

69. Salumet and group information

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[A simple question to Salumet: Who are you?](#)

Brent poses this intriguing question. Salumet explains that he is a conglomerate being but just one facet of a diamond that has chosen to break away and communicate with this group. ‘He’ (*no real meaning when discussing angelic beings*) is a highly evolved spiritual being. And yes, an aspect did once walk this Earth. (4/7/94)

Brent: I would really like to ask who you are? And I realise that's not an easy thing to answer, but I often hear communicators say, 'We.' I often think to myself, well *who* are you, in relation to us, and who are you in yourself?

My friend that is just the type of question I would expect from you. (Smiles)

Les: It's been bothering him for a long time. *(Laughter)*

I will try to explain to you. I—'I' come to you as a single entity, because it is easier that way, to communicate. We are using one body, but 'I' as you put it, I and not 'I' as you would know it. I am a combination of many beings. Are you following me?

Brent: I'm trying yes.

I come to you, because that is the way of communication that you on Earth understand. I am a 'conglomerate' of beings.

Les: Might I extend that question, by asking, and I think that is in the enquirer's mind too—by asking, did you at one time live on this Earth, as a physical being?

(Pause) **You have to understand, my friend, things are not all they seem. Part of me, yes, has lived on your Earth at one time. We are getting into deep subjects again, but I will endeavour to answer. We spoke earlier of a diamond. I am one facet of a diamond, who has chosen to break from the rest to come to you, at this time, to teach and to instruct you. Therefore, I am not the 'I' alone; I belong to the 'We'. That is the simplest way I can find to explain to you. I am more than 'I.'**

Les: I do understand what you are trying to tell us, and I do appreciate the explanation. If I might follow that one step further please, if there is the power—is there?

We are running down, but please continue.

Les: We'll make this the last one then. You've heard us no doubt, talk here, and your colleagues have heard us talk about 'highly evolved beings.' Are we right in assuming that you, in our minds, in our vocabulary, could be classified as such? Knowing that 'I' is not 'I'—we accept that, but you as the entity that visits us, we look upon as a very highly evolved spirit.

I understand the question and yes, I suppose you would consider me to be that. But of course, I cannot say that is true, (Smiles) because—yes, your knowledge is a little more extended than the others, I know. But yes, for all intent and purposes, yes, you would consider me to be that.

Les: Thank you very much indeed. And we're grateful and I know you won't want to hear the word, but I'm going to say it, we are honoured that you should have visited us like this. We look forward to many more visits.

I look for no honour, no thanks, no gratitude.

Les: Well, let me say it is our love then for you.

I hope that you will all benefit from what I will try to bring you all.

Les: I'm sure we shall.

We have much to bring you—(Voice fading as if with sadness)

Les: Thank you very much. God bless you and our love goes with you.

[It is the energies that blend, not the personalities; that is a human thing](#)

Salumet discusses how groups, such as this, are chosen for spiritual work. It's not the personalities of the people, but the 'true nature' of the beings, the 'true inner self'. The important point is the blending of the energies. (12/9/94)

We listen often and we hear you speak of personalities, of how he, she, blends with one another. We do not look at it like that. We look not at the personalities, but we look at the *true* nature of the being. That is what makes people 'gel' together to form groups that can work well together. It is the true inner self that is accountable to the light of the work. Does that make sense to you?

Les: Yes, I quite understand.

Each one of you radiates your own light, your own energy. It is the energies that blend, not the personalities; that is a human thing. The personality of the person comes from the human entity and is not of the spirit, as such. Do you understand?

Les: Yes, I do. And in fact, I have frequently said that in this group, personalities are, if I can say it without disrespect, of no importance. It is the work which is important. All have heard me say that more than once.

Yes. You *all* retain your individuality of course. But that is not the most important point for a group of this calibre. We look beyond that, we see the energies bonding, although I'm afraid many of you in this group, are not aware of it at this present time. But I can tell you now the energies are blended and blended very well. That is why I have been able to come at this time, because the setting and the timing is right.

Les: That's very good news, thank you.

Sometimes people say, 'I'm not comfortable sitting next to that one.' It is not because of any disagreeable thing with the person, it is that the energies do not blend, and so it is felt in the physical. Do you see?

Les: Yes, and each one would interpret it as a physical discomfort.

Yes, that is what I am trying to say to you. But you have to look inwards and that is what we do. That is what we try to do, to influence the correct people, to come together at the proper time, so that we can be used, and use them correctly, to the very best of their abilities, because after all, each one is individual and on a different pathway. (Yes) Now then, would you like to ask anything on this subject?

Les: Yes. What you have just said, reminds me of something, which came through my lady many years ago now, that individuality is important, only when it ceases to be of importance to the individual.

Those words are very true. Individuality, as I have said, belongs to each and every one of you. But it is not important. It is the *whole* that is important, *not* the individual. Yes, you are correct when you say those words.

[Les expresses his hope that Salumet gains more from the meetings than just duty](#)

Salumet explains that with each meeting the bond grows stronger. He is aware of the love that is extended to him. (14/11/94)

Good evening.

Les: Good evening to you, and welcome from us all.

It is good to be amongst you again.

Les: Thank you for that. It does please us to know, you find it agreeable to be here.

There is a mission and a purpose, as you know, and so it must be that I continue to come to you.

Les: Thank you. But you could do it for duty. We hope that you do it also for pleasure, or that it gives you pleasure to do your duty here.

I feel love shine from all of you—for that I am truly grateful. It makes my short stay with you, a little more comfortable, each time I come to you.

Les: That's good to know. Thank you for telling us.

The spirit of each one of you shines forth in a different pattern. Together it makes me much more comfortable, in the mission I have to achieve. Each time the bond is becoming much stronger. (Good.) For this I am eternally grateful to you all.

Les: And we are very grateful for what it is doing to us, even though we are not aware of it perhaps.

Yes, of course, in return, you are endowed a little, with what is left behind. This you are not aware of, but I assure you it is so.

Les: Yes, we believe you absolutely. And as we hopefully develop as we should spiritually, we shall become aware of it.

Of course—each step is a tender one, but it is being taken, step by step by step, until the link is so strong, that it cannot and will not be broken. It is a link which will be strengthened and strengthened, until such time as all that you hope for can be achieved.

Les: That's splendid information.

But it is a tender thing and it must be worked towards—

Les: And cannot be rushed—

And, of course, cannot be rushed, as you say. There is too much at stake.

Les: Thank you. And I'm sure we shall all exercise the utmost patience in this, because we do realise how important it is.

[Do you prefer certain types of question more than others?](#)

Salumet replies of course not, but wishes that we could be more aware of all the background work. (16/1/95)

George: You've answered many of our questions lovingly and patiently—many different types of question. Do you enjoy answering some more than others? Do you have a preference for a certain type of question?

Forgive me if I smile. Of course not, I have come to try to inform you of many aspects of many questions and answers that you seek. I do not have any preferences as you put it. I am only happy to do what I can. I am grateful that you have allowed me into this place, wherein you all sit patiently, devotedly, searching and seeking.

George: Thank you. It is we who are most grateful.

I am always humbled by such kind words and I accept them graciously. (Thank you.)

Can I say, this time to continue to see what else can be done within this room and I must say that always I am happy with the way each unity is progressing.

Les: Thank you, that's very comforting for us to know.

I only wish you were aware of all the background work. But for this time, my friends I say thank you.

A sitter enquires as to why Salumet pauses before answering questions

Salumet replies that it is to do with available energy and use of the instrument. It's a functional thing, not information gathering. (20/2/95)

Les: She has noticed in the recordings, that frequently you say, 'Let me speak on that.' Then there is a short silence before you do begin to speak. She has an enquiring mind and is very interested in what you have been saying and she asked me to ask you, does the silence mean that you are searching for information, in some sort of record, or does it mean that you are being fed the information, before you give it us? Or thirdly, does it mean that you are receiving information in your own language and translating it into simple words that we can understand? I hope that's clear.

It is clear to me. Let me answer you please. I have to tell you, none of those statements are correct. The reason for the hesitancy on my part, is to do with the use of the instrument and the power available. It is nothing to do with seeking further for information. The information I come with, is all-knowing and all-giving.

Les: I thought it would be actually.

So, you see, I need not seek further for the answers, unless a question was posed with which I had no knowledge. In such an instance I would retreat until another time, to bring forth the answer. So, while I pause, it is nothing to do with seeking or searching, it is merely a functional thing.

Les: Right, well thank you very much for that answer.

I hope that will be clear for her.

More information about the group from a visitor

Salumet brings visitors to the meetings. (27/2/95)

I ask all of you to allow yourselves to be open, to offer yourselves in love, to be used wherever you can. There are those who are waiting to use you. It will not be anything to

do with the work you are familiar with. These are people who wish only to have the opportunity to speak—to speak through these vessels. But they must allow themselves that openness.

Les: Of course. So it's in order for me to speak with them?

You speak please. It will not be your 'rescue,' that you have been so used to, in the past and still are doing. That is not what this meeting is for.

Les: Good, thank you. I look forward to greeting them when they come. Thank you very much.

I will remain within the room, within the instrument I am using, until the end of the meeting, if you will allow me this.

Les: Yes, we shall be pleased that you are here.

There then followed a communication through Sue:

May I speak with you please?

Les: Yes please do. I should be delighted if you do.

My name is Ninahara. (?) My purpose here is to tell you something of the love that surrounds you all. (Thank you.) Within your room, there are the colours of love, each a never ending movement, do you understand me?

Les: Yes we do. We are very happy to know those colours are surrounding us, so constantly. ***You have much surrounding you. You are the lamp, the lamp of such power, but the power you have is wisely used. And for that reason, the colours surrounding you are bright, much brighter than you possibly understand.***

Les: That's very pleasing to know and I regard it as a privilege to be able to work as I do. ***You are a modest man. The others in this room are hand-picked, do you understand me when I say 'hand-picked?'*** (Yes) ***It is not by chance that these lovely people have this room. Everything as you know, is for a purpose. And we fulfil that purpose and are so happy when everything falls completely into place.***

Les: That's why we all regard this work as a privilege, I think, to be able to draw nearer to you all, who come to give us such love.

You are more than near. You are a part of us and we are a part of you all.

Les: Yes, I think we have reached the indivisible stage.

Words are difficult when the understanding is so limited. I feel that what I am saying is not strong enough, but other words would be difficult for me to put into the language, you understand?

Les: Yes I do understand what you mean. We too find difficulty in expressing what we feel sometimes, when we know we are close to you and when you draw close to us as you are now. It is a spiritual awareness, that's all we can say, the only way we can describe it.

May I ask each one here, to take into their mind's eye, the image of their favourite flower? THINK OF IT. BECOME PART OF IT. FEEL THE STRENGTH OF EACH PETAL. HEAR/LISTEN TO WHAT IT HAS TO SAY. THIS IS A LESSON TO BE LEARNED.

Les: Did everybody hear that? (*Affirmed*)

It may seem unintelligible, but in time this lesson will be of great value, not only for yourselves, but for nature as a whole.

Les: Thank you. Yes, we don't usually think of a flower as having strength, but I do understand what you mean and if we think of the effort needed and strength required, to push up through the soil, we can get better understanding of your symbolism.

You are wise beyond your years. Now I leave you. I do hope a little of what I have said is understandable to you.

Les: Oh it is indeed. And we do appreciate what you have said.

It is a privilege also for me to be amongst you.

Les: Nice of you to say. You may not admit it, but we do know how difficult it is for you to enter our atmosphere again, from your beautiful land.

It has to be done and we do it quite—(Keenly? tape very faint) Now, I send such love to everyone here and to their families and people close to them.

Les: Thank you and our love goes with you.

Remember the flowers.

Les: Yes, we certainly shall.

Feel the power of the flower.

God bless you all.

What of past lives?

With some shock, horror and amusement, the group was to learn that we were once a closed order of monks in a previous lifetime. Needless to say, not all was harmony and happiness. The expression of love, for instance, would have been restricted. We should really consider ourselves as without gender, as this helps with connection to the spirit self, which is the most important part of us. (28/8/95)

Lilian: I wonder if you could tell us anything about previous lives? If it's not important, I'll understand.

Always there is interest in this subject. But I will say to you, it is not important what has gone. But I say to you, yes, you have had previous existence. I have told you before, all of you came together in another time.

Lilian: Yes, I think this is what interests me.

Les: Yes, I think the lady is asking whether it is possible to know in what capacity she was there.

I know what is in your mind. Let me tell you just a little, shall I? I know you have wondered on the connection between you all, because your lifestyles in this lifetime, are quite different. But you see, again we come to the spirit side of yourselves and how you have grown through the times—let me say that firstly to you. You all existed and I think you will be amused knowing your human sense of humour, when I tell you that all of you were within a closed order of monks. (Surprise expressed, with some chuckles)

Yes, I thought you would be amused. Do I sense the shock, the horror?

Les: You do sense the shock! (More chuckles)

All of you were closely put together and I may say there were times when some of you were unkind to another.

Les: Is that so?

Yes it was not a time of great harmony then, therefore comes the time again, when all of you needed to be reunited.

Les: Well I think I better start by apologising to everybody if I was unkind.

(Laughter)

But that is not the important part. This time around, instead of being enclosed with your own thoughts and feelings, this time you are here to spread the truth of what you know. But let me tell you, all of you were of the male gender. I have to tell you, you do not have mixed, mixed monks. *(More laughter)* I'm sorry it amuses me. So you see, you came together again, but in different genders, to make those unsociable problems much lighter, much healthier for you all.

Les: And following on what you have told us previously then, we would have chosen our sex this time would we?

I have told you, you do not come without your full consent of the life that is to be.

Les: Thank you, that confirms it for us, because I know the lady would have asked that question next probably.

I am always amused that you humans find it important whether you be male or female. I see you not as any gender.

Your spirit is neither male nor female, it is both. So if you can look upon yourselves in that manner, your lives would be so much simpler. You would have the understanding of each other, you would be kinder. We see so much disagreement between your sexes; try to feel, try to understand and see yourself as someone without gender, then you will really feel that spirit self, which after all, is the most important part of you.

Les: And of course to follow on that, we ought to have a greater understanding of both sexes and their personal problems in this life.

But my friend you do. You have had previous existence of different sexes, so you do retain the knowledge, but I am afraid when you come to this incarnation, all is forgotten. And so you seem to take a step backward, rather than going forward.

Les: You are quite right, because that is a very interesting comment, because I have always, since I've been on this Earth, had a great objection to Closed Orders. *(Of monks etc.)* Now that may have been—*(Laughter)*

My friend, you speak against yourself.

Les: Yes quite. Whether it was something I was remembering from my previous life, but I have always objected to them since I've been here and thought they couldn't possibly serve any real purpose and those of the Closed Orders should have been giving of themselves externally of that order.

Yes, I would not say it was fruitless or thankless, but I understand what you are saying and yes, it does seem to be that within the Closed Orders, this happens. But what does happen to some within, is that they find their true selves, which can never be termed as a fruitless task.

Les: No of course not, I used the wrong descriptions probably.

But I understand what you say and I would say that to fill your lives, you must have contact. After all, that is why you are here. We have spoken of love, what *is* love, and how

you must use it. If you are secluded, you do not have those opportunities to give. But within the Closed Orders, they do have their brethren, they do have the opportunity to give love, if only in a restricted way.

Where does the instrument you are using (Eileen) go whilst you are using her?

Being a 'trance' medium, Eileen is never aware of what transpires whilst she is channelling Salumet. Only later when she reads the transcript does she know all that has been said. An obvious question then, is where is she 'taken' during these sessions? (6/3/95)

Lilian: Could I ask one? It's on behalf of the instrument that you are using. **(Yes)** She wonders where she goes when you are using her.

Of course—I will say, you know of course that the physical shell is still within your room. But to be able to use an instrument as we do, we have to put them to one side. I don't mean physically, or even spiritually. What happens is, the energy from the etheric body, is elevated, raised if you like, far above the physical being. We then are able to use the instruments without harm. It is a very technical thing for me to explain to you. But simplistically, it is the energies of the etheric body, which is placed to one side. The physical being remains intact. I hope that satisfies you.

Lilian: Yes. I'll tell her.

Salumet assures the group that he is going to be around for some time into the future

The group has becoming very aware of the enormous privilege at being able to attend these meetings. (3/4/95)

I want to SEE you all, as the 'shining beacons', that I know you are. So, with encouragement, I hope you will see yourselves also, in that way.

Les: What you say certainly does give us all encouragement and quite frankly, I think I speak for everybody on this, we would not know where to look, other than through your teaching. It is a great help to us all.

I am most humbled by your response. It makes my task all the more easy to bare.

Les: We would certainly miss you, if you didn't visit us now.

I will not be so easily rid of.

(Laughter)

Les: Good! We are really happy to know that.

I have waited a long time and I have no intention just yet, of severing this connection.

Les: Good. We all feel very privileged, that though we don't know the reason for which we are all gathered here—that is something we can never understand—we are nevertheless privileged that we *do* have the ability to meet here, as we do each week and to have you join us.

There are more to join us here, a little way into future. They will make themselves known, but not yet.

Les: Well we shall look forward to it Salumet, as we look forward to every meeting now.

I don't like to speak too much of what has been, but I will tell you, this is not the first time that *all* within this group have met together.

Les: Is that so?

There has been a meeting of hearts *and* minds before.

Les: In a previous existence?

Yes, in past times, but this time, there has been a culmination of love, which has brought you all together and which has helped to bring me forth to you.

Les: That makes us very, very happy to know. And again, thank you for telling us.

Lack of 'people power' does make a difference

Salumet confirms that this can impact especially when visitors are due to speak to us.
(17/4/95)

Les: We do appreciate you coming, when there are only such a small number here.

Thank you for your welcome once again. I have to tell you numbers make no difference to my coming, but it does alter things for the visitors who I wish to bring to you. Therefore, for those reasons, we will leave the coming of the visitor, we will wait till there are more within the room.

Les: Thank you, there should be at our next meeting. This happens to be a holiday in our world and of course they have to take advantage of it, for the sake of their children and relatives, to get together.

Do not be concerned, we are aware of these happenings. But you know that we are affected sometimes, by the lack of '*people power*,' I will call it.

Les: Yes, I quite understand.

Yes, you see I have developed communication skills if you like, which makes it far easier for me.

Les: Yes, it is certainly far easier now, than when we you began, isn't it?

Yes, of course. So, I apologise to you here, but I do promise you your visitor will return as soon as it is possible. I will tell you in advance as usual. I am so sorry you have been put to unnecessary trouble.

Les: It's no trouble at all Salumet, absolutely not.

I know it takes your time and for that gesture I thank you.

Sometimes we are not always happy with our chosen pathway, even though it is the wisest for us

Sometimes we feel we want to follow another pathway which is not always available to us. Whilst following our pathway, we must always try to demonstrate loving hearts, open minds and generosity of spirit. Salumet went onto discuss our awareness of the help is truly at hand and to listen to that inner voice and not dismiss it as imagination. 'Acknowledgement' enables those helpers to come closer. Salumet states that he is here to help, to comfort, to love, to instruct and to be a friend. (1/5/95)

I have to say to you all, I feel your disappointments sometimes, when you feel that there is a path that you wish to tread, and it is not always available to you. I have to say to you, all of you have jobs of work to do. It may not be what you desire, but it is the pathway that is the wisest for you. I ask only that you accept it with loving hearts, with open minds, with a generosity of spirit.

Les: Following up on what you have said, we would ask for your help, to accept those conditions, if they are not what we wanted.

I come only to help you, I come to comfort, to love you, to instruct you and I hope to be a friend to you all.

Les: You certainly are that, without question.

There is one with you, whose psychic awareness has been opening gently. They are afraid it is their imagination.

Les: This is often so unfortunately.

Let me say, it is not imagination. I have been working with you all and I hope that our time here continues, that each and every one of you are aware of this.

Les: Well I certainly have been and I hope everybody else has. Would you like to answer individually so that Salumet knows what is going on in our minds? Dawn how about you, have you been aware?

Dawn: No—

Les: You haven't, Lilian?

Lilian: I've certainly thought about you sometimes.

This dear lady denies much, let me say. She is much more aware than she knows.

Les: Yes I feel that too.

Lilian: It's my doubts that—

It is her mind yes which creates these doubts. I—

Les: So get yourself another mind. *(Laughter)*

Lilian: I'll try—

Les: Sorry I interrupted, my apologies.

Let me speak now, please forgive me. The lady Dawn has the capabilities but does not devote enough time to those quiet moments.

Les: She is a very busy person, yes.

But unless you give the time, we cannot come close, you understand?

Dawn: Yes.

But you are capable if you wish.

Dawn: Yes, thank you.

Les: Sue?

I will speak for this one. We are pleased with how she is coming along. We are happy to see her awareness is reaching higher and higher.

Les: Yes she certainly has been hasn't she? Nice to have you confirm it.

Let us continue.

Les: Debbie?

Debbie: Sometimes I feel an awareness, but I'm not sure if it's my imagination or not.

Les: Here we go! (*Laughter*)

Yes you see we have doubts again.

Les: Why do you think it should be your imagination Debbie, I'm sure Salumet would be interested in that?

Debbie: I think if you want it to happen, you can almost *will* yourself to—

Les: I wouldn't agree with that, the mind's not strong enough at the moment, otherwise you would *will* your back better. (*Debbie suffers from back pain*)

Debbie: Well maybe I should say I'm looking for things.

Les: Of course you're looking, we're all looking, but when they are presented to you on a platter, you want to scrape them off.

Debbie: Oh I don't do that—

She has little doubt, but don't be too concerned, as time continues, she will see the evidence of her own eyes and feelings. Don't be too concerned my child, it is happening.

Les: You have told her she has got the potential.

All of you have the potential, all of you are spirit clothed within these bodies, of course you have what we call *potential*. It is rather a negative phrase I think, because the awareness is there, it is—how can we say, '*stifled*'?

Les: Yes it is, it is there.

It needs to come to the surface that is all.

Les: Paul.

Paul: Yes, you've come into my mind once or twice this week and I've felt uplifted from it.

Let me say, I have said before, this young man has much to give. It is not your imagination that I have been with you, because I have BEEN with you, you need to recognise it and accept it.

Paul: Yes, at the moment I just get a vague feeling of everything's all right and I feel on a higher level when you come, but—

Yes, I say to you, just acknowledge it and that is all we need. We need to have for acknowledgement to go a step further, can you understand that?

Paul: Yes, would it help if I wrote it down, what I feel at the time?

If you so wish yes, it may reaffirm what you are feeling. But certainly if it helps you, then do so.

Les: I have repeatedly to tell people Paul, not only you but many others as the work goes on, that they must acknowledge what they feel, so that those that are presenting it, know in fact that it is getting through to the person.

Paul: How do you acknowledge?

Les: Just say thanks very much I know you're here—quite simple. You don't have to go down on your knees and make a long speech, just say yes thank you, I know you're here; that's all that's needed—then they know they are getting through to you.

Also you see, we cannot force upon you, we cannot force ourselves upon you. Until you accept each step, if you like, we would be interfering, and this we cannot and will not do.

Les: Ok Paul?

Paul: Yes Thanks.

Les: Don't forget just acknowledge it, that's all you have to do, mentally will do.

Paul: I'll give you a good hello and a wave! (*Laughter*)

I will listen closely.

Les: Margaret?

Margaret: Well I have been away for two months.

Les: That's no excuse. (*Laughter*)

Margaret: I have missed the comfort I get from here and I'm so pleased to be back.

Les: But don't forget that you can use this not just here.

Margaret: Well I did ask Salumet to help me once when I was in Hong Kong and I'm sure he did, because I was able to tell my daughter-in-law, in a nice way, what the problem was.

Les: Good, so you were aware of him—good.

That is all I need you see, the contact with you and I will be there. But don't be concerned, I know you have lives to lead and busy lives they are too. But do not forget that not only do you need to feed your physical being, but you need to feed your spirit as well.

Les: All right Margaret?

Margaret: Yes thank you.

Les: Sara.

Sara: Yes, I've had a difficult time last week, but I did feel at one stage, a cool draft of air behind my back which I couldn't account for and I felt someone was with me.

Les: Did you acknowledge it?

Sara: I can't remember, I think I probably did.

I have to say, the lady was a little surprised and taken aback. You are not afraid of these things, but a little doubtful sometimes too. This young lady is a very sensitive soul as I have said before and much is available to you, if you so desire. You did indeed feel an awareness was with you and indeed it was someone who comes close to you at all times and you will have the awareness even stronger, because they are determined to make their presence known to you. But it will be slowly, slowly.

Sara: Yes thank you.

Les: And don't forget please Sara to always acknowledge it, it is important.

Sara: Yes I'm sorry if I didn't, I will next time.

Les: George.

George: There are moments when I feel guided, I sometimes seek ideas and an idea seems to come and I don't think it's my own intelligence and I do sometimes find I slap my head and look up and say 'Thank you!'

Yes we know and we are thankful for what you do. I don't feel I have any more advice to give to you—we are happy with the way you are progressing.

George: Thank you. Can I also say, through my life I have experienced some beautiful coincidences, which are way beyond ordinary chance, and they just give be a nice reassuring feeling.

Yes, well let me say to you all, each and every one of you, have your own helpers, those who love you and those you would not instantly recognise, who have been with you, since you first entered this earthly (realm?) So you are all well looked after, you are all given divine love, which you would find hard to express yourselves, but let me say it surrounds

each and every one of you. It is just your own awareness that is lacking and that is one of the reasons why you need a little help. Not only will it help with your soul growth, it will help with the work that is to come, you understand? (Affirmed)

Les: Well thank you very much for that Salumet, it's very helpful to everybody.

And also you my good friend, you have found within the last few months, a great expansion of your own awareness.

Les: You are absolutely right.

Yes, and that is as it should be.

Les: Yes I have been very pleasantly surprised.

You should not be, you have the knowledge so you know what is available and there is so much more to come.

Les: Good. Yes I must say it's a wonderful feeling when I am positive that you are with me, as you have been—not necessarily you personally, but the energy from your planes.

I am happy for you, it is good to hear it put into words and for that I thank you all.

Why do we have a light-hearted communicator at the end of most meetings now?

Salumet replies that it is partly to help the instrument return, who has been taken a long way away, but also because we do not laugh enough in our everyday lives! (3/7/95)

Les: I believe I'm right in saying, at the end of most sessions now, we have a communicator who's quite light-hearted and often causes us a lot of laughter. That is I believe to clear away any heavier influences that might be left?

It is mainly for the instrument's sake that this is done, because although I am not fully in control yet and I do say 'yet,' she needs to be protected because she is taken some considerable way from her physical being, you understand?

Les: Yes I do. I thought this was the reason for the appearance of the light-hearted people and we much enjoy their being here too.

It is for you all to laugh. You know you beings do not laugh enough. So many times you are laden with everyday worries, which most of the time, is unnecessary fear. But that is part of your development and must be endured.

Les: Yes, you have explained that to us in the past. I think we now all accept it, even if we don't understand it.

I will say again: *Thought* is the most powerful thing—your fears are the most destructive.

Salumet reminds us that we are all channels in the group

We are all used in different ways although we are not always aware. Salumet also states that harmony must be preserved within the group, so new members must be vetted through Salumet. (24/7/95)

All: Good evening.

Let me say to you, your love vibrations are strong this time.

Les: That's very pleasant to hear, we're glad that you can feel those vibrations from us.

Let me begin this time by saying I want you to know that *all* of you are channels. I have heard your thoughts, 'How can we serve, how can we be used?' I say to you all, *you are being used in your own way.*

Les: Yes, thank you for that assurance, for everybody. I do know some do doubt themselves. **The ways of being used, are as diverse as the races upon your Earth, so the very fact that you gather here, indicates you are being used. I want to say to the one here tonight, (she is an unrecorded visitor) is a perfect example of devotion to being used. The genuineness of that soul, is indeed so true to her spirit. But I wish to say to you please, that as time continues, there are some who will wish to come within this room, who may not be quite suitable. I will tell you of the time, when perhaps you will mention beforehand, so I can indicate to you, whether their presence is acceptable.**

Les: Yes, I shall be pleased to have your advice on that.

I know you use wise judgement; I do not question you, please do not think I do.

Les: Oh, I wouldn't think that for a minute, no I don't.

But there is coming a time when it is important that the harmony remain good and true to that purpose for which we come, you understand?

Les: Yes, I do.

But it is a little time off just yet.

Les: Thank you, I shall certainly keep that in mind, and I appreciate your advice.

Direct voice

Les asks about the possibility of direct voice within this group. Salumet reminds us not to hold onto any idea that we consider great. There are so many possibilities. Interestingly, direct voice has existed since time began and is certainly nothing new. (7/8/95)

Les: I do have a question Salumet. I must preface it with a remark: We have been told that we shall have 'Direct Voice' communication here. That leads me to the question which is, I am of the opinion that Direct Voice communication is not something new or rare, that it has in the past been a common phenomenon between many nations, who were aware of the possibility. Is that right?

My good friend, it has always existed in many forms, not always recognisable, as you call it, 'Direct Voice,' but the energy power has been there to be used by those capable of it. It is not new, it has existed in your world, since your time began.

Les: Yes I was thinking on the subject a few days ago and I was convinced it had been such, since the beginning of time or civilisation, as we call it, or mankind perhaps is better.

Go back to your Biblical times that you are all familiar with. Was not the voices heard in the wilderness? Was not the voice of those great spirits heard upon the mountains? What is new about it? Nothing.

Les: The so-called voice of God, is nothing more than what we would call Direct Voice, what we would call Direct Voice communication.

It was said to be the voice of God. Let me tell you my friends, you will never ever hear the voice of God! (Amused expression)

Les: Of course not—no, I have never accepted that phrase.

I too wish I could hear such a voice, but I would not be truthful, if I told you such a thing was possible.

Les: No, but that was the only description that they could think of giving in those days.

It was their desire, so it became their reality.

Les: That's right. Well thank you for answering it, I thought my feeling was correct on that.

I will say one thing about this subject: We know you have waited many of your Earth years. But let me tell you my friend, when the time is right, *many* things are possible, *many* things. Try not to focus upon *one* thing, which you see as *great*. The possibilities are building for *much, much* more.

Les: That's most interesting. I do try not to concentrate on one particular thing, because I know we can't possibly imagine what you are able to do.

We need to work with you all. We need to refine these subtle energies used by all of you, because you see, as I have told you all, what are you but pure energy. There has to be much refinement.

Les: That I can understand too.

You do—that is good. So I say to you, hold on to your desire and you will see it come to fruition. But I say, take heed of your time—do not become too *anxious*.

Les: No, as you have said many times, 'patience.'

It is really one of your very true sayings. Patience is indeed a *virtue*. I know you humans are not endowed with great patience, but it is something you *all* can try to remedy.

Les: Yes. Thank you very much for what you've told us.

[Will the information given to the group one day be made public?](#)

Salumet assures that one day it will be put down, will be gathered and will be distributed.
(14/8/95)

Les: We are collecting as you know, all the information that you give us, and that which comes from your colleagues. I'm hoping that it's not going to remain tucked away somewhere, but that it will eventually be able to be published for the benefit of others. Whether I do the publishing or not is immaterial. I can't see myself getting time to do it, but I'm hoping that all that you've told us will be made public. Are you able to confirm that for me?

Let me speak upon this matter: It is not so important that my words are put upon the paper, but let me say, I do understand the desire that the words spoken here should travel further afield. When first I came to you, I told you that information given by me, would be received by many others throughout your earthly world—that all that would be given would be clarified by others. But we know that it is important for others to see and hear the words spoken within these selected groups. Therefore, the time will come, the opportunity will be placed, whereby the information will be put down, will be gathered and will be distributed.

Les: Thank you, that's all I wanted to know. Thank you very much indeed I should hate to have thought it just remaining stagnant.

All truth is never stagnant, it must go forward, it must travel from person to person to person, in order that what we say—and this time it cannot be dismissed as in times gone by. We have come to an age, when the 'TRUTH' is here to stay.

Les: Good.

Salumet pleads that before the group enters the room - place all daily concerns to one side

The better the conditions for the meetings, the more work can be done. (28/8/95)

You cannot fully understand what there is to give, what we can bring to you, but we do need conditions to be right. So, I want to say to you this time:

Before you enter this room, place to one side all daily concerns, all problems, offer yourselves as open channels and then we can do so much more.

Les: Good. I will tell our friends who are absent tonight of that.

If it means sitting quietly before you come, please, please endeavour to do so, because there is so much work to do.

Les: Thank you, we will all try to do that.

I am seeing subtle changes within you all, as time continues. It is our desire that all of you be used in unity and in love. You are brought together to provide those circumstances, that peace, that love that is so necessary. Now I want to say, before I leave you, may you find in your hearts, each one of you, an expression of love for each other, to offer it, where you can. I ask you to continue this time, in whichever way you feel best, whilst I continue to work with this instrument. Are you happy to do this?

Les: Of course, we are yes.

I am happy to have joined you but do need time to work with this one.

Les: Yes, we understand and we're perfectly happy and content to sit quietly whilst you do so.

You need not be silent, but I do ask that there be no sudden loud noise. Until we meet again my good friends.

Les: We certainly thank you for what you have told us tonight and our love of course goes with you more than ever.

Salumet reiterates that all members of the group are used as part of the whole

Salumet speaks that he wishes us to consider him a friend as well as a teacher. He reminds us about controlling our thinking if we are to maximise what we can achieve this lifetime. He also has confirmed that this is the only group on Earth that he is attending at the moment. He will not channel through others. Part of what was said is shown here. (1/4/96)

Les: We do look upon ourselves as pupils.

I am honoured that you should feel this.

Les: I think we all agree on that don't we? (*Enthusiastic agreement*)

But of course, although I come to you, to try to instruct you on many things, I firstly feel that we have become close, close enough for us to become friends. (*Enthusiastic agreements*)

Les: We are indeed friends and we're honoured to call you ours.

It is good that all have gathered this time. I know because of your lifestyles, that it is not always possible. So when we have all together, it brings so much more to these meetings.

Les: Yes, it's much more energy you're able to use, isn't it too?

The energies can be utilised more. I know this is something you do not fully understand, the usage of what we term *energy*.

Les: Know we don't fully understand it.

But if you can imagine yourselves as individual beacons of light, to come together produces such huge light; that is simplifying what happens, when you all gather together, you understand?

Les: Yes, it's a coalescence of all the lights, isn't it?

Yes, so as the light collects together, so it can be used and can shine forth further, within the universe. Because there is much gathering of energy here this time, it would seem sensible that we make use of it, do you not agree? (*Agreed*)

Les: Whatever you feel desirable.

Therefore I will speak for a short time only, thus enabling those others who stand close by, to come to use others and to see what they can achieve amongst you, because you know there is much more that has to be achieved within this group of people.

Les: Yes we are all very glad to know that and we look forward to helping in whichever way you advise.

I come only to help you all. Therefore, we must take the opportunity when presented to us. But let me say this time only a few words to you: I know that there are amongst you, some who would desire to do more. I have spoken about it before, I tell you once more, that each and every one of you is so important to these meetings. All of you are producing your own energies, your own *Divine Sparks*, which create reality. Therefore, in joining together, you make happen what we are trying to achieve. So my friends, I would like each of you, to find that importance within yourselves, to say I am contributing to the whole; in that way, truly you will become as *ONE*. You understand?

Les: Yes, yes it will be a unified effort, won't it?

It has to be so. We do not want separateness, because that would not achieve what is needed here; it would nullify the work that we have already done. So all of you must *feel*, I hope I use the correct term, '*Important.*' By that I do not mean that the ego must come forward.

Les: No, we quite understand.

But you are important to the work here.

Les: Yes, I have said before that I consider myself to be extremely lucky, that I'm able to be in such a unified group, because ALL work for *each other*.

Of course, it is natural that there will be doubts sometimes amongst you. Here again we speak about your *Thoughts*, and how you must *train them*, to achieve all within your lives, because you see, by doing so you are achieving what you have come here for. I hear so often from you, '*What is it about?*' '*What is it about?*' My dear friends, if still that question is within your mind then the time has come to change the thought patterns. You understand?

Les: Yes, I don't think any of us ought to be wondering, only accepting now.

I have to say there are a few doubts, I will not individualise now, but there are a few amongst you, but it is of not too great a concern, it will alter, but I wanted to verbalise and bring it into the open.

Les: Yes, a very good idea.

So that they can understand how important they also are, to the whole scheme, the whole plan, of what is to come.

Les: So it behoves us all just to have complete and absolute acceptance, without wanting to know the *reason* for why these things are happening?

I would not say '*absolute acceptance*,' I would differ with your words. What I would say is this: Question, question if you must, find what suits you, but when you have analysed those doubts, then put them where they belong and go forward, there is a slight difference.

Les: Oh I would agree absolutely; I quoted merely because that is where I have arrived now, after having gone through the period of doubting and questioning.

Yes, it is not something to be ashamed of, in fact I would encourage questions, but not serious *self-doubt*, that is the problem, self-doubt; that is what I speak of. So dear friends, know that we are close by, know that we uphold you, uplift you, that we are in your daily lives, to encourage and sustain you. (Thank you.) Now I would say to you, let us see what can be achieved.

Les: Yes certainly and before you withdraw, I'd like to thank you for your visit the other evening, if it was in fact you, using the other instrument?

I have to say no—please speak, please speak—

Les: The other evening, when I had two instruments here, it was thought by one of them, that you were speaking through her.

I have to say *no*.

Les: Yes I rather suspected that, which is why I questioned.

Ah—Let us talk a little, because this troubles me so. What was said please?

Les: I don't think much was said at all, it was just thought that it was you—whether it was wishful thinking?

Let me say this to you dear friend: For *long time* I have waited to come to the correct peoples, to *be* within this group. I have told you from the beginning, that I was not *one unit*. But in saying this, *only one aspect of me returns*. I would say to you now, please take

heed, that outside of these meetings, *I will not speak*. I may use instruments within this group, but not outside, not yet anyway.

Les: No, I was a bit concerned about it, that's why I questioned, thank you for answering. **I hope it will not dismay instruments being used, but sometimes the subconscious mind can interfere.**

Les: This is what I thought it might be.

I hope this has helped you?

Les: Yes it has, I shan't mention it.

No, no need, but please be assured that I will not speak outside of this group.

Les: Thank you, now I shall know how to deal with it, if it should occur again. I don't think it was any wish to *deceive*, but as you say the subconscious probably was operating on a wishful nature.

It is not something that you should be harsh about, because all instruments sometimes have doubts and allow the subconscious to raise to the surface unknowingly, *unknowingly*. They do not mean harm and of course it would be *nothing sinister* of course, because here within these walls, you may well know, all are protected. Do not be concerned about it, but accept that I was not here.

Les: Thank you—that is all I wanted to know really, I shall not raise the subject at all, thank you.

Salumet explains a little more about what has to happen before channelling

There is much we do not understand about blending of energies which is a subject far beyond our understanding at the moment. (16/9/96)

I wish again to thank you for your patience.

Les: It's a pleasure to wait for you.

I am with you from early in your meeting, but it is little known of the intricacies of blending with instruments. It is essential that blending of energies should take place correctly, in order that no harm comes to this one.

Les: Yes I think I understand what you mean and we appreciate your consideration.

So although I am with you, it is essential that I take more time, to be sure that all is correct and that we have attained the best conditions possible.

Les: Yes, we are quite prepared to wait—I do know how complex the matter is.

I know that some of you wonder why it is easy for some to come so much more quickly and easily, but there to be considered many changes within the energy fields when one such as I return to you. It is more difficult and it is essential that the instrument being used, is in a good condition also. That is why it is necessary to work always closely with her. But now that the connection is made, I am happy to continue this time. You may find that it sounds different this time, only because I am working with different energy patterns. It is too complex to explain this time, but I hope you will accept it so and we will continue.

Les: Yes of course we accept it, we're only too pleased that it's happening.

Salumet's or other spiritual influence is never forced on us

But we often consciously or subconsciously block the help that is available. We are reminded that when we are feeling despondent due to difficulties in our lives, our spirit soars. (14/10/96)

Les: I would like to follow on what you've said Salumet, about our spirits soaring when we are despondent physically. I believe I'm right in saying that you *do* and *are able* and *permitted*, to give us spiritual upliftment in those times and that is not classified as interference?

No, that is what I say to you. I can help you, I can influence you, I can give you the *thinking patterns*, to encourage you to make the *decisions*, which go forward into the physical aspects of your living. But of course, my influence is more concerned with your *spiritual growth*, rather than the *pathways* you tread, whilst in these bodies. Of course, to see you grow spiritually is *my complete aim*, whilst I remain with you.

Les: Yes, and the strength you give us spiritually, on the occasions when physically we are at low ebb, does enable us of course, to better cope with the physical disabilities and physical disappointments and stresses we have.

It should do, but I have to say that not all accept that upliftment in the way that they should; they block what encouragement and help we offer. It is possible because of your free will, to refuse the help that we give and I speak now of the physical matter. But you cannot see that the help given to the spirit, is always accepted. You understand?

Les: Yes, everybody understands that do they?
(Affirmed)

If the physical being would listen to that *inner voice*, then they would feel much more, the help that we bring to you. But that is always the problem with man's *free will*, that we cannot force ourselves on you.

Les: I don't know if you've been aware of it recently, but as far as I'm concerned, my desire for spiritual help, to cope with physical conditions—not that they are very bad, but to accept them constantly as a help in the physical living, my door has been wide open for spirit assistance.

Yes, I would say a few words about this: I believe that few of you fully understand that as your earthly years follow you, as you grow old in years, that the spirit lifts itself closer to our world, and therefore is enabling that part of you, to accept more—or it should be so. It does not happen to all, because those peoples in your world who have no knowledge, cannot allow the spirit to lift. They continually keep it close to this earthly plane, not because they fully understand what they are doing, but because they are ignorant in their knowledge of spiritual matters. So dear friend, the reason why you know and accept that you are growing spiritually, is a combination of your physical age and that the spirit has grown, over many earthly years and is, shall I say, *more prepared* for life in our world; so finds it easier, to accept the help that is given. Do you follow?

Les: *I do*, because I *am* getting older! (Chuckles)

But you see, as you grow older in years, and the spiritual knowledge and growth follows those earthly years, then the help that we give, is more readily accepted. You understand?

Les: Yes, I must admit that I've apologised to you a couple of times recently—apologised mentally, because I have called on you rather frequently for help.

I will not accept apologies. (Chuckles) I have told you, always I stand near when you feel the need for me—there will be part of me around you all, in times of need. So you see, the calling of my name, does not require apologies.

Les: Thank you very much. (*Thanks expressed*)

I would not have spoken such words, if I had not meant them.

Les: I know you wouldn't do. I have been very much aware of you recently.

I know, but I don't need to tell you. I know that all of you have called to me and I know some of you as yet, are still not aware of my presence, but do not be concerned about this, it will come in time. But let me say to you dear friends, that all of you, whether you know it or not, are treading life's true pathways, *pathways* which were meant for you. So when you ponder your everyday troubles, think upon these words. Remember that I have said you travel the right road and perhaps your burdens and your woes, will feel *lighter* to you. (*Thanks expressed*)

[A visitor comes with a little information about spirit world](#)

The communicator speaks a little about life in spirit world in comparison to the life he left behind in the church. (13/1/97)

Les: You prefer what you do now, to what you did when you were here I imagine? (*Les was aware psychically of his church robes*)

Of course, there is no comparison. How can you compare this work to any that is available in the human form?

Les: And how did you feel when you realised that you had so long been postulating the wrong theories in many cases?

How did I feel?

Les: It must have been a shock.

That is an understatement I have to tell you. It came as a great shock, not only to my understanding, but to all that I was. Can you understand?

Les: I can yes—my question wasn't purely a probing one, because I'm very concerned. We've had others who've been in a similar position to yourself and are now doing a great deal to counteract what they did when they were here, though they were doing it with the best of intentions.

Yes, you need to understand I think that most people, whilst they are on your Earth, do the best that they know how to, so there should be no harsh judgement upon them. The judgement comes when we face ourselves.

Les: Absolutely, I agree completely.

I would wish to reiterate to all of you, that there is no judgement for you, only the judgement that you issue forth to yourselves.

Les: Quite. That is our teaching here to newcomers too, that we are responsible for our own judgement.

This is something I try to tell others also, when I join my regular meetings, because you see, sometimes even groups such as these, do not fully understand that aspect of Spirit.

Les: You are quite right they don't, because they will adhere to that frequency of ideas and in many cases I think it is a form of insurance, such that if they are wrong in what they believe and in what I and you of course are trying to teach, then they have the insurance that they didn't throw everything else overboard anyway.

Yes, I think that is a good term and perhaps I may borrow it from you, for my future use.

Les: Yes of course. (Laughter)

I will keep that in mind, thank you. Good, now I really must leave you.

Les: Yes, can I ask one last question for my own benefit? Why do you still wear your same robes?

Because only when—this is something too that many of you do not fully understand.

When we come back to this vibrational field, all that we remember, memories and such create what we were; it is not necessary we know and fully understand that.

Les: I see, it's created by the memories?

It is created by the memory of returning to where we once belonged. It is nothing to do with the will of what we want. It is almost like the memory of a landscape.

Les: I wondered if that was the reason, because we have been taught that energy has memory, and if this exists in what you used to wear then I can quite understand why it would reappear, when your own memories coalesce.

Yes, I am not too well endowed with knowledge of the technical workings of what goes on amongst—but I only can assure you that that is why these things occur.

Les: Well it's an interesting and very informative answer, thank you. It does clear up several queries I had about it, not only with you, but with others.

And of course to retain the garb which once we had, is also very good for evidence for those people, who once would have known them, if the time scale is correct, you understand?

Les: I understand quite.

But that is why it happens, not because we cling to old values, but only because we have that return to your atmosphere.

Les: I see, well thank you very much for that, it's very useful. I won't detain you any longer.

A visitor gives members of the group their life colour and the name of their guiding 'angel'

This information was given to each member of the circle to help with the life path they are following now. (27/1/97)

I feel able now to use the voice, provided you can hear me sufficiently.

Les: We can hear and understand what you say, thank you.

Then I will continue for as long as I am able to, with the power provided. This meeting is of importance to you, because I wish to speak to each one here and tell them who it is, who is guiding them through the path they are walking on now. You will probably find this has not happened before. We are giving each one the name, I say again the NAME, of their guiding—you may say 'Angel'.

Les: Thank you that's most unusual.

(Arrangements were made for each sitter to come before the speaker one at a time)

Les: Margaret?

My child I ask you, when you take your repose this time, think of the colour purple and the name of your guide is Joshua. Should you feel in times of stress, you need to call upon him, mentally say his name and there will be strength flowing through you.

Margaret: Thank you very much.

May you have piece in your lifetime.

Margaret: Thank you.

Please speak your name?

Lilian: Lilian.

This one is very special. Her Spirit shines through. My child, I repeat to you, when you sleep this time, think of the colour white and the name of your guide is Ramona, Sister Ramona and as I said previously, in times of trouble, call upon this person.

Lilian: Thank you.

Sarah: Good evening, my name is Sarah.

My child, deep inside you, is a gentleness that comes to the surface. You are greatly loved. The colour surrounding you and the colour you need to take into your mind is yellow and the name of your guide coincidentally is Sarah. Call her name and she will assist whenever possible, thank you.

Sarah: Thank you very much.

Paul: Hello, my name's Paul.

Again my son, you are a gentle and caring soul, who in varying parts, has given great joy at earlier times. Your colour is blue and the name you must bring to mind, is Ara-mis—a name unfamiliar to your ears, but important. He will be with you throughout your lifetime.

Paul: Thank you

Sallie: Hello, I'm Sallie.

Dear one, there are two people with you. They are heavenly twins. They will guide your footsteps. The colour surrounding you is white. The names of your protectors are Rachel and Rebecca. Go in peace and love.

Sallie: Thank you.

Jack: Hello, my name's Jack.

Another very precious soul here, much loved and highly respected. Do not be alarmed when I tell you that the colour surrounding you is dark and navy-blue, but shot through with silver light. It is a special colour and is highly revered. Your protector and guide is called Rama-sis. Call upon him in times of stress; he'll ease your mind.

Jack: Thank you.

Eileen: Good evening, I'm Eileen.

Take my hand my child. Such a wonderful and divine spirit we have here. Your colour my dear child, is golden shining yellow. I need not give the name of your guide, he is with you and speaks through you. You are greatly honoured to have him, as he is honoured to be with you. His name as you are aware, or the name you know him as, is Salumet. Call him

and he will be there for you. This one is most special and will be protected through this lifetime and into the realms of Spirit.

Eileen: Thank you.

Your name child?

Dawn: Dawn.

This one, this one has been in distress. Call upon your guide Naila, and think again of the colour white. Go in piece my child.

Dawn: Thank you.

And now, there is a light surrounding you, which lights up this room. You are most beloved, you have so many surrounding you and helping you along each step of the way of your physical life, but there is one name, one name you are probably familiar with it, but I will repeat it, for the benefit of others. His name is Brother John.

Les: Yes indeed, a very old friend and I greatly appreciate his help.

He is your protector. There is more than one colour associated with you my friend, but predominantly, I will say to you, that it is a vibrant blue, vibrant and shining. I leave you now.

Les: Thank you. Thank you very much for the information you've given us all.

The power is unfortunately not sufficient for further communication.

Les: We do appreciate what you've said and we're very grateful for the effort you've made to bring this information to us. In return we all offer our love and heartfelt thanks to you. God be with you.

Two names I give you for this one and little one absent: Little one must call also upon Brother John and this one, Anna. They send you much love and wish you all piece and joy, throughout your lives.

The communicator then withdrew and returned on 17th February, to complete the circle, which has been included here:

— Please may I ask those absent, to come to me and I will give them the information they seek.

Les: Right—Jo?

Little one please place your hand. I believe I gave the name of your guide and I know the name is familiar to you.

Jo: Yes thank you.

He is with you throughout the times when you are most in need of comfort.

Jo: Thank you.

Brother John, you know?

Jo: Yes thank you.

And you are aware of some of his workings are you not?

Jo: I am yes, I have been for several years, thank you.

Call upon him my little one and as I said previously, concerning the colour which will be of benefit to you, it is rich, dark and most powerful colour, it is the colour purple.

Jo: Thank you.

It will be of benefit to you, when used with the one who cares for you.

Jo: Thank you very much indeed.

We are fully aware of any problems you have and are dealing them as much as we can.

Jo: I'm very grateful, thank you.

Go now, in peace and love.

Les: George?

Please to state your name?

George: George.

Ah yes, we are very aware of this one and will be using him to the fullest of his abilities very shortly.

George: Thank you.

You know what we are speaking of, I am sure.

George: Yes.

The name of your guide who is with you, and listens to you and helps you, his name is John and the colour which surrounds you is pale blue, not a dark blue, but a pale and shimmering blue.

George: Thank you.

Thank you.

Les: Mark?

Your name please?

Mark: I'm Mark.

Yes, we are aware also of your talents—talents which perhaps you are unaware yourself, but be warned, we will be using them shortly. Your guide my son, the guide who you must call upon in times of stress, is Raul; a name perhaps unfamiliar, but non-the-less most important in your life. And the colour, the colour which surrounds you, again is within the blue spectrum, but this time a shade darker; again not a dark blue, but something of a vibrant colour. Use it well and it will benefit you throughout your life.

Mark: Thank you.

Thank you.

The circle, is it now completed?

Les: It is indeed. And for that we are all very grateful.

I will return to you at a later date and will discuss with you the meaning of your individual colours and the significance of the people who surround you all.

Les: That would be most interesting for us and we certainly look forward to it.

You are aware I know that you share with this little one, a guide of great magnitude. He is here now and is stood behind this one and is giving healing as we speak.

Les: Good.

I would ask for this one please, not to be disturbed, until we close the meeting.

Les: Certainly, we'll honour that, and I was quite sure she would receive healing while she was with us this time.

A couple of months later, Les was able to ask for similar information to be given to Sue.
(28/4/97)

Les: The *little lady* as you call her on your right, has as you know given everybody here their life colours, as instructed by those in your realms. She herself has not been given her colours and we wonder whether you would be able to do that for her?

It is not something I would do normally, but for this one I will. I would say only this: That she was impressed, but was unable to gather the information given to her. There is no fault in that, so let me reassure this little one, that she is not excluded from such

information. You of course all know that the colour and the individual given to you are spiritual colours and not the auric colours that surround the physical bodies.

Les: Yes we do.

Was that fully explained to you?

Les: Yes we do understand that thank you.

You understand that the colours which surround the physical body are ever-changing, but the colours that each one here was given, is their own spiritual colour, dependent upon their own spiritual growth. You understand?

Les: Yes we do.

So I say to the little one, because she is in a transitional period of her spiritual development, is not one colour, but it is pink, bordering upon the purple hues. You understand?

Les: Yes thank you.

This one has grown much in recent years of your time, therefore her spirit colour is also changing.

Les: Yes we understand that.

The one who is her spiritual mentor, goes by the name of Veronique. But she will I believe answer to English name of Veronica. It is entirely up to the lady, which name she uses.

Les: Thank you, there's an interesting aside there — before we began the meeting, I thought this might not be your province and I was asking if they wished to give her the colour, would they like to do it through me and I was getting pink, but I was not getting it strongly enough, so it stayed there —

Because of the transition, you would have been confused by seeing only one colour. It is a blend, which is in the change into the purple hues, as you would know them. I have to state dear friends, that these colours are given to you for your own understanding, belonging to the colour schemes upon your Earth. But in fact they would not be truly recognisable to you, when you are truly spirit, because they are more energy than colour. I do not wish to go further, because I believe you would not fully understand. So I hope she will take the name and the colour and know that we are here to help, in all ways possible.

Les: Yes I'm sure she'll understand and of course thank you very much for what you've said.

[A new member of the group is welcomed](#)

Barry was welcomed through another communicator followed by Salumet. Amongst many things, Barry will be bringing much spiritual power to the meetings. The subject as to why spirit constantly seeks permission is also addressed. (5/5/97)

This evening's first communication came through Sue, who explained a few changes this evening and that Salumet would be speaking later. She then spoke to our new member of the group:

You are most welcome my son.

Barry: Thank you very much. It is a pleasure to be here.

We have been working towards this day for some time. You would be unaware I feel, of those that have been with you, in recent days. But believe me you have been well protected and guided towards this time.

Barry: Thank you.

With the gentleman's permission, I would ask you a question.

Barry: Please ask.

Are you willing to join the people here, who so generously give their time and their Spirit, to do the work of further realms?

Barry: I would gladly do so.

Your path here has been arduous and at times, we have been unsure whether you would be willing to give yourself freely to this work. But in recent times, your spirit has shone out like a beacon of light and we knew, as we surely did, that we had not got it wrong. We know you have interests in working with our doctors and for that we are most humbly grateful. But there is other work, which we would like you to do, in conjunction with this. You are what you would call, in your words, a generator, do you understand my meaning.

Les: I think a spiritual generator.

Barry: Ah yes I would understand.

In terms that may be easier for you to understand, you are a source of energy, a source of energy which we wish to tap into, with your permission.

Barry: Please tap into the energy, but please may I ask that you would guard me against forces, which would misuse this?

Oh my son, the protection that surrounds you and each one here, I could only compare to a suit of armour, impenetrable, impenetrable only by people who are not required, but an open door to the spirits of Love and Light. Fear not, you are protected not only in this room, but wherever you are and wherever you are likely to go, both in this world and the next. Fear not my son, you can only do good, if your heart is open and your spirit is light and we know we have been observing you, that both these things, both these matters, are well taken care of.

Barry: With that assurance, I will follow your guidance and thank you very much.

Could you please take me to the lady next to this gentleman?

Les: Certainly.

My child, there is a bond of power between you and the gentleman. I ask whether you would be happy to work with him in spirit?

Joyce: Yes I would.

This meeting of spirits has taken some time to occur and we know that it is right and proper, but would do nothing, without your permission.

Joyce: Yes, I'm happy to give permission.

Can I say to you, the light that exudes from this room, is soon to be a hundred times more bright and will light the pathways of all who enter here. This is a special time and one I am privileged to be a part of as a messenger of the spiritual light and love.

Joyce: Thank you.

You will feel at first no outward change of power, but in time the differences will become apparent and you will know when you are working in conjunction with our gentleman friend. You are an old hand at this, we know. You have been assisting us over your years, with an open heart and we know we have chosen correctly, in asking you to do this. Peace, tranquillity and the spirit of Love go with you.

Joyce: Thank you very much.

And you my dear one, are you happy to agree for us to use your home, to bring much-needed spiritual guidance to others?

Les: Not only happy, but extremely happy that you would do it, we all are. And we thank you for deciding to do it here.

The work that we wish to do will become more apparent, as your weeks pass. We will instruct you, as to the progress being made and give examples of what is happening and to whom. The Master will speak at length sometimes and will instruct each one here, concerning what is happening in this room.

Les: Thank you very much indeed and we're very pleased to know it's going to be so much more powerful for everybody, not only in this room, but to be projected outside of this room.

This little lady will be used, as I believe has been said to you recently, in a deeper and more complex manner.

Les: Yes it has been said, and we shall be very happy to help her in any way we can.

And let me say, with the new power in your room, in the new gentleman and our dear lady, will be of importance to her progression.

Les: Good, that'll be very pleasant for both of them and for us to see it.

I ask please, that until we instruct you otherwise, from now on, could your light in the room, be a little lower, at each of your meetings?

Les: Yes of course.

We do not ask for total darkness, but I slightly dimmer light, would be of benefit.

Les: Yes I shall see to that.

I would like to take this last opportunity this time, to thank you, to thank you for giving yourselves to the power of light and the spirit of love. There is much to be done and with your help, we can now begin a new course.

Les: Good, yes we were told it would be happening and we're very, very pleased to be a part of it, all of us, thank you my friend.

I give to each one here, a token of our love, in the form of a glowing orb, the colour of their spirit, which has been told to them. These colours are to be of importance in the weeks to come. So I ask that they focus their minds, in quiet times, upon their spirit colour given and it will assist us, to open the channels more thoroughly. May I ask before I go, is each one here aware of their colour?

Les: Yes they will be so, if not, we can refresh their memory on that. I was going to ask each one of them that question.

That is good. And now I leave you for this time, but will return to speak again, at a later date.

Les: Thank you very much. We look forward to that, God be with you.

Please bring little lady back slowly.

Salumet then followed:

Good evening.

All: Good evening.

Les: Thank you again for being with us.

Although there has been absence of words, I have been with you.

Les: Yes I'm sure you have, thank you.

I would like to thank my forerunner who imparted to you, words of much need, in order that we can go forward.

Les: Good. Yes we certainly look forward to it.

I have been working well this time, with this instrument. I am happy to tell you, that I now have full control of the body and now we seek to master the stillness of her mind.

Les: Good, very, very pleased to hear that and I'm sure she will be.

She will be aware this time, of some difference at the beginning of our union. But dear friends, let me say this to you: Thank you once more for your love, your dedication and your great patience in what we are attempting to do here. Each one of you is important; I don't want any of you to doubt that for one second. Each one of you is used, for the purpose for which I come. (Pause) I do not intend to say much this time, but if you have questions, I will answer one.

Les: I do, but it's rather complex, I think it might be better if I left it for another meeting. It has a great bearing on what you teach us, but it's a complicated question.

So, let us ask next time, if you are agreeable, because much energy has been expended this time; all unseen by you, but dear friends, let me assure you, that your help has been much this time.

Les: Well, we are all looking forward to a *brilliant future*, as we would say in this world.

I would say too that your future is *ever-bright*, do not doubt this. But I understand that you mean brighter whilst on this Earth and of course you are right. (Thank you.) I would say only these words to you this time, because I know some pose the question: *Why do we constantly seek your assurance and your permission, for things that we request of you?* Because dear friends, we need to *have* your replies in order to continue our work, in the knowledge that each one of you, continues, continues to follow our ways, because all too often many peoples leave this work. So by constantly reaffirming your approval, we know that the work can continue unbroken. Do you understand?

Les: I do understand and I think I might say in all sincerity, I don't think I could *get rid of* any one of them, even if I wanted to. (laughter)

I think I too can say in all sincerity, that I too would be loathe to let them go.

Les: I think there's no fear of that at all.

So dear friends for this time I leave you, I leave you saying only this: Your patience will pay you in a manner which you cannot appreciate at this time; but what is to come, will repay you all a thousand fold. Each minute that you give to us, will be repaid in kind. (Power + voice fading)

May each one of you, be enfolded within the Love and Light of all that is Creative, throughout our worlds. May each one of you know that you are beacons of Love and Light.

[Les asks Salumet for more information about what he is](#)

Salumet accepts the question and gives more fascinating insight. We have so much to learn and to even conceive what Salumet is, remains beyond our understanding at the moment. He encourages us to continue to learn and to raise our vibration. More information will be imparted when the time is right. (21/7/97)

Les: I'm going to ask one of you Salumet — I can understand if you'd prefer not to answer, but I ask it, because of our very great love for you. Again, it's a human failing that makes me ask, but you've told us that you have never walked upon this Earth. **(Yes.)** Are you able to give us a little more information on that, where you did live, or where you do exist, if we are capable of understanding it? It's not idle curiosity.

I know dear friend and I accept the question. When first I came to you, I told you that I was a conglomeration of beings. That statement still stands. We have to go into deep matters here, to try to explain to you. When I say I have never trodden this earthly path, that is true, I have not inhabited human form, as you know it. I — and you may find this difficult to accept, I have and always have been, part of energy, which comes together for the good of, shall we say, the cosmos. I have not trodden in any kind of human form, but when I accepted this task, as many have — and by saying that, I do not mean that others have not taken human form, because they have. I come to you only as a *voice*. I will explain a little more at another time. But I say to you, you must only accept me as a voice through this instrument, because that is all the energy that I can be to you. It is a deep subject, but I will try to tell you a little more.

Les: Thank you we look forward to that, because I'm sure all of us have tried to imagine you as a personality and you now give us something else to think about, in trying to imagine you just as energy, pure and simple; or not simple, but pure energy. That's very intriguing and does give us a lot to think about.

You have to also remember that energy is malleable. Here it can be used in many aspects of this work. But as you know, for means of communication, we still at this moment in time need what you call *instruments*, in order that the energy be *voiced*. But I will, I say to you I will try to explain and I have to emphasise '*try*,' because I do believe you are not yet ready for that explanation.

Les: No, we will accept your verdict on that, but at the same time, we shall look forward, to an explanation, if you consider we are ready for it. **(Yes.)** because it's fascinating to us **(Yes.)** and it does confirm — not that I wanted confirmation, but it reiterates something that was said at one of our other meetings, by somebody that said that he worked — I say '*he*,' if I may use that expression — he worked on 32 different planets, and my natural question was, '*How do you cope with all the different forms and languages?*' His reply was, '*You humans do amuse us. I am energy!*'

Yes, you also my dear friends are energy. But you are energy so dense, so *dense*, that you need these human forms, to be able to use the energy, at this stage of your development. Do you begin to understand?

Les: Yes, it may amuse you, but I have a very real mental picture — I think somebody's giving it to me, of a pot of thick porridge, which is us! I had to pass that onto you, it was so clear. *(chuckles)* So now we know what we look like to our friends.

Yes, I do believe the comparison is quite good. You have so much to learn, but in saying that, I do not want to denigrate the effort that you put into your learning.

Les: No, well we were told that in development, we are at the bottom of the pile, so anything we can do to begin to get out of it, we shall be happy to do.

Although your knowledge is not great, you — I have to say this to you: It is such a wonderful feeling of love that we get from you, because of your little knowledge and your simplicity. It makes me feel *almost* as if I have your human feeling, of *tears*, when I think of you all trying so hard to understand the knowledge that I bring to you.

Les: That's very, very kind of you and it leads us then to put another question: That energy can have feelings then?

Not in the sense that you mean. When you return to *pure energy* — and again, we have many stages of development, before that can be achieved. After all, none of us are infallible in any way — none of us. So all of us are seeking to return to the *purest energy* from which we came. Again, we are going into deep subjects.

Les: Yes and the one word is predominant through all this, isn't it, that is *Love*.

That is the purest energy that you can have. It is what sustains you, it is what uplifts you in your daily lives, it is what makes you grow, it is the all-encompassing energy, it is *Life*. And with those words my dear friends, I will leave you now. I thank you for your patience in listening to me and I say to you, that you will feel a little more uplifted in your daily lives, before we meet again.

Salumet asks each member of the group to say what they think they have learnt since he came to us

Salumet asks each member of the circle to speak in turn and then gives feedback in response. (4/8/97)

If you would allow this time, I would like to speak to every individual, because although I know what is within each soul, I think this time, it would be beneficial to each one, to hear each individual speak, of what lessons they think they have learned since my coming to you.

Les: Yes, we should be very happy to do that. Would you like them to come close to you here, one at a time?

That is not necessary. I think we should begin with the gentleman at the end of the room. What my dear friend, do you think you have gained so far?

Jack: It's difficult to say — generally more understanding around other people I think and probably more understanding of myself.

Yes, this one dear friends, is gaining the lesson of tolerance towards others and their thoughts. I think you now can listen more intently to another?

Jack: I think that's probably true yes.

Yes I can tell you, you are much more tolerant of others now. Thank you. (*Thank you.*) Now, your lady please.

Sallie: I think, I'm still learning this lesson, but I think it's a lot to do with forgiveness more than anything. It's a question I've been asking myself recently and the answer that comes to me is to do with forgiveness and that's what I'm trying to do, I think.

You are working well, but what you have achieved dear one, is your awareness of self and the knowledge that you have become a stronger person. In gaining this insight, this awareness, you now move forward onto other lessons; but the understanding of yourself, has been your main achievement.

Sallie: Thank you for always somehow answering the question —

I of course know much which is within your hearts and your minds, but sometimes it is good for you all to voice what you feel amongst yourselves, because in expressing yourself with words, you are opening your heart to others. Do you all understand this? (General agreement) Thank you. Now the gentleman please.

Paul: I think I'm growing in trust — there are less doubts now. It's something I'm still working with, but trusting in life, and in people and in the future.

Yes my son, also trusting in your own thoughts — that is the most important lesson for you. But yes, you are right, *trust* is a big issue with you in this lifetime. So I say only this to you: Continue and you will grow.

Paul: Thank you, yes I suppose it's something I've got to learn with experience?

It is within your heart, express it well and with experience, always you have more knowledge, of course. But all that you need to know, lies within your heart, thank you.

Paul: Thank you. **(Yes.)**

Les: Mark?

Mark: I'm starting to understand that I've got a pathway, but I don't really feel I've integrated it, I don't feel I've really integrated my pathway with my everyday awareness yet.

Yes, is there any more?

Mark: I'm sure I've learned lots of things, but it's been very gradual, your teaching's been very gradual and it's difficult to remember how you were exactly.

Yes, this one here, has the lesson of hope, to which he is still struggling, but let me say this to you: It will come to you, before your lifetime *here* has ended. You have struggled with many doubts and thoughts, on all aspects of living, but you will attain the lesson of hope, it is within your grasp. So continue with your journey and you will achieve your goal.

Thank you.

Mark: Thank you.

Les: Sarah?

Sarah: I thoroughly enjoy learning all that you have to teach us and I find it very easy now to go out amongst people and try and feel my way and get others to respond to what I have to say, in a very gentle way. I also find it very easy now to be with people and make people happy. So I think where I've improved, is I'm beginning to understand people much better and I'm less critical, trying to see the good in them, and not the bad.

Yes, this one dear friends, what you are speaking of is the lesson of modesty, when it comes to association with many peoples. I hope you take the word modesty, in the way that I give it to you. You need my dear friend, to calm your thoughts, at times. But yes, you do move forward and you bring with you enthusiasm. That lesson of modesty, which prevents you from forcing yourself upon others, you understand?

Sarah: Yes, thank you.

That is the lesson that you are learning. Thank you.

Margaret: I don't know what to say, because I'm so happy when I come here and I've learned a lot about happiness and making people happy. **(Yes.)** And I'm more contented in my life now, than I've ever been.

Yes, and your lesson my friend, this time around has been one of patience, *patience*. And I think you will agree with me, when I say that you find it more increasingly easier to tolerate others and to show more patience with them.

Margaret: Yes that's true, thank you.

Thank you.

Les: Lilian?

Lilian: I've found great strength from the teachings that you've given to us. I do fall a bit short, when times are not quite so easy, when I find it hard to remember, but I do find great strength from them. *(Yes.)* I hope I've grown spiritually as well.

Yes, my dear friends, there can be no doubt that you *all* have grown so much since first we met — please do not doubt this. There is no question that each one of you has grown. I wish you could see how bright you shine, since first I came to you. But as you cannot, then please accept my words, when I tell you that you are beacons of individual light, when you leave this room. Before your lights were dimmer, but now I say to you, each one grows brighter and brighter, as our association continues. Now let me return to the lady. This one has needed much strength in her lifetime and she has suffered from many doubts. So her lesson for herself, has been strength in her own convictions and she also still struggles, she brings these doubts to herself and always questions what she knows to be right. I think she would agree with me please? She gives much upliftment to others, but fails to do so for herself, thank you.

Lilian: Yes I understand that thank you.

Les: Dawn?

Dawn: I just feel that I'm going with the flow, following my intuition.

Yes, but you my dear friend, have struggled throughout this lifetime with *fear*, fear of many things — fear of yourself also, would you not agree? *(Yes.)* Yes, but as life continues for you, you have developed a sense of strength within yourself, although it does not subside the fears within you. Your lesson this time around, is *fear*. And you must, my dear friend, learn to let go of all fear. It is negative energy, which you can do without. Fear not, you are protected well. *(Thank you.)* This is a lady, who also can teach others to fear not, but does not teach herself the same lessons. I think she would understand this.

Dawn: Yes. Thank you.

Yes. Thank you

Les: That just leaves me then. Well I have been and am conscious of, the only way I can put it is, great vistas of opportunity ahead and great happiness, as somebody else has mentioned and a tremendous companionship all the time; it is something I never used to experience and I find it difficult to fully realise the amount of companionship, I do get now and I know it does exist and I think you'll understand when I say I am learning the secret of spiritual growth, and giving to others, in spite of myself.

Yes, I think your words clarify what is going on in your life at this time. In this lifetime dear friend, you have learned to encapsulate the love given by many; you have given much and you have received much. But you needed to learn in this lifetime, that what you give, you must receive tenfold and as you reach your mature years, you have reached the understanding, you have reached that '*vista*', as you put it, the vista of love, which surrounds you *always*. Your lessons this time, have been lessons of *loss*, which you have coped with well and I would say that for the main part, you have achieved, but sometimes creeps in a little sadness at that loss, when you should be rejoicing, instead of allowing sadness to creep in, you understand?

Les: Yes I do, it doesn't often happen, it's just very occasionally.

No, but let me say dear friend, that in this lifetime, you have learned well. *(Thank you.)*

I would say to each one of you, that it makes me so happy to be associated with each one, with your own individual patterns of existence. To see you come together, as one force of light, to bring with you the love and the strength of the whole. Now I will say about the lady who cannot speak at this time. *(Sue)*

That she has much also to learn from this lifetime. Her pathway at times has been quite rocky I would say. So, I would say also, that this one has come to learn the lesson of forgiveness and patience. Each important in its own way, and again I would say she struggles with both, but ultimately will gain, as life continues for her.

Salumet delays the start to give time to blend with each member of the group

The purpose of this is to aid the speed of communication in the future. (29/9/97)

This time I thank you for your patience, but it has enabled us to blend with each one of you here.

Les: Good.

You may not realise that each one of you moves on different vibrations, according to your own consciousness. So pauses to blend with each one of you in unison, requires some special work on our part.

Les: I don't think any of us realised that.

No, it is another part of the knowledge, which we wish to bring to you. (*Thank you.*) If you take runners in a race, the more advanced would be quicker and faster along the road, would they not? So it is with your spiritual development and consciousness, which gives to you, whilst inhabiting these heavy bodies, the *right* to vibrate at different speeds of energy.

Les: So we all vibrate at different rates, do we?

According to spiritual development only — of course you all belong to the *one energy*, but if you take the piece of wood, which also belongs to the same energy, the density and the heaviness, isolates the wood from quicker vibration. Do you follow?

Les: Yes we do. So if any of us had virtually no spiritual development, or no knowledge of spiritual life to come, we would be in effect, similar to a block of wood, would we, so far as spiritual vibrations are concerned?

Yes, that is a simplistic comparison, but yes.

Les: Yes it is simplistic I agree, but it illustrates what you have said.

So you see, each one of you within this room, varies slightly, according to your individual developments. Nevertheless, in unison, you become strength and create such vibration, enabling us to come to you. But this time, we have tried to mobilise and bring together, your individual vibrations together as one, in one space of time. Do you understand?

Les: Yes and what particular advantage does that serve? Does it enable you to give closer communication with us?

Not only will it enable each one of you to be closer to those around you, but we hope that it will endeavour us to enable myself to come to you more quickly. That is the purpose of this exercise.

Les: Thank you very much and having done it on this occasion, does that mean you'll be able to do it in future? Does the energy that you have *manufactured*, if I can put it that way, does it remain so that you can use it in future?

It is not static in that sense, but it has enabled us to know how to come more quickly to you. Therefore that *knowledge*, if I may use that word, will bring forth quicker communication next time.

Les: That's most interesting, because again, it parallels what you have said about the power of thought, doesn't it?

Yes, this has not been just *one* experiment I believe you might say, it has taken many of your earthly months to achieve.

Les: Thank you very much, for the effort you're making on our behalf.

I want to tell you dear friends, much is happening in our world, that you are not aware of — much which pleases us greatly, that all that is occurring within this *temple of light*, has brought us much joy, much hope that all good work will continue. I believe you might say, we have achieved a *breakthrough*. For this we will be eternally grateful, to all who enter this house. (*Thank you.*) I wish to say to you this time that the communicator who came to you last time, will return at a future stage, to continue what was to come last time.

Les: Thank you, we're pleased to know that. I'm sorry that I had to interrupt it — not intentionally, but with my question.

It was known, but it must be addressed, when the thought becomes *alive* — it has to be addressed. Therefore do not feel badly dear friend, there will be other times for speaking on the matters, which he brought to you.

Les: Good, we're very happy to know that he will be back.

And once more, it will be when *all* are present.

Les: Yes that's understandable, thank you.

I would like to say this time, that there are some of you, who are becoming aware of flashes of past times in your existence, but who feel that it is imagination. I speak mainly of the lady across the room, the one I believe is known to you are Sallie.

Les: Have you been having flashes of the past Sallie?

Sallie: I don't know — I don't really know.

It matters not, if her awareness at this time is not clear, but she should know that what she receives — and I can say it *will* be clear to her — then she must learn to accept.

Les: Thank you — you heard that Sallie?

Sallie: Yes I did, thank you.

Les: Do you have a question?

Sallie: Well, I don't know — I'm sorry my mind's not very clear at the moment. I'm very grateful for what you've said, I just have a bit of a muddily mind, I'm sorry.

Not to be concerned. Do we have questions this time, before I leave you?

Les: Yes, you were talking earlier of course about the blending of the vibrations of each of us. Would the vibrations of those who are not here tonight, interfere with what you have done when they do come here? Or would you be able to take them into it?

We have as I have said dear friend, worked for many months of your time, does that answer your question?

Les: It does indeed thank you; I had forgotten that — my faulty human memory again. **I did not wish to remind you.**

Les: No, we appreciate your tact. (*chuckle*)

I do try, because I understand that sometimes the human element of your souls, can be what you term, '*offended*,' and we wish not to offend anyone, dear friend.

Les: I know that and that's why we love you so much and all of you who come here.

It has taken many aeons of time, for us to discover that human beings, have so many frailties. So therefore, in all communications with you, we are very careful in trying to choose our words for you.

Les: You certainly do that, and we appreciate it.

Sometimes mischievous spirits can be attracted to the light of the group

Salumet discusses this with the group and reassures that all souls that need help will receive it. There should only be expression of love and willingness to help. No judgement.

(27/10/97)

Mark: Yes I've got a question. A while back we thought there was a visitation from Hitler, but later on we thought that it possibly wasn't, but I'm still not sure. Would it be possible to have this confirmed, or some information as to what was actually going on and why it happened?

George: Perhaps I could add that it did seem very, very genuine at the time and I did have that particular case in mind. (*re: previous question*)

Yes, we have spoken have we not, about this? Did I not confirm for you, that someone who has gone, gone so wrong in their lifetime, shall we say — it would not be possible for them to return, in such a short space of time, unless they were truly repentant. Let me confirm for you, I know of the soul you speak of and I have to tell you, that still he remains lost.

Mark: And I think at the time, there was reported some clairvoyance that somebody saw a circle of people trying to get at this person and it was assumed at the time, that these were the Jewish people hating Hitler and that he was being protected. Okay it wasn't that, but—

Les: No, could I butt in Mark a moment please, before we take Salumet's time. I did explain the other time when we were speaking about it, that those who are so wishful, can presume and take the personality of another, without it being true. This is what I explained last time and this is what happened, which is why I put a question mark, against the name Hitler.

What I wish you to know — again we must return to the energy, the power of the energy, which is used in groups such as this; it is a doorway in. No one side or another has more power, but you have to remember this, that there are those in our world as we have spoken about previously this evening; their energy is so dark, so dense, that the soul craves for the light. Whether it be for the purity of children, whether it be the spiritual light within a group such as this, if the opportunity is there, they can seize that opportunity. And although you are well-guarded, as you obviously know, occasions such as this will happen, from time to time. No harm can come to the instrument or the medium as you call them, but because of the light available, they will seek the opportunity to use. We must speak once more about energy, because this is the area that you do not fully understand. It all has to do with the energy, which each soul has.

Les: Would I be right in saying Salumet, that even though I knew, or was pretty sure it wasn't the person it was claiming to be, nevertheless that soul would have been helped, to some degree?

Of course, in seeking and obtaining the light, they have lightened their own energy pattern.

Les: Because that runs parallel to something I said I believe last week, that though my physical reactions sometimes during a rescue, were not conducive to it being done, something impelled me to have compassion for that soul and deal with it.

That is how we would wish you to deal with it. Do not feel that you have to be negative about these occasions — that is not what we would desire. All souls who need help will get the help they need when they need it, even in controlled circumstances such as these meetings. You have to remember that there are many, many, many souls, who are seeking the light of your purer energies and they will move towards it. Do you understand?

Mark: Yes, that's a very nice explanation.

But if you are unsure, let us qualify it now and put it to an end.

Les: Yes that does confirm what I have said at various times in the past, that regardless of the circumstances of our own feelings, *we have got to help.*

Mark: Yes, somebody came in and they pretended to be somebody they weren't, *but* they received some healing through it **(Yes.)** and although they slightly misled us, some good work went on.

Les: They didn't altogether mislead us Mark, let's be quite accurate, because I was *suspicious*, nevertheless they had to receive help. *(Yes.)*

Let us compare, after all you know and understand that you do not change drastically, when you come to our side of life. You do not suddenly change and within those souls who come with us, you always have the *mischievous* ones, who have tended to be anyway, in their lifetime, and have the feeling that they wish to continue to do so — because of their freewill, it is difficult to stop them, if the thought is powerful enough. Again I must return to the power behind the thought. It is a *vast* topic — we will keep returning, until you begin to understand. Are you happy with that explanation?

Mark: Yes, thank you.

Les: I compare them to people who exist on this Earth, who confess to a murder, when they've never been near the place. *(Yes.)* You have a parallel there you see, and they do it on the other side too. But again we can't question it, we've got to do the job we have set ourselves to do, to *help* them. *(Yes.)*

Again, we return to my earlier words, *do not judge*; give out love, compassion and you will see change.

Les: Thank you very much for that explanation; that has cleared the air a lot.

If it has not, I wish to put it to rest this time and let us go forward.

Les: Everybody happy with the explanation? *(General agreement)* No queries at all? We can put this subject to bed then? *(General agreement + thanks)*

I think this time we will leave it for you to think about this time. There is much once more for you to ponder, until we meet again.

Les: That's one thing that's very certain, you always leave us plenty to ponder. *(General agreement)* Thank you very much again, God be with you.

Forgive the past! What purpose does it serve to know what has gone before?

Our memories are mostly blocked to enable us to move forward. In a later teaching Salumet says that our memories are blocked to remove 'itches'. The group has indeed incarnated into different combinations of souls, but always for a purpose. There are no accidents. One lifetime is but a fraction of the whole. All is for learning and expansion. (12/2/98)

Les: At our last meeting on Wednesday, which as you know is an entirely different evening, (mainly 'rescue' work) we were told that all those present, had been together in a previous life, and it was said that we had been Buddhists and one of the lady's had very clear clairvoyance of the monastery, in which it was said we used to live. What I wanted to ask first, one gentleman who was at the Monday meetings when first you gave us information as to what we were in a commune, was also at the Wednesday meeting, as I was myself. Would that mean that both of us have been part of both previous lives?

I understand the question. Let me say this to you: That no significant meeting of another in one lifetime is by chance. There can be no *chance* meetings, in a perfect law. So let me say this to you: That all peoples who are drawn to this place of love, have come because they know and are drawn to the love and light of the place and the peoples within. I will say this to you, about your other meetings, but firstly I wish to say this to you dear friends: *Forgive the past, forgive the past.* You do not fully understand the meaning of my words, but I will return to them later. (Thank you.) Those who are joined together in another meeting have come together for the same purpose of growth, that you peoples here have also. Of course my dear friend, *you* are the link for all of these peoples. Therefore, your unity with each one is such that you have spent many of your lifetime in unison with them. So the answer to your question for yourself is *yes*, you have lived amongst the peoples here, as one commune and also with the others. There has not been a unity of all of you at one time. (I see.) But let me continue with your question. There are two members in your other group, who do belong with this one. That is the gentleman mentioned and also the lady known to you as Doreen.

Les: Doreen, that's interesting, she'll be delighted to know that.

Of course you understand that not just the few peoples here within this group, were enough to supply a small commune. There are others, there have been others, not present at this time. You understand this. (Yes —) I would think it must have crossed your minds and I have been awaiting the question. (General agreement) But that is not our concern this time. But the gentleman and the lady have belonged to this group of people, you understand?

Les: Yes that certainly clears that point. I was very interested, because you've told us in the past that some of us come back with a memory and it would seem that the memories of our previous lives have come into operation again in this life, as you said does happen.

I will return now to the words I have used: *Forgive the past; what purpose does it serve, to know what has gone before.*

Les: No real purpose I agree.

So, I say to you, remember that you are not one whole that each lifetime is served by a segment of the whole. The segment that is used for one individual lifetime, is but insignificant to the whole. Are you following?

Les: Yes it's beginning to become clear to all of us I think.

That is why you must forgive the past, you must go forward, allow yourself to experience new concepts, new growth, new understanding of spirit, in order that you return to the whole enriched and more knowledgeable, in your quest for knowledge. That is why when the soul incarnates, all memories are mostly erased, because it serves no purpose for the soul's growth, to remember what has gone previously. After all, you are a different segment of being, that is why in this lifetime, it is good that each one of you has come together once more, to continue with your work, your understanding of each other and to extend the love, which you began as a group together. Has that been helpful to you?

Les: It's been helpful to us all I'm sure, hasn't it? (*General agreement*) Yes it gives us a far greater understanding of what has been, and what is to be.

Always look towards new experience, ask always that your understanding become greater, that your outlook is forever looking forward. After all, the experiences which you have gained, have grown. You are here to learn those lessons, which so far, you have been unable to attain. Do you understand?

Les: Yes I do, but one thing I'm not quite clear on, those two — taking myself having been in those two previous incarnations, (*Yes.*) both those presumably would have conditioned in some way, the part of me, the part of the whole, which is living *now*.

You would have returned to the whole, with the lessons and the knowledge, which you had gained from those lifetimes. You must see yourself as one whole unit, which is able to expend itself to individual lives. I know this understanding must be difficult, because most see yourselves as one physical body and one soul. *The soul is many integrated parts;* until your understanding reaches this stage of knowing, that you are not *one soul*, you will never fully realise the greatness that lies within you. You have to try to expand the knowledge of *who you are*.

Les: Well as usual, that gives us a great deal more to ponder upon.

That is my wish for you that each time I come, new formations of ideas reach you, in order that you can find yourselves, that the meaning of life becomes clearer to each one of you. After all my dear friends, you have not come this far in your development, not to begin to understand what your *real self*, the *soul*, the *spirit*, call it what you may; the time has come for you to understand, what you are about. Do you follow?

Les: Yes I begin to see what you are driving at. So it is not conceit then, thinking of ourselves as this part of the soul, it's not conceit to think that we have far greater potential, than ever we have considered?

No, no, that is not conceit as you know it, that is the *truth of seeking*.

Les: So we have to keep that in mind then, that our potential is much greater.

It is ever-expanding; (*Yes.*) it cannot be static, otherwise what is the purpose of your life? You would remain in a vacuum of knowledge, without going forward.

Les: Yes, that's interesting you say that, because at our last Wednesday meeting, one of the members asked me a question about ultimate learning and I said, you never will reach the ultimate, because everything is constantly expanding. So it is a question always of *striving* to reach something, which you will never be able to reach.

We have spoken about this. How can energy stand still? Knowledge belongs to the *great universal Love*, which you know as God, as understanding of the *soul*. So of course you must expand and grow.

Les: But never be able to reach finality.

Of course not.

Les: Thank you, I'm glad that I didn't advise her in the wrong way, because that's precisely what I said —

I wish I could demonstrate to each one of you, the potential that lies within. The soul's growth is never-ending. We each one of us seek, search for that love, that all — *(some coughing interrupts dialogue briefly and the sentence was not completed and voice begins to fade, as if spoken from far, far away)* Existence is never-ending, so how can knowledge end? That *Great Creative Force*, it is ever-expanding, creates in us an ever-expanding soul. My friend, I speak about deep matters here. I am sure your understanding is such that you could not understand what I say to you. See that ever-expanding soul within that ever-expanding *sea of love*, and you will begin to see the fluidity, the knowledge, which exists in *all time*. I wish I could demonstrate to you the power within you all, the power which is your entitlement.

Les: I think we are beginning to have an idea of it, after what you have told us.

Your question dear friend — *(Pause)* forgive me dear friends, I was being drawn away from you, because of the complexity of the questions. The instrument will be fine. Now let us continue.

Les: Thank you. I'm sorry if my questions cause problems.

Not problems, but we touch on deep subjects here. It is not the questions, but the inability to express in your Earth terms, understandable answers.

Les: Yes we do understand; So much is beyond our comprehension.

Yes, much as you have grown since first we met, your understanding leaves little room for such great expansion of knowledge, as your questions have raised. I hope I have enlightened you just a little.

Les: Yes, you have certainly done that and again we are grateful for what you have said.

Group energy, no accidents, guided feelings and attraction of those in need

Salumet discusses how energy is transferred during the imparting of spiritual knowledge. He also discusses the importance of the meetings where we are together. This is necessary for the mutual exchange of energies even though we may not be aware that it is happening. There are no chance meetings when there is an opportunity to impart spiritual knowledge. **'You will always be drawn to the right person in need of help, if you will allow those thoughts that I constantly and repeatedly speak about. If you will allow them free rein, they will always guide you to the right directions.'** (22/6/98)

Good evening. *(general welcomes)*

Is everyone comfortable this time? (General agreement) There have been heavy hearts with some of you, since last we met. I hope that each one of you knows and understands that by coming together as you do, do you realise how much each of you are given from each other, to each other?

Les: Yes, and I don't think anybody has any doubts about that, have they, that they are giving and taking from each and all? (General agreement)

But are you aware that the interaction and exchange of energies which occur within this room, helps in your growth and understanding of life itself?

Les: Yes, I think it must do that and would I be right in suggesting that not only is that growth and understanding applicable to each of us here, but by its very nature can be used for the growth of others outside this room?

That is where your work begins, not in the exchange or interaction of your own individual energies, but in taking forth from this room and giving to another. That is the work that each individual one of you — that is each one's responsibility. But in coming together as you do, it — shall I use one of your common sayings, 'recharges each battery.'

Les: Yes, thank you, we understand that.

Of course, I do not speak about the physical, let us be clear about that dear friends. I again speak to you on a spirit level. Are you aware of this interaction, or I fear some of you may not fully know or accept that this is so, yes?

Les: I can only answer for myself, yes, I do.

I wait for the lady's question.

Sallie: It's something to do with, we're learning from each other in the interactions, apart from recharging spiritually, each one of us is teaching/giving something to somebody else in the group — knowledge or understanding—

Of course — you have it. Not only are you giving to each other spiritually, you give to each one here, that energy which perhaps they are lacking in. Now do you begin to understand? It is a mutual exchange of energies with each one of you. It matters not what stage of development you have reached spiritually, but it does matter that you allow this coming together, to give of your time in order that this process can take place.

Les: So even though some of us may be unaware of this, our reaction to people outside of this room in the course of our physical daily work, daily life even, this could be taking from us some of the spiritual knowledge and energy, which we acquire from each other at these meetings?

Yes, my dear friend. You exude the spiritual energy, which is — I will not use the word 'recharged' again, because it is innate within you all, but it needs to be used wisely. And of course, you would not always be fully aware of what is happening in the meetings with another. After all, have I not told you that there are no chance meetings? (General agreement) Therefore when you come to meet another human being, always there is a spiritual purpose.

Les: Yes, you have made it clear in the past too that it is the spiritual part of that person we may meet, that is being attracted to our spiritual self, even though neither of us may be aware of that.

Yes, you should by now at least be aware a little that these interactions are taking place. I believe my dear friend that at times, all of you have the inner knowledge that someone known to you perhaps, is in need of some of your help; that is the spiritual drawing to another person. You human beings tend to name it *coincidence* or *accident*, when in fact spiritually you know that you are being drawn to that person for a good reason.

Les: Yes, I think it will be interesting for us all to have an individual reaction to that, if everybody's agreeable. Jack, have you experienced that?

Jack: It's what you'd normally call *intuition*, I suppose. **(Yes.)** It has happened in the past certainly.

Les: Doesn't matter if you do call it intuition, it's basically the same. Sallie? I know you have, haven't you?

Sallie: Yes I have and sometimes I think it comes through dreams as well. Perhaps if for whatever reason you are not taking enough notice of what your intuition or a spirit guide is prompting us to do, then sometimes you'll get another prompting in sleep state.

We have discussed this matter have we not? (General agreement)

Les: Mary?

Mary: Yes, I think I do, but I think I often don't listen enough, but I realise afterwards that I should have listened.

Yes, the lady — her logical thinking sometimes interferes with what she should be feeling. But no matter, each one of you has experienced these things. It matters not what title you put to it, know my dear friends that it is the *you*, the real *you*, that is at work. This lady has much to do in time to come.

Les: Sarah?

Sarah: I think I'm getting better at listening to what's been coming, I'm much more aware now than I was before. I think since we had the talk on it, I've been made more aware.

The purpose of helping another is firstly of course to recognise the awareness, but to allow yourself not to question, but to — how can we say — *automatically* be drawn to what you know is to be of use. Too often you humans withdraw from your way of thinking and feeling. It should be spontaneous. You will always be drawn to the right person in need of help, if you will allow those thoughts that I constantly and repeatedly speak about, if you will allow them free rein, they will always guide you to the right directions.

Les: You remember the talk about intuitive thinking Sarah? Some time ago Salumet spoke about **intuitive** thinking as opposed to **physical** thinking. **(Yes.)**

George: I was at a wedding at the weekend and I felt there was a very good energy at times. **(Yes.)** It left me with a very nice feeling as well and timing seemed to be important. There seemed to be a *right* time to talk with an acquaintance.

Yes. Can I say this to you, that many opportunities are placed before you in your lifetimes upon this planet. You, my dear friends, remember what I have told you, that your free will is all-important when it comes to making decisions; you either can go forth and offer yourselves for good, or you can retreat back and withhold those vital words of contact. But each one of you are given the opportunities to grow and allow your spiritual growth to touch another human being. When you feel that interaction of good, are you not left with that feeling of upliftment? Do you not know that that time spent in contact with another human being has raised you to greater heights? (General agreement) The feeling is always one of good.

Les: Margaret?

Margaret: Well I've become a good listener and I was asked to talk to a lady who lost her husband a year ago and in the last three weeks I have made her a lot happier and that's made me happy too.

Of course, again I would say to you, it is not always necessary to use the spoken word — a look, a touch, a gentle gesture, is enough to uplift another. It of course depends on each individual situation placed before you.

Margaret: The first time she came to see me, I gave her a big hug and she said she hadn't had that since her husband died, so I was quite pleased that I could give it to her.

And do you not see the rebound effect that you have had, my dear friend? (Yes.) Not only have you helped the lady, but in helping her you have helped the departed one. Do you all understand that? (General agreement) Because, my dear friends, that is important to understand, that what happens within your world, also is like a mirror image in ours. Do you understand that? (General agreement)

Les: Lilian?

Lilian: Yes, I can see the interaction now. It's much clearer and you've already answered my question, on the feeling we get when we have helped someone. I guess that's the spiritual upliftment.

Yes, remember that what you give out, so do you receive and that is why the feeling of joy and upliftment is greater, when you have taken forth and done your work well.

Final messages by Salumet and then Leslie who then starts to channel.

Salumet: So, my words to you this time my dear friends, are these: Come to know yourself well. As you know yourself, allow that part of you, to go forth, to allow others to know you, to be strengthened and uplifted by you, to take forth all that you have learned, but never to force your thoughts upon another — this too we have spoken about. (General agreement) Be careful in your thinking, but to allow freely, to give of yourselves freely, in order that your spiritual energy can be blended with another in need of such energy. After all, my dear friends, you are all but *energy*. See yourselves thus and you will find greater knowledge of all things.

Leslie: I'd like to remind everybody, including myself of course, of what has been said so many times: You never know what seeds you are planting and you cannot know what the result will be. And if you remember that every time you have occasion to help anybody — *(Les then channels) — you can never know the extent to which those seeds you have planted will flourish and will in their time, produce growth, which will of course in time produce further seeds — and so the cycle is never-ending. Think not that when you help one, it is one only who is receiving your thoughts, your love, your energy. It is not your individual energy, as you have been told tonight, it is the universal energy of all within this room, who have, though not aware, have themselves benefited from the seeds planted by others, who you do not now remember. Do you understand this? (General agreement) You are the growth, which is now in turn, able to produce the seeds for future growth, and so the cycle continues. Is this clear?*

George: Yes, beautifully clear, thank you.

Free your minds of the thoughts, that the help you give is a personal effort. It may pass through a personal channel, but always it is a universal consolidated effort; the effect of much in the past, which also has been consolidated and was universal. Is this also clear? (General agreement)

Energy can be transferred between spiritual groups so the work can continue

This amazing fact was described by a visitor. (28/9/98)

We feel this time that we have slight lack of power in your room.

Les: Yes, we are short of members unfortunately.

Normally this would not cause us any inconvenience, but different circumstances this time, have caused a 'down' in power.

Les: That's a pity. Different circumstances here?

No — mainly on our side of life. As you can well imagine, there is much happening, much scurrying and hurrying on our side and sometimes this causes a slight breakdown.

Les: I see. But you are hurrying and scurrying because of the changed conditions here tonight?

No. There is much happening, surrounding other groups and it is difficult for me to explain, but sometimes power is taken and used elsewhere.

Les: Is it though? (*Surprise expressed*)

Yes. Not all power, but imagine that you are the generator here and power is, shall we say, 'siphoned off,' you understand my meaning? (Yes.) When we feel it is required.

Les: So at least we are contributing to something.

Oh my dear Mr Bone, why do you suppose we are siphoning your power here? It is an enormous power source. You contribute even when you do not become aware of the fact.

Les: That's very nice and we all very much appreciate you telling us. It's nice to know that we do contribute to that extent.

If I could perhaps try to enlighten you just a little.

Les: That would be nice.

When your group meets here, I know you have been told on more than one occasion, that the light from this particular meeting shines forth as a beacon.

Les: Yes, we have been told that.

Then you probably will understand when I say to you, that in your world, to use an electric light needs charge of electricity. Am I right?

Les: Yes, you're quite right.

Therefore imagine that the light from this room, this group of people, is an electrical current, which in its turn, lights up other groups, other meetings, other rescue groups. Do you understand me?

Les: Yes we do and we are very happy to know that you are able to take power from here, for that purpose.

On some occasions and it is very rare, if there is a 'downturn' of power here, if it is a severe downturn, which let me absolutely assure you, does not occur very often, then sometimes you need a boost from another group.

Les: That's very interesting to hear. I didn't realise the transfer of power was done in that way. We're very happy that we can contribute, as I said before.

For is it not right that everyone here on this Earth that is involved in spiritual matters, is working towards a common cause?

Les: Yes everybody is.

You are such a vital part of the organisation. I can only say to you, compare yourselves and other groups, like the arteries and capillaries and veins of the human body, each one interacting with another. And all of those, am I not right in saying, have the common cause to keep the central heart activated?

Les: Yes, you're quite right in that.

Therefore, that is what I say to you, all your power interacts with other powers, for the cause of keeping the spiritual heart pumping, so that all spiritual matters on Earth, can continue.

Les: Good. That's very nice to know.

I would ask one thing of you please this time? (Yes.) Would you please be agreeable to have someone brought here this night who needs some help from you?

Les: Yes of course we would.

It is what you would refer to as a rescue. There will only be the one, but as you are fully aware, others will also be helped, from the one who will be visiting you.

Les: Yes we do understand that and we're very pleased that it works like that, because so many can be helped.

Again I refer you to my previous words, capillaries and arteries and veins, all interacting to help each other.

Les: Mm — I do understand.

I take my leave of you this time and will bring the one, who I'm sure you can help.

Some words of encouragement

A spirit comes via Les. (28/9/98)

Good evening my friends, good evening. (General greetings)

You have been told many times by the master (Salumet) that numbers do not necessarily affect the work, have you not? (General agreement) I think you will agree that this meeting, on what you call this evening, has been a very good object lesson, to amplify what you have been told. (General agreement) Also no doubt, it was of very great interest to know, that the power you generate within these walls, is not confined only to this immediate environment, nor to just the work which is so excellently done here, but you were told, it can be distributed in many ways, of which you are entirely unaware. I wish to refer to this, so that you can be content with the work you have done over many years and which we hope you will continue to do for many years more. (General agreement) You are frequently told that you will never understand all the complexities of life whilst on this Earth. But it is only fair, that you should at least be given a little inkling, into shall we say, the 'mysteries of existence.' Particularly the fact that what you generate here, out of the kindness of your hearts and souls, can equally well be used in other places, of which you have no knowledge and probably, will never be aware, exist. But you can be happy in the knowledge that the power you generate because of your work, is never, never wasted. It is always used to the best possible advantage, for those who are in need of such energy and power. This I hope makes you very pleased with your efforts.

George: Thank you for telling us this. We appreciate that.

It is my pleasure to be able to give you that little 'encouragement' shall I say, though I know you don't need it, but it is a little encouragement for you to take with you and for you to nurture, within your own selves. (General thanks) Now having done my duty I will bid you farewell my friends and I'm pleased to have been the bearer of such good tidings for you and I hope it will remain in your minds.

No gratification in numbers when imparting knowledge.

Even if you can touch and influence one person's life during our own lifetime with some spiritual knowledge, then we have done our job. We are often impatient and want the whole world to know immediately – which of course - can never be. We are reminded that one person will tell another and then another. It takes time but the message soon starts to spread. You are sowing seeds that then becomes the responsibility of the other to germinate. (22/6/98)

Mark: Yes, sometimes I've noticed with a lot of people I find there's not much impulsion to talk to them, but I get the odd person, and it surprises me, that there's been quite a free channel of conversation.

Yes. You must remember also that numbers are not important. If you can help but a few people within this one lifetime, then I say to you all my dear friends, your task in helping another cannot be dismissed. Do not feel that there is any gratification in numbers. Do you understand? (Yes.)

A new beginning

With Les now retired from chairing the group, the meetings have moved to Lilian's house. Lilian is now the new chair. Salumet extends words of welcome and promise of the continuation of the work. (14/6/99)

Good evening. (Welcomes)

I am happy to be with you my dear friends once more.

Lilian: Thank you for coming.

This time I will be with you for a short time only. I will wait for the others before we begin our teaching once more. I would ask you my dear friend that some conditions be held in order to make my presence here with you a little more comfortable. (Yes—)

I ask that when I am present amongst you that there be no variation of light. (Yes) I ask also—and this you already know, that there be no sudden loud noise. (Yes—) Other than those two things, I am so happy to be joining with you once more.

Sarah: It's great to have you back! (*Strongly agreed*)

Much is being done to inspire and guide you my dear friends. I wish you to know that though my words have been absent, you all have been gathered with me within the loving light which I extend to reach all of you.

Lilian: Thank you, we appreciate it.

I know there are questions to be answered about why there must be change and I intend my dear friends to answer these questions for you fully, in order that you understand why these things must happen. With these words this time I will withdraw in order that others may come to you this time.

Lilian: We look forward to hearing from you again soon and thank you for coming.

We will begin the work which I promised you in earlier times. You cannot go back on what has been given. I leave you knowing that I am always close by, that you seek love and inspiration, that you call my name in times of troubles; you know also that what you desire is not always what you will receive.

Lilian: We understand, thank you.

Now I will leave you my dear friends in the knowledge that now we have made this contact, all will be knowledge for your understanding and upliftment. (*Salumet's voice was fading away*)

Lilian: Thank you very much.

Salumet assesses each member of the group

Each member was asked to sit for a few minutes in the centre of the room whilst spirit assesses how best to use the combined energies for future work. (19/7/99)

I wish to say this time how happy we are about the new conditions created within this room. I want you to know my dear friends that soon I wish to embark upon new knowledge for you. Until that time, it is imperative that the energy that is utilized from each one of you is used to its best and that each one of you is so willing to be used also. Therefore, on this occasion I feel it would be good if each one can offer themselves to be used in the best way possible. We thank you for the unification of this group, we thank you also for the dedication shown by the all for the continuation of the work. This time we ask that each one of you open yourselves to the influence around you in order that we may use your spiritual energies to the full. I am not speaking of your human fears and doubts, I am asking you dear friends that you allow that spiritual side of you who is all-knowing, to come to the fore of this evening. Therefore, if you are agreeable this time, perhaps each person, excluding the instrument I use, to be placed within the centre of the room and to allow that encompassing energy to surround in order that they can be used. In this way we can better see how the combined energy of you all can be used for our new work.

Lilian: So we should sit quietly?

Each one be placed in the middle of the group please—each person by turn. Do not feel afraid if you feel anything that is unusual to you.

Lilian: Would it be better if I put a chair in the middle?

Yes, thank you. This exercise my dear friends, is of the utmost importance. We can take this information and use it to the best—it will enable us to assess what and how best we can use this combined energy. I will speak no more this time, but I would say to you that much time will be needed this time in bringing back this instrument. I will leave it to you. (Thanks + farewells)

We then took turns sitting in the centre of the room as directed for the remainder of the meeting.

Salumet works quietly with Eileen

It is a regular part of the evenings that Salumet works quietly with Eileen. However, he usually gives the group a little to think about before this happens. Many séance meetings often worry about trivialities such as the numbers of each gender in the room or holding hands. These aspects are not important. (16/8/99)

I wish to say to you how pleasing it is to be with you once more. (Thanks expressed) I will say this to you, I speak with you just a few words this time my dear friends. I hope to use this quiet time in working with this one, (Eileen) but before I do I say to you this: There has been and there will be in the coming two years of earthly time many changes, many endings, many beginnings; but it will not change what I come to teach you. The new knowledge I have promised to bring to you, this will continue now we have established contact with you. There will be no change in this area.

Lilian: That's nice to know.

I also wish to say to you, and especially those amongst you who have concerns about the lack of human male people. I will elaborate a little on what I have said in past times. Each individual human being is *Spirit* which consists of male and female energies. Too much emphasis my dear friends has been placed in past times about males and females who come together for the purpose of communication. I say this to you, it matters not whether all are female or male in gender, because the energy we utilize from each person combines both male and female energy. So, I do not want you my friends, to be confused on this issue. All we ask is that there are people wishing to be used in order that communication can take place; that is the importance of these groups. Not whether you are holding hands, not whether numbers of male and female be equal—all of these issues are trivialities my dear friends. But I wish you to know and to understand that the energy we use from you comes from that *Spirit* that you are and not the flesh and bone of the human being. Is that clear to you all? (Affirmed) For now I say to you my dear friends that very soon we will have new knowledge to bring to you, but before I leave you this time I also want to say that although the knowledge I bring to you I call 'new,' there can be no new knowledge. Remember what I have told you, everything *is, has been* and always *will be*, therefore there cannot be 'new' knowledge, only knowledge which has not been brought to the forefront of your thinking. Do you understand? (Affirmed) With these words then, I will leave you and I will say this to you: Once more allow your minds to be open to those who are close with you this time. I ask you my dear friend that you speak quietly with each one in order that they can bring forward that help which is being given

to them, in whichever form that it comes to them. I would ask also that there be not sudden noises this time.

Lilian: Yes, and we shall look forward to hearing from you next time.

Salumet gives a little more information about what he is

Salumet can be in more than one place at a time, and just one aspect comes to this group. Other aspects can go elsewhere. (29/2/00)

Sarah: Salumet, would you be able to be in two places at once?

Of course I could, yes.

Sarah: And may I ask, do you come to any other groups on the earth?

Some aspects of me do, yes. You know of course that first when I came to you, I told you that I was a conglomerate of beings. Again we enter into deep matters. One aspect of my soul aspect is here with you—the aspect that is able to lower the vibration to *be* with you, to join with you. There are parts of my soul aspect, which would not be able to join with you in this manner. I do not want to complicate it for you, because it is complicated, but you are meeting with me and I am but one small aspect of the whole of the soul.

Would Eileen have known that she was going to be used in the manner she has?

Mostly, mediums are not aware, but this would have been discussed before reincarnation. (11/12/00)

Lilian: The lady that you are using, (*Eileen*) before she came back to the physical life, her life plan she would have realized and been told that she would blend or whatever with you for the teachings that you bring?

She would have no knowledge of that once she had reincarnated, but it would have been discussed.

Lilian: Before she came?

Yes, but she would have no memory of it. Is that helpful to you? (Yes, thank you.)

You must realize that there are cases of people being used by people from our world without their knowledge; this is something different. Most cases of mediums or people being 'overshadowed' shall we say, have known before they come that this is part of their life plan, although mainly unknown to them in the physical. (Yes, thank you.)

There are other spirits that work alongside groups such as this to help
with the wellbeing of the members

And to bring new thoughts to our minds. (15/1/01)

No Salumet this week, but there was one of interest through Sarah:
(Welcomes)

I have been interested to listen to what you have to say. May I say this to you: much of what you say is not quite of what we would have thought you would have been able to speak so clearly about. You obviously have understanding and from this we can only say that we are very happy with what you are doing and how you are progressing. I cannot give answers to you as the one who comes through the lady next to the one by me, but I can tell that he is most pleased with what you are able to discuss and the subjects you talk about. I am here on a short mission. I have been asked to come to let you know how I am able to assist in other ways. By coming to you I am able to think—I beg your pardon that is the wrong word.

Lilian: Would it be on the same wavelength as we are at this moment in time?

No, by coming to you I am able to tap into your thoughts and to help you to bring to the surface those things that are important to the well-being of this group.

Lilian: So you know us quite well, do you?

I am present at most of these gatherings—not only am I here with this group, but I am with other groups who meet in the same way as you do.

Lilian: That is your job, is it, helping us?

My job is exactly that and this I do with many others. We join together and discuss what should be brought to the fore in the groups we visit. We cannot obviously join the groups together, but in bringing to the fore that information that is necessary to each group, the general thought for the wellbeing for this world is helped.

Lilian: We didn't realize there some around like you, but we shall remember it now.

There are many things that you do not know on this planet, but with the assistance with the one that comes to you regularly, you are beginning to understand a little more of what you do not know. What I mean by that is that he tells you many things that had previously occurred to you and when he has brought some of this information to you, people like us can come through to let you know what our part is and we know then that you will understand what we are saying. But we cannot go to all people who have no knowledge, because they would not understand or even perhaps believe what we are saying. I think that we should try to discuss a few more topics and then I will try to help you to bring something new to the fore to discuss and maybe next time the one who comes to you can help you with your answers. So I will leave you now and will try to bring some new thoughts to your minds. (Thanks + farewells)

Why does Eileen have no memory of what happens during an
evening?

This is a question that could be asked of all trance mediums. Salumet explains that full trance mediumship is very rare and that there are many misconceptions about this phenomena. (9/4/01)

Lilian: Last week we just had a quiet sitting. Your instrument you are using remembered absolutely nothing when she came back. Could you give us any idea as to where spiritually she had gone and why couldn't she remember?

Yes. Spiritually, she was here with you, *physically* she was removed. That is why there is no *physical* memory of what had happened to her. Remember when first I came that I told you this was not full control of this instrument? (Yes) But the time that you speak of, we removed her a little further from the physical atmosphere, if I may put it that way. But spiritually, of course she remained with you. If she did not, she would be in our world. Do you understand? (*Affirmed*) So although physically she had no memory, she was perfectly safe and at no time was she allowed to remember, because we were using her for other things. This is much too complicated for me to explain what happens when we remove someone's memory in this way. To work in full-trance, the mind, the brain of the physical being, has to be placed to one side. That is why there is no memory. But last time we took this instrument that I am using, a little further into our world. It has happened before and she has always been unaware of it.

Lilian: It's just that sometimes when she's come back, she's been a little bit weepy and not really wanted to come back.

Yes, but last time was just a step or two further into our world. Remember that she is not *taken* without someone replacing as I am doing now. But last time, although spiritually she remained here, the physical aspect of her was further removed. It is difficult for me to try to explain the mechanics of mediumship to you. It has never been successfully done, but one day I will try to explain a little further. And it belongs to the subject of light and energy, which is always a difficult topic to discuss with human beings, unless their knowledge is so great that they can fully understand and appreciate what I am trying to say.

Sarah: So if Eileen were to go into a full trance, would you still be able to come through her? **Of course, yes that is the purpose. Gradually we take her a little further and although her memory of my speaking is not known to her, she is still aware physically that she is still here, if I may put it that way to you. But in full control, she would have no knowledge whatsoever.**

Sarah: And would that make it easier for you to come through her if she were in full trance, or does it not make any difference to you?

It doesn't matter now we have made full progress with her, even though we cannot truly say she is in full trance. There are many misconceptions in your world about the word '*trance*'. There are many forms of trance and I would say that as I work through this instrument, she is almost to the point of what we would call *full-trance*, which means no memory whatsoever. But I have said for many of your years that we are happy in the way that we use this instrument. (Thank you.)

Lilian: I must say it amazes me that she doesn't remember.

Well, can I say do you remember when you are in your sleep state? It is almost the same, it is just that the physical and spiritual are slightly separated. Perhaps that is a better way to put it, because you know that each night in your sleep state the Spirit is removed from

the physical body. It is a separation, it is not a severance, but the memory is not always there. It could be if you so worked at it, but again, that is a very individual thing to do and it is down to each one of you to achieve what you can, whilst in these physical garbs. Do you understand my dear friends? (Yes) I hope I have given you a little more to think about this time. (*Agreed*) There are so many things that we need to discuss, but I try to make sure that all that we discuss joins together to make for your understanding greater. It would be so easy to go from one subject to another, but there needs to be a joining together, if you like, of the information that I give, in order for you to understand. And of course, as I have always done, it is most important that we go over and over and over all that we discuss, because only by doing so, will you have full understanding.

It is not possible for two spirits to occupy Eileen at once as she is protected

Salumet starts by thanking the group for their healing thoughts. Next a visitor explains that most evenings she and others are protectors of the medium during trance mediumship. The unseen mechanics of this work are described. (2/2/01)

I will say to you all, that there are many who wish to thank you, for your healing thoughts this time. I only wish that you could see your own colour vibrations, which have reached out to our world, in your healing thoughts. This is something we must discuss, because although we have touched upon colour and healing energy, we have not explored this to its fullest. Therefore, my dear friends, I will discuss fully with you next time about that. (Thank you.) Because it is a little more difficult this time, I will work quietly with this one. It may be, my dear friends, that you may become aware of some light formation around this instrument this time, as I work to take greater control. If you do, then please discuss it quietly, but there will be another to speak with you through another instrument. As always, know that we are all united in our spiritual awareness. (*Thanks expressed*)

Lilian: Thank you. We'll look forward to the next time.

One then followed through Sue:

It is kind of you to greet me, I was not expecting to use instrument for voice. I have come, how would you say, as protector for the lady who sits beside me. I am here to oversee the work, do you understand me?

Lilian: I see, yes.

But I am happy to speak to you for a short time, if you wish it. (Yes please.) Would you be interested to hear what my purpose is this time?

Lilian: Yes. Is this the first time that you've come?

No. No, I am how would you say, 'normally about,' when the dear lady is taken. But it is rare, in fact I have never spoken here before. May I say to you it is an honour for me. I have spoken in other circles and meetings in your world, when my work was of a different kind. So yes, I am used to using the box. And I'm used to having the strange feeling, you understand? It is a strange feeling, to be back using the physical. Now my purpose here.

Although the lady is perfectly, perfectly safe, you do understand that you have no worries there, have you please? Say them if you have. (No) You have no worries—that is good. I can assure you that the lady is as safe as if she was sat here herself, quite normally.

Although she is perfectly safe, we do have to take great care of the ‘space’ where she was, do you understand what I say to you? (Yes) Although you are seeing your dear lady friend, as you saw her some few moments ago, it is not the same. Do you understand me? (Yes) There is on our side, a ‘void’, because we have removed the lady to another place. Do you understand me? Please stop me if you do not understand.

But it is vital, it is vital that when we return the lady—no not the lady, the Spirit of the lady; when we return it to the physical, that the void has not been violated. Is that a word you understand? (Yes) It is vital that there are no others, who have stepped into her physical shoes, do you understand? (Yes) Because although we are in Spirit, please do not think that there are not others, that would not try to do this. They are always under control, but when something like this occurs, and it has occurred, though very rarely, it can be a problem; not a problem for the Spirit that is returning, because all we do is keep them to the side for a little time. This lady’s Spirit is armour-plated, if you like—there is nothing that can touch it. But we have to remove someone who has stepped into her shoes; not this lady, it has never happened here. But I say to you, it has happened on the very rare occasions. Therefore this ‘void’ has to be protected, and that is my work. I am able to speak to you now, because I am not alone here, there are others who are doing the same work and my presence will not be missed, for a short time. Do you understand? Have you any questions?

Lilian: If someone does slip into the medium’s shoes, it can be put right, can it?

Of course. It is, how would you say, a small irritation, but one that could be a bigger problem, if it was not well guarded.

Lilian: With help from both sides? From us here in the physical?

If—yes, if it happened, then yes we would be asking for your help also. It is a little complicated to explain, because if it happens, we would ask for your help individually, at the time. It would be—let me put it in a way you would understand—a battle of wills, yes? (Yes) But good will always overcome bad, you realise that, because it is just a matter of surrounding the Spirit that has stepped into the wrong place and with the power of thought, removing them to another place. No harm comes to them. Sometimes—in fact nearly always, it is more mischievous than an evil intent, you understand? But I have to say—and I’m sure you are well aware from all the teachings you have been given—there are Spirits that need control, if you understand. So, have I explained myself, my work that I have been doing—have I explained it fully enough for you to comprehend? (Affirmed) But I must reiterate, it is not any problem at all, to your dear lady friend and to our dear lady friend. There is no question of, how can I say for you to understand, two spirits in the same body. That cannot happen, that cannot, cannot happen. We just keep the lady, or whom so ever it may be, to one side, until the problem is dealt with. And when all is safe and secure once more, then we slowly bring the lady back into her physical being. She is unaware of any problem, any delay, because as you know, she is unaware of having left her physical body. So that is something else I hope, that is of interest to you and will give you discussions in your own time. But I must make quite clear, it is NOT a serious problem. Every one of you here, regardless of the work you do, your meditations are always well guarded. Nothing, nothing is left to chance, you understand me? (Yes) It is as I said before, like an armour-plating around you—any bad arrows are just dropped away, like a fortress,

you understand? (Yes) It is a fortress of great love and there is nothing that can penetrate love, I'm sure you have been told. (Agreed) Loving thoughts, the power of loving thoughts, is the greatest, greatest protector of all time, not just in our world of course, but in your physical beings. So as I leave you, I just say to you, as I know you have been told many times, please try to avoid the negative thoughts. Yes, always think of positive thoughts, always send out love, which you would expect in return. Yes, yes.

Lilian: Yes, I'm sure we do all try our best.

Oh, no one is perfect, dear lady, not in your world and certainly not in our world. There is always room for improvement. Anyone who says to you that they never ever stray from the path of loving thoughts, well we have to take it with a little pinch of salt. Yes, I have my little joke, but you understand me?

Lilian: Yes, we don't suddenly become saints?

Is there such a thing? I'm not so sure. Some people are close to it, I will not deny that. But I have to say, not in your world. Dear friends, I thank you for your time and hope I gave you some food for thought.

(Thanks expressed) I leave you now, with my love and the love of all those you cannot see, but that are in this room with you.

Lilian: Yes our love goes to them and to you as well. Thank you.

The benefits of the work by this group extends beyond the physical world

One follows through Sarah, stating that the communication between this group and those in Spirit Realm is changing. Thanks to our own personal growth, the level of communication has risen. The communicator stresses that we are helping not just this physical world, but also the world of Spirit. (18/3/02)

We know that you have been taught that the power of your thought is the greatest gift that you have been given, but you may not be aware, that your help in this group to those in the Spirit world is ever-growing. You are all helping those in our world, to a far greater extent than ever before. You may not be aware that you are all doing this. Those of us in the Spirit world, who join with you each meeting, are able to take a little from each of you, and pass that to those in need in the Spirit world. Not only do those who come to you for help gain much and are able to go back and go forward, but those who are unable to come through, also gain much from you. This is one of the reasons that this group is being assisted to go onto a slightly different level. This way we can take from you that which is needed to help so many in our world. For this we are most grateful to you and my reason this time for coming through, is to give thanks to you, for all the help that you are giving.

Lilian: That's nice. We are so grateful for all the knowledge that is given to us, so if we are able to be of some help back, it's wonderful.

This as you have also been told before is a two-way affair. And now I will retire and let others come through.

Salumet gives a little more insight about himself

Salumet explains that there is no real difference between ‘him’ and us. There is nothing that he can do, that with time, we cannot do as well, with eons of time to evolve first! Like him, we are all part of creation. He reminds us that he cannot ever show himself or be conceived in any shape or form. However, he can whisper in our ear, uplift us when we need it, be our highest thought and speak the truth that we pass on to others and so on.

(7/10/02)

The last time we met I said that we would discuss some matters that our dear lady friend put before me.

Lilian: Thank you very much.

Your question last time was about the form which I show to you—that I have told you that I came in the many aspects. Was that your question? (Affirmed) Let me say this to you my dear friends—again, we have to remember that my words to you, are limited by my own vocabulary—I told you that there are many aspects to the soul, but when I speak of coming to you in many aspects, I *mean* that you cannot conceive *me* in any shape or form; that is incontrovertible. It cannot be that I show myself to you in a manner that would prove to you who I am. You understand this I know. (Affirmed) But before I continue, what I wish to say is this: I am a creation of the Creator. This you know and accept. (Yes) But I am no more my dear friends than any of you. I may be a little more evolved, but there is nothing which I do or *can* do that you also cannot do; after all, you too are created by the Great Creator. But when I come to you I come in many ways. Last time I told you I was the whisper in your ear. I am the voice which speaks to you now through this instrument. I am your highest thought. I am that upliftment that you feel in times of doubt. I am the *truth* which you give forth to other people. Are you beginning to understand what I am saying to you? (Affirmed) You cannot look to me as a shape or form which you can understand, because that would be not impossible but not likely.

George: When you say that we are able to do as you. That I imagine would be in the extreme fullness of time. (Yes) (A few chuckles broke out at this thought)

What I wish you to know is that we are all aspects of Creation. You must realize my dear friends that I am no different from you; only that I speak to you from our world. I speak to you with a voice which you recognize. I bring to you love to the highest degree, but you also my dear friends possess this. And you may not always recognize these qualities within yourselves, but I assure you my dear friends, that you also are part of all Creation. Therefore, how can you be imperfect? That is not part of *truth* or law. Do you understand?

George: Yes, and we can be imperfect through our freewill and being lodged in these material overcoats.

For only whilst in these clothes can you be imperfect; but Spirit is perfect. You understand? Therefore when I come to you in these forms it is useful for you to know that I, being a little more *evolved* shall we say, and again I am using Earthly words for your understanding, but when I come close to you, it is in the form of *spiritual* attributes, not those of this Earth. Has this been a little helpful to you?

Lilian: Yes. Thank you very much.

Have you any questions at this point?

Lilian: I was just wondering as you were talking, I suddenly felt quite a sort of joyful feeling and I wondered why that would be? I know, *'why not'*, but is there an answer why I have this feeling?

Because you have recognized within yourself some of those spiritual truths—it is as simple as that, that with the vibration of this voice that I am using, you can feel the love which comes to you at this time.

Lilian: Yes. That's true.

One thing I would say to you my dear friends is this: that when you trouble over all of these questions, and I have to say you human beings have so many, I would say this to you: look inward, look to the inward truth and always *there* you will find your answers. I cannot repeat this often enough for you, but it is such a simple thing to do, but with your freewill, we cannot *make* you do these things; we can only encourage and try to uplift that part of you which allows you to recognize the true souls that you are.

George: Curiously enough, today I was thinking about a question about methods of delivery of the Source teaching, bearing in mind that Jesus incarnated, as have others, and you come to us as you do, and I think you have covered part of the answer that I had in mind as a question, **(Yes)** in telling us about your ways.

Yes also—you see my dear friend, I am always aware of what is about and around you in your daily living. This is not an easy thing to discuss with you at this time, but it is possible that I am with you all at all times and on many occasions. Therefore do not be surprised sometimes that what I speak about is relevant to one or other people within this group.

Sara: Yes we have noticed often that you've helped us with our problems. *(Chuckles)*

Yes, sometimes you see my dear friends that you do not always listen to me, with the quiet *whisper*. Therefore sometimes it is necessary that you hear it with the spoken word. *(Agreed)* I of course would be happier if I could make you hear with the quiet whisper, because then I know you are achieving what you should be. But provided I have a voice to use, I will always endeavor to hear each one of you.

George: We are grateful for that.

[George asks Salumet about the meaning behind his name](#)

George raises the question about the name Salumet which sounded a bit Persian. (5/5/03)

George: Yes, could I go right back to the very first time that you came to us and you gave us a name to know you by. You explained about how names are taken by Masters who come to teach, and we understand that. There was a little doubt at first and we thought Salumet or Salufet, something like that, and we settled for Salumet. **(Yes)** Can you tell us something of the derivation? Is the name relating to someone who once lived? It sounds Persian, but I wondered if you tell us anything about the derivation of it. It's a little thing that has bothered me for quite some time.

Yes, I know. I will be happy my dear friend to discuss this with you. Yes the name of Salumet was not the name first I gave to you, but as you know, names from our world have little meaning, but I know of your interest and I will be happy to discuss it with you

another time. If you so wish I will make time at our next meeting with you—at the end of the meeting I will be happy to give you what you wish to know.

Lilian: When you first came we didn't perhaps pronounce the name you gave quite right, is that right?

The energy at that time was more difficult to control and it was quite an event for us to come to you, as you now understand. We had waited many long years to make this connection.

George: And I believe there was a considerable amount of fine tuning after that time to make communication better.

Yes, always this 'fine tuning' as you call it still continues. That is why it is important that I work at times with this instrument. I know you appreciate and understand that communication is not as simplified as some people would have you believe. But I will make this promise to you my dear friend; you will have a full explanation of your question.

This subject is returned to the following week. Salumet explains that names in spirit are not so important and that in deeper spirit, recognition is by energy and light only. On the physical Earth, names are important and so his name is given in the form of a greeting – Salu! Salu means greeting, good health and truth. Salumet goes onto to discussing himself as a conglomerate being of ever-expanding consciousness that has aspects from this and other universes, many planets and so on. It is better to read his words. (12/5/03)

George: Yes, I refer back to the very first occasion when you came through to us and you gave us a name to know you by, and we understand about names that the Masters give to us, because we have that way on Earth with names. The conditions were not perfect, but it sounded like Salumet or Salufet or something like that and we settled for Salumet. I asked if we could have something about the derivation of that word. Perhaps you could give us something about where that name came from?

Yes, I understand. All too often you human beings need names for recognition. This we know and understand. You understand also that in our world names mean so little, except in the etheric body, which is newly come to our world and names are kept in order for recognition purpose. As we continue, we forego all bodies, all names and we are recognized by our energy, our light; this also you understand. When first I came to you, I know the name was not perfectly clear to you and that name of Salumet was acceptable to you and that is the name which I accept when I come to you. But when first I came to you, I told you that I was a conglomerate of beings and this is so, that has not changed, but in order for one aspect of that soul to come to these conditions, there had to be a name given in order that I would be recognizable to you. When I say 'I', I do not speak as a single entity. I am speaking for that conglomerate of being that is all-knowing, all-growing and always evolving. When it was decided that we must come to you as a group for the purposes of information and growth, you were not chosen lightly. I told you that it had taken many, many years of time for me to come to you. Salumet, it was indeed Salufet when first I came. We decided that Salu—if you were to consider 'Salu', what do you think of? It means greeting, it means good health, it means many things. It means I bring to you truth, health, knowledge, greeting.

George: We have the word in our language 'salute'.

Yes, 'salu' also means in your language many things. I did not come to you as many others have with names of those who have trodden this earthly path, but I can say to you that many of those who have given names, they are but pseudonyms, they are indeed much greater souls, but always names are given for recognition only. One aspect of the beings from whence I come to you has indeed trodden an earthly pathway, but to give you a name, a time, a place would be of little use to you, because that being was not one with recognition—but no matter, was indeed a great soul; but one aspect of this conglomerate of beings has indeed trodden an earthly pathway. Another aspect of this self has lived on other universes, on other planets. So you see, the knowledge which I bring is indeed varied and wide. I, to you my dear friends, am but a voice from afar, but the knowledge and the love that we bring to you is eternal. *(Thanks expressed)* It is a privilege to work with you my friends. You were not chosen lightly. There was much discussion and as you fully realize and understand, that to return to such heavy vibrations, especially at the beginning, was not always easy.

George: So the various aspects which you represent would be from several planets and...
There are those who have never trodden on any planet.

George: Yes, thank you. I was trying to search for the word: 'pure energy'.

Yes, pure energy is part of the conglomeration. It is difficult my friend to explain to you how these processes work, but let me assure you that indeed what we bring to you travels on the love vibration, and we have felt that *that* is all that you need to know. Always I have said to you: never accept what you feel you cannot until your understanding is great enough. We knew that you would question many things that were said.

George: I think I can say that in that very first time we felt the love in the voice. It was just there, we felt it.

I thank you for those words. After all that is our purpose that not only do you physically hear the words that I speak to you through this instrument, but that you sense and feel that all-encompassing love and joy. For this we will be ever grateful to you all. *(We agreed that we were all very lucky/privileged)*

Sarah: Salumet, just a thought. You teach us and you come to a very heavy atmosphere to teach us. **(Yes)** Do you teach in spirit as well?

Yes, but of course it is much easier. These conditions are not of the best, but we have adapted well and I do firmly believe it is because of the love energy that is emitted from all of you, the love that you give out to me as the voice of Salumet. So, in ending these words, I would like to *thank* each one of you, thank that Great Creative Force for the opportunity given to us in coming to know each one of you. I know my dear friends that when the time comes for you to depart these physical bodies that the knowledge given to you will radiate from your very beings. You *will* be prepared, you *will* accept and you will recognize that love energy which has come so closely to you. I hope these few words have satisfied you my dear friend.

George: Yes.

I know you are one who considers and thinks deeply, but there is only so much that we can give in order for your understanding to be there.

George: We are grateful, because it does help us to visualize the great privilege that we receive.

Remember what I have told you that names given are so often only pseudonyms for greater beings. I will give you one example, because I know it is one of recognition to you

and that is White Eagle. You all believe him to have been a great Indian, but of course he was much more. I will end this time with those words. I know that my words have been taken and accepted by you and for this once more I give you my love and my thanks.

Many adjustments have to be made for Salumet and other spirits to enter our dense atmosphere

Salumet discusses this and also the fact that names and numbers have a vibration that can affect the air too. The Boeing 747 is an example of such a name and number. (10/11/03)

I hope that you can feel how much peace surrounds you this time. (*Affirmed*) I have refrained from speaking in order that this peace should encompass you, each and every one. I feel that some are in need of this. We will, if you like, begin this time with any questions that you may have and then, my dear friends, it would benefit you all that you go on an inward journey to discover what each of you has to offer in this group. So, if you have questions this time I will endeavour to answer them for you.

Sarah: Last week you wetted my appetite Salumet. You asked us if we understood the fact that you were embroiled in our denseness when you came to us and we said that we didn't understand. Did you not tell us because we wouldn't understand or because you felt it just wasn't necessary to discuss that?

We have discussed briefly about entering the atmosphere of your earthly planet. You know that the vibration of both the instrument and those who come to you must be attuned. The density I speak of is indeed quite dense as far as our own vibrations go, but I believe that you all know a little about the conditions which we encompass when we use an instrument upon the Earth. Sometimes it can be quite uncomfortable, but that is why from our side of life many adjustments must be made.

George: So it is an uncertainty of attunement—would that be true?

Yes. Always you might say it is *experimental*. So many factors are *there* to be overcome at times. It depends sometimes upon the instrument and how well we can use *them*. There are so many factors that I do not believe at this particular time you would fully understand, but only to say to you that many more adjustments are made from our side of life.

George: We are just so grateful that this is all encompassed.

That is why my dear friend, it is of the utmost importance that each one who comes together is in attunement. That is why at times when you sit within this Temple of Love that you feel as one. You have all experienced that not-knowing of self when you are within this room: you become part of a whole, each one as important as the other. That is why I will be eternally grateful to you all for your love and your devotion which allows me to come to you. Without that love it would be much more difficult—still possible of course, but not quite so comfortable. You understand? (*Affirmed*) I hope that answers your question.

Sarah: Yes, thank you. It's just when you didn't say anything last week, I just wondered.

You under-estimate your own power of understanding, but that is a human frailty that mankind always doubts, but that is part of his makeup.

George: There was something else you said in relation to the air beings: I think you said they were rather concerned about the way we are disturbing the atmosphere or something to that effect. A number has been bugging me for more than a year now: the number 747. The Boeing 747 is a much used passenger jet airliner, which disturbs the air and I just wonder if I'm being prompted to ask a question about the ways we disturb the air and adversely affect the air beings?

Yes, of course, all who look after this planet have had so many concerns, not only the air beings, but the Earth beings, the water beings—all forms of life. This planet has for so long been one of unrest, of disturbance, of mankind being lost in the darkness of time—but all of that is changing, as I have told you previously. But what we have not spoken of yet is about the vibration of letters and numbers. Do you recall that some time past, we began to speak of the vibration that each name holds? (*Affirmed*) Yes. This is part of the answer, but it is not yet something that we will discuss fully, but it is a subject which in a little more of your time, we will discuss in order that your understanding is greater. You would be correct in feeling that these numbers do have some affect upon the air, as do many other of your numbers. I am sure that you are aware that there are people in your world who hold much to each individual number that is known to you—in the same way that the name that has been chosen for you has some meaning in your vibrational field.

George: So there's no real connection between that particular number and our jet turbine airliners which are clearly disturbing the atmosphere very much.

I would not say that one particular number, but numbers do have effect.

Sarah: So going back to our names, you say we choose our own names...

You influence them.

Sarah: ...and that is because of the vibration: it is the vibration that helps us to choose these names. Is that right?

It is the vibration which you wish to enter into, in the same way that you choose the parents, not because of the people that they are, but because they can provide the situation that the Spirit needs.

Lilian: Would that be the why in some cases the name is handed down through generations?

Yes, because the Spirit is an aspect of the same Spirit, but it is a subject which we will go more fully into with more detail when I feel that your understanding is a little greater. You must know and understand that all energy has an effect upon the rest of the energy field in some way. In the same way as that each one of you enters this room which is full of spiritual energy as you come to it; as each one enters, that energy is changed. Can you understand?

Sarah: Yes, because different vibrations change it.

Lilian: Stronger?

Yes, that is why it is important that each one of you is attuned to the other, that the vibration may be raised and be a vibration that can be used for good. I am sure you must be aware at times when one will enter and there is disharmony within a group. (Yes) It is the same kind of thing, but of course I am simplifying it for you. In the same way that the numbers, the energy of numbers, can displace the air spaces. I hope that is enough for you at this time, but, as I say, it is something that we shall enter into more fully.

George: Thank you.

The Seth and Seth 2 teachings

Salumet accepts thanks given for allowing some visitors and explains that in just experiencing the unique energy of oneness, much was achieved. George's description of the advanced spirit called Seth 2 as being a conglomerate being is confirmation that there are other 'Salumet' type teachers out there, which independently confirms the conglomerate being concept! Mention is given to the origin of the Salumet group and how the necessary energy was built up over time. The quest was to achieve direct voice, but what was achieved in the end was so much greater – the knowledge given by the Salumet teachings! (28/11/05)

George: Could I say thank you to all concerned for welcoming my cousin and his lady last time. That visit was much appreciated.

We are always happy my dear friend to welcome those who show an interest in these words. We are always happy to accept those who are willing to keep an open mind—whether they accept the words or not, is entirely part of their own freewill.

George: Yes, I'm sure it's given them much to think about.

Yes, yes I am sure that they understood a little more by being here with us, because what they achieve by being in *this* room with all of you who brings such energy is that they feel the difference in the communication, rather than seeing the printed words or hearing the voice upon your tapes. They do not get the feeling of the energy and the unique oneness that is within this room.

Paul: I suppose that's something we'll never be able to...**(No)**...even if we get a website we still will never be able to give people this experience unless they actually come.

No, that will only be experienced within the group, because of the group energy, and after all, it is your energies my dear friends that brings me to you. So please remember how important each one of you are to this meeting—without you it could not take place.

George: Yes. Could I mention another similar group? Having been away on holiday for the past week, I had the opportunity to read a book concerning Seth and the medium Jane Roberts and her husband Rob. Seth first came through in 1963 and he, I would describe as an advanced Soul remaining in Spirit while the other two incarnated. All three I understand had shared previous incarnations. That group of the three continued for 5 years and then what is known as Seth II came through. Now, we have to see Seth II as a much more advanced being in earthly terms, from our future, our distant future, and Seth II describes himself as a conglomeration of beings, **(Yes)** most of whom have not had physical existence, but that conglomeration includes the much advanced Seth I. Now, I've heard a similar description in terms of a conglomeration of beings before! (*Knowing laughs—Salumet has described himself as a conglomeration of beings.*)

And did I not tell you that in time there would be confirmation of my words? And I would say that this is one of those times.

George: Yes! It's a very interesting similarity and *Seth I* displayed a little bit of ego and panache while he was teaching, **(Yes)** and *Seth II* has a totally different voice, which displays none of that.

Yes, because it is another aspect of the conglomeration.

George: And I *think* I would be right in seeing Seth II as a Master who teaches.

Yes. Yes, we are not always open to a dual reality, it is something that we *learn* when we come to this plane of existence, and I have to say, you *have to* understand the makeup of you human beings to be able to display all of those truths, which we try to bring to you. So, sometimes I have to say a little dual reality is perhaps what you seek although it is not part of any *truth*. You understand?

George: Yes. I think reading about that one has opened my eyes to a few things. The idea of all reincarnations, as seen from Spirit, happening at once; this is something I hadn't really thought about much before.

Yes and what is happening is that your mind is being broadened to all that exists. It will never expand to the extent of understanding what happens in Spirit, only of what we bring to you—the understanding from our world to you. But you can only expand so much whilst you are in these clothes of human flesh. There is so much that awaits you my dear friend that you will never understand here, but sometimes you can have a *glimmer* of what it is like and our understanding from Spirit.

George: Yes, I can well accept that.

Yes. We know my dear friend you will always be the one to push forward for more and more information—you seek clarification in all things, and that is your part within this group; and may I say to you my dear friend, you do it well.

George: Thank you very much. Well, we all try in our various ways and I think we all realize that it is to no avail unless we manage to put this information before many others.

Yes, the opportunity must be given for others to open up to the prospect that there is much more spiritual knowledge for them to digest, but as always, it is entirely dependent upon their freewill, and we can never force any truth upon anyone and that would never be our purpose—our purpose is to come to you. And remember my words when I told you that you may always reject anything that I say until such time as your understanding is greater, but I have to say your acceptance of my words and thirst for knowledge has made my task just so much easier.

George: I was going to say that the thought of rejecting your words would be—that process would be most difficult. (*Knowing chuckles*)

I am gladdened by those words, but that is entirely up to you, as is all information that is given from our world.

Paul: Some of these books like the Jane Roberts 'Seth' books, though they were written, by our standards, quite a long time ago now, but to my mind they are very clear and obviously full of more spiritual knowledge than a lot of books that are written today, but they probably don't sell as well unfortunately. But I suppose it's out there for people to dip into if they search hard enough and maybe one day, even though the books were written a few decades ago now, they may actually at some point when we've progressed enough, they'll achieve their more rightful place really, because a lot of these books should be best sellers, (**Yes**) but they are not at the moment.

The truth will always prevail and throughout your time upon this planet we have always brought to mankind the knowledge that he seeks and it is brought to those individuals who we feel will digest and dissect the information and then to pass that knowledge without any prejudice. It will come at many times throughout your world and in many places, in order, as we have said earlier, that the truth may be *verified* in many places and in many ways. But we cannot make you as human beings accept our words, accept what is truth, unless you are open to us as spiritual beings. That is why it took many of your

earthly years *before* I was able to come to you, because many factors dictated that we must wait for the right time, and that is what happened. We needed the right mixture of human beings within your group, we needed the right *place* that had the purest of energies and we needed my agreement to come to you. So you see, it was not something that happened in the blink of an eye as you would say, but something that we waited *many, many* years of your time to achieve.

George: Yes I can visualize the preparation and there is something in the Jane Roberts book that caught my eye as well: apparently she had a previous incarnation as a medium and I imagine that this was part of *her* conditioning to be ready for that happening.

Yes, it does not happen within one lifetime. These preparations from our world are thought about for *many, many* years of time, before we can put them into action, because after all, if you think of it, each one of you incarnated into a different body in this lifetime at different times, and therefore we have to wait for that coming together, which in your time took many, many years. Although you *have* been together in previous times, in this lifetime the expanse of time has been greater. I hope you understand my words.

Sarah: So when we were together previously, we weren't ready for this information?

No, only when you returned to Spirit. You would not have been aware of it at that time of coming together. Each of you has had lifetimes when the others have not joined you, or been aware of you; some have remained in Spirit and some have reincarnated.

George: Yes, we've had very interesting information and visits concerning our past lives and the most recent—I'm not sure how many of us would have been involved, but the South American group who were enslaved by the Inca, I *think* I understood that that had past life connection to *some* of us at least.

Yes. You have not always been together, but some of you have in different lifetimes, but *this* is the one when it was thought that the information and the truth was going to be delivered by each one of you *now* at this time in your spiritual evolution of this planet—that the time was right for each one of you to have separate lives, but to come together in order for this truth to be given.

George: I certainly have a very strong internal feeling about that myself and I think I speak for us all in that. **(Yes)**

Sarah: And Leslie, who started the group off, that was just his job to bring us all together, was it?

He did not *bring* you together, you brought *yourselves* to a situation, where eventually you *came* together. But his *energy* and that of many others throughout the years, was the '*build-up*', if I may use that term, to what was to come. He was a little misguided in his thinking, because they had set their minds to other happenings, when in fact what they were doing was building the energy within that place.

Sarah: When you say 'they', are you talking about Leslie and his wife?

And those others over many years who entered.

Paul: Everyone played their part.

Yes. It is not up to any one individual; it is the coming together of many Souls and the energy being used for the purpose it was intended for.

Paul: I guess we all agreed this before we came and all decided that it was time for us all to really get the clearest message out we could ... **(Yes)** ...about truth, because this is the clearest way for the delivery of the truth. You can be inspired yourself, but to have yourself coming through communicating with us like this is, I think, is the clearest way of all—to deliver the words.

Thank you. It is not always easy to find the proper words in your human language, but before I came to you, it was decided that the simple words were the best to be used. Of course, many words within your language can be used, but the truth must be available to everyone—everyone’s understanding, and so many times we have seen words used that are confusing to many. Therefore my purpose was to come to not only bring to you truth, but to come to you with *simplicity*, and that my dear friends is what I have tried to achieve.

Sarah: And you have! (*Agreed*) I know you can’t generalize, but would you say that those who can’t accept your words are young Souls?

They just are not ready in this lifetime, not necessarily because they are young Souls. They may well be old Souls, but cannot accept the truth within this lifetime. It depends why they have returned. (Thank you.)

There will only be one communicator of Salumet’s energy to this group

This was confirmed in answer to a question by Sarah. (29/5/06)

Sarah: Some years ago, somebody came through Sue to say that there was going to be somebody of similar sort of teaching to you, who would come through her. Is that going to happen, or have things changed since? Do you recall that?

Yes. Let me say this: that when communication takes place, there are many from our world who wish to make connection. But I can say most definitely to you, that there will not be communication within this group by another of my energy. There may be communication by others, but they will not be of this same energy—if that is clear to you.

Sarah: Yes. Thank you.

There are many who wish to communicate, but not...at this level.

Sarah: No. That’s fine and we’re very happy with your teaching Salumet! (*Chuckles*) We don’t feel the need of anymore!

George: We’ll take that as read, to use an expression.

Yes, I appreciate your words, and of course I would be aware if I was not accepted by you, and would therefore withdraw from you. Do not worry I am quite aware of all of your feelings.

Salumet operates on a different energy vibration which we do not yet understand

Salumet starts by explaining that we have a responsibility to have enough rest in our lives. Salumet goes onto how he is aware of our thoughts and prayers, but it is others that act on them. We are also informed that we will never understand the subject of energy whilst in

the physical and is something that will be far easier to understand, like so many other spiritual aspects, when we return to spirit. (31/7/06)

As I come to you this time, I feel that there is a great depletion of energy amongst you. This we will try to rectify before you leave this room this time.

Lilian: Thank you. I think it's all the hot weather that we've had.

I would say to you my dear friends that you must allow yourselves time to rest both physically and resting the mind. The two must go together if you are to remain physically strong and spiritually alive. Again, I will reiterate for you that you are in full control of this housing which you call the body. Each goes hand in hand—the physical and the spiritual mind must be in complete balance if you are to be strong. I feel my dear friends that sometimes as we are gathered here together, your thinking is strong, your awareness is high, but then as you enter back into your physical lives, much of what you know is forgotten.

Lilian: Yes, very true.

So, I am gently reminding you my dear friends the importance of balance in your lives. I wish also to say to you that next time we come together I wish to speak with you about a subject that you have waited for and that will be: the energies available, and to the existence of the civilization of what you term the Egyptian race. So, I hope when we come together next time, you will have your questions ready for me and I know that you will find much of interest from what I have to tell you.

George: Yes I'm sure we shall.

Now, I will take questions, but for a short time only, because this time I wish to work with the instrument that I am using. But there will be just a little difference this time inasmuch as I will allow some retention of memory as she returns. Therefore, as she returns to you, she will remember some happenings.

Lilian: She'll be thrilled.

We will leave the rest of the time to whatever is planned for you. Therefore...

Lilian: Before I ask the others about a question, may I ask one on behalf of Jim who was unable to come tonight? He's come two or three times, but he's poorly at the moment. He had been thinking a lot about your talking on thought and he was curious as to whether you had picked up the thought that he had sent to you—I don't know what the thought was. I was to ask you this if I had the opportunity. **(Yes.)**

George: I think the background of this is he is trying to piece together a structure for what is happening.

Yes, he is seeking for answers, of course, and I entirely understand. But of course my dear friends, you know full well that my purpose is never to generalize. But in saying that, of course you know and understand that your thoughts are known to me, but it is not my intention to acknowledge every thought that comes to me. And what you have to remember is that, apart from the times when I come close to you on this Earth, I am returned to that pure energy from which I come. And although the thoughts will come to me from each individual, there are those in my world who will answer your thoughts and prayers. That is not to say that I dismiss those thoughts—not at all—but you have to understand the workings and the structure of energy.

George: Yes I wondered about that. There must come into the pattern: appropriate placement of thoughts.

Yes, of course. And although I receive the thoughts, I am not that energy that is able to create for you the answers. But if your thought is strong enough, as you know, it is always received—but your answers may not always come as you wish. I accept the thoughts, but my sole purpose is not in recognizing them, and if that my dear friends sounds rather dismissive to you, that is not my intention. I blend with the energy from whence I come, but others will take charge of those thoughts. Can you understand what I am trying to tell you?

Lilian: Yes.

George: Yes, I think we're beginning to see a certain beauty in this as opposed to an awkward complexity, shall I say. We have our complexity of things in the physical side to our living, but I feel it has to be a little bit different from that in spirit.

Yes. You will not fully understand, you cannot, and again I say to you, the difficulty lies in trying to find words to explain non-physical happenings. It is almost impossible for you to understand the laws of all energy. You see, when you send thoughts, you recognize them as *physical* attributes when indeed they belong to the spiritual energy of life. So you see, the matter is quite complex. (Yes.) I would say only to the gentleman involved, to carry on searching, to continue to send his thoughts to me if he wishes, but he must try to recognize that outside of this room I am *but energy* and not the physical association that he thinks I am.

George: Yes, I think that has to be seen as a very widespread error in our thinking.

Yes and because he is seeking, he feels because I possess a voice in these meetings that it is like sending a thought to another human being.

George: Yes, that really does help clarify, I feel.

It is a complex matter, but I will say once more that any subject that becomes personalized, I will always try to be kindly in my answers but firm in the fact that that is not my purpose.

George: Yes thank you for that. Perhaps we should see personalization as not always appropriate?

It is not always appropriate. I know I have given help sometimes personally, but if you remember well, I have stated that there are many who walk in your world who can help with these personalized matters. My task is on a different energy vibration. I hope that will help your gentleman friend.

George: It is helpful to all of us, thank you.

[Difference between Salumet and the Angelic Beings](#)

It's mainly about the job description. (12/11/07)

All: Good evening.

I could not leave you this time, without answering the question my dear friend (George) has put out about the difference between myself and Angelic beings. I do not wish him to struggle with this till next time. Therefore, my dear friend, it is quite simple, this answer to your question. I as you know, belong to a conglomerate of beings. I and others, come from that divine source of energy, as do those Angelic beings. And to put it simply for you in

your Earth language, let me say it is only the difference in a job description. Do you understand what I am saying?

(Agreed)

George: Could I just add one further thought? **(Yes)** Your concern is with all Universes, not just this one. **(Yes)** And a word we have in our language is 'omnipotent' **(Yes)** and perhaps this applies here. The Angelic beings, would they be less widespread in their influence?

Not at all, but only in different guises for different planets. It is only in your association with them and your recognition of them that is different.

George: So their tasks would extend into other Universes as well?

Yes, in the same way as 'we' as divine energy are more knowing of all things. You understand?

George: Wonderful, yes thank you that really does clarify it for me and it is something I have pondered on.

Yes, that is why I could not allow you to leave it any longer.

When Eileen is taken away she is looked after by her own guardian spirits

During séance, Eileen is kept safe whilst Salumet uses her voice to communicate with us. Interestingly whilst Salumet is working quietly with her, she is spending time in spirit, giving her the chance to grow and so her spiritual understanding to progress more quickly. Understandably, this is of benefit to Salumet too, as his job then becomes easier. (27/10/08)

Sarah: I just wondered, Salumet, when you're working with Eileen, can you tell us a little bit about where she actually goes when you're working with her?

Yes. I believe I have said before to you that her mind is placed to one side whilst I take control of the voice. I use her voice to speak to you. She is perfectly safe and is of course taken care of by her own guardian spirits. She is not aware of the place where she is, because we do not have sufficient time for her to have that spiritual understanding—but it is not important. What *is* important is that she remains safe and I am allowed to use her voice in order to communicate with you.

Sarah: Once or twice Eileen has said she's had some sort of feeling about being in a place, when she's coming back, not when she's going, when she's coming back.

Yes, because her own spirituality is growing the more I work with her. That is why at times I need time to work with her quietly in these conditions.

Sarah: So really you're just working on her voice, are you?

I use her voice, I am using the body to some degree. As you can see, I am able to move the arms; I could use the whole of her body but it is not necessary; it is her voice box that I need to use.

Sarah: So when you say you are working with her, you're just really working on her voice box...

No. No, I use only the voice box to speak to *you*, she is being cared for by her own guardian spirits.

Sarah: So, what exactly are you doing when you say '*I'd like to work with Eileen*'?

We are giving her time in the realm of spirit to grow and to enlarge as a spiritual being, so her understanding grows greater.

Sarah: Ah! Right!

You understand?

Sarah: Yes. So you're doing it for Eileen and not for you?

Yes.

Sarah: Ah! Right! Because I always thought it was for *your* benefit.

It is in part that the more we work with her spiritually, the easier it becomes for *me*. It is not easy to explain something that you do not experience for yourself. She is apart from her body just for a very, very short time. It is no different from what happens to you all in sleep state. You are not aware of anything in sleep state, are you?

(Agreed)

No. It is similar. But no harm comes to you whilst you sleep; in fact in sleep state the spirit is rejuvenated. You understand?

Lilian: Yes. That is an easy way for us to understand.

Sarah: So this is also part of the reason why we need a certain amount of sleep, so that spirit has time to rejuvenate.

Yes, yes. It is as any form of machinery; you cannot work it continuously without it breaking down. And so the spirit needs to be free whilst the body rests and recuperates from the stresses and the strains of your earthly world.

Sarah: So if people have ... you said 'break down' and I was just thinking of a 'nervous breakdown' ... has that got anything to do with the amount of time that the spirit has over the other side?

It has to do with the responsibility that each of you has in taking care of the housing of the spirit.

[Energy being drawn from each group member lights up like the aurora borealis](#)

Salumet discusses energy transfers which as we become more attuned can be seen as coloured lights. (20/4/09)

George: I think there is a question that I think we are all thinking about. At our last meeting (*6th April*) there was no speech, but one of us, Sue, was impressed with the information that energy was being drawn from each of us and it was described as like the aurora borealis, with streams of energy. And it was also being drawn from other groups around the world and was being blended for redistribution. I was wondering if you would have any comment on that.

Yes—as you fully understand, each one of you is a light-being; of course, as spirit, that has to be so. As energy is used, sometimes it is displayed or recognised in the form of colour, which would explain why the instrument explained it in this way. The closer you come to us in spirit the brighter the colours become and the light has a 'sharpness' which you

would not be aware of in everyday life. These lights are indeed spiritual lights, but it should not surprise you, because until you truly recognise yourselves as spirit first and foremost you will always have this surprise. I would have to say this to you: that as far as other groups and energies are used throughout your world, they are normally used as individual groups. I cannot say this time, but I will look to see why the instrument would feel that there would be some blending here as well. Many groups throughout your world are aware of the light energies—of course, you cannot work with spirit without it, you cannot exist without it. **You understand?**

George: Yes, yes, I am sure we all accept that.

I will confirm for you next time what indeed was happening.

George: Thank you! From the way that it was described, it seemed like a ‘grand event’ but perhaps it is something fairly normal.

Yes, that is why I say: you need to become more fully aware of the beings that you are and the energy that you are, because, my dear friends, even as you sit here this time your energies are blended for the purpose of helping us to come to you, and that energy is utilised to the best of *our* abilities, in order that we can make use of it at these times. You understand?

George: Yes, thank you Salumet. That does open our eyes a little further in relation to energy considerations.

Lilian: I think your instrument (*Eileen*) described how she felt—it was as though her mind was travelling through space and on coming back she did have quite a job to connect back with the body.

Which happens sometimes; that is why I request that there be no sudden noise. Her mind is always placed to one side whilst I use the physical body for speech, but the difference last time was that she had some memory of it, that is all. It is not anything that is different.

Sarah: Was it just a coincidence that she had some memory of it this time or was it because she is becoming...

...More attuned, yes, more attuned to what is happening, more demanding in what she expects. She has been asking questions.

Sarah: Ah right, and now she is getting some answers.

Yes.

Sarah: That’s very good. Thank you.

Has that been helpful to you?

Salumet states that learning at his level is instantaneous

And that included learning our language solely for the purpose of communication and only then using simple words so that all could understand! Salumet also gives a little more about himself. (21/9/09)

Lilian: I was just thinking Salumet, you’ve chosen to come back and talk to us, the little group that we are (**Yes**). Is that helping *your* spiritual growth, if that’s not too cheeky to ask?

As an individual—ah, I do not come to you as an individual—but yes it helps with any growth of the soul. Remember, that all of life is ever-expanding, and so too those regions from whence I come, and that conglomerate of beings that I belong to—that also is growing and moving.

Sarah: So there's no set number of beings in your group / your conglomerate. Does that expand as well?

I speak of the spiritual aspect. You my dear friends are speaking as individuals. I do not come from a group of individuals as you would understand it.

Sarah: No, but of spirit—

Spirit is always expanding, energy is always expanding—it can never be static.

Lilian: So it expands—the spiritual energy (Yes).

Jan: Salumet, I understand that you've explained to us that you are from a conglomerate in spirit. How do you speak to us so eloquently in our language?

Eloquent my dear friend is not a word I would use. I use this instrument only to allow those words to come. All we are interested in, is that the truth become known, that spiritual aspects be given and to remind you all of from whence you came and where you will return. I believe I said to you, that my purpose in coming was for the truth. When we speak of language, you have to understand that in our world—and there are many, many levels in the spirit world—the more knowledge that is gained the more spiritual you become—you become all-knowing and using the voice of this instrument creates no hardship for us. When I came, I wished only to use simple words, because there are far too many who come to your world with too many words, which confuse. Truth is simple, so why should not the words be simple?

Sarah: Well you've certainly made things very clear to us all over the years.

Jan: I'm just always amazed, it's as if you walk amongst us, you understand exactly our technology, every little slang word that we use—you understand exactly what we mean.

Yes, because we are not like you who takes one day, one week, one month—time means nothing in our world. Our learning abilities and capabilities are instantaneous (Wow!). It is difficult to explain what you do not understand.

[Why was Eileen chosen as the channel for Salumet?](#)

This interesting question was answered by simply considering Salumet being able to blend with her energy. Her energy was chosen, not the physical person Eileen. Salumet explains some more. (1/2/10)

Sarah: Could I just ask about you working with Eileen? I don't know if this question has been asked before, why did you choose Eileen as your medium? Had you had your eye on Eileen for some time? I would just be interested to know.

As energy—spiritual energy over many, many years of time, her energy was chosen, so that I could blend more easily with her. You speak of her as a person. I speak of her as energy, energy that has existed for quite a long time in the physical sense; but energy, as with *all* of you, that has existed for *all* time. It was just a matter of being able to blend also with the physical energy in this lifetime.

George: A small question that occurs—would that length of time go back beyond the time when she was an aspect as the one we know as Nahashiwah?

That energy extends much further back. Yes, Nahashiwah, as you call her, was just one existence of Earth time. Yes, it extends beyond that life.

George: Thank you! I'm sure that fact will be of interest to many.

Lilian: So, before Eileen came back *this* time, she would have known this in Spirit.

No, she would not. I know you are told that you know why you come. She knew her pathway she would take, but she was not aware of the connection that would be.

Lilian: I see.

So, her agreement would have been to live the life she *has* at this time.

Lilian: Yes, I see

After all, no one knows all. You understand (yes)?

Sarah: So, this is really a bonus for her?

I do not know if she would regard it as a *bonus*, as you say, but she is always happy to allow me to use her as my instrument.

George: Yes, I know she's very happy with that and it's certainly a bonus for all of us here.

I never cease to be amazed by the kind words, my dear friends that all of you are willing to express. But, once more, I will say, without you, my mission would not have been possible. So, I say to you all: Give thanks to yourselves.

George: Thank you for putting it like that.

Lilian: So, the moment was right, really.

Yes, it is something you have to understand, that we in spirit, who have much better vision, know what is going to happen, but, as you know, there are many levels of spirit and each level has a quantity of knowledge within it. Do you understand? (Yes) Yes—when you reach the level from which I came, much more is known (yes). Yes.

George's Note:

Nahashiwah: Nahashiwah has visited 26th February 1996, 10th January 2005 and again 3rd September 2007. On the first occasion, Eileen had been both surprised as well as a little shocked to find herself confronting a past life aspect of herself—an Amerindian lady with hair in pigtails and wearing a blue dress—with Eileen's own face. Following the vision, this lady then spoke through Eileen, giving her time on Earth as 19th-century. On the third occasion she came to us to join in our conversation about 'lights in the sky' and 'crop circles', explaining that her people were well aware and accepting of them. Regarding the general non-acceptance of these things as authentic and the widespread lack of understanding by modern humanity (present company excepted) and Press, she said: "You are like children. You are in need of first education—Ha Ha!—you do not recognise the signs in the sky!" And on each visit this dear one has spoken with such a light ethereal voice that we have all so much warmed to.

[Why does Salumet take leave over Christmas?](#)

This has been touched on many times. This period is considered the best time because of the increase in loving energies around the world during the celebration of Jesus's birthday. (18/11/13)

SALUMET TAKES LEAVE: Earth energies through the festive periods of Christmas and New Year are so different, so that the communications would not be quite so straightforward. This period also is opportunity for Salumet to retire temporarily to his domain—I guess this is not exactly a 'holiday' or a period for 'conference' or for 'regrouping'—these are Earthly concepts, and Salumet's return to Angelic Realm would not really be describable in terms of our physical living.

Group asked if they had experienced anything new as part of our individual evolvement

Questions started with Eileen and how to bring her back safely. Eileen experienced something that Salumet described as the 'ultimate experience' that is possible whilst living a physical life and that is to feel as though you are 'travelling both forwards and backwards at the same time'. (10/6/13)

Lilian: I wonder if I could ask one Salumet. Last week Eileen was deeply—I will say in a *trance*—she was taken quite deeply away. I did help her to come back and so did George. But I wonder if it is better to leave her to come back on her own or to help her?

George: And could I add, it would be very nice to receive from you Salumet some clarification on what was happening last week.

I understand. Firstly let me say that that has become part of your work. Not only are you leading this group, but you have taken responsibility for helping the instrument at certain times. Of course she would return quite normally, but when there are time limits to our meetings, then of course it is acceptable and proper that you give a little help.

Lilian: Yes, thank you for those words.

The only stipulation I have ever made, is that there is no sudden noise when I am using this instrument (yes)—that is quite shocking to her physical body. Therefore apart from that, it is quite alright for you to help, as long as the touch is gentle.

Lilian: Yes I understand that.

Yes, but when it is another who is using her there is not so much to be concerned about, because she is not taken quite as deeply, you understand?

Lilian: Yes, she really was taken quite deeply last week.

Yes, she was visiting our world, but she remained aware of what was happening.

Lilian: Yes she did.

Yes—not so deeply as when her body is used, you understand?

Lilian: Yes.

Yes. I have taken her questions that have been forthcoming since last time and this opportunity is opened for her to understand just a little more.

George: She had an experience which was difficult for her to describe. Eileen said she felt as if she was travelling backwards and forwards at the same time (**yes**). And I wondered if this was something to do with *time* not being linear in spirit?

Yes, it is the ultimate spiritual experience that one can have whilst still in a physical body. Yes, it was new to her and I suppose to all of you it would seem a little strange, but in our world all of these things are understood and quite natural. She was not afraid, I am sure you have gathered that.

(General agreement)

Yes, but it was a new experience for her.

Lilian: Yes, that was very nice.

George: I think we understood that you were with her in a different part of her mind.

No, I was not with her (ah!)— It is a different situation. I would not have been with her— she would have been guided by her own guides.

Sarah: There was one that came through me Salumet that said to try and join in with Eileen.

Lilian: You mean the group —

Sarah: Yes, to try and sort of ‘*tap in*’ or something.

It may well be that they tried to help you to see some of what she was experiencing and of course there is much going on in our world. You would have been guided by your own helpers. You understand?

(General agreement)

Each one of you has your own guide or helper—there are many Earth words for these people. But you would be led by your own spiritual guide.

(General appreciation to that)

It is just part of her evolving in the same way as any new experience each one of you has, is your own individual evolvment. And I am sure at times you have been aware of something which has not previously happened to you. Does that make sense to you?

(General agreement + thanks)

Use simple words without the ego

Salumet revisits the purpose of his mission and why it has needed to be a two-way process. He also explains the importance of using simple words whilst avoiding that ego. (30/9/13)

Without you all, my dear friends, my mission would not have been ‘well accepted,’ shall we say. I came to you in honesty and truth and simplicity. Those were my aims when first I

came to you, and I hope that each one of you feels that the simplicity of my words resonates with your own truth.

(Affirmed)

There is so much said in your world that is down to the ego, and that is what you must try to avoid, because spirit is not egotistical, it is not a pride. It is simple and it is pure, and it is the truth; and the words that I have brought to you have come from a long journey of soul expansion. So, it always gladdens me when I have been here with you, my dear friends, because without your help my mission would have been impossible. So, it is for *me* to thank *you* and not the other way.

George: Ah—I can well accept that it runs in both directions.

Yes, it is a two way.

Paul: The teacher has to have pupils—

Who are attentive, yes, and a teacher also needs pupils who *can* remember!

(Spoken with a subtlety that evoked much laughter)

The ‘pupils who can remember’ reference came because we sometimes ask questions that we already should know the answer to or should do!

What is a pure channel?

Eileen is a pure channel for Salumet. George’s notes. (12/5/14)

Purity of channel: As Salumet says, it is possible for what is spoken via a trance medium to be influenced by the medium’s consciousness. We would stress that Eileen is a pure channel for Salumet, because her consciousness is placed to one side and she knows nothing of what is spoken using her voice box. And this is the essential difference between a full-trance and a partial-trance medium.

We are all part of the great creative force

We are a tiny speck. Angels are a larger tiny speck. Salumet is a conglomerate being as has been stated many times, but angels are not conglomerate beings. Salumet uses his name for recognition as this is most appropriate for our understanding at the present time. Other descriptions would be confusing. The word ‘being’ is confusing for instance, as this word ‘humanises’, which is not correct. (10/8/15)

Paul: Did you say just now that the creative force is in everything; so it's within you of course—

You are part of the creative force—yes.

Paul: We're all part of it—

—A tiny, tiny speck, but still part of the great creative force.

Paul: So would the Angelic beings have a larger speck, or is that irrelevant?—the size of the speck—I suppose it's irrelevant—

Compared—yes, to human beings on this planet—yes, the Angelic beings have, for your understanding, a larger amount of creative force—to simplify it for you, yes; because they have never trodden your pathway, they are exactly what we call them—Angelic beings.

Paul: And you've described yourself as more like the Angelic beings in that you also haven't had physical incarnations (**yes**). But you're also a conglomerate of beings.

A conglomerate of beings—that is how I came—the name was given to you, if you remember, for the purpose of recognition.

Paul: Yes, but it's better to think of you as many—so it's almost—

It is not one tongue, as you would say. It is indeed a conglomerate, which means the thinking of many.

Paul: So when we say: good evening, we are saying good evening to a *gathering* of beings—**—Of thought—a gathering of thought, yes. Yes, sometimes I feel, using the word 'being', is rather confusing, because it humanises, and that is not what we are.**

Paul: —Because though you're a conglomerate—in a way, you behave like one—as one. Could you say as one being?

I speak as one being—yes. I am the part that uses the voice to speak to you, but the thoughts are the conglomerate beings.

Paul: And are the other Angels also conglomerates?

No—no. They all have their own work to do upon this Earth, as on many planets, but we are more—it is difficult to describe, because we come from that little way further.

George: Would it be right to say that the shared thoughts are all Akasha or Akasha-linked?
Yes.

George: Yes, thank you.

Does that clarify it for you?

Paul: Yes, it helps build up a picture. I know some readers like to try to grasp exactly *what you are*. You're not exactly—

They will never be able to fully understand. That is why it is better if there is a name to recognise, only in as much as it can become confusing.

Paul: Yes, I think as far as our understanding goes, we probably have to accept that we can't fully understand at this stage (**no**), but it still makes me so happy to—

Yes, I feel your puzzlement, but the more you think upon it, the clearer it can become.

When first I came to you I also said: if you feel there is something you cannot accept, then you do not accept it; and that still stands now.

Lilian: Well we can accept, except that we cannot understand.

Yes, and you will always find those people who will refuse to *try* to understand if it does not make sense to them, and that is up to each individual. That is why you have your free will. But each time our words are accepted—each time, the mind grows a little more—and more questions come to you. You must surely have found over these many years that each time a question has been answered, that another comes into your mind.

(Agreed)

It is a continuous progress. Now, for this time, I feel you have enough to think about, and that is always my desire—that you have something *new* to consider or to disregard—the choice is absolutely yours and, my dear friends, I am always happy with whatever outcome you choose.

Salumet's Mission

George's notes. (14/3/16)

At the outset in 1994, Salumet declared his mission to have two parts—(1) to divert us from nuclear oblivion that we were at that time rushing into, and (2) to teach the truth of spiritual existence. He has also made it clear that he can only teach to the ability of the pupil (that changes), and he does not teach details that we had best discover for ourselves.

Salumet has never been called a 'recycling bin' before!

A humorous moment in a very informative evening. Salumet touches a bit more on life in spirit world, the purpose of reincarnation, staying positive at all times, especially when things appear to be going all wrong, the knowledge that is available and the utter beauty of spirit world and the love which encompasses all. Our planet seems very dull in comparison even on a beautiful day. (16/5/16)

Natalie: On that note, at the beginning of the year, I had an experience in this room that I hadn't felt before—like I wasn't here (**yes**). Like my heart was bursting out of my chest, and I felt like I was being pulled back somewhere and it was weird, it's like I could just about hear, in the distance, someone in the room like I wasn't quite here, but I was here. I wondered if you could clear that up—

Yes, it was part of your development, it is part of the spirit separating from the body; and we know you found it a little uncomfortable at the time. So we try never to—what is the word you would use—to *hold* that someone would feel uncomfortable? But indeed, it was another step in your own development (thank you).

George: I guess the main thing is a going within to see what we can receive—but exercises such as we had last week would also help to develop this.

It would help each one of you to develop in your own individual ways. After all, you are each individuals and although you come together in love and peace, in your daily lives you are very different, but that makes no difference to the spirit; so yes, you must go within if you wish to be in more contact with the spirit. I find sometimes it difficult to explain that you are all *one* at the moment. You *are* spirit and yet you have this human body, which sometimes causes you and your minds to become a little cluttered. So when you go within, the spirit becomes freer. That is the time that as individuals, you should ask your

questions, and you will receive your answers—maybe not exactly what you want to hear, but still it is your own spiritual answer.

George: And I think I would be right in saying that you Salumet are part of that oneness, because you receive so much from everywhere and recycle it.

Ah, that is a very good way to put it. I have never been called ‘a recycling bin’.

Hearty laughter

So I will remember that my dear friends, yes. Recycling—I must remember—

Laughs

George: But do you regard yourself as part of that oneness?

I do. I am part of many parts that is a whole. And again, we are going to a subject which is a little complicated for the human mind (yes). But yes you know, and I told you from the very beginning that I speak as a conglomerate of beings, and that is still true today.

George: So can we see a conglomerate of beings as—

You can see a conglomerate of being as a universe of Truth—the University of Truth, if you like.

George: —A collection of parts, or is that putting it a bit too physically?

I think for understanding that is a good way to put it—yes—yes, and parts which have never existed as humankind, and parts which *have* existed; but as a whole we are just bound in love and existence.

George: You say ‘and parts that *have* existed’?

—In some form—yes, have existed in some form. But again, what is important is the truth that we bring to you. I hope that is helping you.

Paul: Yes, it widens the picture a little more, and I just had the thought: maybe it helps the *whole truth* that you’ve got—you’re a conglomerate with formless beings and those that have *had* form, that no longer have form—

Yes, but not form as you would understand. That is why I say it is more complicated than words can say.

Paul: Right—so they wouldn’t have been human.

No.

Paul: But yes—some form—it gives us something to go on.

It is something for you to consider—yes.

George: Would any of those forms be physical?

No.

Ben: Salumet (**yes**)—when we pass to spirit, we sometimes take on a form of how we looked when we were on the Earth I believe—for recognition purposes.

Yes, when you pass to spirit you mean?

Ben: Yes, so when we pass to spirit and if we were to call upon you for a conversation, how would you appear to us?

I can take—I can be transformed to the form of a human in order to teach on the lower levels, but I only come so far, so often. There are many teachers in our world who are prepared to teach those who have questions. It is not something that I do with regularity, but if you were to call upon me whilst in spirit, you would find that your answers will come (thank you). Is that helpful to you? (yes) There are many teachers in spirit and there is much you can learn when first you take your place there. But the others understand this, do you not?

Paul: Sort of—sort of, I think, in the sense that there’re vast ‘libraries’ if you like—and teachers; and you *know* that the truth is *there*, as opposed to on the Earth where—

You will no longer doubt the truth once you have returned to spirit. After all my dear friend, you are returning *home*. Nothing will seem strange (that's right), so all will seem familiar and you will feel boundless love (yes)—unlimited love.

Paul: Yeah, I guess it's like you get beautiful days on the Earth, but that's not the norm usually, but they're probably just small compared to in spirit.

Yes, I would say that in comparison, a beautiful day here would seem very hazy in spirit. It would seem dull, although, as human beings, you would think it a most beautiful day. The colours—everything about spirit is—I don't know how to explain it to you properly. I can only say the beauty will astound you.

Paul: Yes, I think we can get the gist, but until we experience it *again*, we won't know for sure.

George: Perhaps we should think in terms of a beautiful summer's day here being a less-than-halfway stage in beauty.

Yes, although it is beautiful to human beings, to us it seems a little dull—yes you are correct—yes.

Paul: And yet, for many, even though the learning can occur as you say, on that side, many will choose to come back here. It almost seems—*why* would you choose to come back to the very hazy place at the best of times? But I suppose you do get the *focus* for certain lessons perhaps—

Yes, always the choice remains with the spirit. Of course, some are not quite so keen to return too quickly, but that is their free will and that is always respected. But there is advice from those teachers in our world who will offer guidance and love. And let me say to you all, my dear friends: you never return to a lifetime unless the decision has been made by you. So never feel that it is something that you *must* do—it is something that you have decided is right for the growth of your spirit. And after all, that is what these lives are about—the growth of your spirit and returning *home*.

George: Yes, it's a growth of spirit and not just a retrograde step!

Yes. No, you must never look upon it as that.

Ben: Would we have the chance to reincarnate onto a different planet, or will we always be human when we reincarnate?

There is much discussion about this that you can return—energy can be transmuted, but I would say: no, you will not do that. You will not inhabit another planet in that form. And I know there is dispute about this, but that is my answer to you (thank you). Have you more questions this time? No?

Pause

George: There is just one, which probably has a negative answer. You said at some stage that a new energy would be forthcoming from the sea (**yes**). One gentleman seems to have worked out a process for making alcohol out of seaweed, but I don't think that's what you had in mind.

Well, I thank you for the information, but no I was speaking of benefits to mankind in general and not seaweed drink. Although I must say that the seaweed in your seas can be beneficial—yes. But there are many things happening in your world. As I say: people, although it may seem that all is going wrong, it is not my friend, it is almost like a *cleansing*—a cleansing of the soul in order for you all to move forward.

Paul: Ah, that's a lovely way of looking at it. It does feel like that—this year and the last few years.

Those of you who are sensitive to spirit would see the difference, although many people with negative thoughts would see only the ‘unhappiness’, the ‘wars’—the negative stuff in your world. **But keep positive my dear friends—keep positive on all matters.**

Paul: Yes, it’s kind of a detox—you have to get rid of all this stuff, but you have to get it out first, so it’s coming out isn’t it? **(Yes)**—we’re seeing it in the media.

The more ‘sensitives’ we have, the better the understanding will become. So I leave that all with you, my dear friends, and hope that it has given you a little food for thought.

[How many conglomerate beings are there?](#)

A question posed by a reader. (1/10/18)

Paul: One of our readers asked a question: Her name is Brooks Powell and she wanted to know more about Conglomerate Beings. She mentioned Abraham being one and a few others, and she wondered if there are many Conglomerate Beings like yourself?

I would say that the answer to your question—I understand, and we do use the Conglomerates, in the way that I have been part of a Conglomerate; there are others, but there are not many—this, again we move to an area which has never been discussed. Conglomerates consist of learned beings, who are *far* from what you see now. It is fortunate that we are able to descend to the level you are at. It is not easy, it is wonderful to see when it occurs, but it is not something that is *overwhelming*, because beings come from a long area away from what you would recognise. We are not human beings as such, we are Spirit of Knowledge, of Love, of Light. But yes, there are Conglomerates, but not many as people would expect.

Paul: So we’re very privileged to have YOU.

Well, I feel humbled by those words, but they are unnecessary. When I decided that—not *decided*, but *‘conditioned’*, to come to speak with you, it was because the world seemed to be rather in a state of fear. We felt many attempts had been tried, but I came to you, and I believe I am right in saying, I came to you saying, if you could not accept my words, then do not. (*Agreed*) I still say that to you and it is not a case of Faith or Belief, but it is the Knowing of TRUTH.

Lilian: And it’s strange how, I guess the majority of us have found it so easy to accept.

We chose wisely, did we not?

Giggles

Yes.

[Salumet continues to prepare us for his eventual withdrawal from the group](#)

To date, Salumet has visited the group for over 25 years. We have known for some time that he is close to giving all the knowledge that he is willing to give. From now onwards, his visits

will be more spaced apart. Going back through the teachings, reduction in visits was first mentioned in 2008! How lucky we have been twelve years later to date (2020). (12/8/19)

I was interested to hear you discuss the matter of TIME, because this time, I wish to tell you that my visits with you will become a little longer.

Paul: Ah, that's good!

...longer in time, before I come.

All: Arhhh!/Ohhhh!

Paul: Ah, I see, longer intervals, **(Yes)** between visits, yes, you've said before that you're gradually, **(yes)** is it a bit like weaning us off a little bit?

I think that is an appropriate word, because the time is coming, after many, many years that there is not too much more that I am willing to give. (Yes) So, that is my first comment for you this evening. But, as always, I will always know what is happening with all of you—we are not separated just yet. (Thank you) I have said to you that this earthly year would be helpful for all of you to develop your spiritual gifts and I believe you will say to me that this is so; you have all developed greatly, whether you recognise it or not, these past months. Do you agree?

Paul: Yes, it's very difficult to measure spiritual growth.

Yes, but I am here to tell you that you have grown much.

Mark: Thank you.

Di: I do feel as if I'm able to meditate more easily and as if spirit is part of my life every day now, rather than just coming to these meetings. **(Yes)** I feel as if I'm more complete really.

It is an on-growing growth for you my dear friend, as it is for all of you.

Yes, so I hope that you understand that the reason for my not so frequent visits, is one to help you all develop in different ways, whilst at the same time trying to guide you further—at least a *little* further.

All: Thank you.

Di: It's been a privilege to be hear and listen to you.

Thank you. Yes, we have become united in a way that is not always possible with people on the Earth, but in coming to this group of people over the years, has been for us a great 'blessing', shall I say—yes, I will use that word, 'blessing'.

Paul: That seems exactly how we feel—it's such a blessing to have you, sort of help us to... Mark was saying, (*earlier*) authenticating certain things, **(Yes)** we weren't sure about before.

Yes, you have...that is why I say you have grown so much, with your words, your actions, you have shown other people not so well informed, of what the Truth of Spirit really is. You cannot know, my dear friends, how wonderful it is to see the Lights of Thought in your world grow brighter. It is indeed for us especially, those who have managed to work with you, indeed a great blessing.

Before the end of the meeting, Salumet returns to the topic of not coming as often.

Yes. I feel for this time, I have spoken enough. Thank you for being so patient for me to speak.

Paul: Thank you for coming, I know we all, we hope that you will continue to come, even though we fully understand the reasons for less frequent visits.

Yes, I will of course still be coming, it will just be a longer period of 'time'—that is all it is, it is a spreading out of 'time' as we have just said does not exist and yet it is a word we constantly use.

Giggles

Paul: But you've given so many words over the years, so many teachings, we've got so much to continue to work with.

Yes, you will never fully understand, it is, I almost regret using the word 'impossible', but it is more and more difficult to give you information that you could fully understand, and of course, when first I came to you, I said, you know I only wanted to give the Truth, the Truth of Spirit.

Di: I think we have so much more than most people in this world, don't we?

Agreed

Yes, so for now my dear friends, I leave you cloaked in my Love—that most important word. But, you know, there does come a time when any word is unnecessary, when you exist in 'non-time', then that is the greatest gift of all.

THANKS