and it’s a higher vibration which can get into things and modify structures. There’s one other point: the pyramids made on the Earth are of two different side angles. The Egyptian pyramids are built to the ‘pi’ ratio and the Russian pyramids are built to the ‘phi’ ratio, which is a steeper incline of side, so I rather suspect that the angle of the pyramid is quite flexible, but the orientation of the pyramid is very important.

Paul: I think the Central American pyramids are a different ratio again.

**Of course, the shape dictates the way the sound vibrations are used and as sound becomes more refined, then it reaches the point of not being audible to human ears—you cannot take one without the other. When you experience the sound within yourselves, remind yourselves of what you then felt. Can you remember?**

George: Yes. I felt an on-going vibration within self.

**Yes, until you became as one.**

George: Yes, perhaps a better word than ‘on-going’ is a ‘resonance’.

**Yes. What you should have felt was that sound energy being refined until you became unaware of the human form and you became as one with the sound energy. So, you see, all shapes, all sounds go together and, after all, is not the human form in some shape? And where does the sound rise to? Were you aware of these conditions, or was it just a little too early for you to recognize what was happening? Yes, I feel that it was.**

George: Yes, I was not aware of the sound rising to any particular place.

**The sound will always rise to the pinnacle of the shape, to that point within the shape that allows that sound to vibrate at a higher degree.**

George: So, with ourselves it would rise to the top of the head... **(Yes, yes.)**

Lilian: How about a round shape, because in nature, the planets and so on, are often round...

**Yes, you would have a vibration which would be surrounding the whole shape of the circle—no beginning, no end, but there would be a crescendo of sound and vibration.**

Lilian: I was thinking of the energy that needs to keep the planets in place—it must be tremendous.

**Yes, of course, but that is something that we cannot discuss at this particular time. I feel that to speak of shapes and energies is what you are now ready to receive.**

George: I was wondering about a perfect cone on a round base; **(Yes.)** that would have its energy-enhancing effect, but perhaps it would not be a collector of energy in the same way that a pyramid collects?

**No, of course not—because of the base, that would change the energy frequencies. There is so much that can be spoken about energies and while we speak of energies, my dear**

friends, have you become aware of the talking going on within your world of harnessing the waters of the seas? (*Affirmations*) I did tell you previously that that was the way forward.

George: You did indeed, yes.

Paul: There is so much energy there.

**Yes. May we ask now for someone else's thoughts about the pyramids and the energies?**

Paul: I was giving it thought, but I couldn't get much past the idea—it seems like it's a chamber then, like a musical instrument for producing certain vibrations, which—I guess it's got a very pragmatic use for the Egyptians and the ancient people. I think you indicated in the past that—I understood that the pyramids were involved in the travelling to other stars.

**Yes, as the gentleman, my dear friend here (*George in an earlier session*) has noted that certain shapes and sides of the pyramids relate to those of other planets for the purpose of space travel, which was not unknown to those ancient civilization.**

Jan: Were they (*Egyptians*) visited by other planets? (**Yes.**) They were—that's how they gained most of their knowledge?

**The knowledge was innate within them, which would make it easier to accept other cultures from other planets. Their knowledge was indeed far superior to anything on this planet at this time.**

Jan: At that time, or this time?

**Far superior in *their* time.**

George: And I think I can say that in addition to the pyramid energy that we talked about and how it becomes enhanced, I think I would be right in saying that there were further structures in granite and rocks (**Yes.**) within the Egyptian pyramids to further enhance and develop the energy.

**Yes, you are correct and this is something I will discuss with you when we have more people to listen. Yes, of course it is not only shape and sound but texture, and remember, as we have said, all *things* have their own vibration. You all, my dear friends, are nothing but vibration.**

Jan: What came first in the ancient Egyptians, for example their thoughts—to entomb their dead so that they could pass into spirit more freely, in their belief that they take all their possessions with them...

**That came to a later civilization. The knowledge of which we speak was innate within them.**

George: I think we are speaking of a time which is 10,500 BC or thereabouts.

**A little longer, yes.**

Lilian: Our friend who visited last week from spirit who lived quite a long time ago when the (*later*) pyramids were being built. He was aware of the energy in water and the food.

**As were all of those people. This knowledge belonged to all of that civilization. So, you see it was normal to them, but gradually that knowledge was lost.**

Jan: Why was the knowledge lost Salumet?

**Because of the karma of the people.**

Lilian: They didn't want to listen, I suppose.

**Materialism was beginning to take hold. There are many, many reasons, but the downfall of many civilizations was caused by man's own ego and although that seems too simple, that is the basis of many, many civilizations' downfalls where mankind assumes a role of being the 'creator'.**

Jan: Was that part of creation's—was that part of man's freewill or was that part of our evolution that we had to lose that to come full circle which I am sure one day we will.

**(Both.) Both...**

**Yes, both; yes.**

George: I think what we are talking about having lost would come under the heading of 'spiritual attributes' **(Yes.)** and while one can write down material things, can keep records, and the records don't necessarily get lost, but spiritual attributes *can* get lost, through our deviation from spirit. Would that be fair comment?

**Yes. I...**

Jan: So the wealthier they became and the more natural minerals and gold and everything else they found in the Earth—that became their downfall.

**And their beginning of abuse of all things spiritual.**

Jan: Including themselves.

**Yes, mankind basically, in simple terms, has lost his way; but as you well know my dear friends that is being reversed gradually in your world.**

Jan: In our lifetime this time—the people in this room—we've just been talking about how many years before Christ? 10,000 before Christ did you say?

George: Well, Salumet says more than 10,500. **(Yes.)** But haven't we come a long way spiritually in the last 100 years even?

**As human beings, let me say it to you this way: You have always been spiritual beings, but you have been in the dark as far as *recognizing* those spiritual gifts. And perhaps 'gifts' would not be the correct word this time ...**

Jan: They're attributes as you put it, aren't they?

**Yes, they are innate within you, but the recognition of who and what you are over time, has become lost. Mankind's focus has been placed in areas of living which are not spiritual, (Yes.) but slowly, as mankind has become more aware and able to accept and understand his own way of thinking, he can rationalize more easily that which he knows to be true, and at this time in your evolution you cannot deny what you know to be true. So, yes, you could say that you have 'turned full circle' I believe your words were.**

Jan: I believe that one day we will, but I don't think we are there full circle by any means yet. **I would not be here if that were the case! There is much, much work to be done.**

Jan: The other thing is we are developing at a very fast pace.

**Yes. In this one of your centuries, the whole of your planet has become much more aware, because of the great effort from our world to come to you in many forms and to help you to know and understand who and what you are.**

Lilian: We are very grateful to you.

George: Yes, we are very grateful.

**And I have to say my dear friends, apart from all of the other information given, that is what is the most important part of our coming to you, that each one of you, whether it be within this group or in the many, many others throughout your world, it is to *recognize* and to *know* that you are spirit and that you have the abilities of spirit at your call.**

George: We are making contacts with other people around the world who seem to be active in presenting spiritual information.

**Yes, much, much is being given.**

George: Yes. It has been a very interesting evening and I'm sure we will all of us look forward to some further discussion of the pyramid energies.

**And you see also my dear friends that knowledge is built in the same way as energy—a little at a time becomes more refined. And that is what you are all achieving my dear friends. (Thanks and farewells)**

*George's notes:*

*Energy from sea: The internet indicates much activity. The UK has eight possible 'tidal barrage' sites and off-shore turbines are the other likely development.*

*Egyptian pyramids: Earlier discussions are detailed in the Salumet book, pages 62 – 67, that took place over the period 1995 to 2003.*

## ['The ancient civilisation known as Egypt: A civilisation that had great, great knowledge'](#)

This teaching was extremely informative about the ancient Egyptians and what happened to them, and why. The pyramids were built for collection of energy and for space travel. However, as ego and materialism started to creep in, some of the later pyramids were built manually for the burial of pharaohs. Eventually all was lost. (7/8/06)

**As I told you last time, I would speak with you about the ancient civilisation known to you as Egypt and about energy in as much as you will understand. Much has been written and said about your ancient civilisations, much of which is incorrect. And I know to this day there is much puzzlement about the structures that you call pyramids. We have spoken recently about smaller versions of the pyramids and the energies which they contain within. But let us go back in time to that time when mankind had much knowledge, when that Egyptian race should have been leaders of their time in the way of spirituality, but of course, that word would not have been known to them.**

George: Might I ask if that would have been the time of Osiris?

**We go further back, we go further back in time, when many from our world came to advise and to help this planet to become—I will use today's phrases for your understanding—to become more spiritual in nature. The people of that time had much knowledge within. They understood much of the way of nature in your world. Much was made of the Earth, the Fire, the Air and all that was natural in your world. They also had the abilities of spirit in as much as they recognised the transmutation of energies and how energy could be used to benefit mankind. They understood what man has now lost. I would say when first they began to build—and I say to you: the knowledge *came to* them from within, from that innate understanding, but it also came *to* them from other beings from other planets. So, you understand my dear friends, how much knowledge they had before them. As they began their structures, their building work, it was for the purpose of 'travel' and 'time' and to be in alignment with the sun and the planets at that time. These structures were not for, as used in later days, as burial mounds for their pharaohs. That comes later and I will explain a little to you. Within the structures that they built would be a chamber that would be used by *all*—man, woman, child and even the animals of that time. It was used like today's people would use your cathedrals; for upliftment, for healing and to gain knowledge. Within these structures there would be one who would be willing to teach, who had come to this planet for that very purpose. Therefore, these**

**buildings were always in alignment to nature. And, as we have spoken briefly, the energies within pyramids is most powerful. I will hesitate at this point for any questions that you may have at this point.**

George: Yes, regarding those who came from elsewhere, the names that I have are 'Osiris' and his queen 'Isis', and there was a son 'Horus'. And it is my information that these were the last of that biological line from elsewhere.

**Yes, that information is correct. That is why I said we go further back, because they were indeed the last in that line.**

George: Yes, thank you.

**You understand?**

George: Yes, and there is a connection there that I wish to ask about. The Egyptian pharaohs that followed, there is one source which claims that they are incarnations of Horus...

**Yes, we will discuss this—yes, this is where problems begin to arise. From a race of great knowledge, mankind suddenly realises that he can have status. In that land at that time, because they had abundance of good earth, water, air and such to be used—as well as limestone, granite and all of these material things.**

George: Yes, and which would have been wonderful materials for construction...

**Yes, and which were indeed used for the later pyramids, but the pyramids of which I have spoken were constructed both spiritually and manually, whereas the later pyramids had mainly manual workers.**

George: Yes, it's wonderful to have that confirmed. **(Yes.)**

Paul: Is that where sound comes into it, to help with the construction of the pyramids?

**Sound of course was used, and the sounds were used in the hieroglyphics later used on all structure—on the pyramids, on papyrus, on stone, in many ways, and I believe you probably will know that the coding on these drawings and words—pictures, were to do with sound—connective sounds—I will explain as we go along. So we have reached a time when pharaohs decided that they were gods, and some I have to say were reincarnations, and you know about this subject, and will accept now that some pharaohs were reincarnations of previous, what you like to term, 'gods'.**

George: Yes, I was wondering if there was a parallel there with the fourteen Dalai Lamas that I believe are reincarnations of Buddha...

**Yes, the same *kind* of situation, but with the Egyptian race, it is a slightly different situation. Let me explain this to you: as time progressed the pharaohs realised that they could amass great wealth and it is shown on their drawings that the more cattle they could have, the wealthier and more outstanding they became. Therefore, materialism started to creep into their lives. But their downfall was that they began to think of themselves as infallible and that they themselves were godheads; and slowly, slowly this created many, many downfalls—many pharaohs came to no good.**

Paul: It sounds much like what was said about Atlantis.

**Of course—it is the same, it is greed of mankind, it is a denying of that inner knowledge, yes.**

Lilian: So, the people that came from the planets, would they have visited other parts of our planet?

**At that time, no, because the Egyptian lands and the building of the pyramids was for distance and travel. It was a point of unison with the sun, the moon and the stars, and pyramids were built to face north, south, east, west. But the details, and indeed they were so accurate, came from those space travellers at that time.**

Lilian: Would they have looked similar to human beings?

**At that time, I would say, they would take the form so the recognition would not make the people fearful, and this is where we bring in ‘energy’, the vibration, and how—you remember I have taught you that it is not static, it is ever-moving and energy can transmute itself into whatever, and especially the *higher* energies, the *higher* vibrations that come from our world, in the same way as I have told you about the angels, can change shape, can become whatever they wish and this is what indeed happened at that time. I am sure my dear friends, this all sounds very fanciful to you in this day and age, but I want you to *realise* that that civilisation had great, great knowledge.**

George: Yes. There was one ancient historian who referred to those visitors as ‘gods’ and differentiated them from the ordinary people.

**Yes, because they had powers which surpassed, may I say, what the Egyptian civilisation recognised. So, to them—and of course you must remember that although they had great knowledge, this also became coupled with superstition, which became another part of their downfall.**

George: Yes. Could I ask another question (**Yes.**) which may relate to the energy? An old name for the pyramid complex was ‘Rostau’ (**Yes.**) and Rostau means I understand: the shaft to the Duat, the Duat being the sky-map of stars. (**Yes.**) Now would that shaft be the energy shaft that rises vertically from a pyramid?

**Yes. It is that light energy which has been given those names. It is the spiritual energy which is created within. Yes.**

George: Yes, I thought there would be a connection. (**Yes.**) Thank you.

Paul: Could I just ask you: is the spiritual energy connected to the Earth’s energy that forms in these pyramids?

**Of course, but you must realise that the Earth energy is *dense*. It is the same *energy* but it is *denser* because it belongs to the Earth; in the same way that you as a human being are much denser in mass than someone would be who exists in spirit, but it is all the same energy—it has to be, because we are connected to all things. Is that helpful?**

Paul: Yes, it’s becoming clearer, a little.

**Yes. Energy, my dear friends, will always be perplexing for you, because as I said last time, trying to put into human words something which is nonphysical is the most difficult task that we encounter.**

George: This is all fitting together very nicely, and a title given to Osiris was: ‘Lord of Rostau’.

**Yes—yes. You have researched well my dear friend. Your knowledge is admirable, and I congratulate you on it. But I am here to try to clarify any queries or questions that you may have.**

George: Thank you. It’s wonderful to have confirmation, because there is so *much* information, and it’s a matter of trying to pick the correct information.

**Yes, and you must use your inner feelings for this to happen.**

George: Yes, and another factor that came up was the connection to the star Sirius. (**Yes**) That is the star that has been mentioned in connection with this.

**Yes. But of course, the problem today in your world is that, as time continues, then the stars and planets become a little out of sync—is that how you would say it?**

George: Yes, that’s wonderfully expressed, yes!

**That also you have to take into consideration. But let me continue a little further. There came to that civilisation, many pharaohs—good, generally kind people, but who became a little misguided about their purpose in life—and then the materialistic side of life came to**

be. And then, because of their great ego, they decided that they should have pyramids as pharaoh's resting places, which they so became, and in fact, some of the pyramids were built with manual labour and also the help of spiritual knowledge, because within that land they had all the resources to hand, and of course they had that great river which today I believe you call the Nile. So, they had water, they had manpower, they had granite, they had limestone, and they had rock.

George: And I believe they had a more favourable climate than they have today...

**Yes of course. Everything was in their favour for these structures to be built. So, that is when, I would say, about 9,000 years, because I know you like to stick to times (*Chuckles*) ... about 9,000 years before Jesus the Christ.**

George: Yes. That also fits beautifully with certain information, which is by no means generally accepted on this planet.

**I assure you my dear friend, it is around that time that the pharaohs decided, because they thought *they* were gods, that they should have a special burial places, and also that their cartouches should be specially made for them with the information for which they felt they had become great. I do not know if you are aware of this, but there are many in existence today, to show of these things.**

George: There are many cartouches...

**Yes. (Yes.) Yes, and of course, the hieroglyphics used—because you have to remember also, at that time, papyrus was very, very *expensive*, although the Nile produced much, much had been used in former times, so by the time we come to this era, papyrus was most expensive and so other forms were used to draw their pictures, which tells a story and which also brings us to 'sound'. And I can tell you that the Egyptian race used the sounds of 'oh', 'eye' and 'pee'. But they had a way of phrasing words by using sounds to put together, to shorten the examples of what they were relating to what they *thought* were the gods, because remember the superstition, because they had become a race filled with superstition and how to please their gods and their pharaohs. And the pharaohs had *overcoming (overriding?) power* of the people at that time. But still, that civilisation had an abundance of great wealth. Their lands became farmlands. The grape became most important and they learned how to harvest. There was much going on in their lives. But they did reject what they should have been doing, and that was spreading the word about spirit, the energy and the ability to tell time, and also the ability to travel in space.**

Paul: Did you say the ability to tell time?

**Yes. Yes, the pyramids were used for time.**

*(Salumet's voice was becoming softer at this stage.)*

Paul: How would that work?

Jan: Using the sun?

**Yes.**

Jan: Like the sun dial?

**Yes. (*Pause*) I feel for this time, the energy is depleting a little.**

Jan: Salumet, before you go then, may I ask a travel question that sort of links to energy and travel? One of my grandmothers who's now in spirit, she used to say that she would be taken in her dream state to fly, and one of the places she used to visit were the pyramids.

**(Yes.) I'm really interested to know the energy source in her dream state that she was using, and if she was correct. She'd fly all over the world...**

**Because the pyramids still retain that element of energy, many peoples—I have to be quick I am afraid this time, because of the energy—she would have been drawn to it. As**



**there are many places in your world that people wish to visit in their sleep state. Sometimes it is to the top of the highest mountain, which again, in a form is a pyramid, and ...**

Jan: Thank you. *(general thanks expressed)*

George: Salumet, this has been a wonderful evening and a very important evening, for us and for all who read the transcripts. Thank you so much.

*General thanks and appreciation from all.*

**I will try to say some more next time.**

George: Wonderful

Lilian: Yes, we look forward to that.

*As Salumet withdrew this time, we were left quite spellbound. One came through and quietly asked if Sara would conduct us on an inspired spiritual journey—a journey that gave us more awareness of our feelings within.*

*George's notes:*

*Scope: The data given confirms and considerably extends the facts given in SALUMET ... His Mission to Planet Earth, .pp 62-67.*

*Time: An understanding of time would have been important in space travel as well as in agriculture. The Egyptian 'star clock' was based on 36 star-groups in the heavens. And Salumet refers to stars being 'in sync'. One full cycle of Earth precession in fact takes 25,920 years, so that the stars get perfectly back into their same sync as seen from Earth just once in 25,920 years. (We are perhaps more familiar with the 12 zodiac houses, but the Egyptians divided further into 36 for their calendar.) There may well be more said on the time connection next time.*

*Written language: Salumet touches upon a very important development here. It was Thoth who was associated with writing. The hieroglyph form continued for many years, and Salumet indicates that a simpler form became necessary. Hence the development of what is known as cursive script. From hieroglyphs came hieratic, demotic and eventually Coptic and Roman and Greek alphabets. So the Egyptian hieroglyphs represent the mother of our written language. The important discovery of the Rosetta stone (1799), bearing hieroglyph, demotic and Greek script made translation between the forms possible for modern mankind.*

*Dating: The date of 9,000 BC for the origin of the Great Pyramid is a little more recent than the date of 10,450 BC given by Graham Hancock, derived from state of weathering and other considerations, but not too far different. The date of 9,000 BC is in line with the statement of Herodotus that 341 priest-kings (pharaohs) followed Horus if their average life span as pharaoh is taken as 25 years*

*Rock: Having mentioned granite and limestone that were so important in pyramid construction, it seems odd that Salumet should separately mention 'rock'. I think this would be the bed-rock on which the structures were built. It does not matter about the type of rock for this of course, just so long as it is a strong foundation to receive the huge weight. We shall see about this in due course.*

*Energy fade-out: It occasionally happens that the power fades at the close of a session, and it just goes to show how dependent we are on the available energy.*

*'Egyptian Mythology': Perhaps the main factor in all this is the endorsement that this is a factual cornerstone of Earthly history, including the origin of our ability to write and division of the heavens into star-groups for purpose of time measurement. A dictionary definition of myth is: traditional narrative involving supernatural or fancied persons ... fictitious person or thing or idea. And there is much on the internet listed under the heading: 'Egyptian*

*Mythology'. But this matter is just as real as Troy; also once very similarly regarded as mythic until Heinrich Schliemann dug it up. Osiris, Isis and Horus were real flesh-and-blood beings who made their mark on Egypt in ancient times and this has had its knock-on effect for our own society today. And we should not overlook the fact that the Egyptian race had already developed their spirit potential within, to a degree that led to and made possible this eventuality that happened around 9,000 BC. And there is no need to spend money on an air-ticket when 'astral-projection tours' are available in sleep-state!*

## Pyramid water temples

Paul came across pyramid water temples in Thailand apparently inspired by extra-terrestrials. (7/2/11)

Paul: Could I mention that on my travels recently, I came across what was called a 'Pyramid Water Temple' in Thailand. One of the monks, the head monk, claims to have been inspired by extra-terrestrials to construct pyramid shapes—small stone pyramids, pointing at water circulating through pipes, and using the pyramids to energise the water for drinking—and also for sleeping under. Can you say anything on that?

**I will say this to you, my friend: 'pyramid power' has been on your Earth for as long as the Earth has existed. The energy of pyramids and the water is twofold, and it is not a new happening—it has existed on the Earth planet for a *long* time. Mankind has been given this information, especially since what you term 'New Age happenings'; it has suddenly become more acceptable. It is almost like 'an ionisation of the water', to be used in conjunction with the pyramid shapes. Yes, there is nothing unusual about using this method.**

Paul: So this particular monk is—

**He is more aware of what is being given to him.**

Paul: Ah! That's very good! Yes, I purchased one of his pyramid beds so I will try to set it up to use it.

**Yes, if you think—I give you a very simple example—how often people speak of the Red Indian people of past time. What shape were their tepees?**

Paul: Cone-shaped, yes!

**Yes—not quite a pyramid, but you can see the closeness.**

George: Yes—that general form!

**Yes—you have great structures in your countries that many people feel great power from—your pyramids have been used as energy sources for a long time.**

Lilian: So the connection with the water—

**Water has its own power.**

Lilian: So, even people who do water-divining—is that a similar thing?

**Not quite, no—they have the ability to find water. Water plus pyramids is a different energy—yes.**

Lilian: I know my father did water-divining (**yes**).

Sarah: Does the water change in any way or just give out—is it a source of extra energy?

**Both can be altered in structure—the structure, the element of water, depending what the pyramid shape is made from. The gentleman has spoken of stone, which is a natural resource—which each has its own energy. To unite these two elements gives a much stronger force, you see?—together they create an energy field which is much stronger. Does that help you?**

All: Yes!

George: And you would agree that to treat water in this way would make it more health-giving to drink?

**Yes, you are ionising the water. You are purifying it in a sense, but also giving more power and strength to it. If you think—I am simplifying things as always for you—if you go to your mountains anywhere on your Earth and you see natural streams of water, are they not always flowing over stones and rock?**

*(Agreed)*

**Can you see, always in nature there is this connection? (Yes)—But the shape of pyramids has a natural energy field, not belonging to anything else. Yes—I hope that helps.**

Sarah: Salumet, when you said the pyramids were as old as the Earth, are these gifts that we were given with the Earth?

**You all are gifts of Creation. All of mankind is a gift of Creation. What you have to remember—all that is material is only here on the planets. All material returns to where it came from. You understand? (Um—) No.**

Lilian: It goes back to spirit?

**Yes.**

Lilian: But not in a solid form?

**Material matter is only a certain density.**

Sarah: So when it's been used, when it's had its use, then it can return back to um—

Lilian: Energy?

**Pure energy—yes**

## [The Bosnian Pyramids](#)

George seeks confirmation that these gigantic, if somewhat eroded, pyramid shaped hills are indeed pyramids. Salumet confirms that they are from a far older time (35,000 years ago) and again their construction was helped by our cosmic brothers, but by a different group to those who helped with the Egyptian pyramids. (2/4/12)

George: The timing of historic things emerging is quite fascinating, I find. There is currently great interest in the 'Bosnian Pyramids' in Eastern Europe. These are quite huge—larger than the Great Pyramid of Egypt, and they seem—well there's controversy at the moment as to whether they are natural shapes of hills or whether they are the remains of constructed pyramids. People are investigating, working on these at the present time, so perhaps this is the time when these items should be looked into, but it's surprising that they've existed thousands of years and only now are they being more closely examined, and a number of people are recognising the structures as pyramids. Any comment from you, Salumet, on the Bosnian Pyramids?

Forgive me if I seem a little amused, because, I have said, in past times that much more would be discovered in your world.

George: You have, indeed!

**I have—yes. There is much in your world still to be discovered, but it is very appropriate, shall we say, that this discovery is being utilised, might I say, in this year that so many of you Earth people have decided is an important year (yes). There is a ‘union’, a knowledge that is waiting to *happen*. Again, I say, *nothing is by chance*. I would say to you that they will discover that they are older pyramids than the ones that you know of.**

George: Yes, that much has already been stated by some.

**Yes—yes. What would you like to know about it?**

George: It would be very nice to have confirmation that they are indeed pyramids.

**They are pyramids!**

George: Thank you for that, and the figure that has been put on them for age is somewhere between twelve thousand and twenty-four thousand years.

**Older!**

George: Yes, I thought you would say that!

**Older—yes.**

Rod: Good gracious!

Sarah: Were they built for the same reason as the—

Paul:—Teleportation?

**Yes, always *travel* was an object. Yes, I would say that the Egyptian race in some way, had the same information—the same people who travelled, and that is how you get the comparison between the two. They will find many comparisons with these pyramids, yes.**

George: Comparisons with the Great Pyramid of Egypt?

**Yes, they will discover this, but they need a little more time.**

George: Yes. Oh, that’s a joy to hear! Thank you, Salumet.

Rod: So, man was helped in building these large pyramids?

**Yes—yes.**

Paul: By the same extra-terrestrial race who built the Egyptian pyramids?

**Not the same race, but a race of higher knowledge, yes. But I am happy to have had the question, but a little amused that you had forgotten my words.**

*(Chuckles)*

George: Well, I think we partly put the question (**yes**), because we know of others who have so much interest *and* doubt.

**Yes, I know you are little seeds of knowledge. I fully understand, and it is only right that those seeds of knowledge are allowed to flourish, of course.**

George: Yes. In particular, we have been in touch with one, Suzanne Taylor in Los Angeles, United States, and she has developed a great interest in crop circles, and, through those crop circles and interest in other possible extra-terrestrial connections, and we have corresponded on the Bosnian Pyramids (**yes**). So, she is one of our contacts around the world.

**Yes, we knew when first you came to this group that you would be an emissary of spirit—that the word would be spread, and that, my dear friend, you have done most successfully, and for this, we give thanks, because without the use of the human voice, we would of course, find it much more difficult. So never forget, my dear friends, that each one of you, not only within this group, but the many throughout your world who sit as**

**you do—you are all precious to us, and without you, it would as I have said, be so much more difficult.**

George: Well, we're very aware of—'teamwork' is a word I would use—and that team includes so many in spirit as well.

**Yes, that is why I said at the beginning: your *dedication*, your *trust*, your *love*, is so important and it is a great lesson for you all to know and understand this.**

Sarah: And likewise, without your teachings, Salumet, our lives would also have been a lot harder, so we've helped each other.

**Yes, as I told you: the life can never be made *easy* for you. You must live your lives, each your individual lives, with life's many problems, but what I hope you have achieved is the strength and the knowledge to work *through* any difficulty which stands in your way, and I know that you have.**

Sarah: I think I speak for all of us, but I think it's helped us all. It gives us that inner strength and just having the knowledge—it's just wonderful, so thank you!

George's Notes:

Bosnian Pyramids: *There are five pyramids at Visoko, not far from Sarajevo. The largest is known as 'The Pyramid of the Sun' and is 220 metres high (Great Pyramid of Egypt 147 metres). Radiocarbon dating is said to indicate 12,000 years, but this would be for associated organic matter and not pyramid per se. There are indications of a substantial tunnel network within and there are said to be 24-ton stone blocks. It is obvious from current excavations that the pyramids are artefacts and not natural. They are currently controversial. I have left the following blog on an Internet site—Disqus-verify—that gives good information on this very important topic:*

*'I speak for a UK séance group with 'Salumet' from Angelic Realms as guide. He is of all-knowledge and is infallible. The Bosnian Pyramids are artefacts in excess of 24,000 years old, and as with the Great Pyramid of Egypt and certain other large and spectacular pyramids, were constructed by extra-terrestrial visitors, in the first place to facilitate their space-travel; also used as teaching centres to help raise awareness of Earth people. The ET-visitors used their own technology for working and moving the huge stone blocks ... Earth humans would not be capable. Please feel free to visit our website [www.salumetandfriends.org](http://www.salumetandfriends.org) and go to page 'Bonnio/extra-terrestrials' for more details on ET-communications and Salumet teaching. The matter of ET-communications across the universe and the fact that we are one big cosmic family is very important (but some of Earth's politicians and military wish to suppress this reality in order to preserve their status quo, while there are also others of too closed minds to be able to accept these wondrous revelations!).'*

Bermuda Triangle Pyramids: *Our attention has been drawn by one of our readers to reports of two pyramids of similar huge size discovered with the help of sonar. They are smooth, of a translucent glass-like material and on the ocean floor at a depth of 2,000 feet. Well, Salumet has said that other discoveries will emerge! It is suggested that these artefacts may have something to do with the strange disappearances of this area. Thank you Chris!*

## [More information on the Bosnian Pyramids](#)

Salumet gives more information on the details discovered whilst excavating the underground tunnels. (2/7/12)

George: I wonder if we could ask some more questions concerning the Bosnian pyramids—since our last occasion when this matter came up, two of us—Mark and Paul—have visited the pyramids and have spoken with Dr Sam Osmanagich who leads the excavation work there. He has published a book this year and we have read it, and so we are equipped with a few more facts. There has been radio-carbon dating of the pyramids and the result of that is 30,000 years. And I wonder how that date rests with you?

**I believe I told you that they were older than they would appear to be—(yes). Yes, I still stand by that—I would say, if you are desiring a timescale, that 5,000 more of your years would be a closer equation.**

George: Yes, thank you—I have felt for some time that our radio-carbon dating that we get for things do not seem to be quite in a linear sense.

**No—of course there can be accuracy sometimes, but on other occasions it falls a little short of accuracy. But that is my reply to that question.**

George: Thank you. There are many, many tunnels—many kilometres of tunnels, within the pyramids, and the leader of the excavations is wondering why there should be such a length of tunnels. I don't know if you would care to suggest a reason for that?

**Yes. Firstly, I would say transportation. And I feel that I have to say that people at that time were fearful—fearful not only of fellow man, but of those who came from afar. So, tunnels were created for movement-without-being-seen. So basically, it was for transportation—to move freely.**

George: Thank you. And at a much, much later stage, the tunnels have been filled in with stony riverbed material—totally filled in; and the radio-carbon dating of that material is around 5,000 years—so much, much later, those tunnels were filled in.

**Yes—at one time there would have been some filled with water. I know that seems strange to you—**

George: Well, not entirely, but we'll come to that later.

**Okay, I will leave it to you to tell me—**

*(Chuckles)*

George: I'm sorry, I didn't mean to interrupt.

**Not at all, I am most interested to help you.**

George: Oh well, this is coupled with a further question I had **(yes)**. There are some ceramic or fired clay devices within some of the tunnels—very large—one in particular is about 8-tons. This was moved, and when it was moved, water began to come up through the floor of that tunnel **(yes)**. When it was moved back in position, the water disappeared again.

**Yes, because there was always the fear that some of the tunnels would be—not able to be used, because of the water. The tunnels would become 'flooded', as you would say. Yes, there is water—lies beneath certain areas, not all, and that is the reason for the in-fills.**

George: These ceramic pieces would seem to be very clever devices. They seem to have an effect on the nature of the water—

**Yes, because all is energy. You are speaking of people in that time who had much knowledge of the Earth (yes). Not just as you view it today. These people were rather intelligent in their foresight—you understand?**

George: Yes, I'm sure we have a very great intelligence here **(yes)**, and I think you were saying, the original creators of the pyramids were extra-terrestrial people; and I get the impression that one of the first things that extra-terrestrials do when they visit our planet

seems to be to construct a pyramid. That produces an energy and I imagine that energy to be instrumental in either their travel or communication.

**The pyramid power has always existed, and they have found ways to utilise it upon this Earth planet—or they did. Even today, you will find many people who rely on pyramid power (yes). To them it is quite usual, but for many people, they do not fully understand that energy.**

George: So would they be for use here on the planet and not for use in space travel?

**For both; why not utilise the energy available?**

George: Yes, thank you. Another interesting fact is that there seem to have been very large concrete blocks used in I think the ‘sheathing’ part—or ‘outer’ part of the pyramid (**yes**). It seems to be a superior and very hard concrete—rather better than that which we produce today—

**Again, I have to say: the answer is simple—because you have superior beings, in as much as knowledge goes, who were capable of much more than mankind today. That is the fact that you must always remember. You are dealing with a race of people much more advanced than humankind today. Therefore, all their knowledge and skills would have become part of that creation.**

George: I just wanted to mention that those concrete blocks are very large—much larger than we produce today. We make them about 18” X 9” X4”, while these are X40 larger than that, I estimate from looking at photographs.

**Yes—if you have a being who can travel space, who can create much that mankind knows nothing of, you should not be surprised that they can produce far superior—‘goods’ shall we call them—to what is available to man.**

George: And no doubt, move them through a dematerialisation process—

**Yes, all of these things are available to them—yes.**

George: Yes—that’s all very helpful.

**I hope it has helped you. There are many wonders yet to discover in your world. It is mounting evidence of other species of intelligence.**

George: You have told us that there is much yet to be discovered (**yes**) and several things recently have come up.

**Yes, did I not tell you that this year, when you questioned me about what would happen this year, I told you that it is a year of *new beginnings* (yes), rather than doom, and these new beginnings also include new information.**

George: Yes, and an interesting, shall I say ‘*device*’, which has the look of perhaps a flying machine, has been located on the bed of the Baltic Sea (**yes**). This is being investigated at the present time.

**Your oceans and seas have much to offer up—but not just yet—each step is more informative for man, and each will be discovered at the right time, for mankind to use and to utilise for his own knowledge. But there is much you do not know.**

George’s Notes:

*Ann: It came as wonderful news that Ann now has loving reunion with those in spirit. I am aware that spiritual energies often need to recoup and I had not expected any report quite so soon (following 18<sup>th</sup> June), but Salumet of course has timeless all-knowledge. How blessed we are to have confirmation that dear Ann is happy and all is well!*

*Pyramids Around the World & Lost Pyramids of Bosnia:* – “Almost everything they teach us about the ancient history is wrong: origins of man, civilizations and pyramids”: Dr Sam Osmanagich, Archaeological Park: Bosnian Pyramid of the Sun Foundation, Sarajevo, 288pp,

2012. This is a two part book, part 1 encompassing pyramids in many countries around the world; then part 2 describes the Bosnian pyramid work. The book abounds with illustrations, breaks new ground and is a pleasure to read.

Extra-terrestrial Knowledge: We clearly have to get used to the idea that Earth has received visits over many, many years from others of far greater intelligence and with far more capabilities than modern humans. As Dr Osmanagich suggests, history really needs to be re-written. Our development has clearly NOT been insular and it is time to throw comforts of status quo and to recognise Earth's place in the much wider scheme of things.

Concrete Blocks: The enormous blocks are indeed concrete. A chemical analysis of the cement binder has been published. Looking at the figures for element oxides: the silica, alumina and iron oxide values lie within the spec for Ordinary Portland Cement (OPC). Calcium oxide is a little low but there is in addition magnesium oxide. This means that, in addition to complex silicates of calcium, complex silicates of magnesium would also be present in the set cement. This might well explain the superior hardness of the binder compared to OPC.

[It has been pointed out that some variants of the geological formation known as 'pudding stone' can have similar appearance; but pudding stone has different properties, different chemistry and when fractured both (equally hard) phases of the conglomerate fracture together. We can conclude that the blocks of the Bosnian pyramids are indeed true concrete blocks, have been made by intelligent beings and cannot be assigned to our planet's geology.]



Dr Sam Osmanagich and some of the massive concrete blocks as illustrated in the author's book and as seen by Paul and Mark during their visit. Photo reproduced with kind permission of the author. Would you care to lift one???

2012: A Year of New Beginnings: It most certainly is! We received word from Chris about the two translucent pyramids on the sea bed of the Bermuda Triangle area. There is the possible UFO on the bed of the Baltic Sea—disc-shape 18-metres diameter, with a 300-metre track connecting to it (sonar pictures). Thank you Ray. In Netherlands, Janet Ossebaard has a wonderful crop circles website:

<http://www.circularsite.com> which includes very interesting analysis of samples—thank you Mieke for alerting us. In Los Angeles, Suzanne Taylor has a great Internet conversation in progress: <http://theconversation.org/blog/vital-mission-will-you-join-me.org> of which we are a part. And Tata Motors of India plan to launch 'Mini CAT' in August—a super-clean



*compressed air driven low-cost car, which utilises expelled cool air for its air conditioning system. New beginnings!*

## Yet more on the Bosnian Pyramids

Salumet gives more information about these pyramids but also an awesome example of the power of thought. Incredible. (6/8/12)

George: Where the Bosnian pyramids are concerned, I did not make it clear last time that the tunnels which are associated, go far, far beyond the pyramids themselves, and you indicated to us that they were for transportation. Might I ask: would that be for transportation of building materials and for food supplies?

**Partly—transportation for those beings who needed to be there.**

George: And beings (**yes**). Thank you. And our friend is asking if there are more than the five pyramids in Bosnia that they know about?

**I would say to him, that one more may be found (ah!). I cannot guarantee that it will be in his lifetime.**

George: Thank you—and during their excavation work, there is some indication that there are rooms or caverns within the pyramids at a low level, and a question associated with that would be: will further excavation work to find out more be a good thing?

**I cannot be the judge for another being. If it is that he desires to continue, then so be it. I cannot at this point in time say ‘yes’ or say ‘no’. I cannot give you the answer that you expect, because at this present time I do not know.**

George: Yes—are you able to say if there are rooms or meeting places within?

**If you have tunnels for transportation of people as well as goods, it becomes obvious that there has to be what today you call accommodation. I would suggest that that is the way forward.**

George: Yes, thank you. He is also asking questions about the energy—the energy beam from the pyramid, and is it still active today?

**It is still active, but to a lesser degree—a much lesser degree—but it is still active.**

George: To a lesser degree (**yes**)—thank you.

Sarah: Why has the energy been depleted—because it has not been used?

**It has not been depleted, it has been transmuted (ah—yes). I hope that is helpful to this gentleman.**

George: Yes, I’m sure. He has been very pleased with the questions so far—answers to them. He was asking if there are ley-line connections in relation to the energy generation.

**Yes as always in all of these places, you will find that energy is there.**

George: So there would have been—

**There would have been, yes.**

George: And this perhaps would indicate a selection of the site, with the available ley-lines—

**Yes, of course—much more was known in those times—yes.**

Sarah: Much more was known by man, or was it the extra-terrestrials who knew these things?

**Both—as I have told you on many occasions, mankind has lost so much—so much more was known in times gone by.**

Sarah: I was watching a programme on television about an excavation in the Orkney isles. One site was for burial and another was for living, but they were in two separate places. They seemed quite advanced places for Neolithic man.

**Yes. Past people were so much closer to spirit than you are. I have remarked on this on many occasions—yes—it is up to mankind now to see for himself—to go within, to seek and to know that spirit; and with that knowing comes knowledge (yes); knowledge which has not been lost, but only has floundered a little. All of you have the possibility of great things.**

George: Yes. In relation to extra-terrestrial matters, you have told us, or confirmed that the governments of the world withhold information on that **(yes)** for their various reasons. Would the matter of the Bosnian pyramids be in the same category? Do governments know about this, but are not anxious to promote the information?

**That is not an obvious one to answer too. But of course all governments should know and understand a little of what is happening within their country. So, my answer, my dear friend, is that they probably do know, and have stifled the information that was already there.**

George: I imagine that some may simply just not understand—**Of course—yes.**

Sarah: Going back to those Bosnian pyramids—if they were having extra-terrestrial help, how long would it have taken to have built one of those pyramids?

**If you want a truthful answer—from extra-terrestrials, it could be instantaneous.**

*(Various exclamations of surprise)*

Paul: Instantaneous—I thought you might say that.

**Again, we are speaking of the ‘power of thought’, as we do in our world in spirit—what you think becomes reality. Again, I am repeating myself, but the thought is instantaneous.**

George: Yes, we appreciate that the thought is instantaneous, and where pyramid construction is concerned, it may well be that things associated with that thought are also instantaneous **(yes)**. Would that be true?

**You have to remember that, not only are you speaking of other beings, but you are speaking of humankind, of mankind. Therefore, there would be slight alterations between the thought of the beings and the humans. There had to be collaboration. But that, my dear friends, is something I would like you all to think about this time—THOUGHT—(yes). You have forgotten my words I feel.**

George: Now that you’ve reminded us, I’m realising how central thought is to this matter. **Yes, and how negligible all of these Earthly things are (yes), yes. That is something that you should ponder on.**

George: Our friend was asking also: are you able to confirm that the beings who built these pyramids and are associated with them, no longer have that contact—the pyramids are not active now as links between us and those beings?

**Those links were broken long ago.**

George: Long ago—

**Yes, long ago.**

George: Thank you, I thought that would be your answer to that, but our friend wished to place the question. There is one further question I would wish to put, concerning the filling of the tunnels with riverbed material. And you indicated to us that the reason for that was

concerned with water. Are you able to help us in this regard? Perhaps you've already given the answer with the instantaneity of thought, but were the tunnels filled by human or extra-terrestrial endeavour, or was there some kind of water cataclysm which filled the tunnels naturally?

**Yes, it was a natural occurrence. That is the simple answer. It was a natural occurrence.**

George: Thank you—thank you. That answer will be well-received I'm sure.

*(Slight pause)*

George: Paul, I think you had a question?

Paul: Yes, in the author's book, (*Pyramids around the world by Dr. Semir Osmanagich*) he found some runes written on one of the ceramic blocks inside a pyramid. And it was translated as: "*We are at a standstill. We will have to be as warriors and defend and conquer, until we can move again through the star-gate.*" So it seems like the pyramid as a transportation device to their home planet was no longer working for some reason. Can you shed any light on that?

George: It seems these rune-like marks were on one of the large ceramic devices within a tunnel.

**I would have to—yes, I am not being shown the reason for this, but I will return to it next time we meet. I will give you an answer.**

George: Yes, I'm not sure how accurate this information is, but—

**No, there is some block as far as this goes, but I will look to it and give you an answer.**

George: Our question does involve human interpretation (**Yes**) of the rune-like marks. I cannot guarantee that is accurate, but we have reason to believe it might be.

**It is most interesting for you human beings I know, when these things are discovered. But again I reiterate: it is nothing as compared to your spirit; please remember this, my dear friends. That is the important aspect of yourself that you should be discovering.**

Paul: Yes, we should devote more energy to that (**yes**), rather than (**yes**) looking at pyramids that were built so long ago

**That time has gone, yes.**

Paul: It's gone, yes.

Sarah: These extra-terrestrials that came—the humans were then ready to make contact with them?

**They were not ready, they already knew—it was not a case of being *ready*, it was a natural '*knowing*,' that is the word—a *knowing*. So contact was very easy for them, in the same way as you make contact with spirit now (yes)—you do not prepare yourself, it happens.**

**You understand?**

Sarah: Yes, so like when we've been in contact with Bonniol?

**Yes, you see.**

Lilian: We were ready for that—as were they—(**yes**)

Sarah: Just as a matter of interest, are there any extra-terrestrials helping or in contact, apart from like with Bonniol, helping physically on this planet at the moment anywhere?

**Let us say there are presences all around your world.**

Paul: They're making the crop circles, aren't they—interacting.

Sarah: That's true, yes.

## A visitor from the time that the extra-terrestrials helped build pyramids in South America

A visitor spoke via Sarah and it quickly became evident that this one had awareness of our meetings, and was now happy to bring to us his very considerable experiential knowledge from the distant past: (20/8/12)

***May I say some words to you?***

George: Yes please—welcome to you.

***You have shown much interest in the last few sessions about pyramids (ah!) and I would just like to tell you for some more interest to you that I was one of those who was working with the pyramids at that time.***

George: Wonderful! Could we enquire which pyramids those were?

***These pyramids were in the South of what you call America.***

George: Yes—right!

***I was much involved with the comings and goings of those who were brought in to help us.***

George: Wonderful! I see, so you were of the Earth—you were humankind and extra-terrestrial beings were coming in to help. Is that correct?

***That is quite correct.***

George: Wonderful!

***It was a time of much discovery for both our worlds, and I was greatly influenced by those you call 'extra-terrestrials'.***

George: Would it be true to say: you were learning from each other?

***It was—yes, quite true. But I have to say that I think us Earth people were learning more from the extra-terrestrials than the other way around.***

George: Might I ask if in South America, this would have been what we call the 'Nazca Plateau' region?

*(Pause)*

***I am afraid I cannot tell you that.***

George: No—the reason I asked, that region has a number of lines across it in different directions and—

Paul: Depicted animals.

***I can tell you yes, that we became very much more aware of animals and we were most keen to put this down on whatever surface we could, so that others could learn from it. So, if you are talking about art form and animals, this could well be the place where we were at.***

George: Yes, we are aware of very large animal designs and lines which may have related to—I think they *did* relate to space travel vehicles.

***Could I also say that some of those animals were influenced by the extra-terrestrials? They were not just our human Earth animals. They have been influenced from the other planet.***

George: Are you saying that they depict animals that are from that other planet?

***I am saying they were —the extra-terrestrials influenced us in their design of animals, but I cannot say if they were exactly how the extra-terrestrials view them on their own planet. But they did influence the drawings of those that you, I understand can see today.***

George: That's all very interesting—yes wonderful.

Paul: Can I ask if the extra-terrestrials appeared in human form or a different form?

*They were in, as you can imagine, a solid form, but they were different and although they were solid, they also took on a slightly opaque appearance. So I would not say they were totally like us. But they did have arms and they did have legs. But they were—how can I say?—they were not quite so wide as us, and they were much shorter, but they did have quite large heads. You would not, when you saw them, be afraid of what you were seeing. They were not so very unlike us, but they were not completely as we were.*

George: Yes, we have awareness of some who have visited some different parts of the planet, and, might I ask: how many fingers did they have on the hands?

*I would say there were three.*

George: Ah yes, well we have rock drawings that depict three-fingered beings. Their heads were quite wide (Yes)—they had sensory regions, I believe, on the sides of their heads.

*Yes, they were able to—ah—go about their business, rather I would say, like your bats—able to fly in the dark. They were able to move around, and although they had eyes, they were not really necessary for their movement.*

George: Was their movement actual flying or would we describe it as ‘teleporting themselves’?

*They could indeed yes, do that, but whilst they were working with us, they tended to behave more like a human being (yes), so that we were able to interact more easily. So I would say that they could walk and so, when they were around us they would walk with us (Wonderful), but if they needed to get somewhere, they did not walk.*

Paul: And how did you communicate with them?

*We started by using a form of sign language, but we were also able to use our minds (ah yes). We were not quite so good as them, but in the time that they were with us, we did improve. So what we were not able to achieve by our mind communication, we would use our hands (yes—wonderful).*

Rod: Were there many of them with you at the time—tens or hundreds?

*I would say, at one time, there were possibly fifty.*

George: Yes, well we have been privileged to speak with beings that answer your description, and they referred to an earlier teleported visit when their pictures were drawn on what is known as the ‘Atlatl Rock’ in the Nevada Desert. So we have actually been able to speak with beings that answer your description.

*Well, I think this is very good news and I hope that this will continue (yes indeed), because I can tell you: this relationship is a very satisfactory and enjoyable one (yes indeed).*

Paul: Did they stick around throughout your whole lifetime?

*They were there for the last part of my lifetime. So I am afraid I cannot tell you how much longer they stayed after I moved back into spirit. But there was quite a lot of—when I said there were about fifty, they were not necessarily the same fifty all the time, because they could come and go as they pleased. So I would say to you that their travel was most easy for them.*

George: Well, one of our number, who is not here this evening, was able to see them clairvoyantly and she said there was a party of about fifty!

*(Chuckles)*

*Well I think we are all in agreement, and it is this agreement that I would wish for the whole of this planet, because it is a peaceful living amongst all—not just Earth beings but extra-terrestrials and whatever you like to call them.*

George: We are one big family.

*—That is so harmonious, and if we could all work towards this (yes) it would be a most wonderful drift.*

George: Yes, we are all one big family.

Rod: Did they design and oversee the whole project and leave you to do the hard work/the donkey work?

*They would never let people do all the hard work. They made our lives so easy. They were able to do so many things that we were not able, and we tried very hard to learn from them, and it was hoped that what we learnt we would be able to pass on. But I can see, from life today on this planet, we did not do a very good job in passing this information on.*

Mark: Would you be able to speak now about any of the things you wanted passed on?

*Well, I can say to you that all heavy work need not be heavy.*

George: This is work involving dematerialisation and power-of-thought I imagine?

*Yes, that is correct.*

Paul: Did you gain some ability to move heavy stones and objects?

*I was able to do some, but it was not normally by myself. It would take a group of us Earth people together to be able to do what one extra-terrestrial could do.*

George: We can understand that.

Paul: Was it a simple case of imagining these big heavy rocks to be lightweight?

*I would say it was more a case of putting yourself into a mind-set where you were actually being helped to do it. So you would wish for something to happen, and then put yourself into that—I would not say meditation—but getting towards that way where you are not quite in your body and not quite out of it.*

Sara: Sort of light trance—

*Yes, perhaps you could say that. And it is at this point that you can then begin to work with the—whatever it is you wish to do. So yes, you do not need to concentrate too hard, but you do need to get yourself away from total Earth thinking, yes.*

George: Can you give us a name to know you by?

*(There followed a pause with sound of sighing)*

George: Not to worry if names are no longer important to you.

*Ah—ah, I cannot get the name exactly but I think you could translate it as ‘Theodor’.*

George: Theodor. Thank you.

Paul: I suppose I think I’m right in thinking that they still can’t translate hieroglyphs in that part of the world that are still on the pyramids—I guess they’ll work it out.

*Yes, I believe that some of this has actually been done by the extra-terrestrials (oh). So I think they will find that what they cannot decipher will not be in the same format as what they have been able to do so far. So they will need to start afresh with new forms.*

Paul: We’d love to have these extra-terrestrials visit again. They’d be very welcome to come and visit us. What did you call them? Were they named from where their planet was?

*First of all, I can remember this. We called them ‘the Greens’ (the Greens) because they had a slight green tinge, but once we got to know them better we had names for them—individual names—I think I will find hard to remember, but ‘the Greens’ I do remember, because of the colour.*

Paul: And do you remember the name for their planet?

*I think I did not know the name. I think we use to call it ‘The Green Planet’, but I think I cannot remember, yes.*

George: And were you aware of pyramid energies? Were the pyramids built in order to produce energy?

*It was something that the extra-terrestrials taught us, and yes we were aware of the extra energy inside. And this energy was also used to boost the energy of the return journey to their planet.*

George: I see, and was a vehicle used for that return journey?

*Yes, they had a small craft that was to us, not solid enough to take anybody without collapsing (ah). But it was very strong and it needed just a little extra energy to be able to take off from the heavy Earth pull. And this energy from the pyramid was enough to set them back on homeward course.*

George: Yes, a nice description, thank you.

Sara: Can I just recap on something you said? I was just thinking about what you said about going into light trance, and in that state would you then focus on what it was you wanted to do?

*We found that so long as we had asked for the help to do whatever it was we needed to know; for example: to dig a hole in the rock. As long as we had focussed on that, before we went into this trance, we were then just able to do it.*

Sara: Ah that's interesting, so would one apply that perhaps to anything one wanted to achieve—provided the desire was there?

*If we could do it as Earth people, then there is no reason why you cannot do it either. We were no different from you. So I think that gives you the answer.*

Sara: And so the help came from spirit to you—the power came from spirit to you?

*Yes, it is really a concentration of energy and this is what produces the actual movement. It is a state of mind, and it is the use of energy.*

Rod: We've noticed the great accuracy of these pyramids. Did they have instrumentation to create that accuracy?

*They were able to do it without instruments (ah). They knew how to do it, and they told us what we should do and they informed us of what they were doing. It was very much a combined effort, in learning for both parties.*

Rod: You must have been very proud of what you have done.

*I have to say 'yes', we were proud of the finished article, but we were also—how can I say?—'surprised' is not the word. But we were quite in awe of what had been achieved. (Yes) Yes. It was, I have to say, a very good time.*

George: Have you remained in spirit since that life or have you had further lives?

*I have had other lives, but they have not been in the same vein as this one, so long ago.*

George: Have you any idea of how long ago that was?

*Ah—I—it was—I cannot tell you in your Earth years, but I know it was an extremely long time ago and it was also before what you would call 'general education'. So all of those who were working with these extra-terrestrials were all very spiritual people, and those who were not quite so spiritual were not involved in the pyramid construction. There was not any bad feeling between the two sets of Earth people.*

George: Was it a peaceful time on Earth at that time?

*It was peaceful. It was peaceful, but it was a time of lack of understanding (yes). So I would say that so long as the two groups did not come into contact with one another, each group led peaceful lives. But lack of understanding can create many problems.*

Rod: It's wonderful to think you've got a remarkable memory for all this that took place so many thousands of years ago—it's wonderful!

Paul: Can you remember a little bit about the geography of the area, because we might be able to know where it is—whether it was desert or jungle?

*It was—it was quite low, this particular pyramid—it was in a valley and—*

Paul: Any water around?

*Yes, there was water—there was water, and there was plenty of food. There were lots of trees on the sides of the slopes. It was a fertile part, it was not desert.*

George: It's sad that this culture, this civilisation came to an end. Are you aware of the end of that wonderful period?

*No, I am not aware.*

George: No, that came later.

*Of course, I know now, but at the time I was not aware. Once I had taken myself back into spirit, I then moved away from the Earth plane, because I had learnt so much about spirit that the Earth was no longer of importance to me.*

Sara: Could I ask a question? Did you, prior to this kind of work you were involved in, could you tell us any other achievements you felt proud of prior to that—it may have nothing to do with that but—

*Are you talking about when I was on the Earth (yes) before the pyramids?*

Sara: Yes, perhaps in the same incarnation even—any more about that lifetime?

*Yes, as a child, I was living in a simple family and we lived on what we could gather. We were a peaceful group but we were also very much aware of spirit. I learnt this from my parents, and they learnt it from their parents. So, we were very spiritual, and when we had the opportunity to be involved with these extra-terrestrials it came as a progression of our lives.*

Mark: I guess there would have been forewarning of their coming, would there?

*It was known for some time that something would happen.*

George: Ah yes. So, in the first instance you were living spiritually and very close to nature—almost living within nature (*yes*); and did that change after they came?

*To an extent, because we gained more knowledge and we were able to live in a larger group, and when you are with more people you do not have so many responsibilities. So moving to the pyramids, we were able to lead what you might call a more sophisticated life.*

George: Yes, and responsibilities were shared.

*Yes, but the spiritual side did not change.*

Sara: But you could probably give more time to it—

*We always had time for spirit but what we learnt from the extra-terrestrials we were able to incorporate into our daily lives.*

Sara: Right, yes, I understand.

Mark: Can you remember the kinds of food you used to eat?

*I can tell you that it was mainly from the vegetation and from the river. We did not eat animals.*

George: Did you eat fish?

*Yes, we did eat fish, yes, from the river.*

George: You obviously know about the Earth today and have some idea about how we live and how we are—and shall I say, 'less spiritual'. Does this sadden you to see the Earth today? Or do you feel that we live with reasonable hope?—hope to progress.

*There can only always be hope that you will progress. But I have to say, if I were to come back as an Earthling, I would not know where to begin (yes). I do, yes, feel somewhat sad*



*that so many have grown away from spirit (yes), but when you reach the bottom you cannot go further down, you can only go up.*

*(Laughs)*

*So, I would say to you that you are on the way up.*

George: Well, I think we're with you there. We share—we in this group share the sadness of not enough spiritual recognition in our world and too much violence. So, as a group, I think we recognise that, and we share that thought with you.

*Yes, and I can tell you: it was very easy to come to you this time, because the light and love is so abundant that I was drawn very easily to you.*

George: Oh, thank you. That is very nice to know, and I would guess by the same token, the extra-terrestrials were drawn to you and your people.

*Yes, I believe there was contact for quite some generations before they actually arrived. So now I think I must return, but it has been a great pleasure to talk with you.*

George: It has been certainly a great pleasure to listen, and thank you very, very much for joining with us.

*(Enthusiastic thanks)*

George: And it's been a nice long session. Thank you very much indeed.

Rod: Hope you can come again.

*It will be my pleasure to come.*

George: Please do feel free to come again if you so wish.

*Thank you, I will if there is the opportunity. So I leave you with the hope that you will gain spiritual knowledge to the greatest degree possible in your human lifetime.*

*(Thanks expressed)*

George: Thank you for that thought—our love goes with you Theodor.

George's Notes re Theodor's visit:

1: Nazca Plateau region: *This is generally rated as an area of great mystery with its numerous lines running in various directions across the plateau and many, slightly odd as depicted, large animal designs. The famed Cahuachi pyramid is about one mile from the Nazca River and the Nazca river valley might possibly have been Theodor's valley location and source of water and food. Salumet had in an early meeting indicated that the Nazca lines, or many of them, relate to space travel.*



Nazca Plateau

Ray Curtis photo, thank you Ray.



*Nazca Plateau lines Ray Curtis photo, thank you Ray.*

*The dark diagonal is a modern motorway with tanker near centre*

*2: Slim ET-beings with wide heads and three-fingered hands who could teleport themselves:*

*During our exchanges with Bonniol we have met with beings answering this description and one of us, Jan, had clear clairvoyance of a group of around fifty that she was able to describe and sketch. This had led to our Google search discovery of the Atlatl rock petro-glyphs, Valley of Fire, Nevada Desert, which match.*



*Atlatl Rock Petro-glyphs: Two beings depicted with three-fingered hands. (Other detail relates to their birth sequence on 'Crogaria' ... their name for their home planet.*



*Jan's rough sketch to illustrate the form of the being with 3-fingered hands and extra wide heads with sensory regions—drawn on the evening of our meeting immediately following the Bonniol / Crogarian exchange. This was several days before any of us had knowledge of the Atlatl Rock or its petro-glyphs.*

*3: Pyramid Energy: So we have confirmation of what has been said in earlier exchanges—that one of the uses of the energy generated by the pyramid structure is to facilitate space-travel. And that is why the early, enormous and can't-see-how-they-were-built pyramids have their extra-terrestrial association. And that may be why the Bosnian pyramid excavations are only reported on the Internet and as a book publication and here on our website.*

*4: Extra-terrestrials: It was clear that our visitor was not used to the term 'extra-terrestrial' and sometimes hesitated in using the word. It later became clear as we progressed that the Earth people of that time had always referred to them as 'greens'.*

*4: Understanding our past and the cosmos: So—scientists, materialists, intellectual boffins—and news media—this is a **WAKE UP CALL!** In order to reach for the stars and begin to understand the first principles of the cosmos, you can only do it with spiritual methodology. Neil Armstrong was a 20<sup>th</sup>-century hero, whom we all acknowledge, and rightly so. But rocketry, sophisticated technology and gigantic funding are no longer the logical requirements.*

*QUOD ERAT DEMONSTRANDUM*

*It should be said that our evenings are not normally so protracted. This really was quite exceptional and for several of us it was sometime after midnight that that we finally arrived home—but so very worthwhile.*

## [A visitor from the time of the Bosnian Pyramids](#)

This visitor was an extra-terrestrial who helped with the construction of the Bosnian Pyramids and came from a planet in another galaxy called Simkah! (10/9/12)

Lilian: Welcome.

**Good evening.**

*(General greetings)*

***I know that you are all with knowledge of spirit and therefore I do not need to tell you that I have come with much love from your friends. Your friends are those who you were talking with last time. They wished me to come back just one more time, because these friends of yours who are from other planets, they were the ones from South of America, but there is a group here who have asked me to tell you they are aware of your knowledge of the visit made to the other pyramids that you were so interested in last time. So this is only a message from them to tell you they are aware of your interest and what you have discovered about them. They are most happy that you are on the right track.***

George: Oh thank you for that! Yes we feel we're beginning to understand now. There's obviously much that we don't know, but we have some knowledge of these pyramids that were built by our extra-terrestrial friends many, many years ago and we do respect all this work which has been done. And I think we are *beginning* to understand that one of the first things that visitors to our planet have done in the past has been to build a pyramid that will provide energy to assist in their return journey.

***Yes, and not only for the return journey, but also to give energy to those who are on this planet visiting; because although they are able to travel in such a way that they can arrive on your planet Earth, they still need extra, what you might call 'boost,' in order to be able to function here.***

Paul: Mm yes, because it's all very different—can I just clarify: are we talking about the builders of the *Bosnian* pyramids?

***Yes, because these friends were very much aware of the conversation last time and they wished you to know that they are ALL able to communicate and this communication led them to wish to tell you that they are aware.***

George: Yes, I think I'm right in saying this is 'MIND-LINK' communication—at least that's our word for it—and sadly the Earth is rather backward in that we've done so far very little of this, but as far as the rest of the universe is concerned, mind-link communication is the way it happens!

***Yes—in many, in many parts, but I will tell you: not in all. Yes, although you are as you would say, a little backward in your knowledge, or should I say the use of it, there are indeed other planets who are in perhaps not quite so less a degree of knowledge, but still they are struggling. So do not feel too down trodden because—***

George: Oh we are not alone in this—

***No, but you will get there I am sure.***

George: Well it's wonderful when people like yourself come through to tell us just that little bit more—it's very helpful, thank you.

***Yes, well I would say also we are pleased that you are interested in us, so it is a good thing for us both.***

Paul: Well we'd love you to come back and build some more, or show us how to, when the time is right.

***Well maybe we can arrange something, let us work together and see what we can do.***

Paul: Mmmmm!

George: Might I ask: is the pyramid building to produce that energy something of the past or does it still go on? Perhaps you've found a better method to produce the energy now?

***I would say that if we were to come back to this planet Earth, we would still build something similar, but it could be that we could make them perhaps a little smaller now.***

Paul: And I guess you could only come back if your guides directed you as to when the appropriate time would be to re-visit Earth?

*Yes, the problem we have now with your planet Earth is that there are so few places where we would be left alone to work with you and it would be most difficult if we were to be interrupted in the middle of a session.*

Paul: Yes, it would have to be a very quiet, isolated part of the Earth (*Yes*).

George: Yes I would imagine it could be quite damaging to be interrupted?

*It might well be that we could get trapped here.*

Ray: How long would it take to build one of these pyramids, would you say?

*It can be as long as we feel that you need for it to be built. It could be quite instantaneous, but it would depend on those we are working together with.*

Trish: And if these pyramids are smaller, or *would* be smaller, would the energy be the same or would it be used for the same task or tasks?

*It would—Let me start like this: Your planet has evolved and so have ours—so knowledge is ever-growing. So we would also be able to condense things. Let me take an example: Your computers in the beginning were so large—they can now do so much and they are so small.*

*(Positive agreements)*

*We too can achieve more with less. So we would be able to make some smaller structures, but there again, we have not done this before with the smaller structures. So it would be a trial to start with; but let us not push this completely away, because all is possible, and we are as keen to work with you as with other planets. So maybe this is something that can be achieved if it is felt it would benefit your planet at this time.*

George: Well as far as those in this room are concerned, that would be wonderful. Are you able to say if your planet is in the same galaxy as ours?

*I would say not—I would say no.*

Ray: One other thing—Are you in the same time frame as us or are you in a multi-dimensional time frame?

*We are working on a different system to you. We do not have the time that you have, but when we come into your (Pause) atmosphere, your way of living, then we have to work the same way as you do.*

Ray: I see.

*But no, we do not work the same way.*

Ray: Thank you.

Olive: Can I ask a question please? You're talking to us now—are using astral projection to come through, or magnetic fields as the Egyptians used to use thousands of years ago? How are you transmitting your thoughts to us now?

*I am using spirit. I have lived, but I am not alive as you would say with a body now. So I am only able to take messages and pass them on.*

*(I.e. Our friend who speaks is in spirit and can pass messages to and from those in spirit; also those with physical form that live on their planet today. We should also not forget that the Bosnian pyramids were built 35,000 years ago—a very different time of planetary life and planetary abilities!)*

George: That's interesting too. Can you say, when you work with Earth people, how do you compare in size? Are you a similar size or larger in the physical being?

*Are you asking me how I was when I was a physical being?*

Paul: You mean the beings from the other planet?

George: The beings from the other planet—yes.

*I was a being from another planet, yes, but I was I would say smaller.*

Paul: Yes, that makes sense. We walked through some of the passageways in the Bosnian pyramids and they were a little bit small—we had to bend a bit sometimes.

Ray: Yes, but also there is talk of the ‘Nordics,’ very tall beings—blond hair, blue eyes and larger frames. Have you heard of these?

*I do not distinguish between how various Earth beings are, only if they are Earth beings or not. So I’m afraid I cannot tell you if I have come across this particular type.*

Ray: But there are others around, aren’t there? Other beings I mean, from other planets?

George: Well I imagine they would not be associated with the *Bosnian* pyramids—

Ray: No, possibly not.

Olive: I read somewhere that there were more pyramids build in China than anywhere else in the world—in remote China—because China is obviously a very big country. There are things on the Internet, but the Internet can be sort of ‘played with’. Can you confirm that pyramids *are* plentiful in China, but no one’s bothered to explore them?

*I know that there are many pyramids around your planet, but I cannot at this time confirm, because I have brought with me the messages from those of the Bosnian pyramids and we can do some communication with others and find this information out, but at this time I cannot confirm that for you.*

Olive: Okay—thank you.

Paul: One thought I had—if you were to come back to Earth, would it be difficult to use your spaceships without being detected by our satellites. Or could you land on Earth without the satellites detecting you?

*Yes we could. And do not forget they are already coming here and giving you messages with the crop circles.*

*(Positive agreements)*

Paul: Well it would be lovely as far as *we’re* concerned to have you back on the Earth!

Trish: It would also be very, very nice if we could understand the messages sent with those crop circles, but of course that probably is far off for us on this Earth.

*Yes, I think you will find that part of these messages is to help you to focus on your inner self and to work them out for yourselves, because if this knowledge is just given to you, it will not be accepted as well as when it has been worked out, and suddenly the light dawns (yes). So I am of the understanding that it is something for you to work on and not just to be given.*

George: Yes, so it’s up to us to go within and discover within ourselves the meaning. There are I believe residual energies with the crop circles. Is there some factor in the crop circles that might *help* us to go within?

*Yes of course. That energy that has been left behind, was used by those visitors and yes, I would say that any extra energy that your bodies can be given can only be of good. But I would also say that it is up to you to focus—you cannot allow others to do all the work for you. But yes, I would say if you were to put yourself on this area that has been left energized, you would find your thoughts much easier to come to the fore.*

Trish: Does that energy stay within those circles for such a time?

*Yes, not for all, but it does stay there for a while and then like other energies it gets absorbed into other, in this case ‘areas’, and you will have other crops growing on there that each time they grow, they take a little of the energy away from the soil.*

Trish: I understand.

George: So there would be an advantage to visit these crop designs and imbibe that energy

—

*Yes, if you are interested in getting to know what messages are being sent then I would say yes, this would be a good idea.*

Paul: Going back to the Bosnian pyramids, if I may, I think they're being excavated at the moment and I know they'd love to be able to find an artefact, maybe left by the beings that built them. I don't know if there was anything left that could be discovered amongst the ruins there? Would you know if there were any artefacts left there?

*We would not have brought any with us, but I can tell you that much work was done in the pyramids, and as gifts to each other, small artefacts were indeed exchanged. So it is possible that you might find, let us say a small tablet or perhaps—and I don't know if this would still exist, but carving into wood was always most popular. So I would say there could be some small tokens, but if you are looking for something from our planet, then I would say you won't find that.*

George: That's interesting. Of course there are large, what one might call artefacts. There are large ceramic objects that weigh several tons. I believe they were used—I think they're enclosing devices that have an effect on the ground waters of that area. But there are I know large fired clay objects in some of the tunnels.

*Yes they were used to fill with water and then you could take water from them without the water coming up into the passageways.*

George: Ah yes, so that would be water for your use—for drinking?

*Yes, and for whatever other reason.*

George: Yes. One of those other reasons might well have been for making what we call large concrete blocks, for constructing the outer faces of the pyramids. Is that a term that you would understand?

*Yes I do understand what you are saying, and yes, some was done by the population and indeed they would have needed water. I would also say quite a bit of it was done by the visitors, and this was not needed when the visitors did it.*

Paul: Using Power of Thought—

*Yes.*

Olive: We are talking about levitation are we?

Paul: Not just levitation, I think you would sort of like imagine the whole pyramid into being.

Olive: Yes, I agree with that; but I also understood that *levitation* was also a thought—I've been levitated so I know it exists—My own personal view is when I do think about it, is that everything that the guide is saying to us is true, but I think a lot also is done with the power of levitation—in my own mind.

*May I say something to you?*

Olive: Yes please.

*We were able to create and place in one movement. But yes, you can levitate and levitation of those things that have been made by MAN, but those that are made with the mind—they do not need to be levitated, because they are placed directly in the right position, once created.*

George: That's very clearly stated, thank you.

*(Agreed)*

Trish: Can I just ask where the water was drawn from that you used in the pyramids?

*Yes I can tell you: It was underground and it was used within the pyramid itself. So all was able to be achieved within one place and for us visitors that was not so important, but for*

*the people from Earth, they needed shelter and would not have found it so easy if each time they needed water they had to go on long journeys. It was all very well planned.*

*(Agreed)*

George: Wonderful! Can you tell me, was there any element of teaching involved once the pyramid was there? Did you have gatherings where Earth people were instructed in any way?

*I would say to you that the main teaching that was done was during the construction. Much was learned in this time and because the knowledge and the actual physical building was being constructed at the same time, there was no doubt in the minds of those who were there, that what was happening and what was being taught was real.*

George: So it was teaching by example —

*Yes that could be a good way of saying it.*

*I am afraid I am being called, I must go now.*

George: Yes—just finally—this was a happy occasion for you, you were all good friends?

*Oh yes, it was a most useful and cordial time.*

George: Good! Well it's wonderful that you've come through and spoken these words to us and we are all here, I am sure, most grateful to you. Thank you very much!

*(Much appreciation/enthusiasm uttered by other sitters, including a cry of 'You must come again!')*

*Yes, I am beginning to smile because maybe I come again—for real.*

*(Even more enthusiasm expressed at that!)*

George: Oh that would be really wonderful. Do we have a name for you?

*I do not remember my name—*

George: No, alright, we understand that.

*—But if you would like to choose a name for me, I will use that, should I come again.*

Paul: Or possibly just the name of the planet that your people were from?

*Yes, I can tell you that, it was Simkah.*

Paul: Simkah—right.

*So now I am returning.*

## Pyramids and stone circles

Paul makes note of the similarities between pyramid construction and that of the great stone circles around the world. Were extra-terrestrials involved with these as well?  
(22/10/12)

Paul: One little loose end—we've been given wonderful information about the pyramid builders and the influence of the extra-terrestrials—our *Cosmic friends* should I say—and I don't think it's been said yet, but I think a lot of the stone circles that we have in this country have a lot of similar traits to some of the pyramids—the *huge* size of some of the stones, which would have been *so* difficult for the Earth peoples of the time to have moved by themselves. So, would it be true to say that the stone circles were also built by friends from other planets?



**I would say only that help was available. Not to all, but to quite a number, yes. But I do not wish to go into particular detail on any one set of stones or another, but the help was available.**

Sarah: And also, some of the burial chambers/tombs that I saw in Ireland, with huge stones placed on top of other stones, probably was the same help?

**Yes, as I say, *some* were created by man, but a lot of help came from what you term, 'friends'. Yes, I will say that to you.**

Sarah: Thank you very much.

Paul: Yes, thank you, I thought that must be the case for *some* of them.

**Yes—what you must *not* do, is give *all* of the credit to your cosmic friends. But you have to *realise* that of course there was some involvement.**

Sarah: Could I just ask—the help that was given to the human beings—were they aware that they were getting the help?

**Of course, their knowledge, their sensitivity, their awareness was so much greater in those times, as we have discussed on many occasions.**

Sarah: Yes, that's true.

**Yes, mankind in this day, because of materialism, has lost so much of that spiritual knowledge, but it is becoming much more *known* to humankind today.**

Sarah: Yes, a good many people are interested in what you've taught us today that probably even 30 years ago wouldn't have been.

**No, and even today it will be as our dear friend here has found, not always acceptable. Human beings must find their own way, they must find their own Truth, it is important that each one discovers their own pathway.**

George: Yes, I think a factor is that human beings are very good at copying and if someone from across the universe builds a pyramid, there are others who will endeavour to do similar work.

**Yes, you are as I have said again, you are a very young planet, with much still to learn, or should I say, re-learn? Yes.**

George: Yes, one of our philosophers, René Descartes—the basis of his philosophy was, '*I think therefore I am.*'

**As I have said, have I not?**

George: As you have said, yes indeed—

**Your thought is your reality (yes). It is only used with different words.**

George: So, I think it's reasonable to rate him highly amongst Earth's philosophers.

**I would say that he had some element of the Truth—yes—yes of course.**

George's Notes:

1: Sow the seed well and leave the rest to the seed: This seems to connect with the Jesus' parable of the sower and the seed—some fell on good earth and yielded 30, 60 and 100-fold.

2: Royal Library of Alexandria: Regarded as the largest and most significant library of the ancient world. It was a major centre of scholarship from the 3<sup>rd</sup> century BC until the Roman conquest of Egypt, 30 BC.

3: René Descartes: French Mathematician and philosopher (1596-1650)—sometimes thought of as 'the father of modern philosophy' and a key figure of the 'scientific revolution'. His name goes with the 'Cartesian coordinates' of graphic representation with the quantified x / y axes.

'Cogito ergo sum'—'*Je pense donc je suis*'—'*I think therefore I am.*' This was to become a fundamental corner stone of Western philosophy.

*CURRENT NEWS ITEM OF SPECIAL INTEREST:*

*Pyramids in Antarctica: As the ice melts in Antarctica, pyramids (three so far) and rock artefacts are being revealed. There has been photography at ground level and satellite image analysis to reveal further details, so that the (re-)discoveries have had reasonable confirmation. There is in addition to the pyramids, evidence of step-work and rock statues, and nearby quarried areas. The analysis of satellite images takes into account shadows cast by tall structures. We have left blogs on Internet sites, making known our website and our work with others of this universe, and their involvement with pyramid construction. Thank you Neil, for alerting us to this new development!  
An interesting 2012 end of year revelation perhaps!*

## Ancient site guardians

Salumet is asked about whether there are specific site guardians at the Bosnian Pyramids. Salumet replies that there are many guardians over the planet as a whole, but not necessarily for specific sites. (26/11/12)

Sarah: I was going to ask a quick question about the Bosnian pyramids if I may. I had an internet connection with somebody who had been out to the pyramids and she sent me two pictures. One appears to show almost like a finger of light, with colours of the spectrum, though not in the usual order of colours as in a rainbow and this was taken inside the pyramid. There was also another picture of some orbs of white light all over the picture. I wonder if you could give me a few words on that that I could relay back to this contact?  
**We have already discussed that spirit has been involved and what is being seen are spiritual lights, which of course you would understand to be different from your everyday colours and light. So, there is really no mystery for those who have knowledge. But of course, it is more difficult in trying to explain to those without spiritual knowledge, what is happening there.**

George: Could I add to that, we have also been in touch with sensitive people, who have been part of the volunteer excavation team who have been clearing the tunnels and from what has been said and sensed, I suspect that there is an ancient site guardian, within the main pyramid there. I think—I know in my own mind that ancient site guardians often relate to ley-lines and upkeep of ley-lines, and this may be a part of the scheme and I wondered if you might like to comment on the possibility of an ancient site guardian being there?  
**If you are to understand guardians, you are surrounded in your world with these beings. Now, if I am to separate individual sites, to explain guardians, then it could be misconstrued as being false truth. All I will say to you, my dear friends, is that the whole of your Earth, your planet, is indeed induced with guardians, guardians of your world. Whether it would be correct to say there were individuals at different sites, I am not sure that I could uphold that truth, but I will endeavour to find out for you, whether this is the case or not, at these particular pyramids.**

George: Thank you very much. I'm sure many people would be very much appreciative of further comment there. We have I believe spoken about these guardians on previous occasions—

**Yes. People would wish to think that this was something extraordinary. I beg to say to you it is not. That is all that I am trying to convey to you—it is nothing extraordinary. And again, it depends on people’s sensitivity, as you call it, and their own spiritual knowledge. You understand?**

George: Yes, thank you very much and we happen to be in touch with one gentleman who has actually communicated with one ancient site guardian and I believe *communication* with them *is* unusual.

**Yes, well we will leave it there for now.**

George: Well thank you very much for that.

**Yes. I am not always happy as you know, to speak individually about individual happenings—my message is a larger one than that. But if I can be of help, then of course I will endeavour to do so.**

*(General thanks)*

## Bonniol on pyramids

A three-way conversation between Bonniol, another communicator and the group about pyramids, which have been constructed not only on this planet, but many others. (25/3/13)

Sarah: Good evening Bonniol—I *thought* you were coming this evening. Nice to have you back!

*I’ve been having problems linking, but we seem to be able to speak again.*

Sarah: Jolly good. I think the link was nearly there, because I kept feeling that you were coming—it was only a little connection that wasn’t quite right I think—

*Yes, it’s not always clear, even for us, what the problem is sometimes, but once we’ve come through, we are through! But until we make that final—almost like a push through—then it can be difficult.*

Sarah: Yes, anyway you’ve done it—that’s the main thing. Jolly good!

*Thank you. Um, yes, it’s always lovely to re-connect with you people.*

*(I crossed over from the other side of the room to catch up on this initially quiet conversation—it was important not to disturb Salumet’s working with Eileen)*

George: It’s wonderful to have you through again, Bonniol.

*I’ve been thinking of you, even though we don’t always speak. I think it’s good to have these thoughts because—it’s becoming a smaller place, isn’t it!—this universe.*

Sarah: Yes, it certainly is, yes. Have you had any exciting things happen on Planet Aerah recently?

*Well, there are seasonal changes, which we enjoy! —the way the seasons change. We, as you know, are perhaps closer to nature in some ways—with our work and our lifestyle in general. We like to be close to nature, when we can.*

George: Yes, I think this is perhaps one of our faults in modern times on this planet. We’ve moved a little away from that; and I would like to see everyone going back to a simpler life, much more involved with nature than we are at the moment.

Sarah: There is a bit of change beginning to happen. There are people with allotments to grow their own vegetables. I think it is beginning to change a little bit. These things take time, when you’ve moved so far away from it.

George: Yes, there is home-gardening and organic agriculture; this is beginning to come in. We use far too much mechanisation and chemicals in our farming. I feel it will be much nicer if we can do things on a smaller scale, so that more people are involved in that work.

*Yes, it's um—it's so nice to share nature with others. It's the sharing (that) I really feel is something that is key to so much in life. We are all individuals, and yet, when we share our thoughts and feelings, there is a new awareness that begins. And in nature, we can share this—these feelings.*

George: That's a very nice thought. I think we are beginning to realise how fundamental to everything 'thought' is. It's much more than prayer and speaking and thinking about others, and connecting and speaking across the universe, as we are now. 'Thought' is so fundamental and opens so many possibilities. I think we're just beginning to realise this.

*Well, it's not for me to say more than—I think we have already spoken of this (yes) incredible thing we have called THOUGHT—there are—even for us, who work with it in ways which you are not yet able to do—we still wonder at the potential there is. It is truly the most important thing in Creation—from what we know.*

George: It's nice to hear those words. Perhaps, connected with that—we are only really just beginning to realise what the large pyramids mean, on our planet. We are beginning to realise now, that when other visitors have been here, the first thing they have done is to build a pyramid—to capture or create the energy for their wellbeing while they're here and to provide power for their return journey. I don't know how widespread in the universe pyramid-building is, but it seems to have been a favourite thing to construct pyramids in the past on our planet Earth.

*Yes, it is um, certainly not something that is unique to Earth. We also have pyramids on our planet, which are also used to gather the energy.*

George: Well, that's interesting.

*We have um, developed um—there is um—we have um—these—*

*(Pause—there can occasionally be a little difficulty with word flow)*

*The shape of the pyramid is of course um, a perfect shape for collecting and steering or pointing this particular energy in the direction (yes) and when we are sitting inside the pyramids—it can be of great help to use this to focus.*

George: Yes, would you describe this as an aid to help meditation?

*The meditation um, comes from within the person I would say (yes) but the pyramid shape helps to build the power that is generated.*

Sarah: I was wondering how you built your pyramids, because you are able to use your thought much better than us. Our pyramids are made up of big blocks. Are yours similarly made or can you use much larger—

*Yes, the rocks of the earth, we find are the best for—um—capturing if you like, the energy—um—the shape itself is important.*

George: Yes, and it must be aligned to planetary spin; and I would think the energy arises from sweeping through the aether in accord with the planetary spin.

*Yes—the position has to be at the right angles for intercepting the flow of energy that is being collected.*

George: Yes, I imagine the energy within the pyramid adds to mind energy, or helps in some way, when meditating.

*The mind is not helped as such. I would say: there is power to be used, and it is put to use for whatever purpose.*

George: I see—thank you.

*There are ways to use it but it is an energy not of ourselves.*

George: No, we realise that it assists various things, and we know that if we store seeds within the pyramid energy they produce more in the way of crops.

*Yes, they have been used to help with the storing and protection of seeds.*

George: Do you use pyramid-storage to assist your agriculture on your planet?

*We have experimented with this. We find we do not actually need to use them in that way (I see) and store what we need for—the seed can be stored in other ways but the pyramids can be used to improve areas which—um—which have conditions which cause problems for plants.*

George: Of course, the area around, surrounding pyramids is influenced by the energy, I believe.

*Yes, and if they are located in the right places, this can improve the fertility, if you like, of the area* (yes).

Lilian: So, do you build them just to help a particular area?

*I would say that is our main interest. We are people who spend a great deal of time working with nature; and where pyramids are used it is usually with—um—in connection to improving the nature in some way—whether it's for our crops—*

*(Pause)*

George: Yes, I was going to say, is there some influence on wildlife?

*There is always interaction—when you build pyramids, they have an effect on the area.*

Lilian: Yes, so when you visit other planets or they visit you—do lots of other planets have these pyramids?

*Yes, they are a shape—a structure which has a definite affect on the energy flows, and so they can be of use for that.*

Rod: Are the dimensions of the base and the height of the pyramid a common feature throughout the universe? Are ours similar to your sizes?

*I would say the size is not as important (no?). It's the positioning and what they are built with.*

George: I think the proportions—height in relation to base, vary considerably. But I think you are saying that the position is more important than the precise proportions—

*They should be positioned precisely. The size of them varies, depending on the nature of the area and the requirements of the area.*

Lilian: So would it be that energy-lines are used—to put them on?

*Yes, they are used, always with the energy lines, yes.*

Mark: Are they used for healing and purification?

*They can certainly be used for healing, yes. Yes, and—um, when you say purification—um—*

Mark: I understood that you can purify water, and even give it healing quality—I don't know if that's true?

*I would say in the sense that the water would be energised, it would be—um—improved in that way* (yes).

George: Yes, and we've noticed that there's a very big effect on water. Normally our water freezes to solid ice at low temperatures, but it doesn't inside a pyramid. So the energy that is taken up by the water seems to prevent it from freezing solid.

*Yes, I would imagine that is due to the greater energy in the water.*

George: The bonding between the atoms of the water just doesn't seem to happen, when the energy is there.

(At this point, Salumet had completed his work with Eileen, so she was now herself and able to participate in the discussion)

Eileen: Could I say: where you are so much more advanced than we are on Earth, is it still necessary to use pyramids to change energy? Have you not reached that stage yet? Can you not transmute energy with your mind, without the use of pyramids?

*There is—um—we have abilities to transmute energy, yes. The pyramids are permanent features, which require no additional thought or attention. So, in areas where we may wish for nature to create—um—a different energy situation; where plants and nature can begin to grow and benefit from more constant environment—*

George: So we can think of a pyramid as an ongoing, permanent energy trans-muter that doesn't have to be fed or up-kept in any way.

*Yes, we could of course still grow our crops but we feel they are a natural—um—tool to use, much like other tools for growing crops. They can be placed and—*

George: Do they alter your climate at all? Do they have any effect on climate?

*Yes, they affect the area around them, and yes, they will have an influence on the climate.*

At this point, another began speaking with quite a throaty voice via Jan, from across the room:

***They are regulators! They act as regulators!***

*Yes, they can—um*

***You don't have the weather that you are experiencing at the moment—it is much more regulated, because of the energy that it transmutes.***

George: Might I ask Jan: are you picking up from Bonniol's group at the moment?

Lilian: I think it's from spirit.

*Yes—so they—*

***May I help you sir?***

*Yes please.*

***You are struggling with language are you not?***

*It is sometimes difficult.*

***Of course it is! We understand entirely. You are doing magnificently well!***

(Pause)

***The older the base of the pyramid that you speak of, it will hold the greater amount of energy.***

George: So the bigger the base, the greater the amount of energy—

***The OLDER the base of the pyramid (the older!)—the greater the amount of energy, that will be released from the top.***

Lilian: So it increases with the age of the pyramid—

Mark: So they use older materials for the base—

***Older rocks—yes.***

George: Is it that the energy builds up over time?

***Yes, the older the pyramid—we are using the word 'pyramid' aren't we? So we all understand exactly what we are talking of. The OLDER the pyramid, the greater is the energy released. So hence, when they are growing their crops, the older energies are the ones that regenerate quicker, better—so their crops are grown nearer to those energies. And the younger crop does not need it quite so much. Do you understand? Do you understand what I am saying at all?***

George: So the longer the pyramid has been there, the better will be the crops.

**Yes! (Ah) So the older the pyramid base—that's what holds the energy of that plant completely. That's the origin of that plant and foodstuff. Do you understand? That's the energy that that plant came from.**

George: Yes, that's very interesting.

**As the seedlings—as they reproduce these things, of course, they don't need so much energy, because their life force always belongs to that OLDER pyramid.**

George: Yes, that's interesting.

**I know it's difficult to understand because you can't see exactly what I can see.**

George: It's very interesting to us. Might I ask: who it is who's speaking?

**I don't want to give a name thank you. It is not necessary.**

George: Not necessary—

**No, I couldn't think of one!**

*(Chuckle)*

George: I just wanted to know if you are connected with Bonniol and Planet Aerah.

**I'm just helping. Let's just put it that way. I'm not connected to the planet.**

George: You're helping from spirit **(yes)**. Thank you.

**I'm just helping with the language and to be able to give you a little bit of a picture.**

George: Yes, I understand—it's very helpful.

Mark: So those older rocks that they use for the base of the pyramid—

George: *(turning to Bonniol):* So you are getting some spiritual assistance, Bonniol—*(no reply)*

Mark: So it's a higher concentration—

**I'm sorry—I'm listening to both conversations. I'm sorry—I need to listen to this gentleman first (Mark)—do you mind? Please carry on.**

George: Please continue.

Mark: So if I understand correctly, the older rocks which are used for the base of the pyramid **(yes)** will have a higher concentration of energy **(yes)** which is utilised by the plant **(yes)** for their initial **(yes)** growth.

**Correct—you have it.**

Mark: Because there's some kind of—**(mother energy)** *mother energy* right, it's an old *mother energy* involved **(yes)**. So I suppose the rocks were made up of that originally **(yes)** and it's been re-absorbed **(yes)** by the new growth.

Eileen: So as you reach the top of the pyramid, is the energy much more refined?

*(Pause)*

Refined in the same way as when we go to spirit?

**'Refined' is quite a good word for it. I was trying to find a better word. In actual fact I think 'refined' is quite good. As the energy rises above, to the pinnacle of the pyramid—where you are using the word 'refined', I would use the word 'resourceful'; because that energy is able to travel in such a way that it is all-encompassing—it goes to where it is needed. At the bottom, is the oldest and the most dense. As it travels upward, it knows exactly where to go—it's resourceful (that's interesting). It becomes a lighter vibration, so it's able to travel (yes) exactly where it's needed.**

Mark: So would people use that for healing?

**Absolutely, it's used for everything.**

Mark: So how do people harness the healing energy, for illnesses and things?

**Thought.**

Mark: With thought, right.

***Has that been of any use to you? (Yes.) I would like to go back to the gentleman. Do you have any more questions? I am sorry, I have taken up too much of your time.***

George: It's all interesting. Yes, and thank you very much. So—

***I want to withdraw now.***

George: I'm feeling that the energy is self-thinking in a way and self-organizing, in going to where it's needed.

***It's resourceful—you understand the word resourceful, do you not?***

George: I understand the word 'resourceful', but does *thinking* come into it?

***Yes, like this gentleman has just confirmed, healing is done by pure thought.***

George: Healing is done—yes.

***I want to leave—I want to depart. I'm sorry—if you will allow.***

George: Nice to have met you. Thank you very much for coming through. It was most helpful.

Lilian: Are you still there Bonniol?

*I—*

George: Ah, you're still with us.

***I've been having a little break!***

*(Chuckles)*

***It is most welcomed, to have someone more familiar with the words to help explain.***

George: Regarding the assistance from spirit, I thought at first it might be from your team—then I realised and understood from the one who came through, that it was coming through from spirit.

***Yes, that is absolutely right. My team are with me in a sense, as I speak (yes). I speak with the team very much in the background.***

George: Yes. On certain previous occasions, I know that Jan, over there, was picking up from your team. That's why I thought it might have been like that in this instance. That was wrong-thinking on my part. I understand now.

***It is easy to be confused, I would imagine.***

George: But it's a wonderful evening for us, to have all this input.

***But you have so much in this group. I have been around long enough now to know the wonderful evenings that you have.***

Jan: Bonniol—did that gentleman explain what it was you were trying to get across? I think I was asleep before he came, so I missed a bit.

***I think there was some information about how the plants grow around the pyramid base—***

*I—*

George: And how the older the pyramid, the more effective it is.

Jan: Clairvoyantly, while I've been sleepy, I've had a picture of many pyramids of different sizes, and very definite straight lines of them. The larger plant material seemed to be growing nearer the larger one, which I presume was the older one that he was talking about, and the saplings seemed to grow towards the smaller of the pyramids.

*(At this point the connection with Bonniol was no longer there and as it had been a long session, the evening gradually came to a close as we discussed and tried to digest this new material.)*

## Pyramids and cosmic energy



Salumet is amused by George's attempt to explain energy to him. Actually, Salumet then praises George's accuracy except for one big omission, Cosmic Energy, which has nothing to do with the aether. However, aether, does play a part but is different to cosmic energy. Without cosmic energy, there could be no significant space flight. Currently, science has little knowledge of cosmic energy, and may not until those involved return to spirit where things will be made much clearer. (3/6/13)

George: Yes, well we have been helped in this group very much in our understanding of the significance of pyramids and the energy associated with them. And I wonder Salumet, if I could explain to you how the energy within and around a pyramid is generated—and then you can tell me I'm completely wrong and I have to go and think again!

**I find that amusing!**

*(Chuckles)*

**You are going to tell me about energy?! My dear friend I do not often want to smile when I am with you, but that is a new experience for me!**

*(Laughter)*

George: Yes, I must admit there's a certain tongue-in-cheek aspect (**yes**), which is one of our expressions. But we've received information from *so many* different sources now—from physical beings, from beings in the spirit realms of other planets and from yourself. Putting it all together, I think that the energy is developed through the Earth's rotation and the surface of the Earth being swept by the aether—and the well-sited pyramid is, through the planetary rotation, swept by the aether. And to use a physical analogy, this *distorts* the aether in such a way that *Earth energy* is drawn up through the base of the pyramid and rises. It has been stated that that energy is '*resourceful*,' and I think this means that it is used to being connected within the Earth and has association with *ley-lines*—where pyramid sites are chosen. That energy is rising and resourceful and goes to beings or things within the pyramid. It also goes to plants growing in the area around the pyramid, and in perhaps larger areas where there are groups of pyramids. So, the pyramid energy assists the growth of plants, and it continues rising and is refined as it reaches the apex of the pyramid and produces a beam of refined energy, which can be used to launch a dematerialised spaceship for return journey of the beings who visited our Earth and built the pyramid. I wonder how accurate that description would be, or would you care to comment?

**Well my dear friend that is quite a story.**

*(Giggles)*

**Yes, I understand—I understand your interest, but what you have left out is *cosmic energy*. I say those words again: *Cosmic energy*.**

George: Yes—so this would this be energy within the aether?

**No, this energy goes further than the aether, it is cosmic it belongs to all of Creation.**

**There are many areas in your world, not only on the sites of pyramids that have great Earth energy. This *energy* is utilised as you said, by many of the *ley-lines* which lie within your world. I would say to you the combination of *Earth, Air, Aether* and *Cosmic Energy*, is where the most powerful energies exist. The energy that brings into your world *alien craft*, as you call them, is utilised by the cosmic energy. I want you to realise the great part that this plays not only on your planet, but in many others. Without this cosmic energy there would be no space travel—you understand? (Yes.) It is an energy not spoken of, or rarely mentioned.**

Serena: Does it come through portals?

**Yes, there are portals in your world, of course there are; but it is a combination of many energies. And I understand your interest in the pyramids because they can be seen by the human eye as great places of energy. But yes—what you say is mostly correct I would say, but the one missing factor is the *cosmic energy*.**

George: Thank you. That is a significant addition (**yes**) to my understanding—thank you very much for that!

**Yes, I hope it gives you more food for thought and I feel you need to visit our halls of learning, because your detail is wonderful!**

*(Chuckles)*

George: Yes—I will in due course.

**Yes, in due course you can! Yes.**

Lilian: So, our friends on other planets, would be aware of this cosmic energy in their travelling?

**They may not be aware, but they know that it can be utilised. They use the energy, but they do not always understand it.**

George: Of course, the vast majority on this planet do not believe (**yes**) that friends from across the universe have built pyramids here, but I see pyramids as the hardest of hard evidence for their visits.

**Yes, they are part of their visits, but there is so much in your world that will never fully be understood. It is impossible for you to fully understand, until you come to our world and then all becomes much clearer. You understand? (Yes.)**

Graham: Astronomers are finding mysteries in the universe, like the fact that the galaxies in our universe don't seem to have enough matter in them for them to hold themselves together with the force of gravity (**yes**). So, they are inventing now types of energy which they call dark matter, because they have no idea where the extra gravity is coming from to hold the galaxies together.

**Yes, because they do not understand what energy exists, what matter exists (yes)—because it is outside of their own intelligence. Yes, you are quite correct.**

George: That is the cosmic energy which you have just mentioned.

**Yes, yes; so now my dear friends, I feel we have spoken enough for this time.**

George: Well thank you so much for all this additional information that you have given us.

**Yes, and I have to thank you for the amusement that I have felt and have not experienced before.**

*(Laughter)*

Sarah: Well I was going to say: I haven't heard you laugh before Salumet, so as we say, there is always a first for everything!

**Yes, it was quite amusing.**

Sarah: Well we always say that laughter is good for us, it gives us upliftment. I don't suppose you need upliftment, but anyway I hope it gave you some.

*(Chuckles)*

**Thank you.**

George: I hoped you would find it amusing—I wasn't absolutely certain.

**For something that is quite simple, it seemed so complicated, but that is for you to work out now and I will take my leave and as always my dear friends, I cloak you in my love and I believe that this time, you will take with you the peace and the love that has been brought to you.**

*(Thanks, and farewells)*

## The earlier pyramids were constructed to a far higher standard than the later pyramids

This statement was confirmed by Salumet. (30/9/13)

Mark: I've been listening to a speaker known as 'Bashar', who is supposed to channel an extra-terrestrial being. He was speaking about pyramids and saying that the older ones were much more superior than the ones that were built later. He has said that the ways of making them were gradually forgotten, and they tended to be made much more mechanistically later on—and they weren't so well aligned as the old ones. Would you have anything to say about that?

**I would say only that I totally agree, because as time has moved on in this planet, in this time, that as I have spoken previously, mankind has been amiss of all of the knowledge and happenings that he could quite easily evolve into. Mankind has lost much knowledge, and the connection with other beings was of course much stronger when mankind, even in primitive times, as you would say, was in fact spiritually stronger. So yes, your question, my dear friend—I would totally agree with what you have said.** (Thank you.)

George: Yes, well that's very interesting. Three of us will very shortly be travelling to the Bosnian pyramids, and there we shall experience a pyramid which, as you suggested, was built around 35,000 years ago, and that will be an interesting experience for us.

**I will see that you are safely returned to us.**

*(General appreciation)*

## Further reflections on pyramids and ancient civilisations

Many areas are covered by this discussion including a little light on the disappearance of two ancient civilisations. More reminders that we are, first and foremost, spiritual beings. (28/10/13)

George: I feel that there is much to be learned from these Bosnian pyramids. The news of this has been so restricted. I feel it's very important to have openness on this discovery—of these excavations. One of our photographs shows the 'energy orbs' within the tunnels and there is a wonderful atmosphere within the tunnels. We are aware that negative ions in the atmosphere energise—make one feel physically 'more alive.' The number of negative ions in normal fresh air is 1500 per millilitre, rising to 2500 after a storm, and one feels uplifted by this. But within the tunnels there are 16,000 negative ions per millilitre, and there is a wonderful feeling of energy there. And the people who contrived this arrangement within the tunnel labyrinth, have achieved this wonderful atmosphere which is still there. Their system is still working after 30,000 years! I feel that this is such important knowledge that it

should be widely known, and part of our small mission in going there was to get photographs and information and spread the news.

**Yes. I understand what you say. Let me say only this: that wherever there is a gathering of spirit then you will find the purest of energies. You know of course that energy cannot be destroyed and where you have a great amount of spiritual energy, the forces will be more strongly felt; and this is what you have experienced (yes). It happens in a number of places on your planet. Throughout time, mankind has felt this change of energy (yes), this upliftment, and I have to say my dear friend, I am always greatly impressed by your detail—let me say that (thank you); but I will also say to you that there are many who wish this knowledge to be imparted all around your world. It will, but the time is not quite ready. But I will say to you: continue—continue to feel, and remember and to know of this spiritual work because it was indeed maintained to a great degree by spirit.**

George: Yes, we have what is termed a 'Bovis scale' for measuring spiritual energy (yes), by a standardised dowsing procedure (yes). The values obtained within that tunnel labyrinth are quite high and have been compared to places like a Tibetan temple (yes). And by comparison, the values in the tunnels are in many situations very high.

**Yes, it is almost equal, in a much smaller way, to the energy that is created within a room such as this, where there is spiritual energy—it is felt by many people. Some may not feel it but I can assure you, it is the same kind of energy, which is being used (yes). You understand that of course—that is a very small way to put it to you. But that as I say, where you have spiritual gatherings, you will always feel this kind of *pure energy*. That's what it is, it is the *pure energy*.**

Sarah: That spiritual energy that George was talking about in the Bosnian pyramids—that's stayed there. Now in this room, there is spiritual energy when we're here. When we leave—**It is still here.**

Now we used to go to Lilian's house—so the spiritual energy will still be in Lilian's room?  
**It will still be there but it will be a little dissipated, but the energy is there. But because the room was used in the way that this room is used with a small gathering of energy, it does not have the same impact.**

Sarah: So you're saying that the—  
**—that the energy is still there.**

Sarah: So in the pyramid there was a lot more (yes). I suppose you cannot give numbers?  
**No, I will not enter into those conversations, because it does not matter. What matters is talking about the energies and those involved.**

Sarah: Yes, I was just wondering in comparison to our small group and that pyramid?  
**Well there is no comparison really.**

Paul: It's interesting because it seems like those tunnels and the pyramids are—they obviously had much greater knowledge on how to construct and I think it involved water flows (yes) and crystals and—

**—Because it is an understanding of the natural—natural things on your Earth.**

George: Yes they managed to combine water flows (yes) and ceramic artefacts enclosing crystals.

Paul: So if we had that knowledge as well, presumably we would be able to improve the energies within a room, where we come together like this?

**My dear friend, you could do whatever you wanted to, if your spiritual energy was in the right place at the right *time*. All of you, I believe I have spoken before—all of you have**

**that innate knowledge. All of you know all about the energy of all of the universes. But you have to return to that knowledge—it has been lost by so many.**

Paul: As you say it's within us.

George: Yes, we have to strengthen that link.

**You have to first strengthen yourselves before you can become part of a stronger energy.**

Paul: That's right and there's no point in *you* telling us (**no**) how to do it if we have the answers within and in going within, it strengthens it further so—

**Yes of course, you have it correctly. I could tell you forever what you should do, but because of your free wills, it is entirely up to you all to decide for yourselves how *much* of your spirit would be used here. Do you understand?**

Paul: Yes, it's all there for us—

**I feel sometimes, you still think of yourselves as physical beings. You aren't my friends. You are physical beings in the sense that you are on this planet—but you are spirit first and foremost. And all of that knowledge is innate within you, to be used and used for the good.**

George: Yes, one feels it more strongly at some times than at others.

**Yes of course, being human your human lives affect how you feel and how you react—and how you *think*, but it is the spirit that decides what should be done for the good.**

George: Yes, could I go back to something that was mentioned at an earlier meeting: the DNA that we have, as being an interface with spirit—perhaps I could put it like that. I was reading recently about the Anasazi people of North America. And they devised a system of 23 chambers connected by tunnels, and the whole arrangement is in the shape of a spiral. And each chamber has within it an artefact. I am led to believe that the people that we know as Anasazi understood about DNA, because they have constructed this arrangement in the shape of a DNA helix with chromosomes.

**Yes, again it is a case of understanding energy. It is a case of those beings who are much more spiritual than those of you today, using the energy and gaining knowledge (yes). It is my dear friend as simple as that; we can have as many examples as you like about different areas of your world, but what it all comes down to, is that each and every one of you are spirit. You have lost a great deal of knowledge over time, and it is now up to each one of you, if you so desire, to regain that knowledge, to be used for the betterment of mankind.**

George: That's a wonderful thought.

**It is as simple as that. I could of course go into much dialect and intricacies, but that is not my way.**

George: Yes, what I wanted to go onto was to point out that the Anasazi people mysteriously disappeared as a race, as did the Maya. And it just occurred to me that perhaps they made a collective decision that it would be better for them to continue in spirit instead of reincarnating on the Earth.

**They were spiritual beings who had decided that they had something to do upon this Earth, and when that time was up they too returned to spirit—yes.**

George: And that would have been a collective decision?

**A collective decision—yes.**

George: I can understand that.

**Yes, that is—I do not like to use the word 'power', but it is the power of the spirit, when you can attain that degree of knowledge.**

George: Yes of course, mankind thinking in a very material way—

**Yes, I would always try to steer you from that way of thinking. I am always very simplistic in my views—**

George: Yes, the errors of that way of thinking are almost laughable I feel.

**Yes—but of course, you have over time, all of you gained a little more knowledge, I believe.**

George: You have helped us so much in this.

**Yes, and of course, what I would like you now to do, is that when you are faced with these kind of—how shall we say it—‘old knowledge’ that you wish to verify—stop a little and think a little and use that spiritual knowledge to find your answers—because you can. It is no easy undertaking, but it is one that you are capable of. I hope I have helped you to help yourselves, to find new knowledge.**

George: You have helped us enormously Salumet, and you have also helped our readers in this.

**Yes, whenever you can sow a new seed to another open mind, then that energy becomes more powerful also.**

Paul: I remember when you said years ago that we are spiritual beings. Okay, we are in the physical bodies, but we are spiritual beings first—I didn’t know how I felt about that back then, but now when you repeat it, I am very *excited* that we *are* spiritual beings and it’s almost a *relief* that we’re not physical beings, and that we *are* spiritual beings. It just makes me realise ‘yes’ I do have a huge desire to be the spiritual being and move away from this physical state, and become more the spiritual being that I am.

**Yes, it just shows you does it not—if you feel that difference within a few of your years, how much you have grown; when you can analyse that you are thinking in the physical sense too much—that you now feel spirit more to the fore. That is a great growth for you, my dear friend—is it not?**

Paul: Yes, that’s one of many, many benefits—that you’ve been coming for so many years now, and having everything transcribed and taped, we can go back and reflect and remind ourselves and see where we’ve come from.

**Yes, when first I came to you on this mission, as I call it, I understood that it would not be easy—not only the entering to this kind of atmosphere, but difficulty in getting people to understand that they were still spirit and not human beings only. I never fully realised how difficult it would be—hence my repetition so often. But I would like to tell you this time, my dear friends, how glad I am that we met and that we have grown together.**

George: Yes, we feel that gladness. (General agreement)

George’s Notes:

Medical advances: *So much is happening. Improved application of computers, technology in medicine, diagnostics, robotic limb control—the list is really too complex for itemised listing. And understanding of body functions and treatments is expanding all the time.*

Astronomy: *We are learning from studies of x-ray emissions from ‘Sagittarius A’, our Milky Way’s massive black hole, and there are informative studies of ‘cosmic dust’. And then there is this recent article from ‘The Daily Galaxy’ e-publication:*

*Some of the world’s leading astronomers – including Great Britain’s astronomer royal, [Sir Martin Rees](#) –believe aliens, rather than using different radio waves or visible light to signal, may be using an entirely different communication medium such as ghostly neutrinos or with gravitational waves (ripples in the fabric of space-time) or using communication mechanisms we cannot begin to fathom.*

*"The fact that we have not yet found the slightest evidence for life – much less intelligence – beyond this Earth," said Arthur C. Clarke, "does not surprise or disappoint me in the least. Our technology must still be laughably primitive, we may be like jungle savages listening for the throbbing of tom-toms while the ether around them carries more words per second than they could utter in a lifetime."*

*Lord Rees, a leading cosmologist and astrophysicist who is the president of Britain's Royal Society and astronomer to the Queen of England believes the existence of extra-terrestrial life may be beyond human understanding.*

*Well, we have a few answers that the astronomers do not have—but at least they are beginning to think round the problem that they have created through shunning séance and spirit!*

*Marianne Williamson: Author of 13 excellent books has officially declared her candidacy for the US House of Representatives.*

*Anasazi: So these spiritual people, having completed their Earthly task, collectively decided to continue their lives in spirit. Their civilisation had neither wheel nor metal tools, yet they felled massive trees, transported tree trunks over great distances and built impressive settlements, always with circular meditation rooms. They would clearly have used 'spiritual science' methods. Finally, in the side of a canyon in New Mexico, is the structure that resembles the DNA/ chromosome arrangement of the human cell. All has been hollowed out smoothly within the rock of the canyon wall. This has very clearly been achieved by means of 'spiritual science' method. To what purpose? Well, bearing in mind that the human DNA is a matter-spirit interface, it leaves me with the feeling that this has to do with their planetary exit. So perhaps this incredible piece of non-material engineering is a device for quick exit back to spirit. This thought is surely no stranger than the construction itself!*

*The subject of DNA came up at previous meetings: 5/03/07, 12/03/07 and 30/07/07.*

## The effect of Pyramid energy on radioactive isotopes

George asks about pyramid energy and how this might affect the half-life of certain indicator isotopes thus causing an inaccurate dating of the Bosnian Pyramids. (10/2/14)

George: We have spoken about pyramid energy. Now our Russian scientific friends—one of the things that they have discovered about pyramid energy is that it alters the rate of radioactive decay (**yes**). I think it follows that, while radio-carbon dating is fairly accurate for many things, it would be less accurate for assessing the age of a pyramid.

**Yes, I would agree.**

George: Ah yes! And that probably accounts for the fact that the Bosnian Pyramid of the Sun has been radio-carbon dated to nearly 30,000 years, and you indicate that its age is a little older than that—

**I would say, if you are wishing to use figures, it is more likely to be forty (yes). Yes, that would be closer to the true figure.**

George: Then the different assessment is probably due to the fact that radio-active decay is different in pyramids.

**Yes, you are dealing with an energy that is slightly different—yes.**

George: Well that clarifies something else for me. Thank you very much.

## Much is not yet accepted by mainstream media

George raises this point after attending a lecture. (23/3/15)

George: Yesterday, three of us attended a lecture on pyramids, with special reference to the Bosnian pyramids, which are still not a subject recognized by our mainstream media, but it was rather nice to observe, I think about eighty people attending the lecture. And several of our readers came forward and made themselves known. This was most heartening to us.

**Yes, you do very good work in allowing others to hear what is meant to be heard, so as always my dear friend, we are grateful for your time and for your efforts, because without it these others would not be so knowledgeable.**

George: Well Salumet, it is a joy for us to have the awareness that so many others are hearing and reading your words—thank you!

**Yes, it is indeed humbling—yes.**

## Spiritual energies are not just associated with just one particular shape such as a pyramid...

Salumet talks about energies in all things including pyramids, cones, crystals, ley-lines and other people. All is energy. A wonderful description of this phenomena that is so important for our understanding. (15/4/19)

Lilian: Talking of energies, can I just ask a question for my daughter? **(Yes.)** She's been puzzled why the shape of a pyramid has this energy within it and around it—why that shape?

**Why the shape? There are many shapes of course, which have stronger energies; you can take a complete circle, which testifies to no beginning, no end. That of course would have energy of an extra type. The triangle meets from point-to-point and the shape then creates an energy which is very fulfilling, which is very healing and which has many properties to it. It is not the only shape—that is the best that I can tell you at this time.**

Lilian: And I know we've spoken about the circles that come in the fields. (*Crop Circles*)

**Yes and you also of course on the planet have many, what you term 'ley-lines', which are just lines, but still have powerful energy.**

Lilian: Is there a reason that the ley-lines are there?

**Of course, they are supporting the planet Earth, as they support many other planets. (Yes.)**

**Yes, it is a support system of energy.**

Lilian: That's interesting.

**I hope that will satisfy your daughter, there is no need to go into technical details, but just to know that it does exist, that it can help in many, many ways.**

Lilian: Thank you—it was just a subject we got on and did go on and on—it was interesting.



**That is why it is good to speak amongst yourselves, to give each of you, your own experience, to allow the other person to *think* and to *wonder* and to *know*.**

Paul: Would it be useful, do you think it would benefit people to build pyramids in their gardens, and meditate in them?

**Of course, whatever builds the energy, whatever is healing, can only be good for you and for your planet. That is why there are so many around your world. As I say, the pyramid is not the only shape, you take the circles, you take the straight lines and you would be amazed at how much energy this earthly planet has.**

Mark: Is it partly to do with balance and focusing of the energy?

**Balance of course and what was the question?**

Mark: And focusing the energy as well.

**Yes, there are many reasons why—they are also very creative and throughout your history, much has been learned from pyramids and there is much under the waters of your planet, which will eventually be recognised as ‘*energy healers*’ and ‘*energy spots*’.**

Mark: Yes, because they have water flowing under the Bosnian pyramids.

**Yes, there’s always a connection—water is a very strong element.**

Mark: And the pyramid somehow harnesses that energy.

**Yes, because it is creative, it is used for creative work, or, how shall we say, they have been placed on the Earth for mankind to come to know about them. And it has taken so long before they have been truly recognised for what they are.**

Mark: They also had in the Bosnian pyramid stones and crystals, specially positioned.

**That is what I am trying to say to you, my dear friend, it is not just the pyramid, if you are to add crystals; there are crystals throughout your world being used this very day, for good. I am sure you are all aware of crystal energies, are you not?**

*Agreed*

**Yes.**

Sara: Some people have a sensitivity to crystals, don’t they, the energy—a friend of mine feels the energy very strongly and she uses them a lot for healing.

**Yes, and that energy will be attracting the energy within your human body, that is why really, I would suggest to you that you choose your own crystals, because the energies combine to make it even more powerful, and your own body energy is made stronger. But like all things in your earthly world, there are many questions and many answers.**

Lilian: Yes, I’ve often wondered why, if I’m in the garden, **(Yes)** and a big stone, small stone, it really doesn’t matter, but, I pick it up and you can see such colours in there all blending around and I wondered why the different colours.

**It is the wonder of existence... you should blend with all of these energies, at some time, if you possibly can—yes.**

Lilian: So if you held it long enough, you would begin to feel...

**You will begin to feel part of that energy, in the same way, the energy of whatever you are holding, transfers itself into your physical body—that is why *healings* exist.**

Lilian: That’s interesting.

Sabine: Like the other day, I had a little stone that had been picked at some point and been kept in a drawer some place and suddenly I had it in my hand and all I wanted to do was to drop it on the ground, which I did and I could feel this little bit of stone thanking me for giving it back to the Earth, **(Yes)** and be connected again with the elements, versus being stuck in a box in a drawer. **(Yes)** It was amazing to feel that connection with that little stone.

**Yes, you firstly felt a very strong connection, but I would like you, my dear friends, to think a little more on your world, your energy points, whether it be your pyramids, whether it be crystals, whether it be lines, whether it just be the touch of another human being, you are all made of *Energy*, it is very powerful.**

Graham: Just going back to ley-lines, presumably when our planet first formed, there were no ley-lines, but, they must have grown since then. I just wondered what...

**Well, when you say, '*no ley-lines*', there was energy, (Yes) so, they of course developed at that early stage, into stronger energy and called '*ley-lines*'. To me, the names mean very little, all things are Energy.**

Graham: Was life itself upon this planet responsible for creating those ley-lines, or did they pre...

**No, they have always been.**

Graham: Do they ever move or are they fixed?

**They can of course move, because of the situation where they are; they are energy underneath what you call *physical Earth*.**

**So there is slight movement, but I would say nothing overly powerful—gentle movement, yes.**

Lilian: So would the elementals be attracted to these ley-lines?

**They of course would be, as we all are. When we speak of energy, you have to begin to think of it as a whole, not as separate issues. Focus on all energy together and then you will feel the power of that energy. You understand?**

Lilian: Yes, thank you.

Paul: Do they run fairly straight or are they more like rivers that bend, ley-lines?

**Like all energy, it can be transmuted, so in that case, of course they could change or alter, but the energy does not change. Do you understand? No?**

Paul: I was thinking, so they don't have to be straight lines, **(No)** they can be curved.

**No, like the bend of a river, it is always continuous. I feel the puzzlement in the room, but I will let you stop and think about this, I...**

Claire: I kind of see them like a big spider's web—we're just one planet in the whole ley-line system, is that wrong?

**The whole of you Earth has ley-lines, yes of course, how you perceive that to be, how it affects you is quite an individual thing. It does not matter, it really does not matter; they exist because all things are energy; if you wish to call them ley-lines, if you wish to call it a pyramid, so be it, it matters not, it is the recognition that the energy is *there*, that is what is important.**

Paul: Going back briefly to building a pyramid in a garden situation, **(Yes)** would it matter much what material is used to build it, or is it more about the shape?

**The shape for pyramids, yes and of course you are standing it onto ground, the Earth of the planet, which is an extra boost of energy. (Right...) So I would say if you wish to do this in a garden, to choose the right place, the place that gives you the feeling of the energy that is there, and then to build the pyramid on top.**

Paul: Right, would putting a bit on concrete down on the base, interfere with that Earth energy?

**Not really, not really. If you imagine every single thing on this planet that exists is energy, all you are doing is combining those energies. If it is wrong, it will not last; as I say, all things are transmutable when it comes to energy.**

Paul: Thank you.

Sarah: Going back to crystals Salumet, is there so much energy in those crystals, because they've been so compressed under the Earth's weight that's made these crystals?

**Yes of course, of course that is a reason; that is why it is best for you to choose your own crystal, because the energy within the crystal and the energy within you as a human being would be different; but yes, and sometimes crystals are more powerful where they come from, the Earth—yes it does make a slight difference, but nothing that I would tell you about.**

Sarah: Right, okay, thank you.

Mark: I would imagine something energetically important happens when a meteorite comes down and hits the Earth?

**Yes, you have to remember my dear friend, you are one small planet; I will repeat myself, you are one small planet in many universes. There will always be energy, because that is what you are—you are energy. The comets, or the stars, or whatever you wish to call them, it is all energy; there may be different *degrees*, but that is all.**

Mark: And that's the basis of astrology as well, isn't it?

**Yes, yes.**

Graham: You once mentioned something called 'Cosmic Energy', (**Yes.**) which our cosmic brothers use for transport around.

**Yes, because they have realised that the energy which is all around us can be used; it can be used for travel, it can be used to maintain the energy of each other, which is another subject; but I think for now, you have enough to think about.**

Graham: Yes, thank you for all that information.

**And I will take my leave of you now and...**

Sabine: Before you go, sorry, your instrument had asked a question for something for you to respond to if you could. The other day, she was wondering when she went to a funeral at a crematorium nearby and she felt that the energy over there was completely off, she didn't feel good in there, even though before she went there and felt good in there on previous occasions and she was wondering if you could comment on that?

**I see, yes, I know the problem there was that before that particular occasion, there had been people attending a funeral who had very negative vibes, very negative, and that negativity was enough for the lady to feel and to feel that the whole of the room was in some kind of negativity. But, it would have lifted afterwards, it would not have lasted, because you would have had angelic beings move in to clear the situation. These places are places of sorrow and sadness for many and it does change atmosphere, but what she felt that day, please tell her it is *fleeting*. (Right) I hope that helps. (Yes, thank you for her.)**

## [More information about the construction of pyramids](#)

Mark asks about entrances and materials used in the construction of the great pyramids and for some advice about his own pyramid construction in the garden. We are also reminded that in many ways, pyramids are technologies from ancient times, of which we have very limited knowledge or understanding. (12/8/19)

Mark: I have one about pyramids, I wondered if the original pyramid entrances were from underground to maintain the pyramid shape?

**Yes, I believe I am correct in saying that these openings were not at the very beginning, but came at a later stage when all things were thought about; but they had a great deal to do with the support, as you say, of the shank of the pyramid; yes indeed, they have been there for a great, great length of time—yes.**

Mark: So, the entrance would have been from underground tunnels. (Yes.) And I wondered about the floor as well, whether that was earth, or whether they put down a...

**There was a material not known, and I don't know if we have discussed this, a material for the floor, the earth, call it what you will, that is not commonly known about—yes.**

Mark: So presumably the earth would be probably better than putting down something made up as a floor?

**It was mixed with this other solution which is not known to man at this present time, yes. They are wonders of the world are they not?**

Mark: They are, they are and I wondered also about, looking at the dimensions of the pyramids, some are a lot wider at the base, like the Bosnian one is very wide and comes in at more of an angle, so it doesn't go as upright as the Great Pyramid, and I wondered about that, whether they made them wider to encompass what was going on underneath?

**Yes of course, they needed space to work, so the areas where they have wider openings was for a reason, very good reason, to harbour whatever they needed to use from space. So yes, you are correct, there are some areas which are much wider than others. Does that help you? No?**

Mark: Well. I'm trying to build one at the moment, and I'm just trying to make it as good as I can really. I'm making mine out of wood, I don't know if that would be a reasonable material to build out of?

**Yes, well I would suggest that you try other ways as well, if you can, if you are so interested, but my dear friend, all of these things are long passed, you gain knowledge from what is left upon this Earth, but you need to accept it and think that the universe and those people who came from afar, worked many ways with many uses not known to the modern man of today. So, I say to you my dear friend, do whatever you feel you need to do, allow yourself to be influenced from Spirit and you will choose the right pattern and pathway. You understand?**

Mark: Yes, thank you.