

76. Spirit guides

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Are there 'masters' walking the Earth?

Currently there are numerous masters who attract many towards them. It is important that they are listened to. Unfortunately, in past times, truth has been denied. (22/8/94)

Les: Are there 'Masters' currently walking the Earth, unknown to us?

Of course!

Les: Yes, I thought there were.

Of course—many Masters walk your Earth. There is not one, there is not two, there are many.

Les: And if we were sufficiently developed spiritually, I presume that we would be aware of them much more than we are now.

There are many people, who *are* aware of them.

Les: Yes, I'm sure.

They are drawn towards them. Their '*Light*' if you like, draws people to them—that is part of the plan. But, yes, many Masters walk your Earth at this time. In fact, we have been gathering for a long, long time—there is a plan. I would say to you, if you looked into *all of your continents, you would find many.*

Les: Yes, and it's all part of the overall plan, that they should be here now?

Yes. We have been gathering, as I have said, for a long time. And the part of the plan is there should be many at this particular time.

Les: Well then, we should consider ourselves fortunate that we are living in this time then, when the changes are due to occur.

Let me say this to you. Let me speak a little more, on what has been happening.

Les: I'd be very pleased to hear it.

In this last century of your earthly lives, much knowledge has been imparted to you. That is why we have to gather; we have to make ourselves known. Many masters have walked your Earth, throughout the earthly time, as you know it. But always, always the knowledge has been rejected. We have had few groups, if you like, who have listened and tried to spread the word and the knowledge. Throughout your history, these people have been trodden under. So, the time came when something *more* had to be done. We have gathered at this particular time, partly because of the knowledge that you have gained in this last century. You have been on a destructive path. We *cannot* let that happen. It will *not* happen. Therefore, our plan is to come closer. We are happy that people are now beginning to listen. Gradually, *gradually*, but still they are listening. We are trying to influence *all* men of power, as I have previously said. It has to be done in a subtle matter, if you like; we cannot rush in. We have to influence; we have to guide. So, we decided that we had to come in greater numbers at this particular time, *to prevent*, to prevent the destruction that man has been doing towards himself. I can say to you, it is going forward and we are happy with how things are taking place.

Les: That certainly is good news

Salumet is able to be with all members of the group at the same time!

We must remember that Salumet is not human when considering such questions. (22/8/94)

Les: Thank you. You have just said something which gives me, and possibly my friends here, another avenue of thought altogether. You have said about all being one and one being all. You just used an expression, I will be with you, when I am with you—logically, one would say, well, you can't be with all of us at the same time, but from what you have said, I imagine it is a possibility.

Not a possibility, it can happen.

Les: A *fact*.

It is a fact.

Les: Yes, which we can't understand, but which you are able to do.

Yes, I can be with you *all* at the same time. I know this would be too difficult for you to comprehend, but yes, I would be *able* to come to you, whenever you call me. It matters not, but yes, the possibility—not even the possibility—it is a *fact* as you say, it can be done.

Les: That is most interesting.

Remember what I have said to you previously; I am not a whole unit. Perhaps that has given you some food for thought.

Les: Yes, I can see it a little more clearly...Dimly, because we can't understand it, but we can begin to see and accept that it does happen, which is the important thing.

I cannot think at the moment, how to explain it further to you. I can only say, I am available to you *all*. (Yes)

Through our lives we have many spirit guides

George has the feeling that he has being given some help. (20/3/95)

George: I'm continuing to write my book and I'm about half way now and I quite often feel I'm having some help with it and I feel there are perhaps spirits not far away. Ideas come and go and I don't think it's all me. Would you like to say something about whether there are spirits not far away during our consciousness, as opposed to in our dreams?

I believe we have touched upon this subject a few times. Let me say you are all guided by many—there is no *ONE* guidance around you—all of you have more than one helper. We have spoken before on many things, about your scientists, about your writers, about your musicians. All are inspired from our side of life. I said to you previously, continue with your writing and you would be helped. Of course, by that I meant you would be inspired, at the correct time. I am not saying *all* your thoughts are inspirational ones, but at certain times, when your awareness is heightened, then of course we come close to you. So, your assumptions are correct.

George: It's very reassuring and I'd like to say thank you.

I do urge you to continue

Spirit guides have to stand back and allow us to learn our lessons

If we were told what steps to take through our lives, whatever would we learn? Salumet goes onto to give advice about how to lead a happier more spiritual life. It does require some self-discipline with our thinking. (30/10/95)

There are times in your lives when all seems dark, when life seems troublesome and we hear your cries, 'Why, why, why?' I want to say I have been close by to one within this room, who has shed many tears. I will not indicate which one, they know, but I say to them, all things occur for a very, very good reason. If *only* you could accept those happenings within your lives and understand truly that you have been the instigator of those events, then life would seem so much simpler to you.

As doors close within your lives, let me reassure you that another opens for a much better reason. So do not hold on to your despair. By all means allow the tears to flow, but then release them, go forward, go onwards, because *all* is infinity.

I want you always to know this, I want you all to have the understanding of this greater being, who is part of your own being. Allow it to come to the fore and all of life's problems will become insignificant. You understand my words?

Les: Yes, it bares out what you have told us a number of times, that we must learn that we are basically spirit beings and the physical body here is of little importance to our

development and it's interesting that yesterday evening we had some people here, a lady who does give a lot of information, I have mentioned her before and we had to advise him, on the need to recognise the spiritual aspect of ourselves rather than the physical, because the gentleman was involved in one of the eternal triangle problems and was hoping to be told what to do. He was told what to do, but not in the way he was anticipating.

This is the hardest thing for you all to grasp, that you cannot have interference within this lifetime, within human frames, otherwise what will you learn? Nothing—if each step is placed before you, would not your pathway be too simple?

Les: Yes it would.

You *have* to learn your life's lessons, you *have* to fully understand and accept them, not as the physical problems as you see them, but as that growth of the *real* you, of that *spirit* of which you all are. That is what is important and this is what is so hard for you all to grasp.

Les: It certainly is hard and I know the gentleman to whom we were speaking last night, will find it so, but I have to explain the difference between the physical and the spiritual and of course in these matters, then the argument is constant and always unresolved, unless we accept the emphasis of the spiritual necessity.

There never will be harmony within your human lives, without that inner knowledge and spiritual faith, which you all have. You cannot have it, unless you reconcile each part of your beings, can you not see and understand this?

Les: Quite, I think we do understand it.

Even those of you within this room, whilst in the conditions of these meetings, of these spiritual happenings, all seems to be clear, but once you go your separate pathways, you go about your daily lives, sometimes these thoughts can go astray. It is natural, you are human, but you need to *train* yourselves within your daily lives, to know yourselves of who you truly are. Then and only then, will life become easier, happier and only then, when you know yourselves well, can you begin to go forward and give help to others.

Les: Yes unless we have learned fully, we shall never be in a position to help others, yes I can see that.

I have to say, I hear you say, we do try to help, but remember that spirit self knows more than the human brain. Whether your actions really are true, whether indeed they come from that spiritual aspect of yourselves. Remember always, you cannot fool yourselves.

Les: That's true and again as we have discussed previously, it is motive that is more important than the action.

It is the reason behind the action yes. I have spoken long on this, but I wish to say, especially to those of you, who are finding life so difficult at this particular time:

Remember it is as a dream, it will become daylight, it will not last forever.

Les: Quite, it would do well for us to retain that constantly, it is difficult as you know as well as we do it is, but it's got to be accepted.

I do not wish to seem harsh in my remarks to you all, but I wish only to guide and to help you.

Les: We do appreciate that and we thank you for it, we know you are dealing in facts—we do understand that.

I want you all to become what you truly are, to recognise that being that shines forth amongst men. I want these things for you, whilst you tread this earthly plane. This I am trying to help you with.

Les: You certainly are and we do hope we are not disappointing you in our reactions to what you tell us. But you know I believe that we *are* trying.

That is what is important, that is what counts, if you do of your very best, what more can we ask of you?

Les: No, we can't say that such and such is going to be the end result of our being here, we can only aim for it and hope that we shall succeed, particularly with your guidance.

You are kind with your words, but I will accept them, thank you.

Salumet gives information about a group of very highly advanced teachers who are able to descend to help those wishing to advance further

'These teachers are those beings who help the soul who has grown in awareness, but who needs guidance before they can join what you term 'a higher plane or realm' within spirit world. Very little is known about these beings who work tirelessly and with much love to help those in need'. (24/4/00)

I wish to speak with you about matters perhaps you are not aware of, but as we continue, I will leave open to you time for any questions about the subject I am about to discuss. As you well know, my dear friends, the Divine Law always runs smoothly. There can be no discussion upon this point, because that is Truth. But what I wish to say to you is this: Within our world there has to be some kind of order, some kind of encouragement and upliftment to those who need help. Therefore, I know that you are aware that there are many who you call '*masters*'; I would prefer for this evening to use the word '*teachers*'. We have spoken much about my world and so many aspects within it, but without the teachers within our world, it would not be quite so simple for those souls who are looking to grow and to go forward. Many teachers in our world are able to descend into many realms or planes as you call them, in order to help others. These souls do this work because the desire to help is great. They of course would be much more comfortable within their own realm of existence. What you may not know is that there are teachers of *many kinds* who come to teach in all areas of living. You have heard of the great halls of music, the great halls of teaching, our hospitals—you know all of these things, but what I wish to discuss with you is the work of some of the teachers which inhabit these places. '*What is a teacher?*', I might hear you say. They are enlightened beings, beings of heightened awareness and knowledge who come to give great love to all those in need. But the teacher I wish to tell you about this time are those beings who help the soul who has grown in awareness, but who needs guidance before they can join what you term a higher plane or realm within our world. These beings, these teachers have specific tasks. I do not think you are aware of them, my dear friends, are you? (No.) No, because little is known of their work. You know and have been taught that thought is the ruler in our world, that thought creates reality. Yes, of course, but what you are mostly unaware of is the guidance behind that instantaneous thought, which moves the soul forward. There is wise counsel for these souls. These are the listening ears of the soul who reaches out for

knowledge and awareness and desires to go forward. These teachers come from great planes as you call them. They descend to help others but their time is limited because of the density of the surroundings. Of all the masters who oversee so many things in our world, the teachers of *awareness*, they are indeed teachers of great magnitude, great love, great spiritual awareness. Before I continue, shall we have some discussion about what I have said thus far?

Lilian: These teachers, would they have gone through the stages which we all have to go through and then reached this?

No, these particular teachers as we are calling them, have no need of these earthly experiences, but they are aware and have great knowledge of *all* that drives the soul, they have a knowledge deep within which can expose the soul, which knows the very energy—basic energy that that soul has. So, these teachers are not of your world, they come from much further. That is why I have selected them for you this time, because little is known of them. The reason I give you this information this time is that as your own awareness, your own divinity grows—and we know you have spoken on physical terms about how the soul should grow and how you must listen to that inner voice—these teachers sometimes are your inner voice, not only your own soul. They do not come often to this plane of existence, because as you know this is a plane of much density, of heaviness but you have heard I am sure of cases where people feel that it is not only their inner voice that they hear but something outside of themselves. Think upon these teachers, because they have much awareness that is little known to many souls. Do we have more questions before I continue?

George: I would just like to observe that it brings home to us even more just how small we are to the cosmos and how indebted we can feel toward other beings within it.

Yes, that is why I am speaking with you this time, because I feel that your understanding now has become much more heightened by the knowledge you have gained, that this new knowledge, not known to many, can be accepted by you and be taken and can be thought-provoking to you. That is why I bring it to you and, yes, within the Divine, the Divinity, the cosmos—all of you are but a dot. But that should not prevent you from trying to understand the greater scheme of life. After all my dear friends, I would say to you that since we came together your own spiritual awareness has reached such heights as you would not have imagined. I believe this to be true. I, of course, can see you as you truly are, but because you are clothed in this human form, the view of yourselves is rather blinkered.

Mark: Do these energies come to uphold the Divine Law and at the same they are part of the Divine Law?

Of course. All law is the Divine Law, it always has been, but as energy is always moving, so is understanding. That is what changes, is the understanding. But the great teachers of awareness are the teachers of Divine energy. Their time which they give to all souls in their own personal development is limited, because they come from much higher planes of existence. Their sacrifices are great, their motives unselfish, their love abounding and, as I have taught you, overall there is no *one* soul more important than any other as far as the Divine knowledge goes—You have to look towards these teachers of awareness as beings of great love who offer of themselves much, who sacrifice much in their own personal development, only in the sense that they could go much further forward, but because of the great love they desire to help those less fortunate. And although within Divine Law their own souls *are* developing, it is still in a sense, and for your own

understanding, a sacrifice which they make. Do you understand? (*Affirmations*) I do not wish you to look upon the word 'sacrifice' in the human sense—that is not what I am trying to tell you, but at this moment in time I find no more suitable word to use. Of course they are growing because they give of themselves, but the great love towards all souls is tantamount to no greater love that you could find upon this earth. So, for this time that is what I wish you to think about, the great masters or teachers of our hospitals or our music halls or our schools and each one is indeed a teacher and their work most important. But I wish you to think upon our teachers of awareness and development and growth. Do you have more questions, please?

Lilian: I was just thinking that it must be wonderful to be in the presence of one of these teachers, the feeling that would be there.

The soul in the presence of these teachers are quite comfortable. They cannot see other than the beauty of their guidance and their teaching and the soul instinctively knows that what help is being given is indeed correct for them.

Mark: So there wouldn't be any point in trying to distinguish between the voice of one of these and your own inner voice.

All is one when it comes to you with love, yes, but for your own *self*-awareness, we have to make some distinctions at this time. Do you understand? (*Affirmations*) Are you sure my dear friends? Do you understand what I am trying to tell you? If you have doubts or questions, now is the time for us to discuss them because I will not return to this matter again.

George: The teaching souls, they have their own continuing evolution (**Yes.**) and it is part of that that they are sacrificing in devoting their time to teaching?

Yes, but of course be careful of the word *sacrifice* because they *are* evolving, of course, otherwise what would be the purpose? But at this moment in time I use the word sacrifice cautiously. It is a physical word remember, and to the teaching soul it would mean nothing at all. Do you understand? (*Affirmations*) Any more questions, please?

George: These teaching souls would have had their past lives, albeit not on this planet and not necessarily on planets?

Yes, we are speaking here of the teaching souls whose evolution as you call it, their awareness, their growth, is such that all knowledge is known to them. May I put it to you in that way?

Lilian: Would any part of...

No, no; I understand your question. No, some of the other teachers have followed the course of physical living and continue in that way. In the halls of music, in the halls of teaching, in the hospitals then this case is correct, but for the teachers of awareness, of growth, of knowing the soul, then they are all-knowing. That is why I have taken them apart from the others. They are the teachers of knowledge least known.

Lilian: And when the soul is ready and they can come along and help move forward...

There comes a point when the soul needs to go forward that sometimes they are confused, they wish to remain in a comfortable level of existence when in fact spiritually they have grown. That is the time when the soul of teaching comes close. Try not to imagine teachers as you see them—this is always the problem also that they are made known to the soul but in an entirely different concept than you may imagine. But I do not wish to enter into that now—that would be too confusing for you. But the teaching soul would come close to the soul who is trying to grow and move forward and in an instant the soul would know what the teaching would be. Remember the concept of *time* is

different, the understanding is greater, the soul is more aware of spiritual contact as it should be. Do we have questions, please? *(Pause)* I think you need some time to digest what I have said. That is my intention for you, that it is a little more knowledge for you to ponder upon.

Lilian: It's comforting to know that we are helped even more.

The soul is never left alone. I sometimes feel that human beings think that the only people who surround them with love and knowledge are those loved ones who have gone before them or those people they have known throughout their lives and are known to them as guides or helpers. This is a very wrong impression to have, because do you not see how limiting that can be when there is so much that can be tapped into? The whole of the cosmos is within you, so much help, so much upliftment and so much love to surround you all. Try to view my words this time on the greater scale of life. Let your *soul* do the thinking, let your *soul feel*, let your *soul grow* and then the awareness and understanding will be greater. I feel that for this time the words which I have given to you are enough for you to contemplate this time.

As our awareness grows we become better able to connect with our unseen friends

This truth comes out when Sara asks about a lady advanced in years. (23/10/00)

Sara: A lady I know who is advanced in years was surprised and delighted to find that she had a Spirit friend talking to her and helping her in practical ways. Is this quite unusual?

Let me say this to you, that as we have discussed before, children are aware of what you call *spiritual friends*, as are all mediums and those who give of their selves and their time. In some individuals who get to what you call *earthly elderly age*, they are reaching out to Spirit life, if you like. They are closer to our world than they are at times to this Earth. Therefore, the opportunity is open to those who stand close by and who probably have been with her for many of her earthly years, but she would have been unaware of them. I would say to you that this lady has now reached the stage where her awareness is open, where her vision is clearer and therefore contact is easier. I would say to you that she is now probably closer to our world than your own. Is that helpful to you? (Yes, thank you.)

A spirit helper of the angels called Selena

Selena gives a little information about the work she does as a helper of the angels. (11/7/05)

Followed by one with a wonderfully gentle voice through Eileen:

My name is Selena.

Lilian: Welcome to you.

I come to you, only to say, should you be fearful, should you be troubled, please hold out your hands to us, because we stand close by. We are here only to help you, to give you love and to help in your living. (thanks expressed)

Paul: Are you a guide?

I am most honoured to be a helper of the angels. (surprise and delight expressed) I am most honoured when I am given opportunities such as this, to speak with people of your own kind. We hear your thoughts, we are aware of all your emotions and when instructed, we come so close to you, and we take every opportunity to stand by you and to help to change those fears, and to help you to see more of the beautiful spiritual light, which is yours for the asking. (thanks expressed)

George: Very nice to know.

Sarah: We are very honoured that you visit us.

I would, like before I go, just like to say to you all, how wonderful the lights are that surround each one of you. If only you could see how clear and bright they are at this time, I am sure you would be truly amazed. Because I have to say, not all groups such as yourselves have so many beautiful aspects of light. (thanks expressed) Again, I will say thank you and goodbye, but not forever. I will be around you...(thanks expressed) Thanks to those for whom I work, who have given me this beautiful opportunity.

Lilian: I'm sure we are all very grateful.

Paul: We'll look forward to 'feeling' you.

George: If you have the opportunity to return again, we shall be most pleased.

Thank you, and now I must take my leave. (general thanks and farewells)

What is a master?

Salumet answers a question by George about Ascended Masters. (14/11/05)

George: We have a term 'Ascended Master', which I think implies that a Master has developed and ascended from planetary life. But I think we know that it is not always like this and this presupposes different kinds of Masters, or Masters that have travelled different pathways, and as a result, reach the status of Master. Can you tell us something about that, to help clarify our thoughts?

Yes, I understand your question. Let me say this to you, my dear friend: As always we have the problem of physical words, and the saying, 'Ascended Masters', has been used as a cloak for many things. But for you, I will try to clarify our position. There have been, and are today within your world, many people who have gifts of the Spirit, which is far above the normal human being. These people who have come to this Earth Plane with these many gifts of Spirit to display, are given titles, to which truly they do not deserve to have, because, let me clarify this for you: An Ascended Master from our world, would be one who already had many gifts of the spirit and would work from the spirit world, in the way of influencing another human being. That is the reality, but because you human beings hold on to your egos, you are inclined to think that any soul who has descended to this Earthly plane and shows these many gifts of Spirit, must be a Master

who has ascended and returned to your Earth plane. Not so—they are another aspect of a Soul who is still learning in your world. And although the word ‘Master’ may well be used for them, I have to say in *our* world, they would not be called Masters.

George: Yes, I see—this has to be the key to our understanding, **(Yes.)** that they are Masters as defined in Spirit world.

Yes, yes—always you human beings are so keen to have something special, when very often it is only a Soul who has come to grow, in the same way as every individual within this room, has come to grow.

Graham: Would Jesus be an example of an exception to what you’ve described?

No, no exceptions. He came to this Earth—if you wish to use the word ‘Master’, then he was a ‘Master of Spiritual Gifts’. (Yes.) But he was not what we would call in *our* world ‘Ascended Masters’. Ascended Masters teach from *our* world. You understand? (Yes—) They exert their influence through *many* people, not only one.

George: So an Ascended Master, as defined, would not reincarnate, **(No.)** and would possibly not be *able* to incarnate?

No of course, ‘ascended’ means ‘risen’, and if you have *risen* in our world, there is no need to return in a physical incarnation. You understand?

George: Yes, that does clarify. Thank you.

But, we are happy, and we understand that physical language dictates to you, for your own understanding, and to us that is perfectly acceptable, providing the knowledge is understood.

Sarah: So those that come back to this world, sometimes they come back to help others, but the main reason is to learn?

If you return to this Earth plane, you have come to learn something. There is no one person upon this Earth, who is—has full knowledge of Spirit, only when you return home, is that knowledge extended for you.

George: Yes, I think I can understand that Jesus would have had much more knowledge **(Yes.)** than others inhabiting the Earth, but I assume, as you say: not *full* knowledge.

Of course, otherwise he would not have returned in human form. But of course, he had many, many spiritual gifts, which were useful to him while he walked this Earth. And as we have discussed on many occasions, there have been many so-called Masters in your world—those Spirits who come to offer their love to this world, and to use their gifts for the betterment of mankind. I hope that is helpful to you.

George: Yes, I’m sure that’s helped clarify *all* our thoughts.

There is much misunderstood information upon your planet, but as I have said, if people find these words helpful in their understanding, then so be it.

George: Yes, I think part of the difficulty has been our incomplete knowledge and our language **(Yes.)** and our thoughts. **(Yes.)** But that does help to clarify, thank you.

And as I have stated: mankind’s own ego—that has to be a huge consideration.

George: Yes, that can power our thoughts in the wrong direction. **(Yes.)**

Roy: George told me, Salumet, that you would not be available over the Christmas period. Is that a coincidence that that is also the main Christian festival that’s on at the same time?

I understand your question and thank you for it. I withdraw on many occasions throughout your calendar year upon this Earth. But at what you call ‘Christmas time’, which after all is another religious festival, it does coincide with a time when many of us in our world gather, because there is so much love already in your world at that time of year, that we feel it appropriate to withdraw for a very short time. But in saying this, although

we withdraw, we are fully aware of each and every one to whom we come. There has to be a time when we withdraw, and we have to *regenerate* if you like, our own spiritual energies (Thank you.) But as you would no doubt agree, at the time of your many festivities throughout the year, there is always more abundance of love and goodwill to each other—and in this, I am speaking generally. But it is not *because* it is Christmas—that really does not hold any strong indications with us. It is all to do with the love energies, which surround your Earth at that time. (Thank you.)

Sarah: And you have told us Salumet that you need to yourself, get regenerated or whatever is the word...

Yes, it is something that has to happen, because, as I have told you in past times, to come *down* to this level of energy is *not easy*, and it is important for us all to recoup those spiritual energies and return to where we truly belong.

George: Yes, and I *think* I would be right in saying that that difficulty of coming down to this Earthly energy also connects with the last question, and would make it impossible for a Master (*an Ascended Master*) to incarnate?

The density of your energy indeed would make that so. A true Master would not reincarnate into a human form—it just would not happen. And again, we have not gone enough into the subject of energy, that your understanding would be great enough for explanation of it.

George: Yes, perhaps that is again something to look forward to in the future.

That is to come, but that is some way off, I have to say. (Yes. Thank you.)