

26. Ghosts

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Poltergeists

Sara asks about what attracts poltergeists. (28/11/94)

Sara: Is there something within the human being, which attracts a poltergeist, to his or her home, or is it something external?

I would say to you, mainly, it is the attraction from another human being. It is attracted by negative forces, within the home, or wherever. Poltergeists are negative forces at work—thought. Another reason for your meditations, to help that higher aspect of yourselves to come forward, to reach towards that purity, that each soul should be, and if you try, can be attained. (Thanks + farewells)

Residue of thought or imprint from spirit world?

Les asks about this intriguing subject. Salumet summarises by saying that these two views are not actually opposite, but are two separate ways of using energies. (16/1/95)

Les: The first question I would like to ask you is about so called ‘ghosts’. There are various theories existing on this Earth about ghosts. Some are said to be the residue of thought imprints upon matter, which recur from time to time, sometimes at regular intervals. Another theory has it that they actually are a physical manifestation of people from your world. Of course, the two are entirely opposed—references. I wondered if you could give us some information about these so called ‘ghosts’?

Yes. Let me begin with that please. These two theories are not as opposed as you may think.

Les: They’re not?

Not at all—there are of course, events which happen, that leave their stamp upon your *etheric world*. I believe this category, would be your first answer. You have such instances, not only of ghostly figures, but of ghostly ‘things,’ shall I say?

Les: Yes, you’re quite right, we do.

For example, animals, solid objects such as trains, as aeroplanes and such like. These things are ‘residue’, as you call it, that have been left behind, caused by a surge of energy at the time, whenever the occurrence took place. Can you see?

Les: Yes, I understand.

It has such an impact on the energy levels of your etheric world, that it is almost ‘stamped’, if you, on it.

Les: I see.

When you speak of ghostly figures as beings from our side, let me talk a little on this. Of course, you will be aware that people from *our* side of life, can be seen as whole, can be touched, can be spoken to, are seen as they *should* be, as they *were* if you like.

Les: Yes, I personally have had that experience.

But also, you can have almost a shadow of that self. It comes down to the usage of the energies, once again—that the person trying does not have the knowledge or the help available to them. So, instead of the solid form, you have almost an image, mirror image of that solidified form.

Les: I follow.

Again, we come to the energies, the higher and the lower energies. Do you follow me? (Yes) Also, when we talk of ghostly images, then again, we talk of the thought patterns, stamped upon the etheric. Always these thoughts are in the etheric energies, not in the physical. But of course, they transform themselves through to the physical. Are you following me?

Les: Yes, I am—thank you.

So perhaps you can see, that the two thoughts are not actually opposing, they are two separate ways of using energies.

Les: Yes, I suppose a parallel would be a better description.

That is a much better word.

Les: Now going back to the images imposed upon our etheric, of ‘non-persons’, do they ultimately disappear, does their energy pattern lessen over a period of time, as we know it? It can do. It would depend on thought that keeps it alive. This can be—how can I put this to you? I am lost for the word. If the thought patterns are built enough, to encourage this image to remain, then it shall, but eventually of course, the energies must subside. It may take a little or a longer time. As I say, you people on the Earth, can in fact hold onto these things, by your own thought patterns. So, you see, in a way you are instigators of the energies that are showing themselves to you.

Les: I was going to ask that actually. If somebody does experience one of these ‘sightings,’ let’s say, would his or her own thought patterns, enable that apparition, whatever it might be, to build energy from the thoughts of that person seeing it?

The energy will feed from the thought pattern, yes that does happen.

Les: So that would enhance it and therefore enable it to stay longer.

It enables it to remain longer.

Les: I see, that's interesting.

If the thought, if the person who sees the images upon your Earth, were to see and let go, then there would be nothing for the energies to feed upon. Thus, the time that it would remain, would be much lessened.

Les: I see. And I suppose also it depends upon the impact, upon the viewer, as to how much the image is able to replenish itself, from that thought and sighting.

Exactly, you have almost a boomerang effect.

Les: That would explain then why some images, many hundreds of years old, are seen very, very clearly, quite frequently.

Yes, of course.

Les: Thank you. Well that clears some of the controversy there has been about these images and so called 'physical' ghosts.

It applies also to the phenomenon you call 'poltergeist.' What is that but thought patterns? The energy feeds upon it, the pure energies and of course is able to use and create these things.

Les: I believe you did mention, in an earlier meeting, that poltergeists use the lower forms of energy.

Of course, they use lower, but also they can use the very pure. Always remember positive and negative. That is an important aspect in your world.

Les: Yes. But I think poltergeists are often associated with the appearance close by, of young children. Would they therefore be using pure energy patterns from those children?

In the case of very young children, then the energy patterns would, of course be pure.

Les: Yes. I thought they would be.

As we get to the older children, then the energies are changing. They are almost coming to a peak—perhaps that would be the way to describe it to you. And so, they can be used and misused

[Does spirit world generate apparitions, ghosts or visitations?](#)

Les asks this interesting question to which Salumet replies that spirit world does not. They are energy which is 'stuck' within the denser matter of your Earth or energy that has become almost motionless. (19/8/96)

Les: If I might ask a further question, it's part of the one I'm waiting to put when our other two friends are back, but it does fully on your teaching about the Power of Thought. We were discussing last week apparitions, visitations, ghosts, whatever you want to call them and I wonder if it's possible for those on your side of life, to project their thoughts into our atmosphere and create those phantoms, which are not infrequently seen, by a number of people, such as phantom cars, coaches and horses and other aspects of ghostly visitations. Are they created by *Thought* from your world, or are they remnants of a power which *did* exist and is still fluid?

There would be no purpose in thoughts of that nature, coming from our world. Remember that we move on a much higher frequency than you do here on the Earth plane. I will go into this further, but I would rather devote the time, to an evening of *energy*, which I have promised you beforehand. But I will say this to you, I will try to simplify it for you:

What is energy? It is only *Light in Motion* and it is not a simple topic to discuss, there are many complexities, but I will say to you, these '*phantom sightings*', as you call them, are *energy* which has stuck within the denser matter of your Earth, in the same way as your *body energies* become stuck, or blocked, as you like to say, you follow? (Yes—) It is an *imprint*, it is energy which has become *almost motionless* and is triggered at some point in time, to reproduce itself to be seen by others; that is all. It is almost like the negative of a photograph, which has been captured in time.

Les: I see and what is it that triggers it?

It may be that certain energies around your Earth, gather at certain times, it may be—remember too, that energy—and this is what we need to discuss—as in all things, *Energy has Memory*. I hear the stunned silence, but this is something that we need to discuss fully, before we can discuss these topics.

Les: It's certainly an entirely new concept to me.

Why? Why not?

Les: I agree, but I'd never thought of it in that way.

Are you not energy, are you not vibration that moves? Do you not retain memory, do you not bring memories from times past?

Les: Of course.

So if you are *energy with memory*, why should not all other energies have memory?

Les: Because I've been looking at it from an entirely wrong angle then—as usual. (*chuckles*) Yes, dear friend, again I say, your earthly brains limit you so! So now I leave with that thought only and we will come to the very complex issue of energy, which I hope and I do believe it will confuse you for some time, but eventually I hope the understanding will come to you. Does this help you?

Les: We look forward to hearing more about it.

I see your brain is working now.

Les: (*chuckle*) Yes, they're churning madly aren't they? Well, thank you again for that.

Now, as I say it is a complex subject, one which cannot have just one answer. There are so many different fields, which have to be touched upon. I could speak of molecules, electricity, atoms, it would only confuse you and after all, these things are earthly items of knowledge, they do not belong to the spirit. You understand?

Les: Yes we do.

So why would I speak about subjects you already know? I will try to bring to you knowledge, which thus far has not been spoken about too much.

Les: That would be excellent if you do, we would appreciate it.

But I would prefer to leave it until we have our powerhouse of help.

Les: Yes of course I do understand.

[Hobgoblins](#)

Pauls asks about these entities in a friend's house to which Salumet gives a little caution by keeping thoughts positive whilst around the house. (19/4/04)

Out of interest, hobgoblins seem to be small, hairy little men who, like their close relatives the Brownies are often found within human dwellings, doing odd jobs around the house while the family is asleep. Such chores are typically small tasks like dusting and ironing. Often, the only compensation necessary in return for these, is food. While brownies are more peaceful creatures, hobgoblins are fonder of practical jokes and have been reported to be mischievous, frightening, and even dangerous.

Paul: A couple of my friends have moved to France and from what they say it sounds like maybe their house could do with a rescue, but I've never visited it. The man looked into the history of the place and he found reference to a 'hobgoblin' in one of the rooms. I wondered if you could say whether there is anything that needs to be done there?

I will look to this one for you to see what the problem is there. I will ask those who work in that way to take it upon themselves to see if there is any problem which we can help with. I would suggest to you in the meantime that you instruct your friends to always remain positive whilst around that property.

Paul: Yes, I understand, yes, thank you.

Water! Is there water by this property?

Paul: I don't know. I will have to ask.

But they must remain positive and I will ensure that we will help, if it is necessary.

Paul: Thank you very much.

Ghostly creatures on the ceiling

Sarah asks after a relative about spiders on the ceiling. (21/3/05)

Sarah: My sister-in-law has seen Spirits—I don't have a problem with that, but she also sees spiders on the ceiling. They are very real, as real as the Spirit beings she has seen. Can you help me with that, because I didn't know what to say to her when she mentioned it?

Why, my dear friend, do you find difficulty in accepting that?

Sarah: No, I don't have difficulty in accepting the spiders, but it seems a very strange thing for her to see—big spiders.

All life is energy, all energy continues, therefore not only do you see the Spirit of people, but of animals, of spiders, of trains, of cars, whatever. Once that avenue is opened up you can see much. Anything that has ever existed in a physical embodiment can then be seen spiritually.

Sarah: Would she have had any connection with these spiders in a previous life? **(No.)** So it doesn't have any...

The energy or the residue or the existence of the spider would be enough.

Sarah: So, it is not trying to tell her anything?

No.

Ghostly activities

Sara asks about ghostly activities in her home. Sightings and sounds. (12/5/14)

Sara: Is it common to hear a spirit voice out loud? I have been hearing and have over the years heard a voice loud in my bedroom. I heard this morning, and there seems to be a lot of activity at the moment. My husband saw a spirit walk past, and my daughter started coming in our bed again. I'm guessing it's because she's sensing it. Would you be able to comment?

Of course, it is—Spirits are able to do many things, and to be able to project a voice is not difficult for many. Yes, so there is no problem. The answer to that question is: yes, you can hear spirit voice.

Sara: Yes, so it's somebody communicating. Hopefully it's just a well-wisher—

It is often done when the spirit becomes a little frustrated or when the people around are not aware of them and that is one way to catch their attention—

Sara: Yes, because I've had things falling off, bangs, windows opening and lots of things.

Just be aware that it is not the emotion of the young girl that is causing these things.

Sara: Okay, so I'll just be welcoming (**yes**) and then they'll probably feel happier.

Yes, when she is feeling happier, these things should stop.

Sara: Okay, so we're being supported really.

Yes (thanks).

Jan: My father died five months ago and there's three of us: my sister, Cheryl and myself—have all heard him. But it's not in a frustration way. He said 'hello' to my sister and Cheryl and he said 'goodbye' to me, because I believe that in my dream state, we went off somewhere together and as I came back and woke up, I took a sharp intake of breath in as I saw him, and then his voice in the bedroom was so loud, as he said '*goodbye sweetie*'. It was wonderful.

Yes, it is more common than I think you feel. Yes, it is just your awareness also that you are able to hear, but yes, to us these things are to us quite normal.

Jan: Well, I would have been very disappointed had I not been able to hear it.

Yes, and of course it depends on the strength of intent from spirit who have gone. Yes—and now, my dear friends, I wish to take my leave of you this time. I hope our meeting has brought you love and joy.

(Acknowledged with thanks)