

9. Animals

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How do birds migrate across the planet?

How birds migrate across the planet without compasses or technology is an enduring mystery. Salumet gives an intriguing answer. (8/8/94)

Les: On of the marvellous things which happen in our physical world, is the migration of birds from one country to another, without any visible means. There are many theories advanced as to how this is done. Are they following lines of energy in the Earth, as you have spoken of? Do they have the power to do that?

Let me first say, *all* of the animal kingdom, like you, are following their own evolution. *All* life is energy. Our feathered friends have a *sense* that no other human, animal, living thing possesses. It is something original to them. (I see.) Yes—some *do* follow energy lines—others have an innate sense of distance of travel. It is difficult to find words to describe. Without being the bird, it would be too difficult for you to understand.

Les: I do accept that. It is something beyond our comprehension again.

Yes. I am struggling for the words to explain to you. Yes, they have an innate knowledge of where they are going. They know exactly where they are going. It is part of their growth, if you like.

Les: Yes—it's interesting, thank you. I thought it must be something like that, because it is so incomprehensible to us and so repetitive, year after year.

I would say, it is almost like you would follow radar, except theirs is an innate knowledge, used only by them.

Les: Yes, so our inventions are commonplace compared with what they have in the natural world.

Yes, yes—I am afraid so. Much has been lost to humankind.

Les: Yes, I hope that our work here and others like us will be partly instrumental in getting it back to humanity one day.

It lies within your own hands.

Les: Of course. It is there to be nurtured, if we wish.

Exactly, exactly.

Les: Again, staying with those for a moment if I may, am I right in saying they have telepathic powers also? I'm sure they must—the movements of a flock of birds performing movements without hitting one another—thousands of birds together who perform the same gyrations, instantaneously—I can only put it down to a telepathic sense.

Yes, I understand what you are saying. Perhaps, telepathy is not the correct phrase to use. They have an understanding—a '*community mind*,' if you like. That is the simplest way I can express it. It is not exactly telepathy as you would understand it to be.

Les: Right. They all work on the same common wavelength—

Yes, *now* we are getting a little closer—yes, it is an *energy*—it is a *wave*.

Les: Energy again inherent in them all. (Yes) I thought it must be, because, even young fledglings follow the pattern.

It is an innate thing within them.

Les: Yes—it's a pity we don't have it.

You think you do not?

Les: No. I think we have, but we have neglected it.

That is true. If only humankind could realise their own potential. You would be so much better for it.

Les: I'm sure we would. I know that years ago, I used to go into my garden early in the morning, in the summer, and I could literally *feel* the new energy of the new day coming through the Earth, through my feet into me. It was a tangible thing, but I tuned into it. I never told anybody about it, because they would probably think I'm mad.

Let me—I don't like to, but I have to disagree. The energy is *not* tangible. (No) It is not tangible, but I understand what you are saying.

Les: Yes, I could feel it, in a way and I was aware of it.

Yes. The *awareness* was there, but energy is not a tangible thing.

Les: Yes, you are quite right about that. I just used the wrong word.

I am sorry to correct you. I just wanted things to be clear.

Animals in spirit world

Animals in spirit world are more spectacular, and when there has been a love bond with a human, they return to their owner. Otherwise they return to their soul group. Leslie asks the following question. (8/8/94)

Les: Insects (*in the spirit World*)—butterflies, are much more pronounced, much larger, much more beautiful, than in this world. Butterflies, for instance, I am told, have gorgeous colours, and become very friendly, if you wish them too.

It would depend. Yes, all things are, shall we say, larger than life, as you would know it. But when you are speaking of insect life—butterflies, bees, flies, whatever you wish to speak of—unless they have the contact here in a physical form, then what would happen is they return to a group soul. There are a few, and this I know, this is what you are speaking of—those would appear to be much larger, much brighter, than you would find here on your Earth, but the majority return to the group soul. Is that clear?

Les: Yes, thank you, it is.

In the same way, we are asked about pets, the animals, the dogs, the horses, the cats—the same applies.

Les: Yes, so they would not have souls as we would imagine them to have.

They do, if they have been in touch with humankind—if they have found the expression of love. That is what *singularises* them.

Les: I see. So, if a former owner comes over to you and wishes to have his or her pet returned to them, then that can be achieved?

If the pet has gone before, then it will be waiting for that owner—always remember it is the *Love* tie—that cannot be extinguished.

Les: Right, so they are in suspense, as it were, until the one who loves them, calls for them again.

Not necessarily so. They will have the freedom of the fields. They will have the love of other people, if that is what they so wish, but yes, they will be there—they will wait for that love tie when the time is right.

Les: I am told that there are other areas where other animals as we know them, also exist. Yes, let me say this to you:

When you leave your physical beings, *all*, all *THOUGHTS* become reality.

You can have whatever you want to. If you wish to see a field of horses, a field of sheep, whatever—the thought will make that materialise for you.

Can you understand?

Les: Yes, I can, I can—I accept that.

So again, we come back to the power of your thoughts.

Les: Yes. I have thought about this a lot myself and I can fully appreciate that the power of thought can produce those phenomena, if you can put it that way, which would then disappear, once the thought disappeared, presumably.

That is quite right. It is the power of the thought that makes it the reality. When you no

longer need, shall we say, that thought, then, of course, why should it exist?

Les: Quite, it has no reason to do so has it?

Yes, that is correct—you're thinking along those lines is correct.

Subject of eating meat

Billions of animals are slaughtered each year for food. Les asks about this. (8/8/94)

Les: Now we come to rather deeper things—the question of eating meat on this Earth. Of course, there is a lot of controversy, as you no doubt know, between vegetarians and meat eaters. What are your feelings—what are the feelings in your world about that? Are animals put here for any reason other than a food supply and are we at liberty to use them as a food supply, provided we thank them for what they are giving us?

Yes, this indeed is a subject that is much discussed in your plane. Let me speak, as I know. Let me say this to all of you: You should have a regard for *all* life. Once again, let me say, you have all been endowed with your own freewill, *but* I say to you—respect *all* life forms whatever that may be. Examine your conscience. If you wish to *kill* an animal that is up to you but remember this: (Long pause)

All forms of existence were put onto this Earth for their own development, their own growth, their own evolution. Provided the reason for killing is a 'good' one, and I use that phrase reservedly, reservedly—provided it is a good one then your own spirituality will not suffer. But to kill, to kill an animal cannot be said to be good. I know this may go against the thinking of many of you, but it has to be said.

Les: Of course.

Let me speak of past people: They killed animals to exist, to feed themselves, but they had a respect for their life. They did it—how can I say, in a *loving* way. Again, I speak reservedly. They would kill one animal with *love* to feed their families. Can you see the difference?

Les: Yes, I can indeed.

Can you see the motive—the cause behind it? (Yes) In that way their own spirituality would not suffer.

Les: Again, it's the motive, isn't it?

But today there is too much killing and with a senseless hatred behind it. That can *never* be deemed to be right.

Les: And so-called sport?

Sport—sport does no good, for the one who calls it sport. I have to say again—the cause, the *cause and effect* are so important in your lives here. So, if you wish me to give you an answer, then I would say it is *wrong* to kill animals to feed yourselves.

Les: Yes. Thank you, I would like to follow that up with another question before I ask other people to take some time. Let us assume, to quote your analogy of a man killing for his family, and apologising for having to do so, you would regard that as a satisfactory motive. Would that have an effect on the animal's development?

In what way?

Les: Well, if the animal is developing, one assumes they are part of a communal soul, would

it affect the animal's development in that communal soul.

I see. If the *animal* has been looked after with love, with respect, then although the ultimate is death to the animal—*no*, the animal will not suffer, *no*.

Les: Thank you, because, I think, in the past, the North American Indians, and other tribes, of course, were aware of this, and always gave apologies to the animal before they killed it.

That is what I am saying, they had respect for life. And although, they killed—in a way, they redeemed themselves. I am saying, although it is not right, can you see that sometimes, there *is* a reason for doing these things.

Les: What we would call extenuating circumstances.

Well, partly, if you wish to put it that way.

Les: But I do understand, thank you.

Those people had a great respect for life—all forms of nature, not only the animals, but as you were saying earlier, the ground they walked upon, the rushing of the river, the sun in the sky, the moon at night—they respected many things, and so they did not affect their own soul's growth, because of the love that they extended. Does that make sense to you?

Les: Yes, it absolutely does, thank you. It confirms my own opinion on these things. As one American said, when he was asked to sell some land, many years ago, when asked how much it was worth, said who can set a price on the sparkle of the water, or the scent of the trees.

Yes Exactly.

Les: It has no physical price at all, only a spiritual value.

Who are we to judge what is of value? We do not have that right. We were endowed with *all* of these things for the good of *all* people therefore it has been entrusted to us, if you like. And so, you must show that *love* and *respect* to *all* things. But, again, as you know, people are at different stages of awareness, and so they cannot always be blamed, if you like, for their actions.

Les: No, they are becoming much more aware of the need to respect nature, fortunately. Various organisations are now springing up, to try to educate the populace into these things.

That can only be for the good.

George: While we are on that topic, could we add to it the position of fish? Some people who are vegetarian, will eat fish, as well as vegetables, but would it be proper to see fish with the animal kingdom and avoid killing fish?

It applies to all—fish are not exceptions they are still the pattern of life. It should make no difference whether it be fish, a chicken, a cow or a sheep—it all applies in the same way.

[Why do whales get washed up on beaches?](#)

Paul asks this intriguing question. In later teachings, Salumet refers to knowledge being trapped in our genes. This may be an example. (5/12/94)

Paul: Why is it that sometimes, large groups of whales seem to get washed up? They beach themselves. Quite often it happens in Australia, and they can't swim back out to sea. Sometimes it's 30 or 40 whales.

Let us speak on this. In the animal kingdom, as in the human species, there are those, shall we say, who do not always follow what they should. As you have in the human species, those men and women who do not follow how you would term the 'norm,' so too do you have these whales, who decide, if you like—they have their own means of communication—who decide they will be different from the norm. Again, I am using simple words. Animals have their instincts as do you humans. They do not always use them for their very best use. So, you see, it is rather like the human form who uses their own free will, to decide on what they must or must not do. Do you follow?

Paul: So, they're consciously—

It is a conscious thing, within their way of communication with each other. You would presume that they would have the intelligence to go outwards to the sea, rather than to be washed ashore. The ability is there, the communication exists, but as in you human beings, to a certain degree they have free will. I use that word lightly, but can you see the comparison? As you have human beings who inwardly know what is right and what is wrong, so too do these animals. It is their own 'wrong' judgement if you like. (Yes)

Les: So, the group or the school, could have as it were, a 'dictator' leading them astray?

Yes, to put it simply, that could be.

Les: I had wondered whether in those cases, the animals were following dimly-remembered routes, when the whole of the seas were free to them, before the continents had emerged and they were still following the memory of those routes through the sea.

You would be speaking then of past memories. (Yes) I do not see that, no. Because remember of course as each generation develops, their knowledge, their update of knowledge is therefore passed down, in the same way as a mother would teach a child now, not to play with sticks and matches, because you have learned over the time, that that is a dangerous practice. At one time, it would have been 'normal,' yes to light your fires, but today that is unnecessary. So that knowledge has been passed down to youngsters, in the same way it happens with your animals.

Animals should not be sacrificed

Les raises this point that animals also radiate colours and that they can blend with the love energy extended towards them by humans. Salumet confirms that it is better to be vegetarian, because in sacrificing animals, we are destroying part of our very existence. (21/7/97)

Les: I would like if I may to follow on from your colleague's talk two meetings ago, about colours. I've been thinking a lot about that and I was reminded of the more enlightened Indian tribes, who apologised to an animal, before killing it and thank it for what it is offering them, in the way of food. And it is said that some of those enlightened people, were able to see a grey shadow of fear around the animal, shortly before they killed it. If that is so, it would indicate I think that animals too have a colour structure. If they do, is it individual as in humans, or would it be a composite colour structure, belonging to a particular group or species?

It would depend dear friend. I have explained many times now, that we all are *energy* from one *Source*, which would indicate that all species, human, plant, animal, derive from that same *energy*. But of course, when we speak of *colour*, which after all, is colour being seen by the physical eye, then we begin to differentiate slightly between each kingdom. Although I wish to stress that all energy derives from the one *Source*, because of your evolutionary plan, the animal kingdom is slightly different in their colours. But I say this to you: Those animals who have contact with you humankind, are apt to draw from you that *love colour*, which is then shown within their own auric fields, you follow?

Les: Yes, that had never occurred to me as a possibility.

So that is why when animals and humans are in close contact with that love bond between them, energy interacts and almost becomes as one. I'm sure all of you have heard many times peoples say, *I love my animals more than humans*. (General agreement) That is because the energies, the love between each — although in a different evolutionary phase, it is so strong that the colours begin to show themselves as *one*. Let me continue a little further. The animals as you would say '*in the wild*,' I believe is your term — they belong to animal groups which do have colours, which are slightly dimmer, if you like, although they are the same colour. You follow? (Yes.) But it belongs to the animal kingdom. But every source of energy which comes from that *Great Creative Force* must have *feeling*, if it belongs to that one energy. That is why people become aware of the *fear*, which emanates from animals. Although you speak of peoples who revere these animals and thank them for what they give to them, I have to tell you, that I say to you most strongly:

I feel that it is wrong to sacrifice animals, for the sake of humankind, because in effect you are destroying what is also part of your very existence. And although we teach that it is important that the *reasoning* behind what you do to your animals on the Earth plane is important, I would say to you that the *higher elements* of your Spirit, knows fully well that it is wrong. But I also say to you, *you are human, you are evolving, you are learning* therefore do not be too harsh upon yourselves. To know that mankind has in effect destroyed many in the animal kingdom, all too often for his own survival, but that does not make it right. You understand? (General agreement)

Les: Yes, you have made this point clear in the past too, not only in the animal kingdom, but also in the plant kingdom.

I am afraid, in all areas of earthly life, mankind has been responsible for many wrongs. But as I say, *you are human, you are evolving, you are becoming more knowledgeable* in these matters. So, I say to you, look always to that *Higher Self* for your guidance. But you must allow what has gone in the past to remain there, because you must go forward, you must learn. After all, is that not why I come to you, to teach, to raise you up, to help you forward in your understanding.

Les: Of course, and that also would be I imagine, why you have told us in the past, to learn to forgive ourselves?

You must! I would say mankind is too harsh, too harsh about what he does. If you cannot forgive yourself, you cannot truly express love to any other form on your earthly plane — to another human kind, to animals, to plant, to the Earth itself. You must my friends, first and foremost, love yourselves and then will come most naturally the love to be given to all things.

Les: Yes, we do understand that, even though it is apparently contrary to what we as humans would believe to be the case, but the way you explained it, is logical enough for us to accept it.

I do not expect you to become wonderful spiritual being — maybe in a long time.

Les: If we did, we wouldn't have the pleasure of your company, would we? (*chuckling*)

I thank you for that, but of course you will evolve, you will learn, your understanding will become rich in all matters of living. So be pleased that you ask these questions, be pleased that your understanding grows, if but slowly. Nevertheless, it grows and so the soul grows with it, in that understanding and knowledge that all that you try to achieve is not forgotten. Remember everything is known and so I say to you all dear friends, be pleased with what you try to achieve.

Les: We thank you for that consolation. I'm sure we all do naturally get a little despondent sometimes, with our lack of knowledge and the time it takes for us to learn. I don't think anybody here would contradict that, would they? (*General agreement*) So we are aware of our shortcomings, which I suppose in itself is an asset.

Can I say one thing to you all, and I do not say this in a critical manner, but I do say that all of mankind, needs to learn *patience*, patience. *Walk slowly and you will go further*. You understand?

Les: Yes again, we're grateful to you for reminding us of that, because it is our own impatience, which denies us what has been told in the past, that unless we take every step properly, we shall have at some time to go back and retrace that step.

I believe you have a term in your world, which says, *you cannot run before you can walk*. (*General agreement*) So I will leave you with those words to ponder upon this time, because I know each time we come together, that all of you — and I do wish you could see the thoughts which come forth from you all after these meetings, because you see for a short time, much is being thought about and that is when the soul is opening to new knowledge — for this dear friends, I thank you.

Les: We thank you again for all that you have told us, during this visit.

[Energy has intelligence which can affect evolution](#)

Les asked about the intelligence behind evolution to which Salumet discusses the intelligence within energy. (12/1/98)

Les: I was watching a programme the other day on birds on an island. Though there are many species of them, they have developed beaks for specific types of feeding and have developed quite differently from the same species on the mainland. This led me to think about your remarks on energy and remarks a long time ago about those in your world, whose duty it is to 'oversee,' the plant, animal and bird kingdoms. That of course led me to wonder, though you have told us that changes in animals, birds and plants are evolutionary following a natural pattern, are there influences directed by those responsible, which cause this special development? A complicated question, but I think you know what I mean.

No, I do not think it is complicated, thank you. And I will try to answer for you.

Les: Thank you, because it's got a great bearing on what you've told us about energy. **(Yes.)** And this is what I was trying to work out in my own mind, whether energy has a memory, or an ability to affect the species.

It is the utilisation of the basic energy, which creates the difference. When you have any form of plant life, animal, human species, which are gathered together as one, then those who — to use your words, 'oversee,' have the ability to use and to utilise the energy, for the best of the particular species. (I see —) In the same way as you as people sit quietly, so we can bring to you much closeness of spiritual energy, so too does it work in the evolutionary patterns of plants and animals. Do you understand?

Les: Yes, I couldn't see that the plants and animals would have an intelligence of the right order to do the changes which are required.

You are not quite right my friend in saying this. Energy is intelligence — there is an *intelligence* in energy, otherwise how could it be used?

Les: I thought energy must have an intelligence, **(Yes.)** which of course we can't understand. **Not in the sense you would understand of course, but energy does have intelligence — it *has* to.**

Les: I thought so — good. So, my thinking wasn't far off then?

No, just a little wayward, but you are on the correct path. Has that helped you to understand?

Les: Yes, it has — well that is the answer; I came to the conclusion myself, that the changes *must* be due to *intelligence* in the energy *behind* those changes.

Energy and intelligence, but utilised by those who oversee — that is important.

Les: Yes, well that certainly does answer the whole thing and it clears it for me. **(Good.)** Thank you very much for that. I think it's given everybody here a better insight into evolution, hasn't it? *(General agreement)*

Your knowledge of energy *will* increase, as we come together more often. But we must as I have told you, go *slowly* with it.

Les: Yes, we do understand. Thank you for that answer, it helps me a lot.

What happens when an animal dies?

This simple question has a rather complex answer involving returning to a pool of energy. However, when there is a love bond with a human, then the situation is different. (12/1/98)

Les: I'd like to follow on what you were telling us about evolution of plants and animals, when you were last here and I wonder what happens when a bird dies. Does it automatically in your world, have a fresh body as it was here, or does it have to have a period of rest — the soul of the bird I mean — and then those responsible for overseeing the evolution, take charge of it?

I understand your question my dear friend. I think if you can recall, when first I came to you, we spoke about going on to our side of life and what happened to animals — this applies also to the birds of your skies. Because they do not retain the bond of *love*, which you human beings have upon this earthly plane, they return to a *pool of energy*.

Les: I wondered if that's what happened.

Yes, you see all energy returns to the *Source*. Because there is no individual bond or unity with humankind, we have pools of love or energy — use whichever word you desire — the birds of the sky, return to this pool of love. It is different with your domestic animals as you call them, because there is the love-link. They will return *home* and exist as *(They were? Tape falters for a second, but the implication is that they would not return to the pool of energy but would retain their form/individuality)* until such time as you meet again. Can you understand this?

Les: Yes, I do remember you telling us that, so they exist in their own right?

If the love-link is strong enough. (Yes.) Of course, they have their own souls, but it is different for what you term, the animals of the wild.

Les: So, returning to the *pool of love*, would be applicable to the animals of the wild also, (Yes.) because there is no human love link?

There is no human bond. You see, what the human bond achieves, is the growth of the consciousness of the animal, you understand?

Les: I see, yes. Now in the case of caged birds who have become pets of their owners, would the love-link there, enable them to return *home* and re-live in a different way, or would they too go back to the pool of love and energy?

It depends on the love-link. It is possible they will remain as they are, until such time it is ready to continue on its way. Do you understand?

Les: Yes, so their owner would be able to be reunited with that bird, when the owner comes over?

Yes, if the desire and the love-link is strong enough. We have many what you call '*caged*' animals, although they no longer are caged, they are free spirits, who roam in our world, but who still have the link of love with humankind.

Les: I see, that clears that point for me, because I did wonder what would happen to them. I'd heard so often about the gorgeous birds in your planes of life.

Remember also, that although these birds and animals of the *wild* as you call them, they can make an appearance in our world, if those who tend to this energy pool, have the desire to create this.

Les: Good, I was going to ask that question, (Yes.) whether those responsible, are able to '*dig into*' the energy pool, and create life from it?

Yes, that is their task, that is what they wish to do. Mainly it has been people who have much love and respect for the animal and bird kingdoms. (I see.) That love does not die, it is utilised for the good of all animals, birds and creatures of your world.

Les: So those responsible for those pools of love energy, can repopulate any particular part of your world, according to their wish to do so, for the benefit of the people living there?

Of course, and not only for the benefit of the people, but for the good of the *animals*, because remember not only is it humankind who expand in consciousness, but *all* creatures have souls, which expand in consciousness.

Les: Is that so?

Of course.

Les: So, they would continue to expand in their consciousness, and does that then take them in due course, through the higher realms in your worlds?

Not in the sense you speak of my dear friend. Of course, each kind of animal expands within its own group of animals or birds. I think you are trying to say; do they reincarnate as different species?

Les: No not as different species, but if we concentrate on birds for the moment, perhaps I'll make myself clearer: Those in the higher realms on your planes of life surely would not have to be deprived of the beauty of the sight and song of birds? So, birds must live within those environments also?

Yes, yes, you have to understand the expansion of consciousness — and here once more, we enter into difficult topics. The expansion of consciousness belongs to all living things, to all matter which is energised. I think that we have to leave it there, because this is something we have only barely touched on.

Les: Yes, it does make it very difficult for us to appreciate how it works. **(Yes.)** I can understand what you mean, without understanding how it happens.

Yes — that is the difficulty of words, but remember, all consciousness is expanding and on your earthly plane even your planet is in the midst of expansion. Do you understand?

Les: I have to say no we don't — you understand what I mean by that? **(Yes.)** We appreciate what you say, and we can try to think about it, but it's impossible for us to understand it, as you mean.

That is why we must leave it there, because for your full understanding, we have to know a little about *expanding consciousness*.

Les: We'll shelve that for the moment then and look forward to some lessons on it in due course.

It will come my dear friend, but you are not ready for it yet.

[A visitor discusses vegetarianism](#)

The important topic of vegetarianism was discussed again, but this time by a visitor. Les had asked in a previous evening about the importance of thanking a sacrificed animal. (2/2/98)

Your question was about eating meat, do you remember? And you asked me if in saying thanks to the animal before it was killed, did that make a difference?

Les: Oh yes.

Well I was most surprised myself by the answer. Yes, the animal would prefer not to be sacrificed for human consumption, but if the thought is good and thanks given for the animal's life, then in some way that makes matters okay.

Les: That's interesting, thank you. I know a lot of the tribes did thank the animal before they killed it, didn't they?

Yes, and people still do I'm told, but the animal would prefer to live life to the full; so I hope I've brought the answer to your question.

Les: That's very kind, we do appreciate it. Now of course we have to ask ourselves whether, in view of the fact the animal would prefer to live longer, are we acting detrimentally to our own spiritual progress, by taking its life?

I have been instructed that you have been told it would be better to refrain from this act, but the choice is yours.

Les: We have been told you're quite right.

Yes, well I also have to say, it's much more damaging to curtail the life of an animal who has received human love, rather than the beast in the field, I have been told to tell you.

Les: That's understandable too; **(Yes.)** because to take the life of an animal that has had human love, would be denying that love, wouldn't it?

There is a little twist I think, because you don't fully understand that the animal in the field, can feel the love from the human, even in mundane tasks, such as feeding and watering.

Les: Is that so? They feel the love for the human, do they?

Of course, it is a love act, isn't it? I too was surprised by these answers, because when I came to you, I told you I had many troublesome times, coming to terms with meat eating and that you must not torture yourselves too much. Do you remember? (Yes.) Yes well you see I too have learned something.

Les: Good, so we've been helpful to each other?

I should say so!

(General thanks and farewells)

To have true compassion, you must have compassion for all living things on this planet

Lillian asks about vegetarianism and the fact that more and more people are becoming vegetarian. (8/11/99)

Lilian: Can I ask you about the food that we eat? It's quite obvious that more and more people are becoming vegetarian. Is that in any way helpful to the spiritual self?

I believe when first I came to you, this was one question put to me. If you can remember, I will state briefly for you what I replied then. My answer to you was this: That it would be best to refrain from giving animals for food, but it depends on the purpose of why you would wish to eat their flesh. In itself, it is not wrong, but for your spiritually, I will explain this once more. To have true compassion, you must have compassion for all things upon this planet. Again, we come to freewill and your purpose for eating the flesh of an animal. If that purpose is to sustain life, if you thank that animal for the flesh it supplies, then you have in part helped yourself to that state of being, which helps you to gain more knowledge of the animal kingdom. Do you understand?

Lilian: Yes. Unfortunately, I don't think we remember that enough.

I would say to you, in this world of yours today, there is too much suffering when it comes to the farming of animals for food.

Lilian: Yes, but people are beginning to realize that, I *hope*.

As awareness grows, so too does the knowledge that the animals have as much right if not as much or more as the human beings who tread this planet. That would apply not only to the larger animals, whether they be domesticated or in the open spaces, but to all forms of life. Without respect for all things, you cannot grow; and remember too, that when you come back home to this side of life, you will see all that you have thought, all deeds that you have done and you, and you alone, will be responsible for those deeds. So, my ultimate answer to you is that it would be best to refrain from the eating of flesh, but again it depends on the reason why you do this. Again, there is no *one* clear-cut answer

and there is in your world much dispute about this subject, but be careful not to judge, because in judging unwisely you create another problem. So, remember my dear friends, judge not, because until your awareness is such, you could be making a mistake about another human being. Therefore, I say to you, judge only yourself if you must, and I say to you this: that in doing just that you also can be making an error of judgement. Do you understand? (*general agreement*)

Animals are attracted by our auric light which they blend with

Lillian asks the question about whether animals such as dogs and cats are picking up our thoughts. Salumet explains about natural love energy. (27/7/98)

Lilian: There is a question — it's about thought and animals. Those of us who've had dogs or cats or whatever, (**Yes.**) you say they understand us, but is that their picking up our thoughts, more than what we actually speak to them?

I have said that what keeps your animals close to you, is a *love bond*, which is expressed in what you call your *auric light*. This is what your animals who have gone before you, blend with — not so much the spoken word turned into thought-form, but the natural love energy, which already exists.

Lilian: I see, thank you.

All energy is *pure love* — this applies not only to your animals, but to mankind generally. There will be no *break*, no undoing of a bond, whilst there remains a true love-bond. It is one form of energy, which is so strong, that nothing can separate it. Is that helpful to you?

Lilian: Yes, thank you.

Yes, remember again, think of yourself in the spiritual form, and you will blend with those who have gone before you. Do not think of the *physical* thinking so much as the *spiritual thought* — the all-knowing thought of spirit — there is a great difference. Are you clear? (*Yes.*)

Spirit pools for animals explained

George asks for more information on the topic of spirit pools, or rather energy pools, for animals of the wild that span the spectrum from bacteria to more advanced animals. Also, spirit energy is preserved in spirit world, so it would be possible to see a dinosaur if the desire was there. (9/2/04)

George: I wonder if I could recap and extend on the teaching you have given before. Where humans are concerned, we're happy with knowledge of the soul structure that we return to. Where animals are concerned, you told us about the 'spirit pool' that they return to. I couldn't help but wonder about lower forms of life—perhaps that isn't a very good

description—but I was thinking of such classes as insects and then bacteria. Do they fit into this pool system?

Yes, I understand your question. Let me just begin by saying one word, and that is the *evolution*, not only of your planet, but of yourselves, and this goes down through the chain, as you say, to insects and bacteria, because as you may well know, there is existence of energy everywhere. There are planets within your system which house only bacteria. Now, let me continue to your question. The human species upon this planet, has evolved in order that they may understand Spirit that has always been. You understand this and you accept this, you also accept the condition of the animal kingdom, which is close to mankind. (Yes.) Because the insect and bacteria kingdoms are not so, shall we say, ‘advanced’ as humankind, but evolved just as much, their return to energy is slightly different than humankind. Perhaps to simplify this matter I will explain it thus.

George: Yes, so it is more of a return to spirit energy than a spirit pool?

Yes. If you think of energy, then perhaps it will make more sense to you. the insects in your world have a much shorter lifespan to begin with. Therefore, what happens when they are extinguished from this planet life is that they return to the energy and therefore return to the Earth again more quickly.

George: I see, yes. And we can think of basic energy as becoming more complicated as a spirit pool for some life and as soul system for human life.

I would rather say, ‘more simplified’ than ‘complicated’ for the insects of the world. They have no knowledge, but it is a natural progression that they exist and return to the Earth. Do you understand? In the same way as bacteria exists, it will return to the same form very quickly, but it is more of an energy pool.

Sarah: I am a little confused. When you say, ‘return to the Earth’, the energy goes back into the Earth?

Let us for an example take an insect. When the insect dies, it will almost immediately return to the Earth energy, whereas humankind is aware of passing to Spirit and awareness is much greater.

George: There would be a molecular energy as well as a more general and unmodified energy.

Yes, you have to understand the difference, because of evolution. Remember evolution goes hand in hand as your planet progresses. Is that clear to you?

George: Could I just add onto that the plant kingdom. That would be an entirely planetary system and supported by the elementals?

Yes. All energy has its function upon this planet, but I would say to try to keep matters simple that you must first and foremost think of energy.

George: Yes. There is just one further question that adds onto that and we appreciate the dinosaurs have gone from physical existence and will not return, but would they or their Spirit energy still continue in Spirit?

Energy never dies my dear friend. This I know you understand.

George: Yes, but it can transmute.

Yes, you have taken my words! As you progress in our world, you understand that our world is one of thought and all energy can be transmuted into any thought pattern that you wish, but that would take some time within our world for this to be achieved, but you know that when mankind returns home to our world that any thought becomes reality. Therefore, if one should wish to see a dinosaur then that is entirely possible, because the energy still exists. Do you understand?

George: Yes, so the energy of the dinosaurs does indeed still exist in Spirit.

All energy exists, yes.

George: And it has not been transmuted.

Not in the sense that you mean. Is that helpful to you?

George: Yes, it is.

Man does not sit on a higher plane than another animal form

This point is made clear in answer to a question by Sarah. Mankind has assumed a greater importance for too long. (22/1/04)

Sarah: Yes it is, thank you. And the other thing I was thinking about and I haven't really thought this through, but I will just mention it. You were saying that small animals—small insects go back into the Earth energy and that bigger animals go into a 'pool' and that humans are on a different level. I was just thinking, why is this so? Can you just explain a little bit why we should have these different levels, as it were, these different energies?

For such a little word, it has a huge meaning this word 'why'. I am not the creator of all things, I do not always understand 'why' myself, although 'why' mainly belongs to humankind. In our world we see the creative laws as perfect, that there can be no mistakes. Therefore all of these energies create a balance, which perhaps to you my dear friend does not make full understanding, but all I can say to you is that it is the natural law.

Sarah: Right, yes, I think we don't see the full picture we don't understand things.

Yes, you are looking at it with physical eyes, with physical understanding, when in fact to us in our world it is the most perfect, natural happening.

Sarah: That's nice to hear, because I was sort of in my mind thinking that humans were perhaps being slightly favoured (**Yes.**) and I didn't really think that could be true.

You were thinking, 'how unfair'.

Sarah: Yes, in a way.

But you were giving to the insect world intelligence that humankind on your planet does not have, so as you go through the whole of Creation you would be finding that many things would be unfair, but I assure you my dear friend that the natural law is perfect. Your understanding will come about these matters, but now is not quite the time for you to take them 'on board', I think you would say.

Sarah: Yes, I ought to know that whatever happens would be the right thing, but I was just curious in my mind as to why.

It is just a slight division of the same energy, but there is no unfairness, of *that* I can assure you. But yes, mankind does not sit upon a higher plane than any other creature on this planet. All has its purpose...

Sarah: ...and its place

...it's place and together in unison this is what you have created, to make a world that survives without too many problems, until mankind begins to interfere.

Lilian: Yes, we can see that.

Only then are there *problems*, as you might say.

Do bacteria come here from other planets?

An interesting question arose from a theory expressed by the influential scientist, Fred Hoyle. (22/3/04)

George: It might be an apt time to put a planetary question: I think you said recently that one of the planets in the solar system had bacteria life and a few years back one of our scientists, Fred Hoyle, had put forward the theory that to explain how epidemics of illness occur in different parts of the world simultaneously, the theory that bacteria sometimes come from space, and if there are planets in the solar system that have bacteria, I was wondering if his theory might be a true one?

Yes. I know of this question, yes. Firstly, my dear friend let me say that there is much of course that mankind knows nothing about as yet. There are those of vision who would in their time adhere to those notions which they gain from their own experiences of life. Of those people I will say only this: that oft times those individuals are the ones who are indeed influenced from our world. This planet is not one unit as we have discussed before but is part of a much larger whole. Therefore, let me continue on the vein that I was using. This planet is one small part of a greater vision. Bacteria as you know it belongs only to this earthly planet. Your scientists are limited in their visions. Let me say that there are many life forms of bacteria, forms which to the human is as yet unknown. I will say of the gentleman of whom you have spoken that *his* 'quest', shall I say, should not go unheeded, because there is much that should be taken from it. This is a subject which is young in years for your planet.

George: Yes, I felt inclined to view it as a possibility.

Yes, but it will not be readily accepted at this moment in time. As with all things that appear to be different from the mass thinking, then it is rejected.

George: Yes, I think we know from our history that to be true.

Yes, but I would say this to you that he is being guided in his thinking and the day will come when it will be recognized that this earthly planet is not a closed door. Do you understand?

George: Yes, I follow. Thank you very much for that information.

It is too young in its history to make any impact on the scientific community, but as with all things, you need *time* and *patience*.

Any deed or action that is better for the animals in your world can only be good

This was Salumet's reply to a question by Lillian. (14/11/05)

Lilian: I was listening to a program about animals—especially the farm animals—sheep and cows and so on... It has been discovered that the animals are much more intelligent than originally thought. If this is so, then we'll have to think again about the farming methods, and obviously make it much more kindly to the animals. I wondered if this is the way forward, hopefully to help the animals in the long run. Is this the way it should go?

Any deed or action that is better for the animals in your world can only be good.

Lilian: Yes, I think some are very badly treated.

I would say that in times past, the animals in your world were treated much better than they are today, because hunters and people killed animals to survive, and they did not have the knowledge, which is available today. They were in a sense, much kinder in their treatment of their animals. And again, I am speaking generally, because there always are in your world, many exceptions to the rule. Animals in your world today are farmed to be killed, and that is a blight upon mankind. Animals were placed upon this Earth for a reason, and it is not always cruel for a man to feed his family—to kill an animal, provided it is done with love and for the right reason. But today I have to say, fear has been created among many in your animal kingdom, not for the feeding of many people, but for the making of money, (*affirmations*) and for many reasons, which are not good. So, my reply to your question is that any opening of discussion can only be good, and can only take you forward as far as the animals are concerned.

Lilian: Let's hope so.

Sarah: When you say Salumet that the animals are here for a reason, is that just part of the ecological development or...

Animals have their own evolution in this world. They have the right to grow in the same way, although differently, as you human beings. But, as I have said, in past times, for humankind to exist, he needed he felt, to kill to survive. Not all—many survived upon the pickings of the Earth—that is because their innate spiritual knowledge was greater. It is the thinking behind the action which is important.

George: Yes, I imagine that in present times, our interaction with the various animals on this Earth is an opportunity for us to go forward.

Yes. The very fact that there are now discussions about it, means that mankind is opening his eyes to the suffering that he creates, and no one upon this planet can be without some responsibility for the killing of your animals. Mankind I feel thinks he is the superior animal because of his brain size. That, my dear friends, is not entirely true.

Paul: I think I've read somewhere that dolphins have actually got more developed brains than us.

That is true.

Paul: And even they hadn't, I don't think we have the right to do the things we do to them anyway.

And who is mankind to say that the love of an animal is not as strong as the love which *he* feels? (Yes.)

[Dolphins, whales, sharks and Atlantis](#)

Paul started the evening with a question on the subject of dolphins and their incredible intelligence. The conversation soon branched out to other animal groups and even the

peoples of Atlantis. There is clearly much we can learn from the animals, including why are sharks almost totally disease free? Mankind is finally beginning to look upon the animal kingdom as equals in this world. (5/12/05)

Paul: There was a question on my mind about animals: we mentioned how dolphins have a very developed brain, even more developed than humans. I know it's been said that animals have a different system when they die and come back—they haven't got the spiritual awareness that humans have, but I was wondering if that was definitely applying to *all* animals, or whether there were a 'select'—I don't like that word, but I wondered whether there were some that were much closer to the human awareness.

Yes, I understand your question and I feel that it is probably quite obvious to you as human beings which animals have that closeness to the human way of thinking and the human spirituality. Yes, every animal upon your planet is Spirit—all things belong to Spirit as does your planet. Therefore, let that be the starting point: that all is Spirit. But when mankind has a connection with some animals whose brains have also developed over eons of time, then there has to be some similarities and it is only *now* that your many scientific minds and those who deal with animals all of their time, are beginning to understand that these animals have the ability to think and to feel and have *intelligence*.

Paul: And I think some have freewill, I'm not sure if all do...

There is an element of freewill of course within all animals, but not to your understanding of freewill. There is freewill within the regime of the animal kingdom. You only have to look at those great creatures within your oceans—your whales and your dolphins and even those sharks that man is so intent on calling—what is the word I seek—a *vicious* animal. This is not true. In fact, the shark could teach mankind *many* things. You probably already know that the shark in the deep oceans do not suffer the disease that the rest of the animal kingdoms do. There would be much to find from those sharks; but it is coming as all information gradually comes.

Paul: Because a lot of these animals, they've existed since the dinosaurs...

Yes, so of course their minds and their brains evolve as does the human being, although as human beings you have developed a little more quickly—that is all—neither better, neither worse, but different. You only have to look at the animal kingdom of the apes and the monkeys within your world to see their intelligence. But it is not only within those animals that display some form of intelligence, you must also look to those what you would term 'lesser creatures' and look to how they plan and think, and of course, whatever anyone says within your world, they *do feel*. So, I hope that has been a little helpful to you.

Paul: Yes, thank you very much.

George: Where sharks are concerned, they're certainly recognized as superbly efficient creatures. **(Yes.)** I'm not quite sure what that means, but perhaps it means that they in a sense live a good life.

They have the ability to cast off disease and that is something that mankind has not yet the ability to do for himself...

George: Yes, that's an interesting point...

But I will stand corrected, mankind *has* the *ability*, but he does not *use* it.

Sarah: But we cause our own disease, **(Yes.)** so you told us, so at some point, even though we've caused ourselves to have a disease, we could get rid of it.

Yes, there is no doubt about that.

Sarah: Because some diseases that we get today can kill us...

Yes, there is always confusion when we speak about this subject. Always we hear: ‘but we do not *wish* to be diseased’. No, with the thinking brain you do not *wish* to be diseased, but with the *mind*, which belongs to Spirit, there is an inner feeling and thinking which has to have a result within the body. That is where you must look to find the beginning of disease. You are only open to disease if somewhere within your lifetime you have been open to wrong thinking. It is as simple as that, and yet humankind finds this so hard to accept.

Sarah: I was quite surprised to see in a woman’s magazine that I was looking at, and the heading was: ‘Heal yourself with your mind.’ I thought this was good news.

Did you want to say: tell me something new! (*laughter*)

Sarah: But I was pleased to see that that sort of thing is coming through now...(Yes.)

George: Did you see it in a magazine for sharks?

Sarah: No! (*laughs*)

Yes. But be aware as I have said before, there is much information that can be obtained from looking to the oceans and seas and rivers of your world, as yet not quite discovered.

Sarah: Do you think if we were to give your words to the scientists that would help them to go forward to look—they just haven’t even thought perhaps of looking at the sharks and if they were aware of it they might find the information quicker?

This is always a possibility, but I can say there is influence being given in the right places at this particular time in your evolution. It will come, but of course within the oceans of your world man cannot travel too far down to discover what is there, but it will come in time. But, even now there has come to mankind an interest in all kinds of animals in your world and a much greater understanding in this past century of your years, where men are beginning to see the animals are their equals in life rather than beasts to be preyed upon. That knowledge is already here and in place, so do not doubt that more information will come, because we are giving that influence to those in the proper places.

Paul: People are beginning to—like the song of the hump back whale—they feel it’s something very special—we do not understand the clicks and the noises in the oceans, but I think they are beginning to realize that there is so much that they *don’t* know.

Yes. It has to be recognized that you *are* different. Mankind and the animal kingdom *are* different, only in as much as you have evolved very much more quickly as a group of animals—that most of you come into this world and have greater opportunities before you than do the animal kingdoms.

Paul: And that applies even to the dolphins and the ones with more developed brains...

You see the attunement today between dolphins and those who feel their energies and I am sure you must be aware of the healing energy that this animal can display.

Sarah: People go and swim with the dolphins...

Because they are in tune with the energy, with the *spiritual* energy, and we all derive from that same energy; that is what you must remember. It may be in a different format, but ultimately it is *all* of the same energy.

Paul: I’ve read that the Atlantians had a much better rapport with the dolphins—they interacted with them. Maybe it was the children, I’m not sure, but I read that they helped them realize that the oceans are friendly places.

George: They rode on the dolphins...

They were a race with much more open minds and hearts than anyone today, so therefore any spiritual gifts of the animals and the people would find that blending so much easier. That is all it was, and of course it was lost, and so mankind returns to the beginning to relearn what has been lost. And that is the situation of it in simple words.

Sarah: I think you did tell us once before, why they disappeared. I know that the city went under water, but the people could have moved.

George: There was evidence that some *did*.

Yes. There has always been dispute in your world as to whether they have survived to this day or not. Always there has been this question mark within your world. And there are those in your planet today who have come from this family of lost souls, but all who lived on that land, disappeared when that land disappeared into the ocean. And you must remember that people did not travel quite in the same way as you have the opportunity to do in this present day. But, yes, I will confirm for you that there were those who survived and travelled to other lands.

Sarah: And took the knowledge with them, but over time that's got lost as well. **(Yes.)**

George: Thank you for the confirmation of that. Some of this information tallies with past life readings of Edgar Casey, which refer to escapes from the continent, which was submerging.

Yes, you could compare it to those of us who join together in this room. At the moment there are most of you here, but there are some who are elsewhere. So if we were to go this evening there would be those few left to continue and carry on the good work. It is a simple comparison, but in your minds it will help you to understand.

The point about good health in sharks is repeated again (5/12/05)

Could I just go back also to the shark, which is seen as a most efficient animal...

Yes—it has set you thinking I know...

George: Yes—on thinking about that, I think also that he is a very *objective* animal, much more objective in his living I would say than we humans **(Yes.)** and I rather fancy by comparison that we have all sorts of right and wrong ideas within our minds which don't go together too well and create the stress that results in illness. I get the feeling that the shark is so objective that he has none of this, **(Yes.)** and so I rather fancy that this is the key to what makes the shark a fit animal that doesn't have disease.

Yes, and the animal in the form of the shark has been within your world for such a long time; and as you as humans have grown, so too have the animal kingdoms evolved. And the evolution of the shark would indeed give you much to think about, and that knowledge is being imparted to people within your world now, who are interested in this sea creature. There is much to be gained from the creatures of the seas—but the knowledge will come.

George: That is nice to know.

Lilian: There is certainly a lot of interest in the animals in the sea. **(Yes.)**

The cruelty to animals by man draws parallels to what happened in Auschwitz to other humans

An interesting comparison is made by George. Another call for vegetarianism. (12/12/05)

George: You gave us very fine words on Auschwitz some months back and we were searching for meaning for that event and you gave us meaning. We have since talked quite a lot about animals and in particular farm animals, and abattoirs, and I couldn't help but make that connection that what we do, the way we treat animals in abattoirs, is rather like the treatment at Auschwitz to the human race and I couldn't help but think: does that help to give us *feeling* for what we are doing to animals—mistreating them. So perhaps this is a further learning for us from that horrific event. Would you care to comment on that?

I would my dear friend. It shows you, does it not, how much you have grown spiritually, when you can make such a comparison. Whether it be human or animal, it is activated by the same Spirit. Therefore, any wrong doing, whether it be to mankind or to your animals, *cannot be right*, and great responsibility has to be taken for those who perpetrate such actions. The animal kingdom within your world my dear friends, has always been placed beneath man, not because they are inferior, but because mankind has insisted that this be so. But, as you know, as I have said many words upon this subject, they may not have the same brain within the physical coats, but they have that element of understanding, which makes them suffer from the actions of mankind. And it shows when your understanding, and you make comparisons for the animals, that your Spirit has blossomed, that you understand that the animal kingdom has feelings of love, of pain and all else that man also feels. I would say only this to you my dear friends: **Treat every animal as you would a *loved one* within this world and you will not go wrong. They are my words to you.**

Sarah: So really, we should all be vegetarian, and we wouldn't have to kill the animals... **At certain times within your history mankind has killed the animals, but he has praised the animals for that flesh to eat. Remember it is the thought behind the action, which counts. Therefore, I will not say that those who have killed your animals in past times were wrong—that would not be entirely true, but it depends upon the situation. But as you stand today, as supposedly 'developed man' when in fact we know my dear friends that you have lost so much in past times. Animals are treated so much with disrespect today in your world, whereas in past times they have been honoured as part of living—there is a great difference.**

George: Yes, that's something which many, many of us should think upon.

Lilian: Is there a glimmer of hope that things are improving anywhere?

Sarah: The trouble I think with today is that there are so many rules and regulations that even if the farmer is being very kind to his animals and likes his animals, he doesn't have any choice in where they go to be killed, so they're shipped all over the country, just to be killed. So, it's the government that we've got to get to.

Yes. Until mankind forgets his materialistic ways, there will *not* be great change just yet—but mankind is developing in his understanding and that is what we are trying to impose in the minds of those who deal with your animals.

Now my dear friends, as always it brings me great joy to have spoken with you, but I will withdraw for this time and allow others to come to you. As always, although I may not *speak* with you, I surround each one of you in that light of love and protection, which belongs to you, and until such time as we come together once more, I will withdraw and look forward to our next meeting.

Butterflies are used to show people that there is more to life than they first thought

Salumet made this point following discussion about strange butterfly flight paths and colour.
(24/7/06)

I would like to say to you this time: I was aware of your discussion about your butterflies and rainbows and I would just like to say to you that the butterfly in your world is indeed used for showing some people that there is more to life than first they thought. After all, if you think about your butterflies, have they not gone through their own metamorphosis into the second stage of their existence? (*Affirmations*) Therefore you can begin to see some connection. Yes—that is why the butterfly is used so often for these things.

Sarah: That's interesting because I remember watching a programme of some famous people who were visiting an old house in Italy and whenever a black butterfly appeared, there was an awful lot of spiritual activity within that house. It wasn't very nice spiritual activity, but it was always when the black butterfly appeared that that activity started.

Yes, but the association was with the colour.

Sarah: Ah right.

You see?

Sarah: So, the black was not such a good colour.

The negative energy, yes. So, remember my dear friends, be aware of all of nature's dealings with you, because within nature herself there lies many invitations for you to recognize the working of spirit. (*Affirmations*)

George: Butterflies are certainly very beautiful and a joy to be with. **(Yes.)**

Sara: Rainbows always bring joy and I think a feeling of hope as well.

And also, the energy from the colours. Remember, we have spoken of colour vibrations and this too plays its part. So, I have deviated a little this time, but I felt that it would be good for you to think a little more deeply about all of these things.

Lilian: Could I just say that last year I had a caterpillar—quite a large caterpillar. I looked it up in a book and it was an elephant hawk moth caterpillar and no way did I ever think I would be lucky enough to see the moth, because of course they come out when it is dark, but I did, in the garden not so long ago under a lilac bush. I wondered if that was coincidence or ...

It is only that your awareness is now greater to all of these things, therefore you are more aware of what is happening around you.

Lilian: I did feel very, very lucky.

Yes, of course, and that is as it should be. There are many, what you call ‘wonders’, my dear friends, which are everyday happenings in our world, which are given to you in ways that you can recognize. If you are not fully aware of spirit as we near you, then we show you what you can and will understand, or at least gives you the opportunity to think about these things. You understand? (Yes.) Therefore, my dear friends always look with those spiritual eyes. There are many ways in which we can touch you.

Sara: Yes, I had seen this metamorphosis symbolism recently when my friend embarked on a moth project at school with children, and I saw how the moth for her had many meanings, because she was going through a change herself. It was very interesting.

Yes, and of course she could recognize the many changes.

Sara: She’s very aware in many ways and now she’s wearing butterflies all the time—and I think she is aware of how important the change has been.

It is a good analogy; do you not feel? (Yes.) Yes, of course.

[There is an argument here for veganism](#)

We use the milk of other animals through our entire food chain which is not ideal. Salumet discusses these issues following a question by George. (18/7/11)

George: Yes—I’m a little bit disturbed by the nature of the industry that we have made from ‘milk’ on this planet—the milk of the cow. Yes, this has been going on for a very long time, but it’s steadily grown, and my own feeling is that it’s rather disrespectful, the way we use the milk of another species. And it seems to be in these modern times, a *growth industry* with a huge number of products being based on the milk of the cow. In our communications with Bonniol on Planet Aerah, it is clear that he has knowledge of ten other planets, and he knows of no other planet that imbibes the milk of another species! I just wondered if you would care to make comment on this.

I will indeed. Yes, you have to know that these things that you speak about are much realised and known of, on other planets. They are more advanced than this Earth planet that you all inhabit. You cannot separate milk products from all of your food chain, because upon your Earth planet at this time, the use of animals and their by-products is very much misused. This is something which mankind will gradually come to see as being a foolish way forward.

George: Yes, this is part of our learning.

Yes, it is, and until such time, mankind will continue to worry and to concern himself about the feeding of the Earth population; and for many, the argument will be that they are doing good by all people—by feeding and by watering in whatever way they see proper, and of course, we have to acknowledge that the *profit* from these goods is an indicator of how much it goes on. So, I say to you, my dear friend, it is an individual task to steer away from anything that you feel is not right in your world.

George: Yes, and this would clearly include the eating of meat and becoming vegetarian.

It applies to all manner of things, yes, but until mankind begins to open his eyes a little wider, there will always be struggle—yes. Are you happy with that answer?

George: Yes, that does very much help to clarify, and I'm sure that will encourage a large number of people who read about these meetings—I'm sure it will encourage a large number of people to think on this **(yes)**. Thank you Salumet!

Yes, if only, mankind could think more clearly for himself, without having to be nudged constantly by those more knowledgeable than they—but we must be patient. We cannot rush too quickly, but I must say to you, my dear friends, that I am happy by the progress that is being made. All is not doom and gloom.

Graham: There was a recent statistic on the television the other day, saying that 20% of young people in this country are now vegetarian, and this figure is rising and there're older people now beginning to eat less meat **(yes)**, and looking for alternatives—so it is happening.

Yes, as I have told you in the past. But again, one of the downfalls of mankind is impatience (yes). Yes, but I will not dwell too much upon that, because each one of you knows and recognises their own pitfalls in life. It is not for us to constantly chide you, but to allow you to open up to all that is available (yes).

George: It's good, Salumet that you encourage us to look within and think. Thank you!

Yes. You see, you all have the answer to life's problems, but what you do not recognise is that it is all entirely within your grasp. It is too easy for people to constantly ask us in spirit for help, but I want you to remember you are all here for a purpose and to grow spiritually—and to grow spiritually, you must, *must* go within.

(General thanks)

Good, will always stand to the fore of negativity—if you will allow it

This statement is made by Salumet as a backdrop to the atrocities that are happening in the world at the moment. The discussion soon moves onto a need to become more aware of the animals in the world and the fact that they too are here for a reason, as well as us. And that reason is to help to teach mankind to be more *humane*! Our awareness should be with the animals. It is then up to every individual to do what they *instinctively* know to be right. We should always extend love to the animal kingdom and with these thoughts in mind, the subject of vegetarianism becomes much clearer. (8/2/13)

Discussion and prayers prior to Salumet coming through had led to mention of deplorable atrocities. These included the attempted assassination with serious injury of Pakistani schoolgirl Malala Yousafzai, by a Taliban gunman for her campaigning for girls' education; also, the ongoing bombings with huge death toll that continue in Iraq.

Good evening.

(General greetings)

Again, as I join with you, I have been listening to you and your discussions about your world. I am here this time to say to you, that Spirit regeneration is happening *now* and although still you speak of all these what you call '*atrocities*,' I will remind you my dear friends, of the *goodness* which is in your world.

George: Yes indeed —

When we speak of these things, it is hard to believe I know, that there is any kind of regeneration of Spirit, but speaking about the young woman and the way that she has stood for justice, is only just one indication of what is happening around your planet. I believe I said some time ago that there would be changes and my dear friends you are at the very beginning.

George: Yes, this is indeed very exciting! And I think we appreciate there are the huge changes and there *is* so much good (**yes**) and the atrocities just show up so sharply against this *backcloth* of what is good.

Yes of course. Are you also aware my dear friends, of what is happening in your oceans, your seas? Did I not tell you that they would find, or seek and search for good in your oceans?

(General agreement)

That also has now begun.

Paul: Ah! I don't think we are aware of any recent developments.

I can reassure you that it has *begun*.

George: Is this energy from oceans?

They are looking towards help and for medical conditions. If you do not know now, soon you will hear.

(Enthusiasm expressed)

Sarah: I know they've found that in one of the fish that is illuminated—they can use one of its genes to help humans to see what's going on —

Yes, so you see my dear friends, I do not want you to despair about all the negativity in your world, but rather to focus on the good that is now happening, because *good*, will always stand to the fore of *negativity*—if you will allow it.

Paul: And just having people finding their voices and there are so many more ways to communicate now. Even though they haven't perhaps always worked out the '*best*' way—what they want, whether they want '*democracy*' or not and exactly what that word means, but there is far more *talking* about it.

Yes, you must allow evolution to continue in the way it is meant to. But yes, I would say your planet today is a very small place indeed, compared to what it has been.

(Agreed—the world seems a smaller place on account of communications technology)

Today the technology is available to you all if you so desire and it is up to those people such as yourself, who are willing to pass the good and the truth. In this way, that goodness can be expanded. So, you see how much good there is before you.

Sarah: Yes, on another scale, we've had all this business about horse meat being found in beef and I couldn't help but think of your words that really we would be better if we didn't eat meat **(yes)**, but that was our choice; and I couldn't help but think that the purpose of this scandal was to get us to not eat so much meat. And in fact, I did hear someone in the supermarket asking where the '*Quorn*' is—which is a type of mushroom (*fusarium*) protein that you can eat instead of meat. So, I think there is some good coming out of this.

Always good comes from these things, but as I have said, no matter what I tell you, you have been endowed with your freewill. And yes, you mention horse, but what of the other animals? You cannot separate one from the other.

(Agreed)

Sarah: No, it was just the fact that people now don't know what's in their food **(yes)**, that's the thing.

Yes, but have they ever?

Sarah: No, I suppose that's what's coming to the fore now **(yes)**.

Jan: No—not since processed food began **(yes)**.

Lilian: No, it comes under the heading of mutton or beef and people forget the cow behind it **(yes)**.

Jan: I think there's a big movement behind this particular scandal, as it is peoples freewill to eat meat or not. I was listening to a butcher talking and he was saying that his profit margin has risen by 31% in the last week, *purely* because people are turning away from things that they *cannot* tell what they are eating, to only wanting *local* produce. So, as we have the freewill, I think that's an extremely *positive* step forward.

Yes, it has created awareness, there is no doubt. It has always been a topic with so much being said about what is right and what is wrong. I say to all of you, you *know* deep within yourselves, what is right and wrong for *you*. Only then can you go forward and make comment about what others are doing.

Jan: Because really what you are saying is—you're not saying that this is wrong, or this is right; you are saying that if it sits well within you **(yes)**, then it's right for you at this particular time.

Yes. You must remember that the Spirit, as all of you within this room, have different lives, different life situations—neither one is right or other wrong; it is just *what is* for *you*, at that time of existence.

George: Perhaps there is the general good in the *awareness* **(yes)** and the encouragement to think on these things.

Yes, when you have awareness you have knowledge and with that knowledge, it is then up to every individual to do what they *instinctively* know to be right.

Jan: That knowledge brings choice and freedom.

Yes, that knowledge brings responsibility. Yes, we have spoken of this, but it is an important point to make.

Paul: I was just thinking sometimes people *could* have the *awareness*, but it's stifled a bit—because of their choices, I think. They put their attention into more about the *tastiness* of

the food, or their *senses* of very *surface pleasures*—I guess that's where their awareness *is*. I always feel people could be more aware than they really are—they are a bit dulled by the modern lifestyle, but they *could* still choose to break out of that —

You have to remember my dear friend that as *human beings*, you have eaten meat for a long, long time. And for some people even with the *awareness*, they find it difficult within themselves to make the right choices, but that is something that they have to deal with. You cannot change another's feelings or thoughts—that would be wrong also. So be careful how you judge.

(Agreed)

Sarah: My daughter was saying to me that in the course that she is learning—in the wild, animals that don't eat meat have a very long intestine and animals that do eat meat have a very short one. We have a very long one, so really we probably shouldn't be eating meat anyway, because that's not how our bodies were designed.

Jan: But it was —

I would suggest that you do not make comparison between the *animal kingdom* and *human beings*; their evolution is slightly different.

Sarah: Ah, that's interesting (yes).

Jan: We still have the same internal *make up* as we did *millions* of years ago and we were *raw meat-eaters* when we were first on the planet, so it's going to take much time to —

Sarah: I don't know that we were actually. Well, we don't know do we, we weren't here? But it's interesting not to compare it with the animals.

No, I would suggest that you do not compare.

Sarah: Thank you for that.

George: Might it be permissible to compare Earth to Bonniol's planet Aerah. It's interesting to me to see that on planet Aerah where they *are* vegetarians, it leads to a simpler life; in particular the way that manure or sewage from the homes, from vegetarians, can be simply returned to the soil for agricultural use, whereas on *our* planet, because we are largely meat-eaters and we mix up our sewage with chemicals, it's much more of a complex problem to dispose of.

Yes, might I suggest as our dear gentlemen friend suggested earlier, although people have awareness, it is not the *right TYPE* of *awareness*. The awareness I speak of, is for the safeguarding of the animal kingdom. Your focus has to change, not whether meat is right or wrong to eat, or what sewage is better than another, but your awareness should *be* with those *animals* who are *with you* on this *planet*—that is where your awareness should lie.

Jan: It's our ethics (yes), we need to be aware more ethically.

That is what you should try to focus upon, not the results of eating animals. You could argue on *many* levels about this, but I would wish you to simply remind yourselves, that these *animals* are here for a *purpose* as well as human beings.

(Agreed)

Paul: I think that *is* a powerful argument, because when animals *do* interact with human beings and form close bonds with them **(yes)**, then they do at least —

Their focus will change.

Paul:—change for *that* group of animals **(yes)**; they don't apply it to other species of animal, but that's the beginning of that process I guess.

George: Love of other species with whom we share this planet **(yes)**.

Sarah: Is the animal's purpose on this planet the same as ours?

Lilian: To learn?

Sarah:—to learn and to improve themselves?

Their evolution is different—you cannot compare. That is why I said to you, *do not compare*, you cannot go *hand-in-hand* with the evolution of your animal kingdom.

Sarah: What is the animal's purpose here?

—To help to teach mankind to be more *humane*.

Sarah: Oh, that's interesting.

A simple purpose—but an important purpose.

Paul: Each species almost, cats, dogs—each one you feel *teaches something*.

Yes, and of course they have to *interact* with different animals as well. They have their own '*learning*,' if you like, although that word does seem rather foolish, because they do not have the same intelligence as you are supposed to have.

Jan: How I see it is, the extinct populace of certain animals that has happened on the planet that we are now aware of and are working so hard in certain parts of the planet to preserve those that are left. That's obviously the end goal, that's what we are striving for and that's what a lot of countries are now striving for and I was really interested to watch how the Africans, how protective they are and little groups that work non-stop to protect one species or another. Forty years ago, they would not have had those feelings towards those animals, so it's such a positive —

Yes, but do not forget that some species, it is their *destiny* if you like, to become extinct; in the same way that you as human beings will not always return to the Earth plane. So, if you think of it on a spiritual level—and here I repeat myself again *think spiritually* and your answers will always come more easily. You understand?

(Affirmed)

Jan: Yes, we shouldn't feel as emotional about those extinct species, because they've returned from where they came and like you say, they've got to return anyway **(yes)**.

Sarah: They've served their purpose.

Yes, but you should always extend love to the animal kingdom.

Sarah: Well I must say—in my sort of language, I do think it's very *big-hearted* of these animals to come back to help us. I think that's changed my view. I mean I've always liked the animals, but it's changed my view enormously to think that they are doing it for *us*, the suffering that they are going through for *us*, is commendable I must say.

But it gives you something to think about.

Sarah: It certainly has, yes, thank you.

Mark: Yes, you've made me think about the horse meat issue in a new way, because I'm thinking now that a lot of people who eat meat, have a loving relationship with horses and wouldn't eat horse meat (**yes**), in the same way that they wouldn't eat dog, if they had a pet dog—but some cultures do. And it's just slowly getting people to think about the issues a bit more deeply (**yes**).

Jan: Well I have a problem with that—it doesn't sit very well with me, because the same as everybody in this room, I love all animals, but when I think well, they wouldn't purposely eat a horse—well what's the difference between a horse and a cow? Nothing at all!

Mark: That's right, when you're a vegetarian you can see that can't you? But I suppose some people have to do it one by one—

It is all to do with *conditioning*. In different parts of your world it is *acceptable*—in another part it *would not be* acceptable; it is so *diverse*. So, for you who have thought about these things carefully, you have the *awareness* to *change*, and that is all you can do—you can only change your own awareness and be responsible for every action and deed that you do.

Lilian: I was quite aware of the animals that will have been used, with the operation that I've just had, in I'll say, *helping me*. That was one part I didn't want to think about too deeply, I didn't like that idea. So there again they are used to help us in the long run, with our aches and pains and illnesses.

Yes, that is of course another subject, but animals have always as you say (been) 'used.' Not always of course have they a say, which is another matter; a matter for conscience for all who are involved in these things. But nevertheless, the planet is evolving as it should and for this you cannot stop that progress; you have to allow these things to take their natural course.

Sarah: So, if the whole planet stopped actually eating beef, there actually wouldn't be any use for the cows anymore; there wouldn't be so many of them anyway.

There *are* people who farm these animals, who have a *great love* for them. Not all people see them as sources of meat. So perhaps not—perhaps it would not be their time to completely leave this planet. We have to see what is to evolve.

Paul: No, I mean even in this country, which is very small really, we have areas where they have wild ponies and I don't think they originated here, but they were brought here and developed little herds and they've done it on their own. Many of the deer varieties as well weren't from this country, but people brought them over maybe for hunting, or for food and they've formed their own groups. And I'm sure some of the farm animals would be capable of forming their own little groups and families, and finding patches where they can survive, even in this small country.

(Agreed)

This also applies to the human being. Have you not in times gone by, in your histories, moved from country to country and intermingled?

(Agreed)

So, you could say that all of Earth has been a blending of both peoples and animals. Do you not agree?

(Agreed) (yes)

Paul: Yes, it's like nature always finds a way to adapt, it's always adapting (yes), and these farm animals are no different. They'll adapt as mankind adapts—everything starts changing. Yes, but before I leave you, I just want you to think a little more deeply, but I want you to think more *spiritually*. You will find all of these questions that you have for me, will become easier in your own minds. You *all* have the *answers*, if you so *desire*.

George: Yes, that's a good thought for us.

Animals deserve our love

A visitor from spirit discusses his love of animals both when on earth and now in spirit.
(9/9/13)

Lilian: Good evening. Welcome to you.

Good evening.

(Pause)

This is like a peaceful garden. So quiet!

Lilian: You mean the room we're sitting in?

Yes, so peaceful. I was just wondering why you were speaking about the animals—and I began to wonder what questions you may have about these animals, because I too loved animals and in fact I work with some now.

Lilian: You mean the animals where you are or those back here on the Earth?

Both, yes—your love for these creatures doesn't diminish just because you come here. My love grew even stronger. But now I am involved with all kinds of animals and it is wonderful to see them re-united with those people who were kind to them—because there are many people today who are so unkind. And someone is telling me that YOU, dear lady, (Lilian) are of like mind to myself, yes? (yes). And it is painful to watch others be unkind, because there is no need. They give of themselves, these animals; they give so much and expect not much in return. So, that is my purpose in life, to see that goodness continues, that they are helped in any way that they possibly can be.

Lilian: And that doesn't mean just pets—that means all sorts?

No, pets are always ready to go to those that have loved them, and I know that you understand, other animals return to a 'pool' (yes). I know you know this, because I am being told that. But they do have a short time when they return to us, when they feel a great wave of love and affection for them (that's nice), and that is what interests me at this particular moment.

George: Yes, I'm afraid, on the planet here, we are very much a mixture when it comes to love for animals.

Yes, you as human beings seem to think that you are superior, and I do not understand that way of thinking.

Lilian: And I must say, neither do I **(yes)**.

George: Yes, we are not that way of thinking in the group here.

I know—I should not have come otherwise.

George: Ah! And you are most welcome.

Yes, but it is good to see that others have as much love as I do for their animals.

George: It's a joy when we have the rescues through, and sometimes the one in transition is met by the animal friend **(yes)**. It is lovely to see that reunion.

Yes it is wonderful is it not, that that kind of devotional love still exists after the passing of time—yes.

Paul: One of the problems with the animals in the wild is the loss of habitat, now on the planet. The rainforests and other places are diminishing.

Yes, that is true, and I'm afraid that mankind has to take some responsibility for that **(yes)**.

I think there is a knowledge afoot now, where they are beginning to realise that you cannot interfere so much, but of course, that is too late for those who have gone. But nevertheless, if there is progress and understanding, I could not ask for more than that.

Paul: Yes, we were talking tonight—we're on a road towards much better understandings and more spiritual ways.

Yes, well one would hope so, wouldn't you? That people would understand a little more—after all, you are intelligent beings—far more intelligent sometimes than SOME of the animals, although I know many dispute this—yes?

George: Yes, we have the capability of using our intelligence **(yes)**. We don't always use it I'm afraid.

And I wonder why?

George: Well, one thing that is probably distressing to you, is the using of animals—rearing them for food.

Yes, I mean—in a perfect world, which I know you do not live in, there would be none of that, but as you know, your world is not perfect, which is all the more reason why you should strive a little harder **(yes)** ***for those in the animal kingdom, who share the planet with you.***

George: Yes, perhaps there are a few more vegetarian people today **(yes)** and some countries are much more vegetarian than others.

Yes, I am not even so much involved in that as I am with the welfare. If an animal has been treated well, and let's say, some places do need to survive with the food of the animal, but they respect the animal in its lifetime, and they give thanks, and that is an entirely different matter.

George: They give thanks, yes **(yes)**. We understand this is very important.

Yes, for some, that is still necessary today. But it is the understanding and the love that they must give—that is what is important. Do you not agree?

(Affirmed)

George: Yes, indeed. We've evolved from a past which has depended more on animals **(yes)** for sustenance.

There should never be any distress or cruelty to ANY animal. In the same way, there should never be distress to another human being. If you practice that kind of unconditional love, your world would be a wonderful place (yes indeed) but I do not wish to appear too pessimistic—is that the word?—(yes) I do not wish to be that, because I can see perhaps a little further perhaps than yourselves, that there is a lot of good in your world. And that is what we have to encourage.

George: You can see progress—

I can see progress (that's good) and it heartens us all that this should be so.

Mark: I often think that horses don't get a very good deal here, because they put metal in the mouth to make them go the way they want to, and they make them race, for man's pleasure really. It seems like a rough deal for the horse.

You are a horse-lover—yes, yes. Anything that stresses an animal cannot be right, and it is up to you as loving beings, to get to know your animal friends a little more deeply, in order to understand whether this should be or not. It is entirely between you and the animal that is being used in such a way. But of course, no one wishes any distress to any animal, whether it comes from the higher or the lower animals, as you would say in your world.

George: And of course, we are very much indebted to some—the guide dogs do a marvellous job.

Yes, all animals do a job—of giving love! How many times have you heard of an animal saving a human being? (Yes!) You know—without the intelligence that man is supposed to have—they are wonderful! And I like the lady who was heartbroken at times to hear of the cruelty which exists in the world (yes), and—

Lilian: Yes, I was today actually. I read an article which rather stayed on my mind.

Yes, you mustn't let it stay with you. You must do something about giving out that love for the animals. That is all you can do whilst you are here. You know, you can protest and you can give love and to send out thoughts to our world to help is the most powerful love you can give.

Lilian: Yes, well that's nice to know.

Yes—anyway, I am told I have been talking enough. But it has been a great pleasure.

Lilian: It's been a pleasure to have you.

George: Yes, indeed.

So, in your coming days, just give a thought to all of the animals in your world—not just the beautiful pets, but all animals. And see if you can join and unite with them, in energy. Be at one with them.

George: It would indeed be nice to be more telepathic.

Yes of course, and that is something you can work at, is it not?

(General agreement)

Paul: Yes, we've been told this. We'd love to be able to blend with animals—connect with them, yeah.

Yes, you must try. I would suggest to you all, that you all give of yourselves sometimes, and just sit quietly and—I believe the lady used the word earlier about 'blending'—that is a very good word—'blending.' You may be surprised. You may come to know what it feels like to be a butterfly! Wouldn't that be marvellous? Or to be free like the birds in the sky!

(General agreement)

George: Yes, we had a very cold Spring this year, and the butterflies were late—it was such a joy to see them when they did appear!

Yes—such a short life span but a beautiful one.

Paul: Yes, it's wonderful to see them.

Yes, if only human beings could be like the butterflies—to open their wings and to fly freely, and to have no fear of anything. Isn't that a wonderful thought to leave you with?

(Agreed)

George: That's right! They have no fear. They go from flower to flower regardless.

Yes, yes—when you come to this world you will be amazed by all of these things—by the colours and the beauty of the animals. And I will make a pledge to you; that when any of you come, I will take you around and show you the beauty of it all.

(General appreciation)

Why do animals become ill?

Animals think, but not in the way that we do. Nevertheless, they can create imbalances in their thinking just as we can. The consequences of imbalance can be many, and illness is one of them. (4/9/17)

Sarah: You've said to us that cancer—well, all illnesses are something that we have created ourselves, maybe not in this lifetime, but in previous lifetimes. When animals get cancer, is that the same thing, have they done something wrong?

Yes, it is an unbalance, the animals as well as humans, become unbalanced. That should not surprise you.

Graham: They *think*, but not perhaps in the same way that we do.

No, that is true, their thinking patterns are different; animals are different from you as human beings, but they are still 'prone', shall I say, to imbalances.

Sarah: How would they get imbalanced, an animal? Could you give us an example?

Because like people, you can have angry animals, you can have animals who become so afraid that they do not mix with other animals—there are many, many reasons.

Paul: They can become depressed, I think.

Yes, the same as any human being.

Sara: So they can all benefit from healing ...

Graham: ...and love.

And animals will give you unconditional love, if they are treated properly.

Sarah: Because I've watched some of those vet programmes and the owners are absolutely distraught that the animal's got cancer, so it isn't a case of them not loving the animal.

It is what the animal *feels and does* itself. You cannot blame another for any illness that occurs, either in an animal or in the human body. You see it happen when so many are told they will not survive, and they do. You have to then give an explanation for why this has happened—why does it happen with some, but not others? But remember, you all have to pass with something, unless you have the capability of understanding your own Spirit.