

88. Vegetarianism

Contents

Should we eat plants? 1

Out of compassion for the animal kingdom, we are advised to not eat the flesh of animals. Spiritually, it is a good thing to be vegetarian. A member of the group then takes the argument a little further by extending compassion towards plants that also have a consciousness.

Should we eat plants?

Sarah gets rather complicated in her thinking about eating animals and plants. Besides, we have to eat something! (12/5/14)

Sarah: You were talking about the plants, I was just thinking today: you said we shouldn't eat animals preferably, and they have spirit, but then plants have spirit as well, and we eat them. So, what is the difference?

—In what way? There is no difference—all is energy.

Sarah: So, if we shouldn't eat animals—as you said, it would be preferable if we didn't—

—Because they are on a different plane of existence. Their evolvment is different.

Sarah: So we're not actually harming the plants when we eat them then? Well, we are, aren't we, because we're killing them?

Well, you are becoming too complicated in your thinking. The Great Divine Creator brought to us natural goods. After all, you have to sustain the human body in some way. You have not reached the point of being Spirit; therefore the body has to be sustained and fed and watered, in the same way that the plant does. The only difference is in the evolution of both. You understand? (Yes, thank you).

Lilian: In other words, it's all there for us, whichever planet we're on. It's just eating the right things.

Yes, and of course you must remember the way in which it is taken for *you*. You should give thanks for all that you have—all that is supplied for you (yes). But not many people on your planet today, thank the Great Creator for all the food and nourishment that is there for them.

Sarah: I think a lot of people on the planet don't believe in a Great Creator—

Well, I will only say this to you: that we in Spirit are much happier at this present time than at any other time in existence.

(Exclamations of surprise and appreciation)

Minds are opening to spiritual matters, and therefore although you have many problems on this planet, we are happy to see such growth.