### 85. Time

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# Has the future already happened?

How else do fortune tellers have the knowledge? We are told that the past, present and future are all one, so this is a very difficult subject for us to understand. From this teaching it appears that all is not a certainty when it comes to future events. (4/7/94)

<u>Les:</u> Often one can be told what is going to happen in the future. Am I right in presuming that if that is possible, then the event has already happened, otherwise it could not be known.

Your presumption is partly correct.

Les: Partly—

Yes, all things are known, all things have been. But do not forget, you are on a cycle of time. Therefore, without being too complicated in my explanation, I will say only this: (Pause, before voice becomes stronger)

What is to come, is past, what is past is the future; we are on a never-ending cycle of events.

Can you follow? (Yes) It is difficult for you earthlings to understand this—Time—Time is a complicated matter. But I will say, there are those of you who can see what is ahead, not

because it is the future, but because it is there, it is past, it is the present, it is the future. It is *one whole*, a never-ending cycle of events.

<u>Les:</u> Yes, this is the conclusion I had come to myself and I mentioned it earlier this evening, when we were talking, because I could see no other explanation, even though we cannot ever understand it.

It is possible for you to understand, *only* once you have been conjoined into that—how shall I say, 'Time capsule.' It is always the problem of explaining to you, in understandable terms, what we know.

<u>Les:</u> Quite, and sometimes it is just not possible to give an explanation which we can understand and accept.

Of course. I will always endeavour to do my best, but I cannot guarantee you will understand the explanation.

<u>Les:</u> We do appreciate this, we know the difficulties—we can imagine the difficulties— It is *one* of the difficulties of trying to explain, when it comes to 'time.' Past, present, future; *all* is known. *All* is not a certainty when it comes to future events, I must say. I will elaborate another time on that matter.

<u>Les:</u> Thank you, so there are limitations? (On predicting the future) **Yes, you are correct.** 

### <u>Is it possible for a communicator to come from the future?</u>

Salumet says that he is not aware of all that happens within the group as he too has limitations placed. Apparently, it is possible for this to happen (for example the ascended master 'Seph 2') but also made the point that mischievous spirits can also have some 'fun' at our expense. He said that he will look into it on our behalf. (29/5/95)

<u>Les:</u> Right. At our other meetings, we have been having information on a par with what you have been saying, not so advanced, but approaching that and we have been told that there is so much to be given to us, that they will be using a medium at those meetings. This has happened several times and recently one communicator said much to my surprise that he was from the year 2600. That is over 600 years ahead of our present time. Now, is such a thing possible?

Let me speak firstly please. I know of what goes on within these walls, but let me say I am not involved in *all* that goes on. I have come to you for this group of people, so although I can say that what you receive is genuine, I personally, the 'I' that speaks now, am not involved in other work, you understand?

Les: Yes. But it is genuine what we were told?

Let me go a little further. I have said to you when we speak of past, present and future, it has always been. You remember my words?

Les: Yes we do indeed.

I know this is difficult for you to understand at times, that your knowledge is not sufficient enough to take these facts in. When you have a communicator speaking of time to come, I would say to you, it is not a person in a form that you would recognise. You would agree that the future is known, you can accept that. But you see, we are speaking of time on a much different level. I suppose you could say I too have come from the future, you follow me? (Yes—) But I would imagine that your physical minds suppose that I come from the

past. I am going slowly to try and make you understand what is happening here. (Thank you.) When you leave earthly time, when that spiritual aspect of yourself leaves and travels to what you term the 'spiritual realms,' then time ceases to be, as you understand and know it. You understand and accept this?

<u>Les:</u> Yes, we follow what you say. It's a new dimension entirely unknown to us at the moment.

There are worlds within the cosmos that are much in advance of yourselves, also in time. So you see, it exists, but to you little is known of it. I would say to you, I think what you experienced through your medium, was an aspect of what is to come. It was not a physical presence, can you understand me? (Yes—) It is an aspect that has been drawn from time to come. Imagine—let me try to simplify it. If you have a child's ball, which is rolling forward, all things are mapped upon the ball. So, what is ahead is already known, you agree? (Yes) If the ball were to come backwards, roll backwards, then what has been ahead of you, suddenly becomes the present, can you follow?

<u>Les:</u> It certainly makes it much clearer.

It's a rolling, rolling thing. Very similarly, that is a little of how time exists. It is a very simplified form of time. So it is the aspect of what has been ahead of your time that has been spoken of.

Les: I see, that does clarify it for me, thank you.

In the same way as we have spoken with the travellers of space, you see? They are defying 'time' as you know it.

<u>Les:</u> Yes that is a shackle we have to throw off if we can, isn't it, because we base everything on our current knowledge of time and space?

You really have to forget what you know and understand. By that I don't mean that what you know is untruth, but it is *very*, very limited.

Les: Quite, we just have to accept it, that it is beyond our comprehension, because through the same medium, at another meeting, a rather parallel statement was made. I asked this particular person, who said he worked on 32 different planets, whether he took on the form and appearance of the people there and whether he was able to speak their languages. And he said—I say 'he,' for want of an appellation—he said that he was amused at our always putting these remarks in human form, because he had no form, he was energy.

Yes, this is a subject also that you humans know little of. What are you without your physical form, if not energy? All, ALL that exists, is a form of energy—and let me say there are many forms. I would say this to you: Be cautious of all who claim to be travellers in time, because I must say to you, there are those around, whose motive is not always true. I do not mean that deliberately they would lie to you, but they—how can I tell you—they would be amused by this. So I say always be judgmental, always be as I said to you when first I came, accept only what you find in your heart seems to be the truth.

<u>Les:</u> This is why I wanted to refer the matter to you for confirmation.

There are many, I will not say, do not accept or believe what is happening, but they become a little misguided in what they feel. I am not being unkind when I say this to you. Les: No I quite understand what you mean.

I say to you this: I will look into this for you, because I have not been involved as I have said.

<u>Les:</u> No, because I don't want to accept information which is faulty, not necessarily deliberately false, but faulty in its giving.

No, you may assume that mischievous spirits exist only in the lower forms of life. I have to tell you they exist in many higher aspects of living.

<u>Les:</u> Yes I had begun to believe in that. I used not to, I thought that they were confined to the lower spheres, but I must admit that I've begun to think that a certain degree of mischief must exist in the higher spheres too.

You see, there is a problem with using the word, 'realms', 'planes'—all of these physical terms. You see what you do then is limit what there is. All of existence cannot be limited—it is never-ending. There has to be these spirits. If you accept that the cosmos is never-ending, that the Creator is bigger than any of us will know, then you have to accept that there is much that we are not aware of. And I have said to you in the past that you humans are really at the bottom of the ladder. So in accepting this, you have to accept that there are many rungs of the ladder, where you can—how can I express it to you—'fail to reach.' I will speak to you next time on this matter.

<u>Les:</u> That would be interesting, thank you. I must admit, much more frequently than I used to, I'm reminded of an expression which we were given by a communicator long ago, when I was talking about proof. We were told that if you have faith, you will receive the proof. I must say, I don't like the term 'faith.' I would say to you, keep an open heart and mind. Faith implies—how shall I say—something that is *bound*, something that needs to be done by the person. Can you understand me?

Les: Yes I can.

Always my problem is in my expression to you, of difficult subjects, which need simple explanations. Faith is not the correct term.

Les: No again it's semantics, isn't it—a question of the right language to use?

Yes, but I will speak next time, I will tell you what I know.

Les: Thank you, we look forward to that.

But whatever other work goes on within these walls, is not of my doing. I came for this time, for these people, because of the connection that was made and the many years I have waited to come to speak with you. And I hear some say, 'Why should you not be involved in all that goes on?' Because like you all, I too have a mission—I too am encompassed within certain limitations. And although the possibilities are there for me to work with others that has not been my intent or desire. I want to say to you that because of the instrument, I will not bring someone who I intended to bring this time, but once I have spoken to you next time, please be prepared for someone, who you will find of great interest.

<u>Les:</u> Thank you very much for telling us.

# All of life, all that exists, all past/present/future is as one

Les asks, 'Will all that has happened before, one day happen again?' In response, Salumet steers our thinking to the idea that time is a continuous line of energy that cannot be broken. What has happened will happen again but in a different more 'refined' form. This is how we gradually move towards the Creative force. Salumet gives the analogy of what happens in each Spring when the plants grow again, but in a different 'cycle of form'. (4/11/96)

<u>Les:</u> I have been giving a lot of thought to your teaching, particularly when you have said more than once that the *past*, *present* and *future* are all *one*. So, in effect, all that has happened will happen again. Now, is it logical to presume that that *'recycling,'* to use our modern term, is going to happen to the universe as a whole?

I understand your question and let me say:

All of life, all that exists, all past/present/future is as one. But you cannot say what is past, will happen again, in those words. Of course, all past/present/future energy, I stress, 'energy,' is intermingled. So you cannot say an event which has taken place in the past, will reoccur in time to come. Do not think upon it in that sense, otherwise you will confuse your thinking. Rather, I would have you think about past/present/future, as a line of continuous energy, which cannot be broken. It will occur again, but in different form. Do you follow?

<u>Les:</u> Yes I think so. Am I right then in thinking, we are using physical attributes, when we should be thinking in *spiritual* and *energy* terms, is that right?

We come to complex matters again and I apologise if I seem to use these phrases so often, but if you start to think about these matters *physically*, you will never begin to understand. We are speaking of that *Creative Force*, that *Creative Energy*, to which we all belong. If you think of, let me say, the seasons of your time here. If you think of your Spring, your Summer, your Autumn, your Winter. You know that this will continue, it is a *'cycle of happening.'* You can foresee what will happen, when you say the next season is about to happen, can you not? (*Yes.*) But it does not mean *all form of time* will happen as it has, in the previous season. Do you follow?

<u>Les:</u> Yes, I'm beginning to, I think we all are, aren't we now? (some agreement)

I try to simplify it for you, but it is difficult. Of course, when you speak of intermingling energy, it is a difficult topic. I have to tell you, it is not something that you would truly and fully understand. But I hope that in a little way, you can appreciate the complexities of the matter.

<u>Les:</u> Yes, because another thing I couldn't understand is in the days of, 'Primitive man,' I imagine there were Masters upon the Earth, as there are now, to assist in man's spiritual development. And I couldn't imagine all that reoccurring—I couldn't see the logic of it, of having to recur in those elementary conditions.

No, dear friend, you have to allow for the physical evolution of your Earth. Although we speak of spiritual matters, you have to place it, *hand-in-hand*, with the physical happening—you cannot separate the two. Your Earth is going through a physical evolution also, you understand?

<u>Les:</u> Yes I do and this is what puzzled me, because I couldn't see a reproduction of primitive man, happening continuously upon the Earth, because there is going to come a time, when the Earth is no longer able to support life.

You have to look back through your earthly history of time and see how much man has grown, how much those energies, those *primitive energies* which you speak of—and after all, man is *energy*, remember; all of you are *energy*. But whilst you tread this earthly plane, there has to be a refinement of the energies. How else can you go back to that *Source* who created you, without that refinement of spirit?

<u>Les:</u> No, of course not.

You understand? I hope I am clarifying some of your queries.

<u>Les:</u> Yes, you are thank you. It really comes down to what we were told recently, that we much understand that so long as we are in the physical envelope, we shall never understand.

No, in a way that you are spirit here and now, it does not alter the fact that within the physical being, your spirit is growing and developing, even though you at times are not aware of it. The existence of it is there and so it is with refinement of energies within your earthly world—it has to be. You cannot change and you will not stop that *evolutionary law*, the *Creative Force*, which is behind all these happenings. You cannot stop what is in *motion*, you cannot make it *static*, as you cannot deny that you all are *spirit*, you understand? (Yes—) Does it help you a little? I know it is a difficult subject and it is difficult to put into earthly words for you, but let me say this to you: There has to be an understanding that all that happens upon your earthly plane, is gradually understood over *time*. And as your awareness grows, so too does the understanding of the *spirit* and all that goes with it.

<u>Les:</u> Yes perhaps I and maybe others have been wrong, in thinking that this *recycling* and reconstitution of the world and all in it, in *physical terms*, when we should be thinking of *variation* in *energy patterns*.

Yes, if you begin to think along those lines, then you will begin to see. If you use those spiritual eyes, which you all possess, you may begin to see the beginnings of *Truth*. Nothing has altered, nothing has changed, since all *Creation* began. We all belong to one energy, we all belong to that *Creative Force*, to which we all return. But there are varying degrees of the energy, as I have told you before. It is difficult for you and I do believe that we must go slowly and produce this knowledge that I give you slowly. When I feel your understanding is greater, then I can give you more.

Les: We look forward to that in due course.

I hope it has helped.

## Our planet, as it exists now, is only a hiccup in the cosmos

This concluding statement summarises the answer to a deep question by Les on the subject of time and energy, and our existence within the cosmos. (11/11/96)

Les: You asked not to consider past, present and future in physical terms, but to think of it rather as a constant straight line of energy, which can never be broken. Well I have given a lot of thought to that and you gave an analogy of the 4 seasons, Spring, Summer, Autumn, Winter, though they will be renamed in the following year, they'll never be the same. (Yes) And I had asked about the death of this planet and that led me to think along these lines, that each Spring has the same basic name covering the same period of time, (Yes) But within that same Spring, every new vestige of growth, every leaf on every tree, every new blade of grass, is existing within the so-called *Springtime*, but is new and different within itself, though it occupies the same apparent *time*. Does this also apply to the universe, that one planet may disappear, but there will be a resurrection, in another—I can only say 'time,' when planets again will reappear, but in a different form?

I take your question dear friend. I have told you that all things are made from the same

know it now, but will survive, because you cannot destroy what has always been. So, I believe what you ask me is, 'Will the energy of each planet return in another form at another time?' I would say to you, it will be energy reformed, at another time. Whether it will take the shape of another planet, will be something to be discussed as time continues, because although I say all is known, there is constant change within the universe, as you know it. (Yes) But the energy always exists; it has to, you cannot destroy what has always been. It will become energy refined and used as, shall we say perhaps another planet in a future time, or it may be that it returns to the form of energy which is always there and from whence it came. It happens also with you peoples, because you die, you are not extinct, you continue, but you continue in a different form. Can you understand this?

Les: Yes, our lives and deaths, like that of vegetation, each spring and autumn, is a minuscule reproduction of the universe?

It is a reproduction of all living energy.

Les: Thank you that does clarify.

You have to think not only of plant life, but of all life, of universal life, of cosmic life, of *much greater life*, if I may put it that way, because remember you are only a tiny minute dot, within the *energy pattern*. So, if you can place yourself within that picture of energy, then you can see how relatively unimportant that point of energy becomes.

<u>Les:</u> Yes, we agree, we are quite unimportant, (Chuckles) but necessary to the overall. Although all of these things seem of tantamount importance to you whilst you tread this Earth, let me tell you that it is only a very small, small portion of all existence. You have to accept that your planet as it exists now, is only a hiccup in the cosmos.

<u>Les:</u> Quite, it puts us in the right perspective! (More chuckles)

Yes, I don't wish you to think that it makes you of any less importance, because that can never be true, but it is only to try to help you to understand the *vastness* of all *existence*.

<u>Les:</u> Yes, we appreciate you telling us and it does us good to recognise our comparative unimportance in the scheme of things. It makes us think a lot more in the way we should be thinking, that there is much more to aim for.

I would only wish for you that I could gather you all and take you on a journey with me, but of course that would only bring you harm, but my desire is that perhaps spiritually you can grow in your thinking of it. (Thanks expressed)

Now I must leave you for this time. I leave you with those thoughts that I have brought to you this evening. I know your discussions will be lively and we will return to the subject once more. Now I will allow others to come to you.

<u>Les:</u> Thank you very, very much again, God be with you, our love goes with you also.

# With the future, the present and the past being one, was there ever a beginning?

The searching question clearly has no answer that we could understand at this time. (7/7/97)

<u>Sarah:</u> It seems a bit of a silly question now — I know the past, the present and the future is all one, but where did we come from in the beginning?

Les: There was no beginning.

Sarah: There was no beginning —

Yes, all has always been, always is and always will be — you cannot separate. It is most difficult I think this topic for you to understand. When I tell you that the future has happened, I think you become too amazed in your own thinking, to fully understand. (Yes.) I could sit here and tell you what future times will bring you, but what would be the point? Then dear friend, your question would arise, I would be interfering then; but it has already happened — past, present, future are one. You cannot separate, you cannot separate and I cannot give to you an answer, which you would logically understand. You are not capable just yet my dear friend — and in saying these words, I do not wish to demean you in any way, but your understanding as of now, you are not capable of the understanding.

Sarah: Thank you.

# In this physical world, time has been manufactured by man into minutes, hours, days etc.

This means that time is our mental perception of what it should be. Salumet goes onto explain that as we enter deeper spirit, time as we know it, no longer exists. With each stage of spiritual development, all of this gradually quickens, quickens, quickens until you are *one* with the actual vibration of time. The advanced being within our world, would have no perception of time as you would imagine it—they become part of the *whole*. Within sleep state we have no concept of time. The same happens in deeper meditation. (31/1/00)

This time I wish to speak with you a little about the concepts of *time*, or rather the lack of understanding among you of what *time* is. Time, as you know in this physical world, has been manufactured by man into many degrees of your minutes, hours, days, weeks, years—but let me say this to you, that time is your mental perception of what it should be. Would you agree?

<u>Mark:</u> Do you mean like when it would seem that time passes very slowly and other times it seems like it passes very fast?

Yes, you are correct. After all, as an example, shall we take one hour of what you call time. Five minutes of your time can seem like one hour, sometimes. Is that not true? (Agreed) But you see, it is your mental perception that makes it so. Do you understand? (Affirmed) You also know that time as you know it, does not exist in our world. But what I wish to expand upon this time is something perhaps you have not been aware of before and it is this, my dear friends: You know and understand that within our world there are many stages of growth. You all are well aware of this (Yes), but what you perhaps do not fully understand is that the mental perception—and after all it is the mind which is uppermost in our world—the mental perception of time in our world alters with each stage of spiritual growth. You know and understand, and we have discussed at some length, that energy is ever- moving. Therefore, as you progress spiritually it is a quickening of vibration of energy, therefore the mental perception alters also. Are you understanding me? (Affirmed) This has been little discussed in your world, except by the many masters who

have taught initiates of spiritual matters, but in general most people have not considered the change of mental perception of time in our world. Let me give you some examples, please. You know when first you leave the physical garb behind, not much changes; you still retain all the desires that you have become accustomed to. Therefore, if you desire to speak with another or go to another place, then the mental thought helps you to attain it. But with each stage of spiritual development, all of this gradually quickens, quickens, quickens until you are one with the actual vibration of time. I am speaking on difficult matters this time, therefore if you do not understand, we will stop now to enable you to ask the questions.

<u>Mark:</u> So then with the raised vibration, would you then be more in the flow of life, because I have noticed when you are engaged in something and busy yourself with something, time seems to pass more quickly.

Yes, that is the physical equation if I may put it that way. That is the closest you will get to an explanation in this life, but the spiritual vibration needs no mental perception of any time but that is the stage that is much advanced, and you could not possibly begin to understand. But what I wish you to know and would want you to try and understand, is that the perception of time also changes; it is not something that, when you come to our world—and as you know there is not time as you know it, but it does change with the quickening of the spiritual vibration. Therefore, the advanced being within our world, would have no perception of time as you would imagine it—they become part of the whole. Can you understand or is this too difficult for you?

<u>George:</u> This is very interesting. I suspect there is a kind of physical parallel where the quickening vibration is concerned, because physical clocks which depend on a vibration in the crystal, the time that they register changes when they travel at great speed.

Yes, yes; you have the meaning of what I am trying to put across, but of course we are speaking physical against spiritual, which is always the problem. But yes, I agree with you my dear friend, that is a good analogy.

George: Yes, thank you, I was careful to describe it as a parallel.

Yes, yes but I wish you to know, my dear friends, that the understanding of time, because it is always a question that is asked of us who come from our world to try to understand a little more, to explain to you how time in our world works. But perhaps the simplest way to put it to you is that time as you know it does not exist. It is an energy, it is a vibration, which as you grow spiritually, changes also. That is the important point this time. I ask you, my dear friends, to reflect upon my words this time and we will return to it in order that we can construct for you a little more detail.

<u>Sarah:</u> When you first go over into Spirit, then, as you say, the vibrations are much slower, but during that time from the slow vibrations to the very quick vibrations when you become one, there still isn't any sort of feeling of time at all?

Time as you know it does not exist; mankind has created time. After all, in your sleep state you are not aware of time passing. (Agreed) Try to imagine it on that level and you may, just may begin to understand just a little that mankind has 'arranged', if I may use that expression, man has arranged his living to work within what you call time.

<u>Mark:</u> Is it because we are not very developed spiritually, or not very in touch spiritually that we don't follow our urges to do things and so we need clocks to arrange everything?

Yes, as life is within your planet at this time of its evolution, time as you know it has become an essential part of your everyday living. This we know and understand, but as

you also know, in your meditation states, are you aware of time? Perhaps then you begin to realise that the blending with Spirit eradicates the need of physical time.

George: It is probably true to say that as we move into Spirit, we leave the physical world behind and that includes the physical universe, which is the basis of our time measurement. Yes, of course, it is the time when the Spirit comes to the fore and the realisation that the *Mind* is in charge of the physical. But we accept that because of man's use of physical time, it has created within his thinking many complexities that the understanding is great, but not always understood. Now my dear friends I think for this time I have spoken enough to you to enable you to reflect upon my words. As I say, this is something we will return to on many occasions in order that we can go more deeply, more thoroughly until your understanding is such that you feel you know a little more.

### 'Energy expansion' is timeless

Salumet corrects George about using the word 'evolution', which is a term used for physical living, but introduces the idea of 'Energy expansion'. (1/5/00)

<u>George</u>: There is another question I would like to ask about *time*. In Spirit evolution continues and in a sense therefore...

Can I stop you there, my friend? I know you use the word 'evolution'. It is used mainly for physical living. If you are going to the higher realms as you wish to call it, I would prefer to call it energy expansion—there is a slight difference. If you wish to continue on that pathway, then by all means continue.

<u>George</u>: Yes, I was just going to enquire if there might be an aspect of time in Spirit, but in Spirit one would not be aware of it, there would be no awareness of time.

Yes, that is why I use the term 'energy expansion'. The aspect of time by then would have disappeared if I may use that.

<u>George:</u> So, throughout various realms in Spirit there would be no time involvement in any of those realms.

Not as you would have it, no. But of course, that is far off in your knowledge and would take much *time*, may I use the word again, before that would be achieved.

George: Thank you for your term 'energy expansion', that has cleared it further for me. Yes, I know the topic of time with human beings, it has been much maligned by many people on your planet. It is a confusing subject and best taken one step at a time, but I hope, and I know that you acknowledge the teaching I have given you about time. George: Yes, I merely put questions in order to help clarify for us.

Yes, that is why we have time for such questions in order that clarity of thinking can be achieved. Are you happy with that? (I am.)

<u>During reincarnation, does the soul have to take into account Earthly time sequence or can we enter any part of Earth history?</u>

A question posed by George on the subject of time. (23/10/00)

George: The nature of time still keeps coming up. (Yes.) We call it linear time that we experience on the physical Earth (Yes.) and it is different in Spirit. Does this mean than when the soul requires further physical experience, that it is free to choose that experience from any part of Earth's history or does the soul need to take account of earthly time sequence? No, not in the manner that you mean. Of course, the soul is much more aware of earthly time and all that happens upon your Earth. Remember that when you leave this world, all becomes much clearer to the soul, but they are not governed in the same way as the human being is upon this Earth. But the awareness of course is there, and they can utilize it for their own means. Is that helpful to you? Remember the Spirit does not return to your linear time, it is part of it. Can you understand? I know we have not gone into time too deeply, because I feel my dear friends, it is a subject that very few can understand until you discard the human form. (Thank you.)

<u>Lilian:</u> So, we should be content until we join Spirit, maybe.

I do not say content, of course it is helpful to question sometimes, but what I do say to you is that my explanation to you would be limited because of your understanding.

# The Bermuda Triangle and other places where normal laws of science appear to go 'haywire'

Mark asks about these phenomena that have been accurately observed and reported. Salumet confirms that these 'time dimensions' do exist throughout the cosmos, both physically and through the Mind. Interestingly, it is possible to travel both forwards and backwards through time. (4/12/00)

Mark: I read in a newspaper about an experienced pilot who was flying in an area known as the Bermuda Triangle and apparently he looked out of his window and he was not where he was meant to be—he was miles off course and he looked at his computer readings and they showed that he was flying at something like 2,200 feet and somehow he had got over a mountain range that was 3,000 feet high. I think the suggestion was that he had entered this special zone and he had somehow entered a field where the normal laws of physics that govern this planet—gravity and various things, had apparently disappeared and he had appeared in another area. I wonder if you could shed light on that?

Yes, there are in this earthly planet many areas where mankind would say it goes against the grain of understanding. This applies not only to this planet, but to many, many, others. We enter into the realm of *time*, my dear friend, the subject which I have thus far discussed little with you, because I have always felt that your understanding is not great enough as of yet. I would say to you that yes, there is a *time 'warp'*, I believe you would say, in many areas of this planet. Yes, I am aware, as are many others, that these experiences are baffling to many.

<u>Mark:</u> If you were looking at that plane as it entered that zone, whether the plane to your eyes, would just disappear.

To your eyes it would disappear, because it has entered another dimension of *time*. To our eyes it is a natural occurrence, it happens at all times. It is the ignorance of mankind about the times zones and the dimension of time.

Mark: And in an instant that plane suddenly is somewhere else?

Yes, it is another dimension of time, it is not unusual from our side of life. The understanding is not always understood by many here, but it is a time dimension not as yet fully understood by people upon the planet.

<u>Mark:</u> And I would guess that those 'zones', whatever you call them—the people who know and the energies that know how to use them can do their space travel and get to all kinds of places just like that.

Yes, the understanding of time dimension is a difficult one for you, but yes, as I have said, there are many areas in your world which hold these dimensions of time. It is not unusual, after all, how do you suppose the future is seen if it is not the entering of another time dimension? It is a little the same I would say to you, but slightly used differently by those who have the awareness and consciousness of seeing what is ahead. After all it has happened if you can see the future. Do you agree? (Affirmations) It is just travelling to another dimension, whether it be with the spiritual mind, or whether physically travelling as you have said, into the time dimension which is encompassed within your planet. There are many, many of them, but as of yet little is known about them.

<u>Mark:</u> I understand that quite a lot of people have got lost in them, **(Yes.)** so I would guess that they are not on their life path, that they weren't meant to be there, and I wonder what happens to them?

You should not make assumptions my dear friend. Who are you to say that it was not their life path? You cannot say it was something that was not meant to happen; perhaps for them that was their exit from this way of life. It does not mean my dear friends, that you go into another time dimension and disappear forever. There are many in this would who would be able to tell you that they have entered another time zone and have returned to tell the tale. Therefore, I say to you my dear friend, do not make assumptions, do not judge. Is that helpful to you? (Yes.) The experience of time travel, time zones and time dimensions—call it what you will, is a very difficult subject for us in our world to try to explain to you, because your understanding as of yet is not great enough, but it is something that causes great interest within your world and many are being inspired to understand and to take aboard all of the knowledge that is being offered to them. Sarah: My mother once saw something that she saw happen in the morning, but in fact the occurrence did not take place until the afternoon. So, she had actually entered a different time zone. (Yes.) So, could she enter this zone at any time if she were so able to? Why should she just have that one situation? Was she in an area with a different time zone or is she capable of doing it herself with a little more knowledge?

Yes, there is a difference between entering a time zone physically as the pilot that the gentleman spoke about, and entering a time dimension through the *mind*—that is the Spirit coming to the fore. Not only can you move forward, but you can go *backwards* in time. There are many who could tell you of this type of situation. Many people are afraid to speak of these things, because they are ridiculed many times, or they are afraid that their own sanity as at stake, but in cases such as you speak my dear friend, that is the mind of the Spirit, which at any particular time can be to the forefront of consciousness, that is all. (Thank you.)

Linear time only exists on planet Earth

Linear time does not exist in the Cosmos or in Spirit world. These are difficult concepts for us to understand whilst we are in physical human form. (15/4/02)

<u>George:</u> I have always been impressed with the phrase 'in the beginning was the word', the 'word' I take as 'thought'.

Yes, in the beginning, when was the beginning? It always has been. I think those words were meant for the beginning of this planet, of human kind. I think those words were written with humankind in mind, because only humankind would understand 'word'. Do you see what I mean? Do you understand? (Yes—) No, I feel you do not but perhaps that is something also that you can think about.

<u>George:</u> Yes, I had thought of it as a more cosmic meaning, but yes, you have made the point that it is more in keeping with this planet.

Yes, but it shows, does it not my dear friend, how much your own thinking has expanded? Yes, you do not respond to that but I tell you that your thinking has grown.

<u>George:</u> Yes, could I ask something about Spirit in general? I have had that on my mind lately. One can think of Spirit as a vast collection of past lives which instantly enmesh to produce a future as we see it. Therefore—

Let me stop you there my dear friend. A collection of past lives, yes; but it is but one aspect of Spirit which creates the future.

George: Yes, I left out soul structure.

Yes, yes—forgive me for interrupting you but that needed to be clarified.

<u>George:</u> Yes, thank you. So, this leads to our earthly thinking of past, present and future being instantly present in Spirit so that a linear time system would be entirely inappropriate **(Yes.)** to describe what is happening or what has happened.

Linear time can only relate to the planet Earth. You cannot relate linear time to the cosmos, to Spirit, because it does not exist as such. *You* should understand this only too well my dear friend, so it would be futile for me to discuss this with you.

<u>George:</u> And our physical future lags behind the future that is already present in Spirit.

Yes, of course because thought creates what happens and thought belongs to Spirit.

<u>George:</u> What I wanted to ask from there was: is there then a feedback from the physical planet into Spirit, which extends or modifies that future that is there in any way?

Yes of course, the freewill of humankind. Firstly let me say this to you: There is no feedback as such because all is known, that is the first point—all is known so it is not necessary for feedback in that sense. But I would say that what is shown as the future in the present time of course can be altered by physical thoughts, by freewill, by many aspects of living; and then of course it does become changed—'changed' is rather a strange word to use because you know energy is ever-moving, it is never static. Therefore this change is quite acceptable.

<u>George:</u> Yes, I imagine it is a small change (Yes.) in relation to the whole.

As part of the whole is it but as nothing. It is just part of the progress of energy—of life. George: So when we say the future is already there in Spirit, it might be better to say it is essentially there?

The essence I would like to say is there, but it is changeable, created by the thinking of the human being to whose energy it is attached. Does that make sense to you? (Yes; thank you.)

<u>Sarah:</u> I think of the future as being an earthly thing, because we live in time, but in Spirit there is no time —

Yes, as I explained to the gentleman, there is no linear time.

<u>Sarah:</u> Yes, sorry, I forgot you said there was no linear time, yes, thank you.

Unfortunately, this is always the problem with humankind that you cannot see beyond the human form, the human way of thinking. It is only when you return to Spirit that you allow those quiet moments that you did earlier this evening when you became energy patterns, that you understand that your time is but an *instant*. It is difficult for you to understand Time. We appreciate it in our world and always we try to explain it simply for you, but it is almost impossible for you to accept, I feel, in a way that is easy for you. George: I think with your teaching we are becoming a little more aware than we were at first. (Affirmations)

I thank you for those words my dear friend. It is simple when we have such as yourselves who are dedicated to learning and to the betterment of mankind. It makes my task so fulfilling to know that you accept my words—I do not say readily, I hope that you think about them carefully, but that ultimately you accept them as truth and for this I am eternally grateful to you.

<u>Lilian:</u> Our gratitude goes to you as well. (Affirmations)

Sarah: I don't know about the others but sometimes when things are difficult to realize at the moment, when you say them, I accept them and then later on they just fall into place. Yes. Can I say that perhaps that is the influence of my thinking. I try to help each one of you in the way that you think, in a spiritual manner, not in a human way. I will take this opportunity now to thank you my dear friends for listening to me with such dedication and with such quietude.

### Further clarification on the difficult concept called 'time'

Salumet explains that 'time' is a word created by mankind to explain the existence of eternity. The word 'time' is a manmade word to try to explain what is unexplainable to humankind. (3/6/02)

George: We have talked about the various, or some of the Source teachings before and there was one from the Source known as the 'Divine Pymander', a teaching to Thoth of Egypt. His teaching divided everything into three headings: God and eternity as one, the cosmos with its duality of material part and spiritual part as another, and man with his duality as a third. And he then goes on to say that *time* was born of the cosmos and its processes. I think this is in line with other teachings, but perhaps a slightly different way of looking at it. Would you have any comment on *time* being born of the cosmos?

Of course you understand my dear friend how difficult this topic of *time* is. We have spoken briefly before about *time* and your understanding of *time*, but what you must understand that *time* belonging to eternity, the cosmos or all of existence is a totally different factor in comparison to *time* as mankind understands.

George: Yes, he was talking about eternity as being timeless.

Yes, this you know and understand; I have told you this previously. But of course when we speak of eternity we speak of energy which has been transmuted and is ever growing, is ever moving; therefore *time* becomes encapsulated within all of these things. Are you following me? Do you understand? (Yes.) It exists only in so much as that energy is evergrowing and ever-moving. Therefore, again, I would say 'time' is a word created by

mankind to explain the existence of eternity. You understand? (Yes.) It is a manmade word to try to explain what is unexplainable to humankind.

<u>George:</u> Yes, the difference of eternity and the processes of the cosmos. **(Yes.)** Yes, I follow you.

Yes, I would say to you also that the explanation which you have given to me has been explained by mankind in many different ways, in many religions and may I make an example of your own Christian religion where there is the Trinity. Again there is the three-fold figure and in many religions throughout your world, these Trinities have been used in various way. But I would say to you my dear friend that all of these emanate from what was originally the *truth* from the beginning of time when mankind began to reason and to think for himself, then there had to be explanation for all of the natural wonders and thoughts which entered thinking. Is that helpful to you?

<u>George:</u> Yes, thank you. Yes, the Trinity is something that seems very important to theology and not terribly well understood. (No.) Is there anything further you would like to talk to us about regarding Trinity?

I would say only this to you, that as far as we are concerned in our world, there is no need for explanation of Trinities or any other such numbers. I state simply to you my dear friends that all things and all *truth* have no numbers, have no *existence* of their own, that truth and *love* and all of *Creation* 

is but of one unit, which comes from the Source of all life. Again I would say to you that no matter what mankind says, no matter what prophets predict, that the truth is mankind will always find a way of explaining in order that he might, in his own small way, try to understand that which he cannot understand. Mankind will always be limited in his understand.

<u>George:</u> And this is perhaps where faith becomes important in some of our religions; the inability to understand.

Yes, because mankind is not capable of full understanding, then he needs to create for himself some form of belief, in order that he might clarify within his own thinking all that appears before him. There are not many within this world who have a great deal of knowledge to do with all of existence. That is why voices such as myself and others come to enlighten all of you in order that you see that it matters not what words have been written, that mankind must look with, must *feel* and *sense* what is real and what is the *truth*. Many, many words, many pictures, many articles of faith dwell in your world.

<u>George:</u> So conscience and intuition therefore become very important.

They are your tools of knowledge; it is as simple as that. If you wish to find truth, look within, then you cannot be wrong, because the knowledge which comes to you comes from a line of existence, which belongs to the Spirit. Do you understand?

George: Yes thank you, that does help to clarify.

You have within you all knowledge. It is important that each of you use it if you are to succeed, if you are to succeed in your spiritual growth. All knowledge is open to you, but again I say to you my dear friends you are limited by your human brain. No matter how intellectual you may be, that is not the way of finding truth. You understand? (Affirmations) I hope that is helpful to you. (Yes, thank you.)

### Discussion about past civilisations

We are reminded that time is energy and that energy cannot be destroyed. All that has been gained can therefore never be lost. (8/12/03)

<u>Sarah:</u> Salumet, you said you are growing the same as we are growing during this teaching time. Will you always be doing this? I know you don't have 'time', but are you destined to do something else after you have learned what you need to learn?

That will be part of me. That learning time with you has been a choice made by many. At this moment of your time, all I can tell you is that this choice of being with you to teach, is indeed a growing time for me also; but when I say 'me', remember that I am not *me*, but many. Therefore, it is not that I can use the 'I' to tell you what will happen, but what I will say is that my work upon this planet will indeed be ended when I leave you.

Sarah: Well, thank you for choosing us!

But the words that I have brought to you, will never end, but the actual physical use of an instrument will come to an end, when this instrument comes to our world.

Sara: I hope not for a long time! (gentle laughter)

George: We have to observe that this is the general pattern of the past that this happens. Yes. There has been a purpose, and remember my friends, that when first I came, I told you that we had waited a long, long time; in fact much longer than before even this soul who sits here was born. So you see—and again when we speak of time, it seems so long to you, but in fact it is not.

<u>George</u>: I think we are beginning to get a feeling for this. **(Yes.)** In fact I wanted to ask a question about our concept of past civilisations **(Yes.)** and we think of them as past civilisations, but that aspect really perhaps only relates to the physical Earth. **(Yes.)** I imagine there are groups in Spirit who continue those past civilisations, and some reincarnate into later cultures for further learning and all that knowledge is still there in Spirit, it is not lost at all. I was going to ask you, is that a fair picture of how things are?

Yes, your words are admirable, but just let me simplify it for the others. Past, present, future are but one—this we have discussed briefly, but time as you know it, is but energy and energy cannot be destroyed. Therefore when you speak as you do, of course it is never lost. You of course think of *time* within your own earthly planet, but it is but a *small*, *small* part of all that is. Energy cannot be destroyed, therefore what has *gone* in your *minds*, indeed has not.

<u>George</u>: So it is almost an erroneous thought form to think of them as past civilisations. Yes, but it is acceptable, because mankind's thinking is so limited, you understand? (affirmations) But my answer to your question would be 'yes', in your thinking.

## Discussion about visitors from past times

Salumet explains that visitors from past times come to share knowledge for the betterment of others, as well as to demonstrate communication. (24/9/07)

<u>George</u>: I have what might be a quick one. Perhaps I'm digging too deeply, but we used the phrase last time 'graduations in time' or 'transformation of energy' and it left me feeling:

can one conceivably see even 'time' as either an energy or something that connects in a rather subtle way to energy?

Time is an earthly matter. Time as you know it in our world does not mean the same as time upon your Earth. But *yes*, of course there must be passing of what you call 'time' and it *does belong* to an energy field, a subject which we have not touched upon as yet; but it is something I feel would be of great interest to *you*, my dear friend.

<u>George</u>: Yes, indeed. I think we've taken on board that time doesn't really exist in the deeper spirit (no) but there's a memory of it (yes) or a phasing of it in the astral planes. It is transmutation of energy. Perhaps that is a simple way of putting it to you at this particular time.

George: Yes, I felt there had to be a connection with energy.

Yes, of course, but as a group you are not quite ready for this kind of information.

<u>George</u>: No, I think you're flattering me too. I'm not quite ready myself, I'm sure.

<u>Lilian</u>: We'll believe you. *Midst some laughter* 

Well I would not wish to contradict, but I know you have a most active brain.

<u>George</u>: Well, thank you. I do tend to rummage through the papers every so often and think about it.

But we need you to summarize and to place from your small machines onto your discs in order that many may listen to these words of truth. After all, that has been my mission for you, to bring to you at this time many aspects of what has always existed and known as truth.

<u>George</u>: Yes, we do our little best. It's Paul, across the room there, who produces the discs. Yes, that's a little beyond me at the moment.

You are all individual, but you remain as one. You all contribute in your own ways and it is heart-warming, I believe would be the expression, to see such unity within a small group of people.

<u>George</u>: Yes, we must of course include yourself within that unity, because where would we be without these teachings?

Rod: Just—I'm a very simple person—you just said something to George about time not being the same as here, but we have a guide in spirit who comes through from the Egyptian side, back from the pyramid time—it must be thousands of years ago—and I look at this fellow, who has been in spirit those many thousands of years, and he cannot be aware of that period of time like we see it. Would I be right that he wouldn't be aware of that period of time in the same way as we look at it? Or have I asked that question stupidly?

Do not put yourself down. Any question that you put to me cannot be stupid, because you seek an answer. People who come to you from any time—and remember what we have just said that *time* in our world means not the same as time in your world—what they bring back is their memories. They come to inform you of their lives, because it is something they wish to do for the betterment of others and of course their knowledge is now greater in spirit than it would have been when they walked this Earth. So, the answer to your question is, yes they are much more aware. You understand?

Rod: Aware, yes. I just felt, would they have a feeling of time? Is that right?

Of now—the here and now? (Yes) Yes. Well of course they have the knowledge of life now. After all, how would it be possible to return to a time and a place which is so different from their existence if they had not looked and understood what they were coming to?

Rod: I see where you are coming from now.

Yes, now you are beginning to understand.

Rod: Yes, yes. I see that. Thank you very much!

<u>George</u>: Would I be correct in thinking that that would be an aspect of a soul that comes through to us **(yes)** and that soul has progressed since that distant time, and that aspect has the influence of that progressing soul. Would that be a central point?

Of course. That is a very good way to address it, yes. The one who has lived that previous life is not existing as you would imagine, but has grown in understanding in *our* world and of course the aspect of the self desires to help others, if only by bringing information to them to help in earthly understanding. You must always, my dear friends, look at the wider picture of communication with our world. It is not to have a pleasant evening just talking of past times, but to allow you to know and understand that communication is possible and does exist. That is the purpose of that kind of exercise. You understand? George: Yes. On a purely factual basis, that one who came through from Ancient Egypt was well tuned to making a little water go a long way in dry conditions and he was being helpful as regards the way we conduct ourselves now in conditions of extreme dryness. So his information was actually helpful.

Of course, and where you are fortunate is that the connection is made directly, whereas in many instances all people are influenced *indirectly*. You understand? (Yes) Such as your doctors or your farmers or—no matter what occupation, we in spirit try always to influence, but if you have an awareness and a connection *directly through the medium*, then that is much better, much clearer for you to understand. Would you not agree? George: Yes indeed, yes. Yes, I follow that.

#### **George's Notes:**

<u>Time:</u> This further reference to time, perhaps leads one to feel that the space-time basis of physical creation might be the energy field Salumet refers to ... or time belongs to the material realm because it is fashioned in space-time. Spirit is not, of course, but progressing ones in spirit have had and know of planetary life, so that there is 'a memory of time' in spirit. That surely takes us a valuable step further in our understanding of the elusive 'time'.

## Physical 'linear' time and spiritual interconnected 'cyclical' time

Understanding the past, present and future as being one is not possible as we belong to linear time in the physical world. We will have to wait until we return home to understand cyclical time. (26/6/17)

<u>Graham:</u> It's very difficult for us to understand Spirit world time, (SWT) because there must have been a time before where you are at that point and what's about to happen—it's impossible for us to think about time being the past, the present and the future, as one. Yes, that is one of the things that confuse human beings especially, because your brains are not capable of the information. So, there is no point in struggling with these thoughts, just accept that you are made of the same pure energy, which is part of Creation. (yes) And then things will seem to be clearer.

Graham: Yes, we can accept that I think, yes.

<u>Paul:</u> I think you've used the words 'Cycle of Time' that past, present and future are all one; so, it's all happening at once **(Yes)** and we're--I don't know if it's worth thinking about—we're just on one part of that cycle at the moment.

You are part of linear time, so therefore you could not fully understand past, present and future in its true state.

#### Notes:

<u>1.</u> <u>Time:</u> It has been said previously that this is a difficult topic for us to comprehend while in the physical. (4/7/94)

Time is a complicated matter. But I will say, there are those of you who can see what is ahead, not because it is the future, but because it is there, it is past, it is the present, it is the future. It is *one* whole, a never-ending cycle of events.

**2.** Time being a cycle is mentioned again. (28/11/94)

You are on a never-ending cycle. If there is no beginning and no end, then you see, *all* must join together.

### Time in spirit world

Paul starts by asking about the poorly understood topic of time, but the conversation wanders onto passing, the love bonds that remain and the desire to complete work from an earthly life. (18/2/19)

<u>Paul:</u> I was just pondering one earlier today, about—I know we've talked quite a lot about Time and how it doesn't exist, certainly not in the same way in Spirit, as it does on Earth. But there are obviously those in Spirit, like Emma Hardinge Britten, who come to the Earth quite often to work with the downtrodden women for example, in various Middle Eastern and African countries mainly, I think. When they are working with these women on Earth, I suppose they come each day to be with certain groups of women perhaps. I guess in Spirit it's almost irrelevant 'Time', you don't need to know, **(No)** what day of the week it is or anything, but I suspect those that continue to come back to the Earth, do maybe have a little understanding of Earth-time at least, would they?

Yes, of course, we are more aware of your time than you are of spiritual time. A lot of people return to the planet to help others, because, for example, the lady you have mentioned always felt that her work was not complete. That is why she chose to come back, to help those women still on the Earth planet; there are many reasons for it. 'Why', we hear so often, do we need to come back at all? But remember there are many lovebonds still, for quite a number of your years, your time. You understand what I am trying to tell you?

<u>Paul:</u> Yes, so for example, George, who passed away a few years ago, he probably pops back?

It is when the interest is still there; when the Spirit does not need to be quite so refined, it is happy to help others, in a less loving situation. And of course, to return back to Earth, is not an easy thing to accomplish.

<u>Paul:</u> Right, so Emma, for example, is it a bit like—I know it's difficult for you to come down into these vibrations.

Yes, there are many vibrational levels in the Spirit world, the closest to your planet, of course, being when you first cross over to our world. It is almost like stepping into another room, but you are still aware of all that surrounds you. That is why you have rescues, because people cannot always accept that they have left the Earth planet; that they must move forward, on a higher vibration. But in saying that, the higher vibration is a very small leap. You understand?

<u>Paul:</u> Well, I guess once they've got rid of their earthly problems, yes.

They will not... that does not happen quickly, because, after all, you leave behind loved ones, and each generation is another state for loved ones, and people are not too happy to move so quickly away from the loved ones that they still remember.

<u>Di:</u> I quite often feel that my father is around me, because I was very young when he passed away.

Yes, and so he wishes to see you blossom, in a sense.

Di: And also, when I've been in difficult situations, I feel he's helping me still.

You all have Guardian Angels; some of these Angels are the loved ones that you knew whilst on Earth.

<u>Paul:</u> There have been a few movies about life after death, but unfortunately, I don't think any of them get it quite right, because they always seem to have some kind of dark place that naughty people are pulled to. I know some *are* in dark places, but it's not...

I know, you mean the exaggeration of what they are telling, the story...

Paul: Yes, as if they have no choice, but there is choice.

There always is choice; there is always Love to surround these people.

<u>Di:</u> They make it as if a dark place is a bad place to be, but a dark place is for thinking and comfort and rest as well.

A dark place is made by your own energy—that's what you have to remember. You are faced with whatever has happened in your earthly lives. That is why it is sometimes you have to return, to redress the matter, but no-one forces you, no-one tells you, you are evil or bad.

<u>Paul:</u> So it *really* is, or it *could* be like 'Heaven', though it depends on what your *idea* is, your concept of Heaven. I know that you have to face what you've done and everything, but there must to a wonderful feeling of all the meetings, the unifications you get with loved ones and choices, there must be some fantastic choices available that you just don't have on Earth?

It is, my dear friend, like 'coming Home'; it is more like coming home to Spirit, than it is to be born into this planet, this Earth, full of people who are so diverse, so different—you know?

<u>Paul:</u> Yes, —I think probably, when you feel as united, like in this room sometimes, when we feel very united, even that, it will be much better than that I guess, when we are with our loved ones in Spirit.

Yes, I am sure you know, most of you, the feeling, the feeling that you feel, when you've done rescue work, and their faces begin to light up with love and recognition. For those of you who have never experienced it, ask someone who has done rescue work how it *feels*; and sometimes they will find it too difficult to put into words.

<u>Sabine:</u> One of the last rescues I did, it was this little baby girl that came and collected this young woman, and she wanted to pick her up and she picked up this baby and the *Love* that was there **(Yes)** was so strong and they ran away really quickly, but they were there just there for a split second and it really lifted me up with so much Love.

Yes, you are left with the remnants of *pure Love*, and of course, small children always invoke in older people that true unselfish Love. But 'Time' is a difficult subject; I have always told you, it is one of the most difficult to explain, our spiritual time. But, imagine when you go to your beds this evening, and you sleep for so many hours, how quickly that time has gone. (Agreed) I'm sure you have often wondered, where is the time gone?

Paul: Yes, and I remember when I was doing one of my longer travels, for about 10 months or something, I was travelling around the world, and after a while, you very quickly get to the point where you don't need to know what day it is, and I realised, it doesn't really matter whether it's Tuesday or Wednesday, or Thursday, it doesn't matter anymore. And then one day I was trying to remember what month it is and I thought, 'wow', I don't even know what month I'm in (Yes)—and I guess, it doesn't matter in Spirit?

That is like a true blending with Spirit—we call it 'Mind', but you know Mind belongs to Spirit. But the human brain is capable of forgetting much and sometimes it cannot even explain what the feelings and the love that are felt when these things take place.

Paul: Yes, I don't...

You will never fully understand Time, yes.